



Shul's \$1.6M Budget Carries Reserve Funds

Members of the congregation approved a \$1.57 million spending plan for 2017-18 at a congregational meeting on June 28.

The new budget, which governs shul operations from July 1 through next June 30, calls for no significant changes in spending and no increase in membership dues. It is slightly smaller than TI's annual budget for the fiscal year that concluded June 30.

The largest expense relates to the staffing and operations of the synagogue's early childhood education program, at \$605,000. The ECC also represents the largest source of expected revenue at \$750,000, based on 56 enrolled students, in 2017-18. Tuition for ECC students is being increased 4 percent.

The new budget also provides TI staff members for the first time with partial coverage of health insurance, if they do not have a spouse who already covers their health care

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Political Talk at TI



Democratic Congressman Jamie Raskin, shown in our synagogue lobby, presided over one of the tamest town hall gatherings anywhere in the nation when he visited Tikvat Israel in May. Read an account on page 5 of his visit in the nearly full sanctuary. (Photo by Amy Matathias)

Inside This Issue...

- Congregation supports Afghan refugee family of seven in their new lives in Maryland. Story on **page 3**.
- Janice Balin's life-changing account in Minyan Matters on **page 7**.
- Our USY chapter brings home a prize for the year's best fundraising event. See details on **page 8**.
- Shared stories behind congregants' personalized tallitot. Story and photos on **page 12**.

WEEKLY RELIGIOUS SERVICES

Monday	6:45 a.m.	7:30 p.m.
Tuesday		7:30 p.m.
Wednesday		7:30 p.m.
Thursday	6:45 a.m.	7:30 p.m.
Friday	8:00 a.m.	
Kabbalat Shabbat		6:30 p.m.
Shabbat	9:30 a.m.	
Sunday	9:00 a.m.	7:30 p.m.

Services also held at Shiva houses as needed. Morning service times may change for Rosh Chodesh, minor fasts and national holidays.

Watch e-mail for notifications.

CANDLELIGHTING TIMES

July 7	8:18 pm
July 14	8:15 pm
July 21	8:11 pm
July 28	8:05 pm
August 4	7:58 pm
August 11	7:49 pm
August 18	7:40 pm
August 25	7:30 pm

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Promotional Banner Ready for Public Use

Tikvat Israel has a new standing display banner for promotional use by the synagogue at public events.

Synagogue volunteers and staff will be able to use the banner when they staff a booth or display area at community events. It also can be used at synagogue activities.

Board member Michele Eisenberg managed the banner production, working with Quinter Design, a Brookeville firm.

Three couples funded this project -- Helen and Steve Raucher, Fortuna and Steve Scheige, and Michele and Steve Eisenberg. Each of these couples volunteered at the TI booth at the 2016 Olney Community Night where they joined forces as the top bidders for Quinter Design's services. Assisting in the banner design were Amy Matathias, Bob Silverstein and Sam Freedenberg.



Shown, from left, are the members whose joint auction bid led to the new Tikvat Israel promotional banner: Steve Eisenberg, Michele Eisenberg, Steve Raucher, Helen Raucher, Fortuna Scheige and Steven Scheige.

Fiscal Year Plan, continued from page 1

premiums. The budget also provides a small increase in compensation to the rabbi to reflect his expanded duties owing to the cantor's half-time role beginning in July.

Membership dues constitute nearly one-third of expected synagogue revenue in the adopted budget. Fund-raising is counted on to contribute another \$108,000, although no cantor's concert is planned.

Notably, the FY '18 budget includes \$100,000 in contingency funding to cover building emergency needs. The surplus was generated by the efficient operations of the ECC during the past 12 months.

Treasurer Stuart Lempert told the quorum of congregants (36 members minimum) that he considered the new spending plan a realistic operating budget.

Shul Shorts

New Baby Support

TI congregants can provide meals for the synagogue families with newborns. Over the past three years, Sarah Hardy has coordinated 27 families supporting families with new babies. Contact Sarah at saraehardy@yahoo.com if interested.

Revenue Generation Ideas

The synagogue's Ways and Means Committee seeks a few good people to help generate fund-raising ideas. If you have not volunteered to help the synagogue in some way, this is your opportunity to show your mettle. Experienced volunteers also are welcome.

"The pay is not very good, but the rewards can mean less synagogue dues!" says committee chair John Melmed. Contact him at 240-888-5968 or jrmelmed@comcast.net for more details.

Open Governance

Members of the congregation always are welcome to attend meetings of the synagogue's board of directors. These meetings typically happen on the fourth Monday of each month, except in summer. Meetings start at 8 p.m. in the Flax Library.

Meeting agendas can be requested a few days in advance from President Melanie Grishman at mgrish7715@aol.com

The only closed portions of the meetings deal with personnel matters.

Synagogue Members Backing Afghan Refugee Family

Tikvat Israel members have committed to support a refugee family from Afghanistan that has settled into a home in Landover, Md.

A synagogue contingent, coordinated by Debbie Amster and Judy Davis, has solicited various household items for use by the family, which consists of two parents, who are 28 and 29 years old, and their five young children, ranging in age from 2 through 10.

As of mid-June, the TI coordinators were seeking the following items: audio books, bicycles, children's dishes and toys.

Amster and Davis also were developing leads for the father for jobs in construction, landscaping, factory work or manual labor. The father previously was employed by the U.S. military forces in Afghanistan in construction and electrical work. His English language skills are good, and he is adept at taking

public transportation. He drives and is obtaining a U.S. driver's license. He has documentation that allows him to work.

If you can provide job leads or donate household goods, contact Amster at debbieamster@comcast.net or Davis at judith.davis07@comcast.net.

TI's support for the Afghan family is managed through a volunteer program called First Friends, run by the Ethiopian Community Development Council. The goal of First Friends is to enable and empower refugee families, most of whom have been resettled in apartments in Cheverly, Riverdale and Landover in Prince George's County. There is no financial commitment by the shul.

The council is settling refugee families from Eritrea, Afghanistan, Iran, Iraq, Syria and the Congo.

Lobby Upgrade Expected in Late Fall

The main lobby at Tikvat Israel will receive a spiffy new look later this year. Renovation is expected to take place during the final quarter of 2017.

Board member Alan Apter chairs the committee overseeing the project. The funds will come from the final portion of a facility improvements bank loan that has addressed other structural and environmental needs during the past year, including improved light-

ing and replacement carpeting in the sanctuary and roof repairs.

The lobby renovations are expected to include new flooring and carpeting, a reconfigured coat room, new furniture, improved signage and better efficiency as an event space.

The work, once scheduled, is likely to take one to two weeks, Apter said. Design work is underway.

Volunteers to Assume More Prominent Chanting Role

Congregants will be taking more regular turns in helping to lead Shabbat morning services now that Cantor Rochelle Helzner has moved to a half-time schedule at Tikvat Israel.

The Religious Practices Committee, chaired by Susan Apter, is lining up volunteers to assist with bimah chanting duties generally two times during each month.

The cantor's new schedule, which takes effect July 1, stipulates she will serve half-time during the fiscal year that runs until June 30, 2018. This is the final year of a three-year

contract that took effect in 2015.

In addition to leading congregational services on two Shabbat mornings each month, the cantor also will oversee one Friday night service a month (including occasional Kabbalat Shabbat with Instruments), holiday services and High Holidays.

The cantor also will officiate at b'nai mitzvah as well as funerals and weddings in the Washington metropolitan area, subject to her availability, when requested by Tikvat Israel members in good standing.

Life-Saving Donors Answer the Call



Twenty pints of blood were collected April 30 at Tikvat Israel's annual blood drive. Among those participating as a donor in the event run by the American Red Cross was congregant Sue Meiselman (left). Staffing the check-in table in the shul's social hall were Elyse Bernstein (left) and Robbi Cohen. (Photos by Larry Cohen)



PRESIDENT'S CORNER

A Productive Stretch for Our Board

BY MELANIE GRISHMAN, TIKVAT ISRAEL PRESIDENT



Shalom.

On May 7, the synagogue's board of directors conducted a mini-retreat with the professional staff, committee chairs and several other lay leaders of the congregation. The purpose was to develop a theme for programming for the next year.

Serving as facilitators for the retreat were Jim Perlmutter and Rabbi Shull. Several exercises were completed as a whole group and then we broke into smaller groups to flesh out specific program ideas. The programmatic theme, agreed upon by all, was religion and science. Members of the group pointed out that in addition to artists in the congregation, we also have a fair number of scientists. There will be more specific guidelines developed over the summer, and all committees' planning activities will be asked to address aspects of this theme.

By the end of June, our board will have finished our SULAM training. That has inspired the board to do more long-range planning and specific tasks related to management -- all of this to become a more efficient working body on behalf of the congregation.

By the end of the summer, we are hoping to finish the upgrade of the lobby. In July, there will be a thorough cleaning and reorganization of the kitchen. Certainly you will hear more about these projects as they get underway. Congregants should anticipate kiddushim following Shabbat morning services will consist of just wine, grape juice and cookies, at least during July.

Best wishes for a fun and safe summer.

Melton Class Favorites Cited at Final Session

About 15 participants in the Florence Melton School of Jewish Learning gathered on June 6 for a *siyum* to mark the completion of year 1 of the Melton program hosted by Tikvat Israel.

Each participant was asked to choose her or his favorite Melton text, present it to the class and explain the reason for the choice.

A *siyum*, the completion of any unit of Torah, or book of the Mishnah or Talmud, is usually followed by a celebratory meal. For the Melton *siyum*, classmates celebrated with tasty snacks.

Year 2 of the Melton curriculum -- consisting of courses titled "Crossroads of Jewish History" and "Ethics of Jewish Living" -- will be taught again by Rabbi Ben Shull of TI and Rabbi Uri Topolosky of Beth Joshua Congregation. Each course has 25 classes, all taught on weeknights.

