



## Waving the Blue and White



Rabbi Ben Shull, shown with Stacy Lang (center) and Michele Eisenberg, in the moments before leading about 100 congregants, young and old, on a 5K walk June 10 to mark the 70th anniversary of Israel's statehood and to raise program funds for the synagogue. Read a short recap of the event on page 4. (Photo by John Melmed)

## Congregants Ratify a Level Budget; Dues Hold Steady for Coming Year

BY JAY P. GOLDMAN, *BULLETIN* EDITOR

Members of Tikvat Israel adopted a \$1.6 million spending plan that carries no membership dues increases for the 2019 fiscal year at a congregational meeting on June 11.

The new budget, which takes effect July 1 and funds synagogue operations through next June 30, represents about \$10,000 less in proposed spending compared to last year's shul budget.

Congregants approved the new budget with just a single negative vote.

Treasurer Stuart Lempert presented the plan at the 20-minute congregational meeting, which drew a quorum (minimum of 36 members).

The synagogue's largest expense area is the early childhood center, which commands more than a third of the budget. Next in line on the expense side are clergy and synagogue administration.

The ECC's tuition charges are expected to generate \$720,000 in 2018-19, about half of all revenue for the year at Tikvat Israel. About 56 students are projected for the ECC.

Lempert told those at the congregational meeting that the ECC plays an increasingly important role in the sustenance of the synagogue. "We hope to increase the capacity of the ECC by adding a classroom (in 2018-19)," he said.



Stuart Lempert, TI's treasurer

Membership dues and fees serve as the second-largest source of revenue, pegged at \$520,000 in FY '19. This is the same amount as in the past year's budget, meaning congregants will not face a dues increase this year. But Lempert said membership dues are unable to generate the revenue needed for the shul to keep pace with increasing costs, placing extra emphasis on ECC tuition and non-dues revenue.

The budget adopted by members also calls for \$108,000 in fund-raising through the Chai Campaign and other special events.

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### WEEKLY RELIGIOUS SERVICES

Monday	7:30 p.m.
Tuesday	7:30 p.m.
Wednesday	7:30 p.m.
Thursday	6:45 a.m. 7:30 p.m.
Friday	8:00 a.m.
Kabbalat Shabbat	6:30 p.m.
Shabbat	9:30 a.m.
Sunday	9:00 a.m. 7:30 p.m.

Services also held at Shiva houses as needed. Morning service times may change for Rosh Chodesh, minor fasts and national holidays.

Watch e-mail for notifications.

### CANDLELIGHTING TIMES

July 6	8:19 pm
July 13	8:16 pm
July 20	8:12 pm
July 27	8:06 pm
August 3	7:59 pm
August 10	7:51 pm
August 17	7:42 pm
August 24	7:32 pm
August 31	7:21 pm

## TIKVAT ISRAEL DIRECTORY

### Synagogue Office

Phone 301-762-7338  
Fax 301-424-4399

### Rabbi

Benjamin Shull  
rabbishull@tikvatisrael.org ext. 115

### Cantor

Rochelle Helzner  
rhelzner@gmail.com ext. 116

### Rabbi Emeritus

Howard D. Gorin

### President

Melanie Grishman  
mgrish7715@aol.com

### Executive Director

Sam Freedenberg  
sam@tikvatisrael.org ext. 111

### Office Staff

Amy Matathias,  
Administrative Assistant  
office@tikvatisrael.org ext. 110

Audrey Bergstein Hatfield, Bookkeeper  
bookkeeper@tikvatisrael.org ext. 126

### Education and Youth Programming

Luisa Moss, Director  
luisa@tikvatisrael.org ext. 120

### Early Childhood

Sheri Brown, Director  
sheri@tikvatisrael.org ext. 119

### Bulletin Editor

Jay P. Goldman  
jgoldman@aasa.org

### Contributing Editors

Melissa Apter Ellen Eisner  
Betty Fishman Amy Matathias

### Design and Layout

lgt & associates, inc.

### Newsletter Printer

Universal Printing

2200 Baltimore Road  
Rockville, MD 20851  
www.tikvatisrael.org

## Join TI's Contingent at Nationals Park for Baseball Outing on Aug. 19



Tikvat Israel has purchased a block of 50 tickets for the Washington Nationals game against the Florida Marlins at 1:35 p.m. on Sunday, Aug. 19. Tickets are \$20 each and can be requested from Rebecca Salton (rsalton@verizon.net).

Checks are payable to the Women's Network and can be left in the group's mailbox at TI or mailed to Salton at her address in the TI membership directory. Friends and relatives of synagogue members are welcome to join us.

Tickets must be ordered by July 18. All unsold tickets will be returned following that date.

The block of seats are in Section 404 of Nationals Park, shielded from the afternoon sun. "We're in 4-5 rows in front of each other — making talking easier — all on the aisle and not as high up as last year," Salton said. "Please let me know if you would like to reserve tickets and any preferences for people you'd like to sit near. We'll do our best to accommodate all requests."

This year's TI outing is co-sponsored by the Women's Network and the Men's Group. Aug. 19 is the same date as the Jewish Federation of Greater Washington's Grand Slam Sunday game, but all of their seats are located in stadium sections with direct sun exposure.

## Shul Shorts

### Board Members to Retreat

The Tikvat Israel Board of Directors is planning a summer retreat on Sunday, Aug. 5, at the synagogue.

The retreat will allow the governing body to plan strategies for the future, especially the challenges of changing demographics.

"We'll be positioning our community to survive those changes," said President Melanie Grishman, who will convene the afternoon session. Rabbi Ben Shull is expected to be in attendance.

### Cake Celebration

TI members celebrate each other's birthdays and anniversaries through a delicious simcha cake each month at a Shabbat kiddush.

To have your simcha or that of a family member or friend included, contact the shul office at [simcha@tikvatisrael.org](mailto:simcha@tikvatisrael.org) at the beginning of the month.

Suggested donation: \$18 for birthdays, \$36 for anniversaries. Contributions support unsponsored kiddushim at TI throughout the year.



### Fall Retreat at Capacity

The synagogue's Kallah 2018 (weekend retreat) Oct. 19-21 in Reisterstown, Md., has reached capacity for overnight housing at the Pearlstone Center, so the TI office is keeping a waiting list of those who still wish to participate. Those already on the wait list who paid a \$50 deposit will receive their money back if they cannot be accommodated.

## PRESIDENT'S CORNER

# Income Goals Must Be Everyone's Concern

BY MELANIE GRISHMAN, TIKVAT ISRAEL PRESIDENT



fun times to build community.

As one congregant remarked to me recently, "This place is jumpin'. Something is happening every week."

This has been wonderful but also a challenge. The staff have kept up with our expectations, and we must thank them for their extraordinary efforts, especially when some activities have happened so close together that there has been little breathing room. In setting our calendar for 2018-19, we have tried to space events to allow more preparatory time between activities.

In preparation for the new fiscal year, we have put together a new operating budget that does not require a dues increase. After speaking with some congregants recently, I am not certain that everyone understands the budget process. Our budget must be balanced.

First and foremost, we review the past year's budget and ask committees to submit their requests to determine what expenses

## Meeting, continued from page 1

"The average age of our congregants is rising, so they are moving into the lower dues levels," the treasurer said, explaining the increasing reliance on the ECC to support TI's administration and programming.

In reviewing Tikvat Israel's fiscal performance in 2017-18, Lempert said he expected some investments in the TI kitchen would enable it in the coming year to be a money-making venture.

The next regularly scheduled congregation meeting will occur in December, when nominations will be accepted for the synagogue's presidency and other officer positions, as well as more than a half dozen director posts. Melanie Grishman will complete her second two-year term as Tikvat Israel's elected leader at the end of 2018.



**Congregants gave decisive support for the proposed 2018-19 spending plan.**

TIKVAT ISRAEL JULY-AUGUST 2018

we may anticipate. Staff salaries are the biggest portion of the expenses. Committee expenses mostly are balanced by income from the programs, but sometimes there are legitimate needs that exceed incoming revenue — for instance, replacement of kitchen appliances. If the Religious Practices Committee plans a Shabbat dinner, the expenses must be covered by the cost of the participation fees.

Dues income is based on the number of members in each category of membership. (An expense item is included to accommodate those members who request a reduction in their dues for financial hardship reasons.) Estimates of contributions are made based on the previous year. Our fund-raising goals are then set to cover the difference between expenses and income. So you can see that if dues are not paid in full, we experience a shortfall. If we have overestimated the fund-raising capacity, we have a shortfall. The Early Childhood Center compiles its budget based on the number of students it expects to enroll. If there is a reduction in the number of ECC students, then any income we would expect from the ECC may not materialize.

This explanation is somewhat simplistic, but hopefully you can see how the process goes and realize how important it is to our community that income projections are met. It is incumbent on all of us to do our part to help meet our income goals.

If anyone has any questions about the budget process, please send me an e-mail or give me a call. I would be happy to discuss it further with you.

## Summer Brings Need for Extra Minyan Volunteers

BY ELLEN EISNER

As summer arrives and congregants leave town for vacation, we often experience a shortfall in attendance at our morning or evening minyans.

Please consider, when you are in town, taking a few minutes to help us by coming to minyan. (See page 1 for days and times.)

Your participation is welcome and encouraged at any time, but our most needy evenings are the following:

- first, third and fifth Mondays;
- second and fifth Tuesdays;
- first and fifth Wednesdays;
- first, second, third and fifth Thursdays; and
- all Sundays

Sunday morning minyan also can use additional attendees in July and August. Please come when you can.

Thank you for helping our community fulfill its obligation to those in mourning or observing a *yahrzeit*.



# Rabbi Leads Young and Old on 5K Walk to Honor Israel's 70th



Rabbi Benjamin Shull led nearly 100 synagogue members – from some in strollers to others with canes — on a 5K walk June 10 in honor of Israel's 70<sup>th</sup> anniversary.

The approximately three-mile stroll through the section of Rock Creek Park that abuts synagogue property concluded at Lake Frank, the turnaround point. Back at the synagogue, participants feasted on a catered Israeli lunch that included falafel, Israeli salads and pizza.

All participants received a commemorative walk T-shirt designed by Avy Ashery.

Chaired by Sam Gilston, David Kaminow and Betty Fishman, who oversaw a team of more than 25 volunteers, the event served as the final fund-raising event of FY 2018, netting about \$7,000 in revenue that will go toward shul operations and programs. The prime purpose of the walk was to increase understanding and appreciation of Israel's history and culture, while bringing the congregation together as a community.

The day's volunteers included a group of Tikvat Israel members who are health care professionals, the Israel Affairs Committee and the Outdoors Havurah. Others helped with event registration, served as monitors along the route and arranged lunch and snacks. Tikvat Israel's Eine Kleine Tikva Band played traditional Israeli music during lunch.



After lunch, Cantor Rochelle Helzner and the band led walkers in the singing of *Hatikvah*, the Israeli national anthem, and several congregants – Chuck and Louise Chatlynnne, Judy Katz, Stacy Lang and Rabbi Shull — told short stories about their experiences in Israel. The rabbi also read a story submitted by Sherrie Krauser. The short tales, called "From the Sublime to the Ridiculous and Back," were intended to showcase some of the unique and defining characteristics of Israelis who were encountered during the speakers' trips to Israel.



(Photos by John Melmed, Bob Tropp and Amy Matathias)

# SHULL TO SHUL

## Mitzvah Heroes

BY RABBI BENJAMIN SHULL



“Be a Mitzvah Hero.” This was my message to the students and parents at the end-of-year assembly for our Atid Learning Center (our religious school) on Sunday, June 3. I was referencing a term that Danny Siegel, the great Jewish educator/poet and inspiration to generations of USYers, coined several decades ago.

A Mitzvah Hero is a person who does good deeds for others in an extraordinary way. Siegel was the acknowledged expert in bringing stories of people of this nature to our attention. Who can forget Myriam Mendilow, founder of Yad LaKashish (the Lifeline to the Old in Jerusalem); Clara Hammer, known as the “Chicken Lady of Jerusalem,” who fed hundreds every Friday night; and Trevor Ferrell, who at 11 years old began a campaign to help the homeless on the streets of Philadelphia?

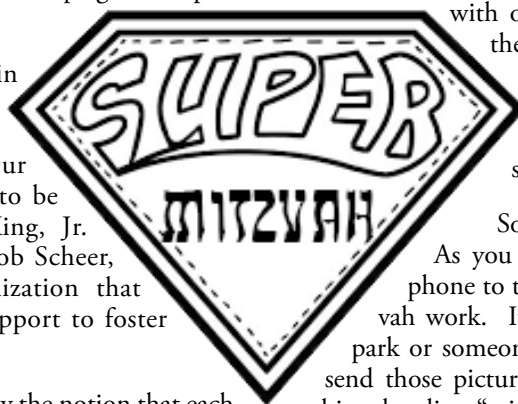
Siegel made sure that those of us in USY at the time looked up to these people. They became our role models. Mitzvahs were waiting to be done. Our small corner of the world was waiting to be repaired. (This past Martin Luther King, Jr. Day, we met another Mitzvah Hero, Rob Scheer, founder of Comfort Cases, an organization that provides needed supplies and loving support to foster children throughout the country).

I still am inspired by these stories and by the notion that each one of us can be a Mitzvah Hero or at least a Mitzvah Specialist, making one particular mitzvah our pre-occupation. (We live in an age of specialization, after all.) Now this sense of mitzvah, as in “good deed,” certainly can and should be broadened to include what our tradition calls *Mitzvot ben Adam l'Makom*, mitzvahs that we do just to enhance our direct relationship with God — as in observing Shabbat and *kasbrut* and shaking a *lulav*. Each one of

these mitzvahs is available to embrace more fully for the purpose of elevating us and making us into finer human beings, better reflecting God’s image.

Becoming Mitzvah Heroes and Mitzvah Specialists requires mitzvah work. Mitzvah work is what we are going to do over the next several months at Tikvat Israel. Mitzvah work involves recognizing the mitzvahs that need to be done (like visiting the sick and lifting up the downtrodden and lighting Shabbat candles with love and joy). Mitzvah work involves studying the best way to do the mitzvah, beginning with the right intention and ending with the best outcome. Mitzvah work means finding a group of fellow congregants who will support each of us in our quest to deepen our understanding and performance of our chosen mitzvah.

I will speak more about mitzvah work during the holidays, and our Kallah retreat in October will focus on getting moving with our mitzvah work with the participants in the Kallah acting as *shlichim* (emissaries) to motivate our entire congregation in the months following. But let’s not wait until the fall to begin our mitzvah work. Let’s start this summer.



So here is a summer homework assignment. As you travel about this summer, use that smart phone to take a picture of someone engaging in mitzvah work. It could be someone helping to clean up a park or someone helping someone learn to swim. Please send those pictures to [office@tikvatisrael.org](mailto:office@tikvatisrael.org) and make the subject heading “mitzvah work.” We will display these pictures on the monitor in our lobby during the High Holy Day period.

So there’s Ironman and Spiderman and Wonder Woman. How about “Mitzvahman” or “Mitzvahwoman”? OK, perhaps it won’t sell in Hollywood, but we have our own Mitzvah Heroes right here at Tikvat Israel. It’s a Tikvat Israel blockbuster waiting to happen. Let’s get to work!

## HASBARA: Focus on Israeli Innovation

(Eighth in a Continuing Series)

BY HARVEY T. KAPLAN, ISRAEL AFFAIRS COMMITTEE

In previous issues, I focused on a series of Israeli innovations that have made significant impacts on the entire world—and all of us as citizens of the world. Since the last article was published, the State of Israel celebrated the 70th anniversary of its establishment in May 1948.

Israel continues to thrive today. The World Jewish Congress hosted an event in Jerusalem focused on strengthening Diaspora-Israel relations. I especially appreciated WJC President Ronald S. Lauder’s opening remarks: “There is only one Jewish state in the entire world, and it is here. It is our solemn duty to make sure it continues to thrive forever. I am not an Israeli citizen, but Israel is my country, too. It is my second home, and like you, Israel is a large part of my Jewish identity. I believe all Jews

everywhere are connected to Israel through our hearts, and this is a bond that is unbreakable.”

In this article, I am sharing briefly two significant Israeli developments in the field of medicine.

All cancers are a problem, but pancreatic cancer is one of the most dangerous forms of the disease. There is no way today to detect it early, and there are no effective treatments. At the Weizmann Institute of Science, Ravid Straussman of the department of cell biology leads a research team attempting to produce a solution. They have identified a class of bacteria present in a large percentage of pancreatic cancers. The bacteria hide deep within

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## TWO B'NAI MITZVAH SET FOR SUMMER SHABBATS

Tikvat Israel will host b'nai mitzvah celebrations for two young congregants this summer. Leeza Frank will become a bat mitzvah on July 14, and Sadi Rabin will be called to the Torah on Sept. 1. Mini-profiles of both follow.

**Leeza Rachel Frank** is the youngest daughter of Cheryl and Ben Frank of Olney. She has two older siblings, Mollie, 27, and Daniel, 24, both of whom had their b'nai mitzvah at TI. Leeza had her baby naming at TI.

She is an 8th grader at Farquhar Middle School in Olney, where she recently was inducted into the National Junior Honor Society.

**Mitzvah project:** Collecting almost \$600 in pet care items for the Montgomery County Humane Society and volunteering for the Montgomery County Board of Elections.

**Personal interests:** Figure skating, tap dance, jazz dance, swimming, piano, clarinet, recorder, singing and drama. Music is her main passion. She has been a drama student since age 5 and was in the cast of "Hairspray" and "Shrek the Musical" at school.

**Sadi Einatan Rabin** is the older son of Dr. Janaki C. Kuruppu and Dr. Ronald L. Rabin of Rockville. He has a younger brother, Junet, 10.

Sadi is entering 7th grade at Earle B. Wood Middle School in Rockville.

**Personal interests:** Athletics and art.



## WOMEN'S NETWORK

# Program Managers Ensure Solid Activity Support

BY JANICE BALIN, WOMEN'S NETWORK COORDINATOR

The Tikvat Israel Women's Network/Sisterhood had a very successful year with strong membership enrollment and exciting programs.

This year we tried a new process for running the Women's Network. Instead of having officers, we had program managers who took on the responsibility to ensure a program would run smoothly. They were responsible for identifying the activity, scheduling a date, advertising the activity and making sure that enrollees knew what to expect on the day of the program.

Programs were identified based upon an interest of an individual member to run it. As a result, we offered many new opportunities for our members, which included art projects offered by artistic congregants, an outside tour of a coffee factory, book discussions, JCC Museum Tour, our annual Nationals baseball game outing, a Rosh Hodesh workshop, a Hanukkah program for Tikvat Israel members and our annual Women's Network Shabbat. We also contributed to the Rabbi's Fund to assist with other TI programming and scholarships for our youth.