Registration details will be publicized at the end of the summer. It takes place on the Melton website (www.meltonschool.org).



Rabbi Uri Topolosky (left) and Rabbi Ben Shull enjoyed leading about 15 individuals through core courses of the Melton School of Adult Jewish Learning in 2016-17. (Photo by Felicia R. Black)

Biblical Ethics Analyzed at Friday Minyans



Rabbi Ben Shull engaged congregants at Tikvat Israel in the study of *Pirkei Avot* on Friday mornings after minyan in April and May. It is traditional to study these writings, loosely translated as "Ethics of Our Fathers," between Passover and Shavuot.

Rabbi Shull helped participants examine the wisdom conveyed by rabbinic scholars over various generations.

He runs study sessions following the Friday minyan most weeks.

Shown at left puzzling over the contemporary meaning of text were study session regulars Cliff Fishman (left) and Richard Lederman. (Photo by Felicia R. Black)

Rep. Raskin Faces Supportive Crowd at TI

Maryland Congressman Jamie Raskin (D-8th) faced a sanctuary full of friendly faces at Tikvat Israel on May 8.

During an hour-long town hall that contrasted markedly in tenor and volume from congressional town hall meetings elsewhere across the country during the spring, Raskin talked about the essential role played by the U.S. Constitution in today's political environment of considerable upheaval. He also fielded an array of questions, many of them dealing with the previous week's action by the House of Representatives to repeal and replace the Affordable Care Act.

Raskin promised that he or his staff would respond to the several other questions submitted on index cards by audience members, and several congregants reported hearing from Raskin in the days following.

Prior to the presentation, Rabbi Ben Shull gave the congressman a framed photograph from his trip with congregants to a Holocaust memorial project in Whitwell, Tenn. and civil rights sites in the South.

Raskin's appearance was arranged by the synagogue's Adult Education Committee chair Sally Kram.



Congressman Jamie Raskin faced a supportive audience during his town hall meeting in the sanctuary at TI. (Photo by Amy Matathias)

Minyan Regulars Feted With Pasta Meal

Congregants who have committed to regular attendance at the synagogue's minyanim during the past year were recognized at the 2nd annual Pasta Extravaganza on June 4 in the social hall.

About 70 congregants indulged in what event organizer Ellen Eisner called "this delicious Jewish-Italian comfort food," a full spread of pasta dishes, tossed salad, fresh fruit and a celebratory cake. The meal was prepared and sponsored by Roz and Ted Kram.

Eisner, who co-chairs the minyan subcommittee of the Religious Practices Committee, thanked the attendees. "You deserve the applause," she said. "It's not easy for a congregation to populate a minyan every evening of the week as well as four mornings a week. ... Each of you made a commitment to be part of our minyan – whether it be once a month or once a week – and you honor that commitment as much as you possibly can."



Ted and Roz Kram organized the pasta dinner and handled the kitchen duties. (Photo by Felicia R. Black)



Minyan regulars celebrated over a creamy cake. (Photo by Felicia R. Black)

Eisner described minyanim as an important aspect of our synagogue life. "We take on this obligation to be there for others in our community because they've been there for us – or they will be there for us when we need them," she added. "It says we understand and appreciate that coming to minyan is one of the simplest and yet most meaningful things we can do for our fellow congregants – and for ourselves."

Other members of the subcommittee are co-chair Warren Berger, Genie Glucksman, Rob Kline, Ted Kram and Mimi Meltzer.

SHULL TO SHUL

Ma'aseh Moments

BY RABBI BENJAMIN SHULL



It's summertime, and the livin' is easy and God is evident everywhere!

This was my essential message to our children in the ECC and in the Atid Learning Center during June. As they look forward to the outdoor activities of summer, whether hiking or swimming or traveling, I reminded them that they have a chance to see the beauty of God in

nature. And, I reminded them, we Jews have a blessing we say to help us become aware of God's presence in nature: *Baruch atah Hashem Eloheinu Melech Ha'Olam Oseh Ma'aseh B'reshit*. Thank you, God, for recreating the world (the original creation) each and every day.

So I coined the term, "Ma'aseh Moments" for the students. I told them to take photos, with the help of their parents, of beauti-

ful things they see this summer as they go on a trip or just spend time outside. I then encouraged them to send these photos to us so we can display a photo montage of our "Ma'aseh Moments" for the rest of the congregation to see.

Haverim, this summer, let's bring out the childlike quality of wonder within all of us. Let's go outside and witness God's presence in the beauty of a sunset or the awesome power of crashing waves. Let's say the blessing "*Oseh Ma'aseh B'reshit*" and fully appreciate the wonder of God's creation.

And how about taking a few photos and sending them to us so we can share them with the rest of the congregation? We want you to send your "Ma'aseh Moments" to luisa@tikvatisrael.org.

Wishing you a restful and reinvigorating summer filled with many "Ma'aseh Moments!"

ADULT EDUCATION

One Program Year Ends; Planning Commences for Next

BY SALLY KRAM, ADULT EDUCATION COMMITTEE CHAIR

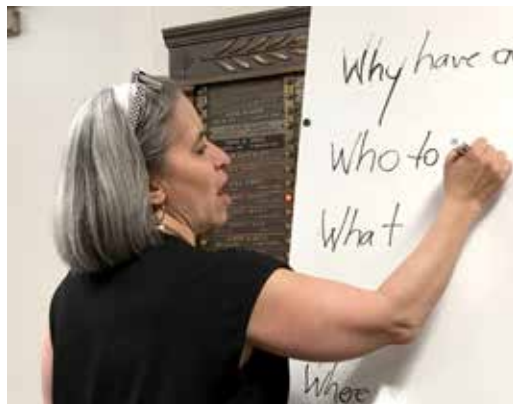
The Adult Education Committee closed its programmatic year on June 4 by hosting Tikvat Israel University. About 50 congregants attended a morning of learning that featured 20 speakers discussing 20 topics as various as starting one's own business to the future of automatic cars.

Adam Immerwahr, the artistic director of Theater J, offered a talk about "How to Watch a Play," which drew enthusiastic reviews, as did all of the TI presenters — Danny Bachman, Carol Chelemer, Robert Copaken, Sam Gilston, Julia Pitkin-Shantz, Benjamin Hersh, David Kaminow, Roz Kram, Sally Kram, Jeff Miller, John Melmed, Wendy Morrison, Jim Perlmutter, Steve Raucher, Jerry Schuchman, Jonathan Solomon, Fred Wagner, Shirley Waxman and Rachel Werner.

Tikvat Israel U followed a strong spring of adult education programming, including TI's night at Theater J to view "Brighton Beach Memoirs" and a town hall featuring U.S. Congressman Jamie Raskin (D-District 8).



One of the best-attended sessions at Tikvat Israel University was led by Adam Immerwahr (right), artistic director at Theater J. (Photo by Felicia R. Black)



Sally Kram directed Tikvat Israel University and conducted a session on how to throw a splendid dinner party. (Photo by Felicia R. Black)

With summer here, the Adult Education Committee is looking for additional assistance to help stage programs next year. The committee's programming of Israel Presents, the two nights of Israeli films in January, will be bolstered by a second staging of Tikvat Israel U. In addition, the committee hopes to work with other committees and synagogue leadership in planning for a year-long celebration of science and Judaism.

To meet this expanded list of programs, we need more help. Join our committee for the 2017-18 program year. Just send an e-mail to me at kram@consortium.org. I will contact you about a planning meeting over the summer as well as all future volunteer opportunities with the committee. All are welcome.

Minyan Matters

BY JANICE BALIN

My dad *z"l* passed away earlier this year. Following the 30-day *Shloshim* period, I wasn't ready to stop saying *kaddish* so I made a commitment to myself to continue attending minyan every day for 11 months.

That was out of my usual comfort zone because I was not a regular synagogue goer. It was a personal decision, not one that I discussed in advance with anyone. It was just the right thing for me. I believed my dad would be proud of my decision but wouldn't have wanted to impose on my life in that way.

I have found that coming to a daily minyan is like coming to a support group. You see and talk to the same people, day-in and day-out. In just a few months I have met congregants that I never knew, even though I have belonged to Tikvat Israel for more than 30 years. They have become new friends. I enjoy spending a few minutes with them every day. I also have found that those few minutes are very calming. Whether I am at a

morning minyan or an evening minyan, I find I can relax, take a deep breath and enjoy a few minutes to just think about my life, my dad, my family and my community.

Unfortunately, there are obstacles to this commitment. The biggest hurdle is finding a minyan every day. Many mornings and evenings when I arrived at TI, fewer than 10 people were present. How frustrating for me and others who had a *yahrzeit* or had come to say *kaddish*. On occasion, I have had to make a quick decision: Do I depart for another area synagogue where I know there will be a minyan, or do I accept the fact that I tried and it was out of my control that I couldn't say *kaddish* that day?

Minyan is an important part of synagogue life. I hope that Tikvat Israel members will continue to support it and ensure there is a minyan for those who need it ... and that after my 11 months of saying *kaddish*, that I will be there for the next person.

Remember Us

BY SAM GILSTON, CHAIR, TIKVAT ISRAEL FUND FOR THE FUTURE

I recently attended a presentation on charitable giving and was surprised by something I learned there.

While American Jews are among the most philanthropic groups in the country, only a small number of them include their own synagogue in their estate planning.

It's not that they don't include various other charities in their wills. They do. They just don't mention their synagogues.

They include universities, medical research associations and even other Jewish organizations. But not their synagogue.