The new program year begins in September, and we already have some new program ideas. During the summer I plan to organize a meeting to assign program managers. If you are interested in joining our planning meeting and have an idea for a new program, please reach out to me. We are always looking for new ideas and people to help implement them. We work in teams so that no one bears the brunt of planning a program by themselves. My role is to assist when needed, although most program managers coordinate things independently. I look forward to working with everyone again next year, and particularly hope that new people come forward with ideas and the interest in planning them.

Special thanks to the following program managers this year: Susan Apter, Elyse Bernstein, Felicia Black, Brenda Brooks, Ellen Eisner, Sarah Harris, Anna Robbins, Rebecca Salon, Fortuna Scheige and Hilda Springer. (Hopefully, I haven't forgotten anyone!)

A special thanks to our presenters and artists who made our programs successful: Arlene Berger, Tamah Graber, Shirley Waxman; and to Amy Matathias, for promotional assistance.

## Six Young Congregants Collect Sheepskins

A half dozen sons and daughters of Tikvat Israel members received their college degrees in the spring.

*Yasher koach* to the new graduates:

**Gabby Brooks**, daughter of Brenda and Keith Brooks, graduated from New York University with a degree in media, culture and communications.

**Amalia Cowan**, daughter of Bonnie and Elliot Cowan, graduated from Drexel University with a degree in digital interactive media and a minor in product design.

**Lenny Fobe**, son of Rochelle Fobe, graduated from University of Maryland, College Park, with a double major in chemical bio-molecular engineering and biochemistry.

**Marty Lempert**, son of Robin and Stuart Lempert, graduated from Binghamton University with a major in microbiology.

**Ilana Matheson**, daughter of Nancy and Rodney Matheson, graduated from University of Cincinnati with a major in industrial design.

**Emma Renteria**, daughter of Cindy and Joseph Renteria, graduated from Salisbury University with a degree in environmental studies.



## EDUCATION AND YOUTH

# Test Your Heroic Powers Over the Summer

BY LUISA MOSS, DIRECTOR OF EDUCATION AND YOUTH PROGRAMMING



Who are your heroes? What characteristics do you admire?

Heroes inspire us. Their actions motivate our behaviors. We admire their actions and aspire to be like them. Anyone can be a hero, but as Jews we are commanded to be heroes. As Rabbi Abraham Joshua Heschel states, "The meaning of man's life lies in his perfecting the universe. He has to distinguish ... and redeem the sparks of holiness scattered throughout the darkness of the world."

As partners with G-d, we can help to make the world a better place. These actions, big or small, play an important role in living morally responsible lives, one of the foundations of Judaism. By performing mitzvot, we can build our relationship with G-d, with the world, our community, our family and ourselves. We are no longer passively living life. We take on an active role in this world as well as the world of future generations who will benefit from our deeds today.

This summer, Rabbi Shull and I charge the Tikvat Israel community to be Mitzvah Heroes, everyday people, doing good every day.

Below you will find a list of Mitzvah Hero powers and suggested actions. Feel free to do other mitzvot as well. Try one or try a few. How does it feel being a Mitzvah Hero? Are there some mitzvot you regularly do? That is OK, as well. Perhaps there are new ones you want to try. Experiment and let us know how it goes.

Please take photos of you and your children in mitzvah action and send them to [luisa@tikvatisrael.org](mailto:luisa@tikvatisrael.org). They will be posted on my "Atid Tikvat Israel" Facebook page.

### *Ahavat Zion* (Zionism and Israel)

- \* Visit Israel
- \* Buy Israeli products

### *Bal Tash'bit* (Preserving the Earth)

- \* Recycle
- \* Compost
- \* Plant a garden

### *Bikkur Holim* (Visiting the Sick)

- \* Visit someone who is ill
- \* Make a meal for caregivers

### *Hachnasat Orchim* and *Ma'akhil R'evim* (Hospitality and Feeding the Hungry)

- \* Donate food to Manna Food Center
- \* Volunteer to serve free lunches to kids over the summer

### *Kashrut* (The Dietary Laws)

- \* Visit a kosher restaurant
- \* Find *hechshers* (kosher certification) on food products in your pantry

### *Kibbud Av va-Em* (Honoring Parents)

- \* Help get dinner ready
- \* Clean up your toys without being asked

### *Shabbat* (Day of Rest and Renewal)

- \* Light candles
- \* Do something special as a family

### *Tza'ar Ba'alei Hayyim*: (Compassion to Animals)

- \* Put a saucer of water outside for pollinators
- \* Save old towels for animal shelters

## USY News

### NEW BOARD ELECTED FOR USY

Tikvat Israel USY elected its chapter board on June 10 for the 2018-2019 school year, as follows:

- President, Austin Kaminow
- Israel Affairs Executive Vice President, Aviva Kram
- Social Action/Tikun Olam Vice President, Ellie Schwartz
- Membership/Kadima Vice President, Sophia Kram
- Communications Vice President, Cheryl Goodman
- Ninth Grade Representative, Adina Schwartz
- One final slot, religion/

education vice president, will be appointed at a later date. Melissa Apter serves as USY chapter advisor.



## DINNER CREW



Members of the synagogue's USY and Kadima chapters helped with a congregational Kabbalat Shabbat dinner in late April. Shown, from left, are Austin Kaminow, Adina Schwartz, Eliana Mannes, Eli Liebenson, Ellie Schwartz and Aviva Pollack. (Photo by Melissa Apter)



# A Self-Introduction by Our Early Childhood Director

BY SHERI BROWN, TIKVAT ISRAEL ECC DIRECTOR



I'm so excited to be starting this new chapter of my life at the Tikvat Israel ECC. Everyone I've met has been warm and welcoming, and I appreciate their taking the time to introduce themselves. It will take a while for me to learn everyone's names, and I'm happy to have the opportunity to do so.

My husband Matt and I just moved to an apartment in the Rockville Town Center. This has been a chance for us to downsize and try to simplify our lives. Matt takes the Red Line to his job downtown, and I'm now less than three miles from work. This is a big, positive change for us. We are also closer to two of our three children, as our two daughters live in Bethesda.

The biggest bonus of this move has been to be even closer to our granddaughter. Rachel, our older daughter, and her wife Laura have a daughter Ellie (Elia Devorah), who will be two in August. Ethan, our son, and his wife Kimberly live mostly in New York City, but also in Los Angeles. Michaela, our youngest child, lives with Rachel, Laura, and Ellie. She rents the basement of their house, an arrangement that works out well for everyone.

I've been an educator since 1985, and most of that time I've been in the early childhood field. This is such an exciting time for children, their parents and those of us lucky enough to teach them. The brain develops most rapidly during this time in children's lives, and I always marvel at how little they remember about this time even though it's so vital.

The early childhood education field is changing rapidly. With the availability of functional magnetic resonance images, or fMRIs, we know more about how the brain makes connections and we can refine our teaching methods to reflect what we know. Just as your surgeon's techniques change with medical advances, so too should educators' pedagogical skills. I'm thrilled to be able to work with the Tikvat Israel ECC staff as we continually refine our practice.

I'm looking forward to working with the Tikvat Israel professional staff, the lay leaders and the entire congregation as we continue the tradition of excellence at the ECC and incorporate new ideas and programs.

Please feel free to reach out with any questions. My e-mail is [sheri@tikvatisrael.org](mailto:sheri@tikvatisrael.org).

## Mazel Tov

to **Ari Levine**, son of Larry and Sandy Levine and Julia Mack, upon his marriage to Shachar Gabay in Shores, Israel, on May 28.

to **Liora and Micha Dahan**, upon the birth of their first grandchild, a boy, on June 3.

to **Luisa Moss**, TI youth director, whose Torah commentary was published June 7 in *Washington Jewish Week*.

to **Wendy Morrison**, upon attaining a new rank, NABC Master, in the American Contract Bridge League.

# ECC Pupils Celebrate Israel's Birthday

The ECC at TI celebrated Yom Ha'azmaut by taking an El Al flight from the library wing to the social hall, also known as Tel Aviv.

Once in Israel, the children, clad in blue and white, paraded around the social hall, sang a variety of Israeli songs, viewed a slide show of Ms. Marcie's recent trip to Israel and ate Israeli snacks. Notes the children wrote to G-d were added to the Western Wall (built of cardboard boxes). The children finished their day in Israel with an archeological dig.

Photos adorned the hallways of TI in April to honor Israel's 70th birthday and were made by the creative staff and students of the ECC.



Artwork generated by students and staff at the ECC connected to Yom Ha'azmaut.



## Truck Touch Delights Kids With Climb-Aboard Appeal



The images here display some of the activity taking place at the fifth annual Truck Touch, sponsored by the TI ECC, on May 6. Young kids, often with an assist from a parent, had the chance to climb onto nearly a dozen oversized vehicles, such as a cherry picker and a trash truck.



## Volunteers Asked to 'Ignite Passion in Others'

About 50 of Tikvat Israel's most dedicated volunteers were honored as a group at an annual appreciation reception on May 30 in the social hall.

Both Tikvat Israel President Melanie Grishman and Rabbi Ben Shull told the volunteers after their nosh how important they were to the life of the synagogue.

Grishman, nearing the end of her second two-year term as the elected head, said: "We can't do enough to thank you for all you do."

Citing the high level of volunteerism experienced widely at houses of worship, she referred to the especially full year of activities now coming to an end at TI. "Several people have said to me, 'There's always something going on' and that's because of you volunteers who are organizing them."

The rabbi said it is important for active volunteers "to ignite passion in others." He added: "We see the passion coming from you, and it has to be passed on to others."

Carol Chelemer, a former vice president on the TI board of directors, chaired the appreciation event.



Liora Dahan (left), TI's food services coordinator, joined President Melanie Grishman at the reception for TI's volunteers.