There may be many reasons for this. One reason given by the speaker at this program is the perception that the synagogue does not have a mechanism for receiving such gifts. Where will the money go? How will it be used? Will it get used up paying for everyday things?

At Tikvat Israel, we actually have an answer for these questions. It is the Tikvat Israel Fund for the Future. The fund was created specifically to accept and administer gifts that come from the estates of members either through wills or as the beneficiary of retirement funds such as IRAs, life insurance policies or annuities.

Gifts designated by the donor for the Fund for the Future are held in a separate, professionally managed account. A portion of the total earnings can be distributed each year toward the synagogue's expenses or for specific purposes.

Another thing I learned at this presentation is the vital role that endowments such as the Fund will play in the future to support synagogues. By one estimate, 20 percent of synagogues' annual budgets will have to come from endowments in a few years.

Without such support, the needed increase in annual dues for individual members will become an almost unsustainable burden. We have a long way to go before the Fund can contribute that much to Tikvat Israel, but we are on the way.

You can help. All we ask now is that you remember us.

Remember Tikvat Israel as part of your estate planning. Even leaving just a small share of your estate to the congregation through the fund will bring us closer to our goal.

That's all it takes. Just remember us.

KEEP US INFORMED

If you have already included Tikvat Israel in your estate planning, please let Sam Gilston know so you can be recognized. If you haven't but are considering it and want more information about how to go about it, contact him at 301-924-5424 or sgilston@comcast.net. He or another Fund for the Future trustee will be glad to answer your questions.

CALLING SPORTY TYPES

Tikvat Israel fields recreational teams in men's basketball (January-March) and men's softball (April-June) in a county-wide synagogue league. These teams always are ready to accept new members who have some connection to the shul. Contact Warren Berger at warren.berger@gmail.com about basketball and Stu Lempert at stuartlempert@yahoo.com about softball.

LINKING TO FACEBOOK



Tikvat Israel maintains a Facebook page with periodic updates of news and information and photos of congregants. Each issue of *B'keshet*, the e-newsletter, is posted to the synagogue's page.

Please consider following Tikvat Israel when you next spend time on your Facebook account.

EDUCATION AND YOUTH

Capturing Our Students' Wondrous Moments

BY LUISA MOSS, DIRECTOR OF EDUCATION AND YOUTH



The other day, I woke up way before my alarm was set to go off and opened my blinds to look outside. While much of my view is focused on the building adjacent to my apartment, I looked up to the sky and I saw the most beautiful pink streaks in contrast to the early blue sky.

While part of my body was wondering why on earth I was awake, the other part was thrilled that I had the opportunity to see this gorgeous sky. This experience was a *ma'aseh b'reshit* moment, a time of witnessing wonders of nature, including lightning, shooting stars, vast deserts, high mountains and sunrises.

A new project, *Ma'aseh B'reshit* Moments, has been created by Rabbi Shull and me, inspired by the *chatimah*, signature of a *b'rachah*, "*oseh ma'aseh v'reshit*," Praised are You, Lord our God, King of the Universe, Source of Creation. This *b'rachah* is part of a category Maimonides describes as *Birchot HaNehenin*, blessings of enjoyment, that are said before eating or experiencing a pleasure connected to one of the five senses.

As a way of connecting our Atid Learning Center students to Judaism over the summer, Rabbi Shull and I have asked the fami-

lies to send us their own *Ma'aseh B'reshit* Moments, photographs or a brief blurb about moments when they have witnessed God's creations. We hope that while families are enjoying a hike, taking a vacation or playing in the backyard, they will capture these moments in a photograph and send them to me so that I can share them with the congregation. Of course, for folks like me, who are in a sleepy delirium, they can send brief anecdotes as well. I welcome you to share your *Ma'aseh B'reshit* Moments and look forward to sharing them with the Tikvat Israel community. You may send them to me at luisa@tikvatisrael.org.

In USY news, a big thank you to everyone who joined us for Be Our Guest, our USY Shabbat dinner in May. We were thrilled at the number of Tikvat Israel congregants who joined us for this lovely meal. More so, we were blown away by the generosity of our community members who pledged "tips" for the renovation of our Youth Lounge and supplementing our scholarship fund for regional USY conventions. We look forward to sharing our plans and renovations with you.

Finally, mazel tov to our USY chapter for receiving an award for this event, "Best Schloraship Fundraiser" at Seaboard USY's Spring Convention in late May. Congratulations to our newly elected USY board. Elections were held June 19.

Reflections on Our USY's Prize-Winning Year of Plenty

BY MELISSA APTER, USY CHAPTER ADVISER

Tikvat Israel's United Synagogue Youth chapter is off for the summer, having returned May 29 from a rainy yet fun Seaboard Region USY Spring Convention. Our high schoolers are now at summer camp – many at Camp Ramah New England in Palmer, Mass. – or are readying themselves for college.

This year, TI's USY members participated in every regional event, including Encampment, Seaboard Kickoff, Leadership Training Institute, Fall Convention, USY Formal, Mid-Winter Kinnus and King's Dominion Day. At each event, we got to see our own Matthew Kaminow organize and lead services as the regional vice president for religion and education. We're very proud of how he represented our congregation and stood out as a *dugma* (role model) for teens in our region.

Each chapter is required to raise money for USY's Tikkun Olam fund. TI's USYers once again sold macaroni groggers during Purim to contribute to Tikkun Olam. We sold out two cases of macaroni in 20 minutes before the evening's megillah reading. (Next year we will order more boxes!) We earmarked some of our funds for the Ramah Tikvah program, which offers the Camp Ramah experience to Jewish children, teens and young adults with learning, developmental, cognitive and/or social disabilities.

On the chapter level, we conducted several popular events. A favorite was the "Shul-In" where the teens slept overnight in the synagogue. The evening began with a chocolate havdallah service, and the next morning we joined the rest of the congregation in cleaning up Rock Creek Park on Good Deeds Day.

On the final evening of Spring Convention in Thurmont, Md., our chapter received an award for Best Scholarship Fundraiser for the "Be Our Guest" Kabbalat Shabbat and Dinner held at TI on May 19. We will proudly hang the award in our youth lounge to remind us of the incredible support our congregation has shown our chapter. The number of congregants who attended our Friday night youth-led event and donated to our USY chapter far exceeded our expectations. We plan on repeating this scholarship dinner next year.

By the time you read this update, our USYers will have elected new chapter board members at an end-of-year barbecue. We're looking ahead to planning more chapter events and maintaining our presence in the region, starting with USY Encampment & Kamp Kadima 2017 in August.



TI's contingent at the USY regional convention in May consisted of, kneeling, Ellie Schwartz and Jacob Schwartz and, standing from left, Aviva Pollack, Cheryl Goodman, Sophia Kram, Matthew Kaminow, Aviva Kram and Austin Kaminow.

Honoring TI's Newly Minted Graduates

Seventeen offspring of Tikvat Israel members received recognition for completing undergraduate and graduate degrees in 2017 at Shabbat morning services on June 3.

Another four were honored as high school graduates.

Collegiate Graduates

- **Miriam Bachman**, Teachers College, Columbia University, M.A. teaching of English. She is the daughter of Debby Berlyne and Danny Bachman.
- **Daniel Belkin**, Goucher College certificate, Post-Baccalaureate premed program. He is the son of Ann Hellerstein and Sam Belkin.
- **Melanie Belkin**, Tufts University, B.S. computer science. She is the daughter of Ann Hellerstein and Sam Belkin.
- **Mitchell Belkin**, Goucher College certificate, Post-Baccalaureate premed program. He is the son of Ann Hellerstein and Sam Belkin.
- **Alex Berger**, University of Maryland, B.S. computer science. He is the son of Arlene and Warren Berger.
- **Erin Black**, Salisbury University, B.S. exercise/sports medicine. She is the daughter of Joelle Black.
- **Jeremy Brooks**, Columbia University School of Public Health, MPH environmental health sciences. He is the son of Brenda and Keith Brooks.
- **Joshua Drucker**, University of Maryland. He is the son of Alyssa and David Drucker.
- **Irene Fobe**, Rochester Institute of Technology, M.Sc. experimental psychology. She is the daughter of Rachelle Fobe.
- **Lara Haft**, Duke University, B.A. political science and religious studies. She is the daughter of Carol and Dan Haft.
- **Joshua Levine**, University of Maryland, Baltimore, M.S. engineering management. He is the son of Debra and Jason Levine.
- **Rachel Meltzer**, Towson University, B.S. early childhood education. She is the daughter of Mimi and Allan Meltzer.
- **Benjamin Seth Raucher**, University of Maryland, B.S. nursing. He is the grandson of Helen and Steve Raucher.
- **Joseph Raucher**, McDaniel College, M.S. science teaching. He is the grandson of Helen and Steve Raucher.
- **Molly Schneider**, Barnard College, B.A. psychology. She is the daughter of Martie Adelman and Marc Schneider and granddaughter of Dorothy Adelman.
- **Rachel Solomon**, St. Mary's College of Maryland, B.A. psychology and Spanish. She is the daughter of Nancy and Jonathan Solomon and granddaughter of Alvin Solomon.
- **Shayna Solomon**, University of Oxford, M.S. comparative social policy (expected in August). She is the daughter of Nancy and Jonathan Solomon and granddaughter of Alvin Solomon.

- **David Wagner**, Pomona College, B.A. environmental analysis. He is the son of Mary and Fred Wagner.

High School Graduates

- **Rachel Maya Benowitz**, Gaithersburg High School. Will attend University of Miami. She is the granddaughter of Helen and Steve Raucher.
- **Sarah Drucker**, Sherwood High School. Will attend Montgomery College. She is the daughter of Alyssa and David Drucker.
- **Matan Kabik**, Melvin J. Berman Hebrew Academy. He is the son of Shira and Michael Kabik.
- **Matthew Kaminow**, Winston Churchill High School. Will attend University of Maryland. He is the son of Ellen and David Kaminow.