### USY WHEELS INTO TI

Forty-one students in 8<sup>th</sup> and 9<sup>th</sup> grades and their chaperones will travel up and down the East Coast as part of USY on Wheels-East this summer. On July 19, they will arrive at Tikvat Israel for dinner and activities and then head to the homes of synagogue families for the overnight.

A special "thank you" to all of our gracious congregants who have volunteered to host participants for the night. Your hospitality is appreciated.



## My Unique Study-Abroad Semester in Israel

BY MICAH COWAN

This past spring for me was not the traditional study-abroad experience.

I'm already an "untraditional" college student, enrolled in a joint program between Columbia University and the Jewish Theological Seminary. (Next spring, I hope to receive two bachelor of arts degrees.) I could have undertaken the typical study-abroad experience by spending



Micah Cowan fronting a Mount Scopus view of the Jerusalem landscape.

a semester somewhere significantly more foreign such as Thailand or someplace like London where I'd have no language barrier. Instead, I chose to return for the 4<sup>th</sup> time to Israel, but my experience was anything but a typical study-abroad semester in Jerusalem.

This semester I was enrolled at the Hebrew University as a participant in the fourth cohort of the Nachshon Project. Funded by the Legacy Heritage Fund, the Nachshon Project is a fellowship for second-semester college juniors who want to explore careers in Jewish life and education in the North American Jewish community. With 41 students from 20 different U.S. and Canadian universities across the Jewish religious spectrum, we grew close as a cohort. We engaged in constant conversations about Jewish issues as we developed our individual Jewish and Israeli identities.

In addition to taking a full course load at Hebrew University, each student participated in a weekly *Beit Midrash* at Pardes (a co-ed, non-denominational Jewish learning community); monthly Shabbatonim on Israeli politics, religious expression, spirituality and cohort unity; and twice-a-week sessions to learn from Jewish professionals, religious leaders and Israel educators. We also engaged with politicians – notably Rabbi Dov Lipman, a Montgomery County native.

Being in Israel, and particularly in Jerusalem, we constantly felt the politics in the air. We received e-mail warnings from program organizers about steering clear of higher-risk areas and other precautions. I stayed safe throughout the semester and never put myself in any extra danger. Our last Shabbaton in May was supposed to take place in the Golan, just days after missiles were fired from Syria at the Golan Heights. The leaders of our program saw the danger threat, and a logistics team arranged for an alternate location for our Shabbaton in the Galil, located along the eastern coast of the Kinneret.



Micah Cowan and other Nachshon fellows in Tzfat.

This semester was truly an opportunity for personal growth. I independently organized separate trips with a couple friends to Amsterdam, Rome, and Cyprus. I have begun to clarify my relationship to the politics of Israel. I have become an even stronger Jewish leader. And I have found myself in a cohort of peers who care about their own Judaism and share their Judaism with others as much as I do.



## Recognizing One of Your Own

We want your congregants to know about the achievements of one of your members, Austin Kaminow, a student at our school who participated in the publication of the inaugural edition of the *Bohr-Franklin Journal: CESJDS Proceedings on Chemistry, Biology, Physics, and Mathematics (Volume 1, Issue 1)*.

This new student publication offers an opportunity for students in our high school science program to offer their insights on scientific developments and to share their own experiences with scientific inquiry with the broader community.

The journal provides a forum for training and allows students to showcase research and learn about the benefits and challenges of publishing research. Students who serve on editorial staffs gain editorial and leadership experience. They learn fundraising techniques, participate in peer review and revision, and they come to know the importance of deadlines and timelines.

Mazal tov to Austin for his publication.

*Melanie Rosenthal*  
Admissions Assistant  
*Charles E. Smith Jewish Day School*

## Grateful in Times of Loss

My family and I would like to thank Tikvat Israel for your support following the death of my mother, Margaret Levine.

*Jason Levine*

Many thanks to my Tikvat Israel family for all of your support and love as I learn how to be a widow. The shock of Steve's death is hard to internalize, but slowly I am doing so and learning to do all he did in addition to what I usually did.

Advice, phone calls, offers to get me out of the house, dinners – all have made a difference in my life.

The attendance at Steve's memorial was overwhelming! You never know until a loved one dies how highly he or she was regarded.

Thank you all for your continued support as I learn day-by-day to grow into widowhood.

*Michele Eisenberg*

## Concert Kudos

I want to thank all the congregants and staff who helped make the annual concert on April 15 such a wonderful evening of first-class entertainment.

The dynamic energy and spirit of the synchronized *a cappella* ensemble from the University of Maryland and the Seth Kibel Klezmer quartet combined for an evening of music ranging from American and Israeli pop to Klezmer and jazz sounds that rocked the social hall and brought smiles to the more than 200 people in the audience.

While there were many hands that went into this successful

evening, I want to especially thank Amy Matathias and Sam Freedenberg for their tireless assistance and support in helping to make this concert such a well-organized and memorable event.

*Jim Perlmutter*

Much appreciation goes to Jim Perlmutter for being the chair and master of ceremonies at the successful Cantor's Concert this year. Jim made sure that all details were addressed and covered.

Thanks also to Sam Freedenberg, Amy Matathias, Liora Dahan and all those who volunteered on the day of the concert. What an exciting musical and community experience!

*Cantor Rochelle Helzner*

## USY Scholarship Support

We're so grateful to everyone who attended and supported our second annual "Be Our Guest" Youth Kabbalat Shabbat and dinner on May 11 featuring our USYers and Kadimaniks.

We also appreciated those who donated toward our youth scholarship fund. The funds enable our congregation to award scholarship money to our students who wish to attend regional and international conventions. At these events, our students get to meet other Jewish teens from all over D.C., Maryland, Virginia and North Carolina, and, in the case of the international convention, from all over the U.S. and Canada. If you would like to donate to the scholarship fund, you may do so through TI's office.

I'd like to thank several individuals, without whom the evening would not have been possible: Rabbi Shull and Cantor Helzner; Liora, Kara and the kitchen staff; Dalit Baranoff, Amy Matathias, Sam Freedenberg, Luisa Moss, the Women's Network, Fortuna Scheige, Hilda Springer and all of our student participants.

*Melissa Apter*  
USY and Kadima advisor

## A JULY START FOR LOBBY RENOVATION

The long-awaited project to give a more appealing look and greater functionality to Tikvat Israel's main lobby is set to begin in July.

The lobby work is expected to take about eight weeks, meaning it will be completed before Rosh Hashanah. Over the course of the project, various parts of the lobby will be temporarily inaccessible, but arrangements will be made for uninterrupted access to the sanctuary, social hall, offices and education wing throughout the renovation.

The synagogue has hired a contractor, HBW Construction of Rockville. Architectural drawings were completed by Consulting Design Services of Rockville in the spring. County-issued construction permits are being obtained before the work can commence.

TI board member Alan Apter has chaired the lobby renovation project.



# Let's Be Like Harvard

BY SAM GILSTON, FUND FOR THE FUTURE CHAIR

We all know the names of the Ford Foundation, the Gates Foundation and the Rockefeller Foundation, giant charitable organizations that underwrite programs around the world. As their names indicate, these foundations were created with initial donations from the families whose names they bear.

There are thousands of other foundations and non-profit organizations that were created and funded by multiple sources of financial support rather than just one. For example, Harvard University, which has an endowment of \$35.6 billion, was funded mainly through donations from alumni or the parents of those alumni.

Harvard isn't alone in receiving substantial gifts from alumni and friends. Several universities have endowments that run into billions of dollars, and many more have received gifts totaling hundreds of millions of dollars.

Why can't we be like Harvard?

No, I'm not suggesting we raise a billion dollars, but the Fund for the Future at Tikvat Israel can grow in many of the same ways that the Harvard endowment has grown.

Every year, Harvard and most other private universities send appeals to alumni and friends to make capital contributions to their schools, to include them in wills and trusts and to add them as beneficiaries to life insurance policies and other financial instruments. You may receive such appeals from your alma mater.

Slowly, year by year, these gifts have accumulated until the endowments have grown to be major sources of financing for the schools.

That's the goal of the Fund for the Future. It aims to create an endowment that will provide an annual source of additional income to Tikvat Israel.

Let's face it. To be viable in the future, Tikvat Israel can't rely solely on membership dues and annual donations to maintain its services, programs and facilities. With a large enough endowment, the Fund for the Future could play a vital role in easing the financial burden on members and ensuring our congregation's financial stability for many years.

You can help the fund achieve its goal by including Tikvat Israel in your will, adding it as a beneficiary of a life insurance policy, naming it as a beneficiary of an IRA or other retirement account, creating a charitable annuity or making a direct capital contribution.

Members of the Fund for the Future will be glad to talk with you or your financial adviser about the options you have to help build the fund. Please call me at 301-924-5424 if you would like more information about the ways you can be part of our synagogue's future.

# Want to be a Kitchen Volunteer?

## HERE'S WHAT'S INVOLVED.

BY MARSHA LYONS, TIKVAT ISRAEL KITCHEN COMMITTEE CHAIR

I've heard the question from time to time: I'd like to volunteer in the kitchen for a kiddush, but what will I have to do?

Actually, no special skill or knowledge is needed. It is really quite simple.

If you volunteer to set up for a kiddush, you can expect to:

- put tablecloths on the serving tables and the tables where congregants sit;
- set out paper plates, napkins and plastic ware on the serving tables;
- put out cups for beverages and set up the coffee service and cold drinks;
- place the prepared food platters on the serving tables;
- put out serving utensils; and
- pour the wine and grape juice into tiny plastic cups.



Depending on the number of volunteers, this should only take between 30 and 60 minutes. A mashgiach or a coordinator will be there to explain where everything is and where everything goes.

If you volunteer for clean-up following a kiddush, you can expect to:

- bring the food platters from the social hall into the kitchen;
- discard or package leftovers;
- wash dishes and put them on drying rack (sometimes we need to dry them);
- bring in the beverage service items (but leave the urn plugged in);
- bring unused paper plates, napkins, plastic ware and cups into the kitchen; and
- gather the cloth tablecloths or dispose of paper/plastic cloths.

Depending on the number of volunteers, this should only take between 30 and 60 minutes. A mashgiach or a coordinator will be there to put things away in their proper places or direct you where to put them.

Now that you know how easy it is to help in the kitchen, please volunteer for an upcoming kiddush. The need is great. Sign up online at [kitchenvolunteers@tikvatisrael.org](mailto:kitchenvolunteers@tikvatisrael.org) or contact the synagogue office.

## TRASH, TIRES OBJECT OF GOOD DEEDS OUTING



Good Deeds Day on April 29 attracted 40 participants from Tikvat Israel, including children and grownups, to a cleanup project at nearby Rock Creek Park that gathered trash big and small.

# Tikvat Israel Remembers With Respect Those Whose Yahrzeits Occur From 18 Tammuz through 19 Av – July 2018

## 18 TAMMUZ

JULY 1

Sarah Bassin  
Beatrice Chait  
Philip Chelemer  
Morris Gottlieb  
Elizabeth Katz Jeremias  
Freda Levin  
Gladys Nederlander  
Charlotte Podgor  
Gerald Raine  
Louis Rosen  
Gloria Schwartz  
Sandra Wagner  
Louis Waltzer  
Alan P. Woinsky

## 19 TAMMUZ

JULY 2

Tillie Cooper  
Louis Deckelbaum  
Leo Derene  
Herbert Gold  
William Hirsch  
Bernard Kaplan  
Beatrice Nathanson  
Carol Peck  
Susan E. Reich

## 20 TAMMUZ

JULY 3

Harry Freedenberg  
Esther Solomon

## 21 TAMMUZ

JULY 4

Clinton Berger  
Luba Borushok  
Margaret Marcus  
Davidson  
Leah Marcus Feig  
Sophie Deena Fertel  
Norma Belson Honick  
Charles Kaplan  
Allan Pleet  
Pearl Sakwa  
Abraham Silverstein

## 22 TAMMUZ

JULY 5

Samuel Jaffe  
Lucille Liebenson  
Harry Rosen  
Dolores Sachs  
Frank Smith  
Ruth Spiegelberg  
Peggy Wilchins

## 23 TAMMUZ

JULY 6

Mary Davis  
Frances Dicker  
Charlotte F. Hart  
Ida Rose  
Helen Rosenblum

## 24 TAMMUZ

JULY 7

Bessie Cohen  
Ben Zion Mauda  
Manfred Scheige  
Fannie Simball  
Simon Strassman  
Morris Zaidband

## 25 TAMMUZ

JULY 8

Morris Beard  
Abraham Bellman  
Yetta Bendett  
Mark Dubbin  
Joseph Feinmark  
Jack Gruss  
Sarah Shedroff  
William W. Weisbord

## 26 TAMMUZ

JULY 9

Miriam Agus  
Solomon Cowan  
Lillian Goldstein  
Charlotte Kaufman  
Rose Kess  
Emanuel Kreisman  
Adolf Rosenberg  
Sidney Teitelbaum

## 27 TAMMUZ

JULY 10

Bernice Gateman  
Clement J. Lipsy  
Eugene Love  
Balsorah Patterson Savely

## 28 TAMMUZ

JULY 11

Morris Bauman  
Lottie Feinmark  
Solomon Melmed  
Fred Schwartz  
Lois Steiner

## 29 TAMMUZ

JULY 12

Irving Gordon  
Harriet Kravitz  
Charles Lane  
Jean Shull  
Bessie Winer

## 1 Av

JULY 13

Jennifer J. Flax  
Esther Gottlieb  
Herbert Joseph  
Carrie Levy  
Max Polansky  
Esther Rosenthal  
Harvey Savely  
Harold Steinberg  
Joseph Weinberg

## 2 Av

JULY 14

Rose Gordon  
Ruth Kaiz  
Louis Simball  
Sidney Stolzenberg

## 3 Av

JULY 15

Abigail Lefkowitz  
Ralph A. Robinson

## 4 Av

JULY 16

Gussie Glaser  
Fred Hamburg  
Benjamin Larrick  
Paul Ludwin  
Morton Oppenheim  
Evalyn Waldman

## 5 Av

JULY 17

Jinky Barnett  
Milford Hillerson  
Edith Meyers

## 6 Av

JULY 18

Charles Chidakel  
Edith Kaplan  
Marvin Laubgross  
David Lederman

## 7 Av

JULY 19

Jerome Pasternak

## 8 Av

JULY 20

Joseph Samuel Brudner  
Harry Greene  
Jennie Mazaroff  
Anita Perlmutter  
Eugene Perry

## 9 Av

JULY 21

Philip Cohen  
Harry Cooper  
Louis Jaffe  
Phyllis Menduke  
Cynthia L. Shnider  
Frank David Spiegelberg  
Abe Stahler

## 10 Av

JULY 22

Irene Kaplan  
Sarah Krick  
Betty Morrison  
Bertha Polster  
Bertha Tranen  
Shirley Zoltrow

## 11 Av

JULY 23

Fanny Feigin  
Ruth Freed  
Bertha Alice Kaplan  
Jerome Livingston

## 12 Av

JULY 24

Trudy Finstein  
Anna Moskowitz  
Leo Plesset  
Anne S. Prince  
Kate Hayley Schaffman  
Betty Stein  
Rose Wadler

## 13 Av

JULY 25

Adele Boden  
Hertha Ermann  
Yetta Gellman  
Israel Kauffman  
Mary Klass  
Estelle Kornhauser  
Jennie Levy

## 14 Av

JULY 26

Usher Feinsilber  
Fannie Green  
Roslyn Kalinsky  
Fannie Raine  
Rose Saldinger  
Marvin Schneider  
Rabbi H. Jonah  
Waldman  
Jennie Wein

## 15 Av

JULY 27

Victor Battino  
Dr. Israel Levin  
Neftali Pazo

## 16 Av

JULY 28

Rose Cohen  
Etta Schneider  
Mordko Smolar  
Belle Wagman

## 17 Av

JULY 29

Frances Berger  
Harry Feldman  
Meyer Holtzman  
Isidore Kreisman  
Milton Levy  
Harry Reiter  
Isidor Sohn

## 18 Av

JULY 30

Rose Altschuler  
Morris Bloomberg  
Louis Coren  
Samuel Goldstein  
Arthur Milder  
Murray Wadler

## 19 Av

JULY 31

Victor Issac Bigio  
Ester Danoff  
Burton Drucker  
Henry Edlowitz  
Hyman Geller  
Morris Prince  
Rose Schrier  
Abraham Vainer  
Sidney Zalevsky



# Tikvat Israel Remembers With Respect Those Whose Yahrzeits Occur From 20 Av through 20 Elul – August 2018

**20 Av**

**AUGUST 1**

Abram Berlin  
Irving Gedanken  
Jack Kornhauser  
Abraham Sterman

**21 Av**

**AUGUST 2**

Rosa Miriam Bosques  
Emil Glater  
Jeanne Claire Godley-Davis  
Nathan Pitkin  
Ronald Pitkin  
Albert Sbar  
Herschel Wartofsky

**22 Av**

**AUGUST 3**

Naomi Kaplan

**23 Av**

**AUGUST 4**

Anne Bernstein  
Markus Eichersheimer  
Don Margolies  
Helen Schechter  
Rosella Silverstein  
Sadie Wartofsky  
Idelle Weiner

**24 Av**

**AUGUST 5**

Lucille Feinman  
Faye Glater  
Annie Mollen  
Belle Rosenthal  
Ruth Weiner

**25 Av**

**AUGUST 6**

Rudy Fischer  
Rose Lesser  
Tillie Nisenson  
Sadie Smith  
Alfred Steiner

**26 Av**

**AUGUST 7**

Melville Ehrlich  
Rebecca Feldman

**27 Av**

**AUGUST 8**

Hilda Shulman

**28 Av**

**AUGUST 9**

Jack Chelemer  
Shirley Cohen  
Marilyn Ehrlich  
Barbara Goldberg  
Harold Goldstein  
Sylvia Holtzman  
Shirley Schwartz  
Richard Spector

**29 Av**

**AUGUST 10**

Rose Blonder  
Yetta Cohen  
Max Feingold  
Claire Kahn  
Rachel Pachenker  
Rabbi Leivy Smolar

**30 Av**

**AUGUST 11**

Larry Bloom  
Pearl Cohen  
Lina Goldstein  
Sonia Goldstein  
Sarah Kay  
Saul Lubar  
Lloyd Oppenheim  
Edith Smith  
Elias Wolfe  
Charlotte Zimmerman

**1 ELUL**

**AUGUST 12**

Philip Goldsmith  
Hans Joseph  
Max Katz  
Julia Notovitz  
Pearl Plesset  
William Rosenfeld  
William Stein  
Esther Stolzenberg  
Harry Vinokur  
Helen Wexler

**2 ELUL**

**AUGUST 13**

Anne Altman  
Marsha Fleisher  
Eva Gunther  
Shirley Hardis  
Rabbi Joseph Kaplan  
Harry Klion  
Ben Levin  
Alvin Peck  
Regina Rosenberg  
Mina Rothberg  
Marion Soypher  
Samuel Steckler  
Irving M. Yanoff