Earlier this year, **Joe Gelula** completed his studies at the Charles E. Smith Jewish Day School. He was recognized in February.

WOMEN'S NETWORK

Planning for Next Year Begins Anew

BY REBECCA SALON, TI WOMEN'S NETWORK CO-COORDINATOR



The Tikvat Israel Women's Network has had another activity-filled year. We had a wonderful Women's Network Shabbat, two Rosh Chodesh programs, stimulating book group discussions and a lovely afternoon with the Jewish Foundation for Group Homes. We are ending the year with a family outing to the Washington Nationals in mid-July.

This year, the Women's Network was co-coordinated by Hilda Springer, Fortuna Scheige and me, with many other women playing leadership roles for different activities. Our thanks to Sara Harris and Shelly Goldin for coordinating our book groups during this past year. Our thanks also go to Janice Balin, Nancy Matheson, Susan Apter, Ellen Eisner, Felicia Black, Rabbah Arlene Berger, Judy Waldman and, as always, Cantor Rochelle Helzner and Rabbi Ben Shull, who all played roles in this year's activities.

We encourage you to assist in planning and/or leading the activities for the coming year. Please contact one of us if you have an idea for an activity. If you have suggestions for books for next year, please let one of us know as well. We will have a planning meeting this summer. We hope that you will join us in creating a calendar of events for the coming year.

You also will be able to re-join the Women's Network and to support the Torah Fund. Use your talents and benefit from the skills of others to learn something new this year from the Women's Network, perhaps in preparation for next year's Women's Network Shabbat.

Look for details about the planning meeting and upcoming activities on the TI listserv and in *B'Kesher*.

Lots of Little Hands on Big Trucks

Several hundred enthusiasts of oversized vehicles – youngsters as well as older folks -- turned out for the annual Truck Touch in the Tikvat Israel parking lot on May 21, sponsored by TI's Early Childhood Center.

The participants enjoyed climbing aboard an array of trucks and service vehicles, with kids commanding the steering wheel of the stationary vehicles parked in front. A particular favorite was the cherry picker (lent for the day by Pepco), which took those wishing for a thrill ride high into the sky.

Many kids took a break from climbing trucks to have their faces painted, play on the shul's playground, enjoy bouncing in the inflatable bounce house and line dance to the music.



Teacher Ashley Kripowicz keeps a watchful eye on four of her ECC students during TI's Truck Touch. (Photo by Avi Gerver)



Face painting appealed to Dylan Goldstein at TI's Truck Touch. (Photo by Avi Gerver)



Some youngsters wanted to size up the magnitude of a winter snow plow at the Truck Touch. (Photo by Avi Gerver)

Kaplans Off to Maccabiah

Naomi and Harvey Kaplan's grandson Aaron B. Kaplan has been selected to compete on the Maccabi USA team in high school soccer this summer at 20th Maccabiah World Games in Israel. An expected 80 countries are participating.

The opening ceremonies will take place in Jerusalem's Teddy Stadium in early July, and Aaron's soccer games are scheduled mostly in the Haifa area. Harvey and Naomi plan to join their son Ira and other family members to watch Aaron and his mates compete in the games.

Aaron and his brother Jacob are graduates of Tikvat Israel's Early Childhood Center. They reside in Howard County.

Mazel Tov to ...

Rachel and Ben Loving on the birth of daughter Naomi Miriam. She joins sister Becca and brother Nathan.

Linda and Edward Silverstein on the birth of grandson Leo Solomon. He is the son of Arielle and Andy Silverstein and joins brother Caleb.

Louise and Chuck Chatlyne, who will celebrate their 50th wedding anniversary with a Shabbat Kiddush on Sept. 2. ("We invite all our friends at Tikvat Israel to join us in our celebration," says Louise.)

DISCOUNTED BURIAL PLOTS

Members of Tikvat Israel are entitled to discounts on burial plots at two cemeteries in Montgomery County: Judaen Gardens in Olney and Garden of Remembrance in Germantown.

Obtain information about costs and purchase process from TI's executive director, Sam Freedenberg.

WIRELESS ACCESS @ TI

When you are inside the synagogue and need to connect to the WiFi, come to the TI office to obtain the current WiFi code. Using the old guest access code will no longer connect your device to the Internet inside the shul.



Wonderful Bar Mitzvah Surprise

The Suskin family want to thank all those who came to Maiyan's bar mitzvah celebration. As I mentioned that day, this community is a gift, and we are so blessed for being a part of it.

In particular, we wanted to thank Bonnie Cowan, who thoughtfully insisted on our having a Friday night dinner, which she organized, planned and sprang upon us as a gift. Bonnie puts in *hundreds* of hours every year as a volunteer in the kitchen yet made sure we did not have to think about anything that night - we could just show up.

I also want to thank those anonymous donors who paid for the dinner. I don't know who you are so we are considering it a gift from the congregation. Thank you all so very much for your kindness and thoughtfulness. We were touched by the gesture and hope to be able to give as much to this community as we get from it.

Finally, I wanted to publicly thank all our friends who helped in the kitchen that night, in the week prior, helping to prep everything, and on Shabbat: the Smiths, Marsha, Sue, Dalit, Harley ... and, I'm sure, others as well. Thank you for making everything go smoothly, for your time, and for the gift of your friendship.

Alana, Leon and Maiyan Suskin

Support at College

Thank you so much for the Tikvat Israel College Outreach packages this year. It was always fun to have a taste of home, celebrate the holidays and hear from members of the congregation. I really appreciate the time College Outreach volunteers took out of their busy schedule to put together the thoughtful, and useful gifts.

*Molly Schneider
New York, N.Y.*

'This Amazing Congregation'

My Dear Tikvat Israel family,

Please accept my apologies for the lateness of this note of thanks for it is only now that the shock and acceptance of my beloved brother Robert Michael Grossman's traumatic, untimely death has begun to dissipate and set in as reality.

My brother Bob (or the "Bob Father" as he was affectionately known by those close to him) and I had quite the history together. Growing up, he was the older brother who tormented and teased his younger sister, yet beginning in our late teens and as we grew into young adults, we developed a very loving, kind, respectful relationship that stood the test of time and never wavered until the day he died.

Ironically, it was eight years ago to the month of October when I nearly lost Bob for the first time. It was October 2008, Yom Kippur, that Bob nearly died during a nine-hour open heart surgery. Suffice it to say, B'zrat HaShem, he survived to enjoy the college graduation of his only child, his 30th wedding anniversary, weddings of cousins, the birth of his grandnephew and more cousins and mourn the death of his beloved mother, sister, aunt and uncles.

Since November 2002, you, this amazing congregation, have supported me through the loss of my entire immediate family -- my parents, my sister and my two brothers, not to mention beloved uncles and aunts. Words cannot begin to express how grateful I am to you for your support throughout the past 14 years. I am especially grateful for the outpouring of genuine support, kindness, compassion and love for me with the loss of my brother Bob. That support has continued to this day.

All congregations experience their differences, ups and downs and have their pros and cons. Clearly, Tikvat Israel lives up to its name, its reputation, its shared values -- hope and spreading lovingkindness through its community.

It is with a grateful heart that I thank all of you for providing hope and guidance for me during this difficult period of my life and always.

Joelle Black

Hope for the Needy

This expresses our sincere gratitude for the generous contribution of \$234 from Tikvat Israel's Tzedakah Fund for Project Hope, B'nai Brith's annual flagship program that distributes Passover baskets to the Jewish needy in D.C. and the Maryland suburbs.

Thanks to your contribution and others like yours (as well as a strengthened partnership with the Jewish Social Service Agency), we were able to maintain the number of those served at 504, and we were once more able to lighten the burden of those families by providing enough wine, matzah and other food products for their seders.

*Jack S. Ventura, Co-Chair,
B'nai Brith Project Hope,
Chesapeake Bay Region, Silver Spring, Md.*



The Kesem dance troupe, founded and directed by Tikvat Israel's Marnina Cowan, participated in the Israeli Dance Festival in May at the Hebrew Academy. Cowan and the dance group, which includes Tikvat Israel youngsters, were featured in the Washington Jewish Week. Read the full story at <http://washingtonjewishweek.com>. (Photo by Felicia R. Black)

Tallitot Carry Personal Meaning, Plus Vivid Colors, for Our Congregants

BY MELISSA APTER

Tikvat Israel is a colorful congregation to behold on Shabbat and festival mornings, thanks to the many beautiful handmade tallitot crafted by Shirley Waxman. As part of our Shavuot celebrations, nearly 40 congregants gathered in the social hall following evening services May 30 to admire each other's tallit and to share the verses and adornments each has chosen as the *atarah*, or tallit collar.

Each tallit was stunning, and you can marvel at the full spread of photographs (in color) on Tikvat Israel's website photo gallery.

Some congregants selected a meaningful verse from the Torah, and others drew on a historical reference for their *atarah*.

Psalm 92:2 adorns Cantor Joel Bressler's *atarah*. *Tov l'hadot* declares it is good to give thanks and "sing Your Name, Oh Most High" – fitting for a musician. But what makes his *atarah* all the more special is that in each word at least one letter has been embroidered to look like a musical instrument – drums, horns and even a saxophone.

Marc Pressman, a longtime congregant, and Eli Liebenson, 13, discovered their *atarot* were embroidered with same famous Zionist quote uttered by Theodor Herzl: "*Im tirtzu, ein zo agada.*" ("If you will it, it is no dream.")