**3 ELUL**

**AUGUST 14**

Barya Band  
Pesach Band  
David Lipofsky  
Max Sommer  
Charles Teller

**4 ELUL**

**AUGUST 15**

Conrad Glaser  
Dorothy Harris  
Ethel Miller

**5 ELUL**

**AUGUST 16**

Norman Freedman  
Sarah Freda Golding  
Max Herman  
Jean Hirschman  
Pauline Katz  
Marcia Lieberman  
Rose Lifshutz  
Marsha Papageorge

**6 ELUL**

**AUGUST 17**

Albert Bass  
Ronald Black  
Raizia Chigorsky  
Dr. Samuel A. Hale  
Joel Hoffman

**7 ELUL**

**AUGUST 18**

Morris Fineman  
Rabbi Simeon Kobrinetz  
Mark D. Rosen  
Aaron Sobell  
Leonard Suskind

**8 ELUL**

**AUGUST 19**

Charles Larry Blair  
Mollie Broadman  
Sam Klass  
Hyem Kramer  
Sam Sharlot  
Pearl Zipin Tubiash  
Sol Shalom Wexler  
Fannye Zlotnick

**9 ELUL**

**AUGUST 20**

Abraham Fierman  
Bessie E. Miller  
Minnie Teitelbaum

**10 ELUL**

**AUGUST 21**

Morris Kanow  
Hilda Schwartz  
Dick Stein  
Rose Volin

**11 ELUL**

**AUGUST 22**

Evelyn Goldberg  
Cornelis Hartendorp  
Bertha Knott  
Harry Witt

**12 ELUL**

**AUGUST 23**

Eugene Brooks  
Doris Grossmann  
Frances Karlin  
Louis Karlin  
Florence Novack  
Rabbi Chaim Tevya  
Williamowsky

**13 ELUL**

**AUGUST 24**

Gertrude Bender  
Kenneth Grossman  
Morris Alex Jacobs  
Norman Winson

**14 ELUL**

**AUGUST 25**

Daniel Barash  
Benjamin Feller  
Abram Fraeman  
Emil Notovitz  
Sylvia Senzer

**15 ELUL**

**AUGUST 26**

Dr. Samuel Abramson  
Jacob Berman  
Chaya Karmel  
William Schaechter  
Daniel Shaz  
Dr. Abraham Simon

**16 ELUL**

**AUGUST 27**

Jack I. Karlin  
Jack Keilsohn  
Lorraine Rayden  
Barbara Krieger Teller

**17 ELUL**

**AUGUST 28**

Anna Esther Askow  
Edith Scherer  
Julius Seligman  
Bertha Smith  
Hilda Starr  
Alexander Stolovy  
Jacob Teller

**18 ELUL**

**AUGUST 29**

Evelyn Flax Mirmelstein  
David Pearl  
Irene Wexler

**19 ELUL**

**AUGUST 30**

Anna Esther Askow  
Sanford Belkin  
Louis Chernoff  
Abraham Hamburg  
Meyer J. Levin  
Mollie Berly Lipofsky  
Lamar Miller  
Morris Rosenthal

**20 ELUL**

**AUGUST 31**

Mildred Sterman  
Mayer Zlotnick



# What's New in the Library?

BY JANICE ROSENBERG, LIBRARY COMMITTEE CHAIR

Tikvat Israel's library committee purchased cataloging and circulation software recently with a donation from Tova and Oren Kaplan. The software will allow us to begin cataloging donated books and create an electronic catalog of books in the collection. It's an exciting step forward for our library.

The committee could use your help with this project. Volunteers are needed to enter basic information about the books in the collection using the software. This is a perfect volunteer opportunity for a high school student looking for Student Service Learning hours or a congregant wanting to support the library by donating a few hours per week.

To volunteer, contact Janice Rosenberg at [jzevarosenberg@yahoo.com](mailto:jzevarosenberg@yahoo.com) or 301-460-1629.

TI's library committee thanks those who have donated books to the Herman J. Flax Library. At this point, though, please hold off on future donations with a few exceptions. We will continue to accept books published since 2000, as well as "classic" titles or books of historical significance.

When making a contribution to Tikvat Israel, consider designating your donation to the library so we can purchase new books to add to the collection. Because this is the year of science at TI, we would appreciate donations of books about science or monetary donations allowing us to purchase books on this topic.

A special thank you to the committee who have donated countless hours — Rosie Chernoff, David Gorman, Tamah Graber, Paula Kasper, and Sandra Sheskin.

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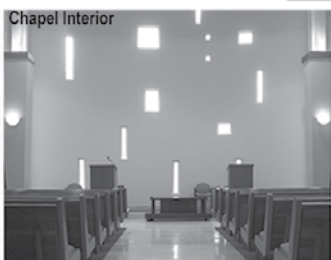
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*The congregation gratefully acknowledges the following donations to the various funds of Tikvat Israel. The donor lists that follow reflect gifts received at the synagogue in April and May. If your donation during this time does not appear in the list, please contact the synagogue office at 301-762-7338.*

## Yahrzeit Donations

### In memory of...

Abraham Abramowitz by Adele Bayer  
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Nathan Adelman by Martie Adelman and Marc Schneider  
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Sadie Bauman by Wendy Bauman  
Allan Beck by Toby and Mel Altman

Max Bloom by Edith Stein  
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Linda Bressler by Shirley Waxman and Joel Bressler  
Hyman Cohen by Henrietta Asen  
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Jacob Kristal by Barbara and Joel Kristal  
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Esther Leise by Phyllis Leise

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Phil Salon by Rebecca Salon and Jay Goldman

Fannie Saltzman by Eli Saltzman  
Louis Saltzman by Eli Saltzman  
Lena Sandler by Janice Rosenberg  
Liba Scheige by Fortuna and Steve Scheige  
Arthur J. Schwartz by Bev and Mark Schwartz

Mildred Schwartz by Bev and Mark Schwartz  
Sol Schwartz by Paul Schwartz  
William Shapiro by Carol and Richard Barsky  
Marian Sheskin by Eugene Sheskin  
Renel Silver by Jacob Silver

Anne Slonin by Shirley and Stanley Nasoff  
Feiga Smolar by Naomi and Harvey Kaplan  
Frieda Sniderman by Elaine and Micah Krichevsky  
Bess Snyder by Janice Rosenberg  
Dorothy J. Stanshine by Joel and Annie Kahn  
Stella Suskind by Rob Kline  
Esther Taubman by Barbara and Stan Labovich  
Lois Tucker by Shirley Waxman and Joel Bressler  
Richard Volin by Ann Ruth and Rudolph Volin  
Rose Weinstein by David Weinstein

Claire Weiser by Michael and May Weiser  
Beatrice "Binnie" West by Debbie and Michael Amster  
David Joseph Williamowsky by Ben Williamowsky  
Minna Williamowsky by Ben Williamowsky  
Selma Winson by Barbara and Ben Zweig

Gary Yudkoff by Miriam and David Lloyd  
Oscar Zaccagni by Betty Braunstein  
Joseph Zalen by Janice Zalen

## Bereavement Committee

In memory Rosamon Count by Marilyn and Michael Greenwood  
In memory of Esther Engelstein by Marilyn and Michael Greenwood  
In memory of Isaac Engelstein by Marilyn and Michael Greenwood  
In memory of Dorothy Engle by Marilyn and Michael Greenwood  
In memory of Frank Gantz by Alice and David Gantz  
In memory of Pearl P. Gantz by Alice and David Gantz  
In memory of Chava Krugman by Marilyn and Michael Greenwood

## Cantor's Program Fund

In memory of Cantor Mark Levi by Rina and Sylvan Mintz  
In memory of Mae Shulman by Joel Shulman and Family  
In memory of Patricia Teller and appreciation for Cantor Helzner by Tanya and Ben Teller

## General Fund

by Sheri Brown  
by Frank Cooper

In honor of Lincoln Hallen (for prayer book repair) by Mishkan Torah, The Jewish Community Center of P.G. County Inc.  
In honor of the 50th wedding anniversary of Betty and Cliff Fishman by Barbara and Irv Cohen  
In honor of the 50th wedding anniversary of Betty and Cliff Fishman by Steve and Helen Raucher

In honor of the birth of Avigayil Dorit Jaffa, daughter of Mara and Scott Jaffa, granddaughter of Elyse and Jeff Bernstein, by Sandy and Larry Levine  
In honor of Yosselin Sohn becoming a bat mitzvah by Sue and Jay Plafker  
In memory of Leslie Fineman by Moira and Leon Green  
In memory of Beatrice Friedman by Phyllis Leise

continued on next page

**In memory of Paul Grayson**

by Deborah and Michael Amster  
 by Susan and Alan Apter  
 by Betty and Cliff Fishman  
 by Rebecca Salon and Jay Goldman  
 by Roz and Ted Kram  
 by Amy and Dan Matathias  
 by Nancy and Rod Matheson  
 by Fortuna and Steve Scheige  
 by Jayme Sokolow  
 by Nancy and Jonathan Solomon

**In memory of Margaret Levine**

by Susan and Alan Apter  
 by Moira and Leon Green  
 by Amy and Dan Matathias  
 by Nancy and Rod Matheson  
 by Susan and Jay Plafker  
 by Fortuna and Steve Scheige  
 by Nancy and Jonathan Solomon  
 by Hilda Springer

In memory of Mark Schaffman by Moira and Leon Green

In memory of Mark Schaffman by Judith and Marvin Waldman

In memory of Mark Schaffman by Greater Stonegate Village, Inc.