For some congregants, it was not the design of the tallitot that meant the most to them, but rather the memories associated with the garments. Dan and Amy Matathias wore the tallitot that were

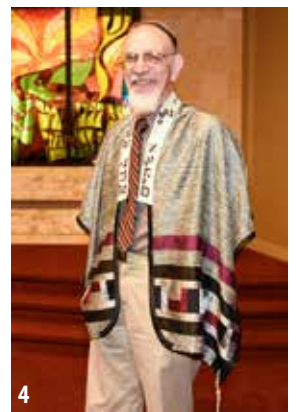
made for their children. Dan said he cherishes the memory of the *tallitot* production process, specifically getting to see his children express themselves through color and style. He hopes the *tallitot* will remind his children of those special family bonding moments.

Similarly, Felicia Black said she feels close to her son when she wears the *tallit* he designed when he became a bar mitzvah. The *atarah* is emblazoned with the famous Rabbi Hillel quote: "If I am not for myself, who is for me? And when I am for myself, what am I? And if not now, when?"

The feeling of family connection was a theme whose thread ran across several congregants' *tallitot* collars that didn't have words but rather symbols. Connected circles represents "l'dor vador" ("from generation to generation"), explained Waxman, an accomplished fiber artist who estimates she has designed and stitched at least 100 Tikvat Israel members' *tallitot* over the past 30 years.

She learned the embroidery technique from Jewish Yemenite women in Israel, who don't make a single stitch that is not imbued with purpose and meaning.

Bonus: Have you ever wondered why clergy have an extra stripe on the back of their tallitot? Cantor Helzner explained (and Rabbi Shull and Rabbah Arlene Berger confirmed this) that Waxman had told her that since the clergy spend so much time with their backs turned, the congregation should have something nice to view!





8



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14



15

ONE HISTORIC TALLIT AT TI

Shirley Waxman can take credit for many of the *tallitot* worn by members of the congregation, and she also can claim to have created the *tallit* for the first girl to wear a *tallit* at our synagogue when it was known as Beth Tikva. She has forgotten the name of the bat mitzvah and estimates this occurred about 30 years ago.



Shirley Waxman

“I remember she agonized over it,” Shirley recalled recently. “It was a momentous decision. There was not a law (requiring a girl to wear a *tallit*) then. She decided she wanted to do this so I put everyone on hold and got hers done on time. She was a lovely kid, brave to be the first.”

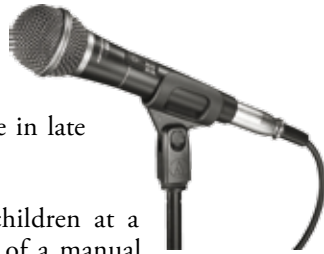
WHO'S WHO WITH THEIR TALLITOT?

Congregants displaying their personal *tallitot* are (1) Alan Apter, (2) Chuck Chatlynne, (3) Warren and Rabbah Arlene Berger, (4) Cliff Fishman, (5) Eli Liebenson, (6) Gale Pressman, (7) Felicia Black, (8) Judith Davis, (9) Joel Bressler, (10) the full group of participants, (11) Louise Chatlynne, (12) Marc Pressman, (13) Tamah Graber, (14) Susan Apter and (15) Rabbi Ben Shull. (All photos by Larry R. Levine)

To appreciate the array of colors, please visit the online version of the Tikvat Israel Bulletin, where all photos appear in color. This edition is accessible at www.tikvatisrael.org.

Toastmasters Training for Children

Children in 5th, 6th and 7th grades will have an opportunity to improve their speaking and communication skills in preparation for b'nai mitzvah taking place in late 2017 through 2019.



The program is open to all children at a cost of \$5, which covers the cost of a manual for the participant. The course will be taught by experienced speakers from Tikvat Israel's Toastmasters club, Hopeful Communicators.

The dates of the six-session course have not been set, but it is likely to begin in late August or September. More details are available from John Melmed at jmelmed@comcast.net.

The Return of True Stories

The fifth edition in the popular series of storytelling shows, True Stories, returns to the Tikvat Israel stage at 2 p.m. on Sunday, Nov. 5.

The organizers have selected an array of what promises to be the most entertaining storytellers yet seen at the synagogue's annual show. The lineup will include award-winning storytellers from the local storytelling circuit and beyond, including nationally known storytellers.

All storytellers have been hand-picked by John Melmed, the event's chair, who has heard all of the featured speakers at shows around the Washington area. "All of them are slick, funny and entertaining," Melmed says.

True Stories is one of the major fundraising events at Tikvat Israel. "What is so good about this is that it is a painless and enjoyable way of raising money for the synagogue," he says.

Watch for future notices identifying the storytellers and ticket ordering details.

ASSIGNING TORAH READERS

Tikvat Israel's "Yad Squad" is seeking a fourth member. The squad is responsible for assigning Torah readers for Shabbatot and festivals.



Curious? Contact Susan Apter, religious practices chair (apter4@gmail.com), or Julia Pitkin-Shantz, Yad Squad member (jpitkin@umich.edu), for information.

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TI Hosts 'Paper Clips' Ambassadors in Travel Exchange

Members of Tikvat Israel traveled to Whitwell, Tenn., site of the film documentary "Paper Clips," to commemorate Yom HaShoah in late April, then played host to three students and a teacher from the Tennessee middle school who visited the D.C. area one month later.

Seventy members of TI and Congregation Beth Joshua, an Orthodox shul in Rockville, welcomed the student ambassadors of the Whitwell Middle School's Holocaust program and their teacher during a 3½-day visit in late May that included a welcome reception in the TI social hall. A brief clip from "Paper Clips" was viewed before the students talked about what they had learned at their school about the Shoah.

The Whitwell contingent took a Capitol tour, met with Sen. Robert Corker (R-Tenn.) and Rep. Jamie Raskin (D-Md.), visited the Holocaust Memorial Museum and the memorials on



The three Whitwell, Tenn., 8th-graders joined Cantor Rochelle Helzner in song.

the Mall, as well as Ford's Theatre, Madam Tussaud's Wax Museum and the Smithsonian. Accompanying them were Rabbis Ben Shull and Uri Topolosky, along with TI members Rabbah Arlene Berger, Julia Pitkin-Shantz, Ellen Eisner and Sherman Eisner.

One month earlier, 25 members of Tikvat Israel and Beth Joshua traveled to Whitwell, Tenn., to commemo-



Rabbi Ben Shull welcomed the Tennessee visitors at the TI social hall.

rate Yom HaShoah, and to the Center for Civil and Human Rights in Atlanta. The trip offered a window into a vastly different region, affording an opportunity for dialogue, introspection and education.

Upon returning from the trip, Topolosky prepared an overview for the Washington newspaper *Kol HaBirah*. His article appears at https://view.flipdocs.com/html5/?id=10009972_927369&P=0 (on page 11 of the newspaper).

As a follow-up to the joint congregational trip, the congregations came together on May 6 to view "Paper Clips," a 2004 documentary. The film details how Whitwell middle schoolers met Holocaust survivors from around the world and shows how the experience transformed them and their community. Whitwell remains a destination for Jewish as well as non-Jewish travelers.

Professional Help on Speaking at TI's Toastmasters

If you like to talk (and many congregants do), Tikvat Israel's Toastmasters club is a great opportunity for exercising one's voice.

If you don't like to talk but you really need to, Toastmasters serves as a great opportunity to get better, says club leader Aaron Mannes.

TI has hosted a Toastmasters chapter, the Hopeful Communicators, for several years. The group meets in the shul's Flax Library and will continue to do so over the summer. Contact Mannes at aaron.mannes@gmail.com for the next meeting dates.

Meetings consist of practice presentations, listening to presentations, table topics, roundtable evaluations and a word of the day (it was "finical" at one recent session).



Veteran member Michael Oznay (left) received a plaque from Toastmasters club President Aaron Mannes for earning his Distinguished Toastmaster after giving dozens of speeches and serving in leadership roles. (Photo by Sam Freedenberg)

ISRAEL AFFAIRS COMMITTEE

Hasbara: A Focus on Israeli Innovation

(SECOND IN A CONTINUING SERIES)

BY HARVEY T. KAPLAN

In the May-June issue of the *Tikvat Israel Bulletin*, I introduced this series of columns on *Hasbara* with some background, explaining that we will be focusing on various aspects of Israeli innovations as we prepare to celebrate the State of Israel's 70th anniversary next spring. In that issue, I shared some interesting health-related information on an Israeli salt-substitute product that contains significantly less sodium than regular table salt.

Hasbara, as I explained, represents public affairs communications in the media about the bipartisan U.S. relationship with Israel and information we as a congregation need to share with the wider American community.

I have found a wealth of other innovations to share in this and future columns. In this issue, due to space limitations, I will cover two that I consider the most fascinating and relevant.

The first deals with research at Ben-Gurion University of the Negev (BGU) involving a new biomedical polymer that has proven effective with heart disease. In fact, it is able to cause measurable reductions in plaque buildup in the arteries of test animals as well as a decrease in inflamed areas within the cardiovascular system.

It's no secret that atherosclerosis cardiovascular disease is deadly. The Global Burden of Disease Report (*Lancet*, 2015) indicates more than 50 million deaths occur annually as a result

of this disease. Damage (due to high cholesterol, smoking and/or high blood pressure) to the endothelium, which is a thin layer of cells in the arteries, results in the formation of plaque. This is worsened by the body's sending of white blood cells to the affected areas, causing plaque accumulation.

Professor Ayelet David of the university's Department of Clinical Biochemistry and Pharmacology said the new polymer "reduces plaque and prevents further plaque progression and inflammation, preventing arterial thrombosis, ischemia, myocardial infarction and stroke." According to an article in May by Shoshanna Solomon in *The Times of Israel* (www.timesofisrael.com), the polymer "reverses arterial damage and improves the heart muscle." No other known therapy can do that.