**In memory of Irving Suskin**

by Deborah and Michael Amster  
 by Louise and Chuck Chatlyne  
 by Michele Eisenberg  
 by Ellen and Sherman Eisner  
 by Betty and Cliff Fishman  
 by Roz and Ted Kram  
 by Sandy and Larry Levine  
 by Amy and Dan Matathias  
 by Fortuna and Steve Scheige  
 by Nancy and Jonathan Solomon

Wishing a speedy and full recovery to Einat bat Dina by Dina Korman

Wishing a speedy and full recovery to Yael bat Dina by Dina Korman

Wishing a speedy and full recovery to Yitzhak ben Chayah by Dina Korman

**KIDDUSH FUND**

by Melanie Grishman

In honor of Susan and Alan Apter's anniversary by Susan and Alan Apter

In honor of Maxine and Jim Perlmutter's anniversary by Maxine and Jim Perlmutter

In honor of Dalit Baranoff and Josh Pollack's anniversary by Dalit Baranoff and Josh Pollack

In honor of Helen and Steve Raucher's 56th wedding anniversary by Steve and Helen Raucher

In honor of Martie Adelman's birthday by Marc Schneider

In honor of Alan Apter's birthday by Susan Apter

In honor of Susan Apter's birthday by Alan Apter

In honor of Debby Berlyne's birthday by Danny Bachman

In honor of Naomi Kaplan's birthday by Harvey Kaplan

In honor of Judy Katz's birthday by Robert Katz

In honor of Robert Katz's birthday by Judy Katz

In honor of Amy Matathias' birthday by Dan Matathias

In honor of Dan Matathias' birthday by Amy Matathias

In honor of Rebecca Matathias' birthday by Amy and Dan Matathias

In honor of Irene Pasternak's birthday by Ricky Pasternak

In honor of Maxine Perlmutter's birthday by Jim Perlmutter

In honor of Aviva Pollack's birthday by Dalit Baranoff and Josh Pollack

In honor of Hilda Springer's birthday by Hilda Springer

In honor of Shirley Waxman's birthday by Joel Bressler

In honor of Mr. and Mrs. Degollado by Elisabeth Battino

In honor of Kabbalat Shabbat with Instruments by Frances and Stanley Kensky

In honor of Susan and Alan Apter's Simchat Torah Honor by Karen and Barry Lipsy

In honor of the Women's Network and in memory of Leslie Fineman, a lifelong fighter for women's rights, by Aaron Fineman

In honor of Women's Network Shabbat and Rebecca Salon by Elisabeth Battino

**In honor of Women's Network Shabbat**

by Tikvat Israel Women's Network

by Susan and Alan Apter

by Elyse and Jeff Bernstein

by Janice and Robert Balin

by Francine and Tony Barnett

by Felicia and Dan Black

by Robbi and Larry Cohen

by Ellen and Sherman Eisner

by Betty and Cliff Fishman

by Rebecca Salon and Jay Goldman

by Barbara Katz

by Judy and Robert Katz

by Amy and Dan Matathias

by Mimi Meltzer

by Susan and Jay Plafker

by Helen and Steve Raucher

by Fortuna and Steve Scheige

by Martie Adelman and Marc Schneider

by Phyllis and Ken Schwartz

by Sandra and Eugene Sheskin

by Hilda Springer

In memory of Steve Eisenberg by Michele Eisenberg

In memory of Louis Harrison by Irene and

Ricky Pasternak

**LIBRARY FUND**

For purchase of a science book in memory of Mark Schaffman by Susannah Challis and

Richard Nisenson

In memory of Paul Grayson by Melanie Grishman

**PRAYER BOOK FUND**

by Joel Bressler and Shirley Waxman

In appreciation of Tikvat Israel Congregation by Nancy and Jonathan Solomon

In celebration of the marriage of Shayna

Solomon and Alex Margolis by Nancy and

Jonathan Solomon

With gratitude to Tikvat Israel by Sheri Brown

In honor of our children and grandchildren by Janice and Bob Balin

In honor of my grandson Brendan Manetz's Bar Mitzvah by his loving Grandmother, Wendy

Bauman

In honor of Eyal Breit by Edna and Daniel Breit

In honor of Ilan Breit by Edna and Daniel Breit

In honor of Karen Breit by Edna and Daniel Breit

In honor of Ziona Tuchler by Edna and Daniel Breit

In honor of Janice and Robert Balin by Lotte Buff  
 In honor of the 50th Wedding Anniversary of Betty and Cliff Fishman by Louise and Chuck Chatlyne

In honor of our grandchildren: Evan, Brenna and Camden by Tami and Sam Gilston  
 In honor of our grandchildren Austin and Emma Premack by Bobbi and Larry Gorban  
 In honor of our grandchildren Isaac and Gabriella Sandler by Bobbi and Larry Gorban  
 In honor of our children - Benjamin, Matthew and Austin Kaminow by Ellen and David Kaminow  
 In honor of our grandchildren: Ezra, Jonah, Dahlia, and Maayan by Judy and Robert Katz

In honor of Sadi Einaton and Junet Jeremiah Rabin by Ron Rabin

In honor of Caleb and Leo Silverstein by Linda and Edward Silverstein

In honor of Beth and Richard Smith by Jaime Smith

In honor of Hannah Smith by Ellen and Jeffrey Smith

In honor of our parents, Roma and Marvin Sohn, by Gigi Sohn

In honor of the Ballard-Sohn Family by Gigi Sohn

In honor of our daughter, Rachel Solomon, by Nancy and Jonathan Solomon

In honor of Ellen and David Kaminow and Sons by Herbert Weinstein

In honor of Rabbi Benjamin Shull by Ben Williamowsky

In memory of our parents, Anne and Lewis Altman and Bella & Alex Beck, by Toby and Mel Altman

In memory of our parents, Doris and Arthur Amster and Binnie and Harry West, by Debbie and Michael Amster

In memory of our parents, June and Henry Balin and Fred Buff, by Janice and Bob Balin

In memory of Frances Berger by Warren and Arlene Berger

In memory of George Goldstein by Rabbah Arlene Goldstein Berger and Warren Berger

In memory of Samuel Shull (father of Rabbi Benjamin Shull) by Elyse and Jeff Bernstein

In loving memory of Bernard Levin by Shirley (Levin) and Jules Bowen

In loving memory of Jeanne Bowen by Shirley (Levin) and Jules Bowen

In loving memory of Steve Bowen by Shirley (Levin) and Jules Bowen

In memory of Gerda and Kurt Tuchler by Edna and Daniel Breit

In memory of Helen Friedkin by Edna and Daniel Breit

In memory of Martin Dembo by Edna and Daniel Breit

In memory of Michael Tuchler by Edna and Daniel Breit

In memory of Renee Deste by Edna and Daniel Breit

In memory of Shulamit and Friedrich Breit by Edna and Daniel Breit

In memory of Yocheved and Abraham Brooke by Edna and Daniel Breit

In memory of Helene Sugarman by Anita and Mel Brenner

In memory of Mildred Coblitz by Anita and Mel Brenner

In memory of Philip Brenner by Anita and Mel Brenner



In memory of Robert Coblitz by Anita and Mel Brenner  
 In memory of Sophie Brenner by Anita and Mel Brenner  
 In memory of Lea and Rabbi Robert Chernoff by Rosie and Howard Chernoff  
 In memory of Margaret Levine by Karen and Michael Cohen  
 In memory of our beloved son Jeremy Copaken from Robert and Marcelle Copaken  
 In loving memory of Hersch H. and Mina M. Lustig by Jeannette Eisler  
 In loving memory of Renee F. Lustig by Jeannette Eisler  
 In memory of Edna and Robert Eisner by Ellen and Sherman Eisner  
 In memory of Norman Shapiro by Ellen and Sherman Eisner  
 In memory of Shirley and Milton Rodes by Ellen and Sherman Eisner  
 In loving memory of Jean Shull by The Shull Lang Gang  
 In loving memory of Peter Schwartzman by The Shull Lang Gang  
 In loving memory of Samuel Shull by The Shull Lang Gang  
 In loving memory of Ida and Bernard Fattman by Tami and Sam Gilston  
 In loving memory of Ruth and Hyman Gilston by Tami and Sam Gilston  
 In memory of Samuel Shull by Tami and Sam Gilston  
 In loving memory of Gisela and Bernard Glaser by Genie Glucksman and Joseph Glaser  
 In loving memory of Mary and Joseph Glucksman by Genie Glucksman and Joseph Glaser  
 In loving memory of Judith Weinstein by Ellen and David Kaminow  
 In memory of Bernard "Sonny" Levine by Debbie and Jason Levine  
 In memory of H. Erich, Margaret and Hannalore Gerstle by Debbie and Jason Levine  
 In memory of Mark Schaffman by Debbie and Jason Levine  
 In memory of my parents Pearl and Norman Tubiash by Anna Tubiash Levy  
 In memory of our beloved cousin Joe Cohen from Mimi and Allen Meltzer and Family  
 In memory of Mark Schaffman by Susannah Challis and Richard Nisenon  
 In memory of Edward E. Rabin by Ron Rabin  
 In memory of Harry C. Caplan by Ron Rabin  
 In memory of Miriam Caplan by Ron Rabin  
 In memory of Shirley Stein by Ron Rabin  
 In loving memory of Louie and Frances-Fera Schiffer by Jeremy Schiffer  
 In memory of George and Evelyn Leve by Jeremy Schiffer  
 In loving memory of Ada Young by Elissa, Jason, Jacob, Yael, Adina and Aiden Schwartz  
 In loving memory of Arnold (Arnie) M. Springer by Hilda Springer, Brenda and Matthew  
 In beloved memory of Lillian Walfish by Steven Walfish  
 In loving memory of Henrietta J. Zebooker by Shani Zebooker  
 In loving memory of Jay L. Zebooker by Shani Zebooker