Further, the polymer does not appear to cause any damage to healthy tissues and there is no known side effect. BGN Technologies (Ben-Gurion University's company focusing on commercialization of technology) is, according to Dr. Ora Horovitz, "seeking a pharmaceutical company to bring our polymer therapy through the next stages of drug development and ultimately to market." Right now, there is reason to believe that this new technology may prove better than statins in the treatment of large numbers of today's patients.

I want to share a second example of new technology. Proper posture is important to everyone because the slumping manner in which many of us walk and sit can cause serious physical problems over time, certainly including major back pain. An Israeli product, Upright, is awaiting FDA approval. Clinical trials are in progress both in the United States and in Israel. As reported in the May 2017 issue of *World Jewish Digest*, it is "a unique posture trainer which invisibly attaches to your lower back under your shirt and corrects you when you are not standing or sitting upright. Every time you slouch, it gently vibrates, reminding you to correct your posture."

The cost of the product is approximately \$130, and that price includes a mobile app that tracks a patient's progress and even has the capability to add customizable posture-training programs. The way the device notifies the user of improper posture is with a gentle electrical pulse involving a mild vibration, the intensity of which can be adjusted by the user. Further, there is a chat feature that allows the patient to confer with a physical therapist in real time.

Watch for more information about Upright in the media once FDA trials have been completed. Meanwhile, you can check out the product and the manufacturing company at www.uprightpose.com/products/upright-trainer. (It appears these items already are available via Amazon and elsewhere.)

Coming next in this series: More innovations from Israel -- with an emphasis on joint projects with American companies and organizations.



Judean Memorial Gardens

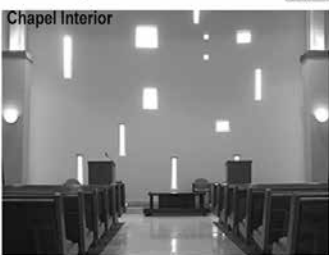
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Tikvat Israel owns a section of sites at Judean, with special completion discounts available to members.

To reserve your sites please call Sam Freedenberg at Tikvat Israel: 301-762-7338.



Chapel Interior



Chapel Entrance

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Support Tikvat Israel's Chai Campaign

BY JAYME SOKOLOW, CHAI CAMPAIGN CHAIR

Rosh Hashanah begins at sundown on Sept. 20. Although the High Holidays seem far away, the synagogue is beginning its annual Chai Campaign as we move into the summer.

To continue to thrive and fulfill our mission, Tikvat Israel needs a financial commitment from all of us through our annual Chai Campaign.

Our membership dues cover only part of what is needed to maintain our staff, facility and programs. It is up to us to put into action what we commit ourselves to in prayer at this special time of year. Please be as generous as your circumstances allow.

Last year, we achieved our goal of raising \$60,000. Let's exceed it this year!

We ask each of you to look inside yourself and consider what you can contribute to Tikvat Israel. Our donation levels take into consideration all income levels of our members, allowing every family the mitzvah of giving. In past years, we have had strong participation from our congregation.

Thanks to your generosity, the Chai Campaign has helped

the congregation balance its budget and continue supporting outstanding programs and services for all congregants. The Chai Campaign also helps support those congregants who may need financial assistance during the year.

Late in the summer, you will be receiving a letter asking you to contribute. This year, we have the following categories of giving: Diamond (\$5,400), Platinum (\$3,600), Gold (\$1,800), Silver (\$1,000), Jade (\$720) and Chai (\$360).

As you think about making a contribution, consider how much Tikvat Israel has meant over the years to you and your family. Consider how the synagogue has supported you and your family in its joys and in its sorrows.

Please give as generously as your circumstances allow so that Tikvat Israel can remain a vibrant synagogue.

L'shanah tovah tikatevu v'taihatem. May you be inscribed and sealed for a good year. In 5778, be among our congregants who, in the words of our Siddur, "unite to establish synagogues for prayer" and who "give funds for heat and light, and wine for kiddush and havdalah."

Hazak Hears From Expert on Diversity

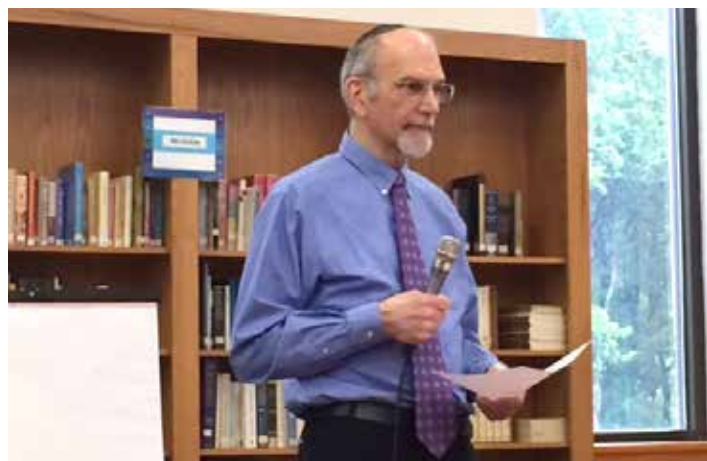
TI's HAZAK chapter heard a presentation by Rabbi Gordon Fuller, the new executive director of the Foundation for Jewish Studies, whose offices are located on the second floor of Tikvat Israel's education wing.

He spoke about "Coping With Diversity" at HAZAK's lunch-hour meeting in May.

Until assuming the leadership of the foundation, Fuller served the past two years as rabbi of Shirat HaNefesh, an independent synagogue in Chevy Chase.

HAZAK holds monthly gatherings at the shul for its senior members. Toby Altman, Karen Cohen and Ruth Kramer serve as club coordinators.

The next lunch meeting was scheduled to take place on June 15, and programming will resume in the fall.



Rabbi Gordon Fuller addressed the shul's HAZAK chapter in the Flax Library during a brown-bag lunch program.

TI Softballers Combine Forces With Temple Emanuel

Members of Tikvat Israel have been part of a joint men's softball team in the Suburban Maryland Synagogue Softball League, combining with members of Temple Emanuel.



Among those representing TI in the synagogue softball conference are, from left, David Wagner, Stuart Lempert, Warren Berger and Avi Bardack.

As the regular season came down the home stretch in mid-June, the team had compiled a 4-7 win-loss record. The team's victories in 2017 came against Beth Ami and Shaare Torah.

The TI regulars on the softball diamond are David Wagner, Stuart Lempert, Warren Berger, Avi Bardack and Neil Kram.

The league consists of 19 teams. TI plays doubleheaders each Sunday morning on nearby recreational fields.

The synagogue league uses a weighted schedule based on team performances during the previous three seasons. Each team's strength of schedule for the 2017 season was determined by this weighting formula.

Tikvat Israel Remembers With Respect Those Whose Yahrzeits Occur From 7 Tammuz – 8 Av – July 2017

7 TAMMUZ

JULY 1

Yetta Oppenheim
Murray Susswein
Minnie Waxman

8 TAMMUZ

JULY 2

Evelyn Lidoff
Ludwig Regensteiner
Sidney Starr

9 TAMMUZ

JULY 3

Esther Danoff
Annie M. Ehrlich
Rubin Harris
Judith A. Kessler
Martha Sills
Sidney Wilchins

10 TAMMUZ

JULY 4

Mark Chorvinsky
Ben Zion Cooper
Michael Menzer
Marcus W. Rose

11 TAMMUZ

JULY 5

Margot Casper
Philip Fabel
Matthew Soldano

12 TAMMUZ

JULY 6

Lewis Altman
George H. Cohen
Rubin Cohen
Ann Fullenbaum
Jeanne Hanig
Norman Keleti
Sadie Perlman
Henry Schechter
Israel Schechter
Leonard Stein

13 TAMMUZ

JULY 7

Irving Binder
Thelma Gorin
Israel Klig
Irwin Krick
Harold A. Saltzman
Harold Silverstein

14 TAMMUZ

JULY 8

Sandra Becker
Harry Levin
Thelma Sbar
Rose Schwartz
Solomon Senzer
David Sommer
Solomon Stutz

15 TAMMUZ

JULY 9

Barnett Bauman
Rebecca Bogage
Sarah Chernoff
Harold Gorin
Gaston Lellouche
Simon Mensh
Edward Milenky
Barbara Nena Rosenberg

16 TAMMUZ

JULY 10

Devera Danovitz
Hyman Edlowitz
Anna E. Feinmark
Leo Friedman
Frank Knott
Sarah Tempchin
Richard Volin

17 TAMMUZ

JULY 11

Sidney Davis
Rebecca Kramer
Ellis Leise
Rose Levy
George Ludwig
Solomon Nahum

18 TAMMUZ

JULY 12

Sarah Bassin
Beatrice Chait
Philip Chelemer
Morris Gottlieb
Elizabeth Katz Jeremias
Freda Levin
Gladys Nenderlander
Charlotte Podgor
Gerald Raine
Louis Rosen
Gloria Schwartz
Sandra Wagner
Louis Waltzer
Alan P. Woinsky

19 TAMMUZ

JULY 13

Tillie Cooper
Louis Deckelbaum
Leo Derene
Herbert Gold
William Hirsch
Bernard Kaplan
Beatrice Nathanson
Carol Peck
Susan E. Reich

20 TAMMUZ

JULY 14

Harry Freedenberg
Esther Solomon

21 TAMMUZ

JULY 15

Clinton Berger
Luba Borushok
Margaret Marcus
Davidson
Leah Marcus Feig
Sophie Deena Fertel
Norma Belson Honick
Charles Kaplan
Allan Pleet
Pearl Sakwa
Abraham Silverstein

22 TAMMUZ

JULY 16

Samuel Jaffe
Lucille Liebenson
Harry Rosen
Dolores Sachs
Frank Smith
Ruth Spiegelberg
Peggy Wilchins

23 TAMMUZ

JULY 17

Mary Davis
Frances Dicker
Charlotte F. Hart
Ida Rose
Helen Rosenblum

24 TAMMUZ

JULY 18

Bessie Cohen
Manfred Scheige
Fannie Simball
Simon Strassman
Morris Zaidband

25 TAMMUZ

JULY 19

Morris Beard
Abraham Bellman
Yetta Bendett
Mark Dubbin
Joseph Feinmark
Jack Gruss
Sarah Shedroff
William W. Weisbord

26 TAMMUZ

JULY 20

Miriam Agus
Solomon Cowan
Lillian Goldstein
Charlotte Kaufman
Rose Kess
Emanuel Kreisman
Adolf Rosenberg
Sidney Teitelbaum

27 TAMMUZ

JULY 21

Bernice Gateman
Clement J. Lipsy
Eugene Love
Balsorah Patterson Savely

28 TAMMUZ

JULY 22

Morris Bauman
Lottie Feinmark
Solomon Melmed
Fred Schwartz
Lois Steiner

29 TAMMUZ

JULY 23

Irving Gordon
Harriet Kravitz
Charles Lane
Jean Shull
Bessie Winer

1 Av

JULY 24

Jennifer J. Flax
Esther Gottlieb
Herbert Joseph
Carrie Levy
Max Polansky
Esther Rosenthal
Harvey Savely
Harold Steinberg
Joseph Weinberg

2 Av

JULY 25

Rose Gordon
Ruth Kaiz
Louis Simball
Sidney Stolzenberg

3 Av

JULY 26

Abigail Lefkowitz
Ralph A. Robinson

4 Av

JULY 27

Gussie Glaser
Fred Hamburg
Benjamin Larrick
Paul Ludwin
Morton Oppenheim
Evalyn Waldman

5 Av

JULY 28

Milford Hillerson
Edith Meyers

6 Av

JULY 29

Charles Chidakel
Edith Kaplan
Marvin Laubgross
David Lederman

7 Av

JULY 30

Jerome Pasternak

8 Av

JULY 31

Joseph Samuel Brudner
Harry Greene
Jennie Mazaroff
Anita Perlmutter
Eugene Perry



Tikvat Israel Remembers With Respect Those Whose Yahrzeits Occur From 9 Av - 9 Elul – August 2017

9 Av AUGUST 1 Philip Cohen Harry Cooper Louis Jaffe Phyllis Menduke Cynthia L. Shnider Frank David Spiegelberg Abe Stahler	15 Av AUGUST 7 Victor Battino Dr. Israel Levin Neftali Pazo	22 Av AUGUST 14 Naomi Kaplan	30 Av AUGUST 22 Larry Bloom Pearl Cohen Lina Goldstein Sonia Goldstein Sarah Kay Lloyd Oppenheim Edith Smith Elias Wolfe Charlotte Zimmerman	5 ELUL AUGUST 27 Norman Freedman Sarah Freda Golding Max Herman Jean Hirschman Pauline Katz Marcia Lieberman Rose Lifshutz Marsha Papageorge
10 Av AUGUST 2 Irene Kaplan Sarah Krick Betty Morrison Bertha Polster Bertha Tranen Shirley Zoltrow	16 Av AUGUST 8 Rose Cohen Etta Schneider Mordko Smolar Belle Wagman	23 Av AUGUST 15 Anne Bernstein Markus Eichtersheimer Don Margolies Helen Schechter Rosella Silverstein Sadie Wartofsky Idelle Weiner	1 ELUL AUGUST 23 Philip Goldsmith Hans Joseph Max Katz Julia Notovitz Pearl Plesset William Rosenfeld William Stein Esther Stolzenberg Harry Vinokur Helen Wexler	6 ELUL AUGUST 28 Albert Bass Ronald Black Raizia Chigorsky Dr. Samuel Hale Joel Hoffman
11 Av AUGUST 3 Fanny Feigin Ruth Freed Bertha Alice Kaplan Jerome Livingston	17 Av AUGUST 9 Frances Berger Harry Feldman Meyer Holtzman Isidore Kreisman Milton Levy Harry Reiter Isidor Sohn	24 Av AUGUST 16 Lucille Feinman Faye Glater Annie Mollen Belle Rosenthal Ruth Weiner	2 ELUL AUGUST 24 Anne Altman Marsha Fleisher Eva Gunther Shirley Hardis Rabbi Joseph Kaplan Harry Klion Ben Levin Alvin Peck Regina Rosenberg Mina Rothberg Marion Soypher Samuel Steckler Irving M. Yanoff	7 ELUL AUGUST 29 Morris Fineman Rabbi Simeon Kobrinetz Mark D. Rosen Aaron Sobell Leonard Suskind
12 Av AUGUST 4 Trudy Finstein Anna Moskowitz Leo Plesset Anne S. Prince Kate Hayley Schaffman Betty Stein Rose Wadler	18 Av AUGUST 10 Rose Altschuler Morris Bloomberg Louis Coren Samuel Goldstein Arthur Milder Murray Wadler	25 Av AUGUST 17 Rudy Fischer Rose Lesser Tillie Nisenson Sadie Smith Alfred Steiner	3 ELUL AUGUST 25 Batya Band Pesach Band David Lipovsky Max Sommer Charles Teller	8 ELUL AUGUST 30 Charles Larry Blair Mollie Broadman Sam Klass Hyem Kramer Sam Sharlot Pearl Zipin Tubiash Sol Shalom Wexler Fannye Zlotnick
13 Av AUGUST 5 Adele Boden Hertha Ermann Yetta Gellman Israel Kauffman Mary Klass Estelle Kornhauser Jennie Levy	19 Av AUGUST 11 Victor Issac Bigio Ester Danoff Henry Edlowitz Hyman Geller Morris Prince Rose Schrier Abraham Vainer Sidney Zalevsky	26 Av AUGUST 18 Melville Ehrlich Rebecca Feldman	4 ELUL AUGUST 26 Conrad Glaser Dorothy Harris Ethel Miller	9 ELUL AUGUST 31 Abraham Fierman Bessie E. Miller Minnie Teitelbaum
14 Av AUGUST 6 Usher Feinsilber Fannie Green Roslyn Kalinsky Fannie Raine Rose Saldinger Marvin Schneider Rabbi H. Jonah Waldman Jennie Wein	20 Av AUGUST 12 Abram Berlin Irving Gedanken Jack Kornhauser Abraham Sterman	27 Av AUGUST 19 Hilda Shulman		
	21 Av AUGUST 13 Rosa Miriam Bosques Emil Glater Jeanne Claire Godley-Davis Nathan Pitkin Ronald Pitkin Albert Sbar Herschel Wartofsky	28 Av AUGUST 20 Jack Chelemer Shirley Cohen Marilyn Ehrlich Barbara Goldberg Harold Goldstein Sylvia Holtzman Shirley Schwartz Richard Spector		
		29 Av AUGUST 21 Rose Blonder Yetta Cohen Max Feingold Claire Kahn Rachel Pachenker Rabbi Leivy Smolar		

Donations

The congregation gratefully acknowledges the following donations to the various funds of Tikvat Israel. The donor lists that follow reflect gifts received at the synagogue in April through May. If your donation during this time does not appear in the list, please contact the synagogue office at 301-762-7338 or office@tikvatisrael.org.

Yahrzeit Donations

In memory of...

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Sheldon David Abrams by Henrietta Asen
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Sophie Zaccagni by Betty Braunstein
Joseph Zalen by Janice Zalen

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In memory of Howard P. Morrison by Wendy Morrison

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In memory of Dorothy Engel by Marilyn Greenwood
In memory of Esther Engelstein by Marilyn and Michael Greenwood
In memory of Hannah Barrack by Marilyn and Michael Greenwood

CANTOR'S PROGRAM FUND

In appreciation of Cantor Helzner's compassion following Selma Winson's passing by Barbara Zweig
In appreciation of Cantor Helzner's davening during Passover by Cliff and Betty Fishman
In appreciation of Jeff Smith by Wendy Morrison

In memory of Deborah Ingle Comstock by Anonymous
In memory of Dorothy and Seymour Engel by Muriel and Jules Asher
In memory of Jesse Kaiser upon his yahrzeit and unveiling by Marian Kaiser
In memory of Kitty Strauss by Roberta and Manny Helzner

ALFRED COWAN TORAH CLUB FUND

In honor of Maiyan Suskin's bar mitzvah by Roz and Ted Kram
In memory of Jacob Matathias by Amy and Dan Matathias
In memory of Milton Moss by Amy and Dan Matathias

GENERAL FUND

For the support given after the loss of her husband, Fred Buff, by Lotte Buff
In appreciation of celebrating Shabbat at Tikvat Israel in April by Mark Botterman
In honor of Harold Diamond for his dedication and service to TI by Amy and Dan Matathias
In honor of Helen and Steve Raucher by Kelcey and Jack Klass
In honor of the birth of Cleo Sylvia, and congratulations to the Chatlyne family by Jeannette and Ronald Eisler
In honor of the birth of Naomi Miriam Loving by Amy and Dan Matathias
In honor of the birth of Naomi Miriam Loving by Nancy and Jonathan Solomon

In memory of Barbra and Robert Goldberg by Lawrence Goldberg
In memory of Belle Fabel by Beth Kanter-Leibowitz and Louis Leibowitz
In memory of Belle Fabel by Nancy and Jonathan Solomon
In memory of Carolyn Eisenstadt by Harriet and Al Schwartz
In memory of Esther Taubman by Barbara and Stanley Labovich

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In memory of Judith Weinstein by Martie Adelman and Marc Schneider
In memory of Judith Weinstein by Nancy and Jonathan Solomon
In memory of Milton Moss by Martie Adelman and Marc Schneider
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In memory of Peter Schwartzman by Beth Kanter-Leibowitz and Louis Leibowitz
In memory of Robert Grossman by Bobbi and Larry Gorban
In memory of Samuel Cohen by Anonymous
In memory of Selma Kubitz by Beth Kanter-Leibowitz and Louis Leibowitz

KIDDUSH FUND

In honor of Avi Ashery's birthday by Susan Cohen
In honor of Dan's bar mitzvah anniversary by Amy and Dan Matathias
In honor of Elie's and Josh's January birthdays by Dalit Baranoff and Josh Pollack
In honor of Inclusion Shabbat by Bonnie and Elliot Cowan

In honor of Inclusion Shabbat by Karen and Mike Cohen
In honor of Inclusion Shabbat by Maxine and Jim Perlmutter
In honor of Inclusion Shabbat by Nancy and Rodney Matheson
In honor of Inclusion Shabbat by Phyllis and Ken Schwartz
In honor of Installation by Arlene and Warren Berger
In honor of Irv's February birthday by Barbara Cohen
In honor of Kabbalat Shabbat with Instruments by Rosie and Howard Chernoff
In honor of Mary's birthday by Fred Wagner

In honor of our anniversary by Shirley Waxman and Joel Bressler
In honor of Shirley Waxman's birthday by Joel Bressler
In honor of Steve's birthday by Helen Raucher
In honor of Susan's birthday by Alan Apter

In honor of the Women's Network Shabbat by:
Amy and Dan Matathias
Brenda and Keith Brooks
Ellen and Sherman Eisner
Elyse and Jeff Bernstein
Hilda Springer
Janice and Robert Balin
Louise and Chuck Chatlyne
Martie Adelman and Marc Schneider
Maxine and Jim Perlmutter
Mimi Meltzer
Nancy and Jonathan Solomon
Nancy and Rod Matheson
Rebecca Salon
Sandra and Gene Sheskin
Susan and Alan Apter

On Graduation Shabbat, in honor of:
All the graduates by Amy and Dan Matathias
David Wagner by Mary and Fred Wagner
Jeremy Brooks by Brenda and Keith Brooks
Lara Haft by Carol and Daniel Haft
Miriam Bachman by Debby Berlyne and Danny Bachman
Molly Schneider by Martie Adelman and Marc Schneider
Our grandchildren's graduations by Helen and Steve Raucher
In memory of Charlotte Zeidman by Elisabeth Battino
In memory of Dr. Herman Flax by Melanie Grishman

PRAYER BOOK FUND

In memory of Sara Berman by Howard Berman

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In gratitude to Andrea Kronzek for her work as interim Bulletin editor by Jay P. Goldman
In memory of Barbara Morrison Tindall by Wendy Morrison
In memory of Judith Weinstein by Herbert Weinstein
In memory of Judith Weinstein by Rebecca Salon and Jay Goldman
In support of the Omer Project by Betty and Cliff Fishman

In support of the Whitwell Students' DC trip by:

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In observance of MLK Social Action Day by Rabbah Arlene and Warren Berger

YOUTH COMMISSION / COLLEGE OUTREACH

In memory of Judith Weinstein by Ellen Singer and Richard Gelula
In memory of Judith Weinstein by Susan and Alan Apter
In memory of Milton Moss by Melanie Grishman
In memory of Philip Wilchins by Howard Wilchins

IN SUPPORT OF THE USY LOUNGE RENOVATION BY:

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Dalit Baranoff and Josh Pollack
Hilda Springer
Melanie Grishman
Rebecca Salon and Jay P. Goldman
Susan and Alan Apter
Toby and Melvyn Altman


JULY 2017

7 Tammuz – 8 Av 5777

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
2	8 Tammuz 9:00a Minyan 7:30p Minyan	3	9 Tammuz 6:45a Minyan 7:30p Minyan	4	10 Tammuz 7:30p Minyan	5	11 Tammuz 7:30p Minyan 8:00PM Bridge	6	12 Tammuz 6:45a Minyan 7:30p Minyan	7	13 Tammuz 8:00a Minyan 9:00AM Rabbi's Class 6:30PM Kabbalat Shabbat 8:18p Candle-lighting	8	14 Tammuz 9:30AM Shabbat Services (Parashat Balak)
9	15 Tammuz 9:00a Minyan 1:30PM Annual Women's Network Baseball Outing 7:30p Minyan	10	16 Tammuz 6:45a Minyan 7:30p Minyan	11	17 Tammuz Fast of Tammuz 7:30p Minyan	12	18 Tammuz 7:30p Minyan	13	19 Tammuz 6:45a Minyan 7:30p Minyan 8:00PM Toastmasters	14	20 Tammuz 8:00a Minyan 9:00AM Rabbi's Class 6:30PM Kabbalat Shabbat 8:15p Candle-lighting	15	21 Tammuz 9:30AM Shabbat Services (Parashat Pinchas)
16	22 Tammuz 9:00a Minyan 7:30p Minyan	17	23 Tammuz 6:45a Minyan 7:30p Minyan	18	24 Tammuz 7:30p Minyan	19	25 Tammuz 7:30p Minyan	20	26 Tammuz 6:45a Minyan 7:30p Minyan	21	27 Tammuz 8:00a Minyan 9:00AM Rabbi's Class 6:30PM Kabbalat Shabbat 8:11p Candle-lighting	22	28 Tammuz 9:30AM Shabbat Services (Parashat Matot-Masei)
23	29 Tammuz 9:00a Minyan 7:30p Minyan	24	1 Av Rosh Chodesh 6:45a Minyan 7:30p Minyan 8:00PM Board Meeting	25	2 Av 7:30p Minyan	26	3 Av 7:30p Minyan	27	4 Av 6:45a Minyan 7:30p Minyan 8:00PM Toastmasters	28	5 Av 8:00a Minyan 9:00AM Rabbi's Class 6:30PM Kabbalat Shabbat 8:05p Candle-lighting	29	6 Av 9:30AM Shabbat Services (Parashat Devarim , Shabbat Chazon)
30	7 Av 9:00a Minyan 7:30p Minyan	31	8 Av Erev Tisha B'Av 6:45a Minyan										

AUGUST 2017

9 Av - 9 Elul 5777

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	9 Av Tisha B'Av	10 Av Minyan	11 Av Minyan	12 Av Minyan
6	7	8	9	10	11	12
9:00a 7:30p	6:45a 7:30p	7:30p	7:30p	6:45a 7:30p 8:00PM	8:00a 9:00AM 6:30PM	9:30AM 8:00a 9:00AM 6:30PM
Minyan Minyan	Minyan Minyan	Minyan	Minyan	Minyan Minyan Toastmasters	Minyan Minyan Kabbalat Shabbat	Shabbat Services (Parashat Eikey)
13	14	15	16	17	18	19
9:00a 7:30p	6:45a 7:30p	7:30p	7:30p	6:45a 7:30p	8:00a 9:00AM 6:30PM	9:30AM 8:00a 9:00AM 6:30PM
Minyan Minyan	Minyan Minyan	Minyan	Minyan	Minyan Minyan	Minyan Minyan Kabbalat Shabbat	Shabbat Services (Parashat Re'eh)
20	21	22	23	24	25	26
9:00a 7:30p	6:45a 7:30p	7:30p	Rosh Chodesh Minyan	6:45a 7:30p 8:00PM	8:00a 9:00AM 6:30PM	9:30AM 8:00a 9:00AM 6:30PM
Minyan Minyan	Minyan Minyan	Minyan	Minyan	Minyan Minyan Toastmasters	Minyan Minyan Kabbalat Shabbat	Shabbat Services (Parashat Shoftim)
27	28	29	30	31		
9:00a 7:30p	6:45a 7:30p 8:00PM	7:30p	7:30p	6:45a 7:30p		
Minyan Minyan	Minyan Minyan Board Meeting	Minyan	Minyan	Minyan Minyan		



Tikvat Israel Congregation

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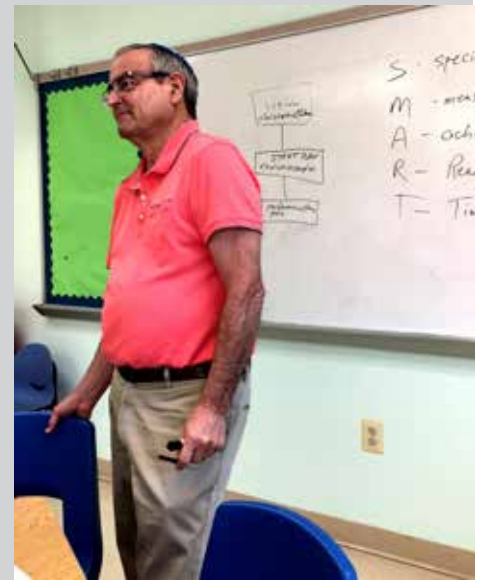
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DATED MATERIALS PLEASE DELIVER PROMPTLY

Plenty of Know-How to Share

Tikvat Israel members hold expertise on any number of topics, and about 20 shared their practical knowledge and insights with fellow members in 40-minute chunks at the first “Tikvat Israel University” program on June 4 at the synagogue.



At left, Roz Kram shared her personal secrets on what it takes to cook a delicious beef brisket. In center, Cantor Rochelle Helzner (left) and Shirley Waxman listened intently to Theater J’s artistic director at a session titled “How to Watch a Play.” At right, Jim Perlmutter discussed the key skills of organizational leadership. More details available on page 6. (Photos by Felicia R. Black)