## RABBI'S FUND

In appreciation of Rabbi Shull by Shelly and Bruce Goldin  
 In honor and appreciation of Rabbi Shull by Dr. Ben Williamowsky  
 In memory of Margaret Levine by Tami and Sam Gilston  
 In memory of Carol Miller by Rebecca Salon and Jay Goldman  
 In memory of Harry Shulman by Joel Shulman and Family  
 In memory of Marlene Shulman by Joel Shulman and Family  
 In memory of Irving Suskin by Rebecca Salon and Jay Goldman

## In memory of Samuel Shull

by Anonymous  
 by Hilde and Colin Alter  
 by Debbie and Michael Amster  
 by Susan and Alan Apter  
 by Janice and Robert Balin  
 by Wendy Bauman  
 by Suzanne Boden  
 by Anita and Mel Brenner  
 by Shirely Waxman and Joel Bressler  
 by Louise and Chuck Chatlynne  
 by Rosie and Howard Chernoff  
 by Karen and Mike Cohen  
 by Robbi and Larry Cohen  
 by Michele Eisenberg  
 by Jeannette and Ronald Eisler  
 by Ellen and Sherman Eisner  
 by Marsha and Art Fabel  
 by Aaron Fineman  
 by Betty and Cliff Fishman  
 by Shelly and Bruce Goldin  
 by Rebecca Salon and Jay Goldman  
 by Bobbi and Larry Gorban  
 by Tamah Graber  
 by Moira and Leon Green  
 by Marilyn and Michael Greenwood  
 by Melanie Grishman  
 by Sara and David Harris  
 by David Jenkins  
 by Lauri Joseph  
 by Marian, Anne, Jeff and Phil Kaiser  
 by Paula and Marvin Kasper  
 by Barbara Katz  
 by Judy and Robert Katz  
 by Kelcey Klass  
 by Roz and Ted Kram  
 by Ruth Kramer  
 by Beth Kanter-Leibowitz and Louis Leibowitz  
 by Amy and Dan Matathias  
 by Nancy and Rod Matheson  
 by Peggy Mitchel  
 by Susannah Challis and Richard Nisenon  
 by Maxine and Jim Perlmutter  
 by Susan and Jay Plafker  
 by Anna Robbins  
 by Fortuna and Steve Scheige  
 by Martie Adelman and Marc Schneider  
 by Sandra and Eugene Sheskin  
 by Joel Shulman and Family  
 by Linda and Edward Silverstein  
 by Roma and Marvin Sohn  
 by Nancy and Jonathan Solomon  
 by Hilda Springer  
 by Fran and Bob Tropp  
 by Judith and Marvin Waldman  
 by Ben Williamowsky  
 by Elise Jarvis and Scott and Tyler Wilson  
 by Shani Zebooker

## TZEDAKAH CHAVURAH

In honor of the 50th Wedding Anniversary of Betty and Cliff Fishman by Madeleine Cohen Oakley

## YOUTH ACTIVITIES FUND

In memory of Philip Wilchins by Sue and Howard Wilchins  
 In support of Youth Scholarship Fund by Melanie Grishman  
 In support of Youth Scholarship Fund by Barbara Katz  
 In support of Youth Scholarship Fund by Amy and Dan Matathias  
 In support of Youth Scholarship Fund by Fortuna and Steve Scheige  
 In support of Youth Scholarship Fund by Hilda Springer

## HASBARA, continued from page 5

the cells of human pancreatic tumors and create an enzyme that blocks a special drug for cancer chemotherapy. The idea is that it might be possible to couple chemotherapy with appropriate antibiotics to more effectively treat pancreatic cancer.

Straussman states: "Researchers might even develop new ways of treating cancer by targeting these microbes instead of the cancer cells directly." His research team now is exploring other types of cancer and whether bacteria (the same one or others) affect sensitivity to anti-cancer drugs. For more details, see [www.Weizmann-usa.org/Pancreatic](http://www.Weizmann-usa.org/Pancreatic).

Another interesting research project taking place in Israel concerns autism. Professor Noam Sobel and his team in the department of neurobiology at Weizmann have been working on the relationship between odors of the body and emotions (e.g., happiness, aggression, fear). People react to odors (such as sweat) even when they are not aware of them consciously. It appears that this "smell sense" is disrupted in individuals with autism. For example, when individuals are presented with "fear-neutral" and "fear-enhanced" sweat, those with autism respond in what has been identified as opposite ways. In autistic individuals, "calm sweat" raised their anxiety levels significantly.

The thought here is that "the social difficulties associated with autism may partly be associated with a 'misreading' of unconscious, olfactory signals." To read more, see [www.Weizmann-usa.org/Senses](http://www.Weizmann-usa.org/Senses).


I have received a lot of good feedback on this series of Hasbara articles. Please feel free to contact me if you have a specific subject you'd like me to discuss or if you have input on a particular issue that is worth sharing.

# July 2018 18 Tammuz - 19 Av 5778

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> 18 Tammuz Fast of Tammuz 9:00a Minyan 7:30p Minyan	<b>2</b> 19 Tammuz 7:30p Minyan	<b>3</b> 20 Tammuz 7:30p Minyan	<b>4</b> 21 Tammuz 7:30p Minyan	<b>5</b> 22 Tammuz 6:45a Minyan 7:30p Minyan	<b>6</b> 23 Tammuz 8:00a Minyan 6:30PM <a href="#">Kabbalat Shabbat</a> 8:19p Candle-lighting	<b>7</b> 24 Tammuz 9:30AM Shabbat Services (Parashat Pinchas)
<b>8</b> 25 Tammuz 9:00a Minyan 7:30p Minyan	<b>9</b> 26 Tammuz 7:30p Minyan	<b>10</b> 27 Tammuz 7:30p Minyan	<b>11</b> 28 Tammuz 7:30p Minyan	<b>12</b> 29 Tammuz 6:45a Minyan 7:30p Minyan 8:00PM <a href="#">Toastmasters</a>	<b>13</b> 1 Av Rosh Chodesh 8:00a Minyan 6:30PM <a href="#">Kabbalat Shabbat</a> 8:16p Candle-lighting	<b>14</b> 2 Av 9:30AM Shabbat Services (Parashat <a href="#">Matot-Masei</a> ). Leeza Frank Bat Mitzvah
<b>15</b> 3 Av 9:00a Minyan 7:30p Minyan	<b>16</b> 4 Av 7:30p Minyan	<b>17</b> 5 Av 7:30p Minyan	<b>18</b> 6 Av 7:30p Minyan	<b>19</b> 7 Av 6:45a Minyan 7:30p Minyan	<b>20</b> 8 Av 8:00a Minyan 6:30PM <a href="#">Kabbalat Shabbat</a> 8:12p Candle-lighting	<b>21</b> 9 Av Erev Tisha B'Av 9:30AM <a href="#">Shabbat Services</a> (Parashat <a href="#">Devarim</a> , <a href="#">Shabbat Chazon</a> ).
<b>22</b> 10 Av Tisha B'Av 7:30AM <a href="#">Shacharit</a> 7:00PM <a href="#">Mincha</a>	<b>23</b> 11 Av 7:30p Minyan 8:00PM <a href="#">Board Meeting</a>	<b>24</b> 12 Av 7:30p Minyan	<b>25</b> 13 Av 7:30p Minyan	<b>26</b> 14 Av 6:45a Minyan 7:30p Minyan 8:00PM <a href="#">Toastmasters</a>	<b>27</b> 15 Av 8:00a Minyan 6:30PM <a href="#">Kabbalat Shabbat</a> 8:06p Candle-lighting	<b>28</b> 16 Av 9:30AM Shabbat Services (Parashat <a href="#">Vaetchanan</a> , <a href="#">Shabbat Nachamu</a> )- <a href="#">Simcha Kiddush</a>
<b>29</b> 17 Av 9:00a Minyan 7:30p Minyan	<b>30</b> 18 Av 7:30p Minyan	<b>31</b> 19 Av 7:30p Minyan				

# August 2018

## 20 Av - 20 Elul 5778

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
<b>5</b> 9:00a Minyan 7:30p Minyan	<b>6</b> 7:30p Minyan	<b>7</b> 7:30p Minyan	<b>8</b> 7:30p Minyan	<b>9</b> 6:45a Minyan 7:30p Minyan 8:00PM Toastmasters	<b>10</b> 8:00a Minyan 9:00AM Study with Rabbi Shull 6:30PM Kabbalat Shabbat 7:51p Candle-lighting	<b>11</b> 9:30AM Rosh Chodesh Shabbat Services (Parashat Re'eh)
<b>12</b> Rosh Chodesh 9:00a Minyan 7:30p Minyan	<b>13</b> 7:30p Minyan	<b>14</b> 7:30p Minyan	<b>15</b> 7:30p Minyan	<b>16</b> 6:45a Minyan 7:30p Minyan	<b>17</b> 8:00a Minyan 9:00AM Study with Rabbi Shull 6:30PM Kabbalat Shabbat 7:42p Candle-lighting	<b>18</b> 9:30AM Shabbat Services (Parashat Shoftim) - Simcha Kiddush
<b>19</b> 9:00a Minyan 1:30PM Grand Slam Sunday: Jewish Community & Womens Network Day at Nationals Park 7:30p Minyan	<b>20</b> 7:30p Minyan	<b>21</b> 7:30p Minyan	<b>22</b> 7:30p Minyan	<b>23</b> 6:45a Minyan 7:30p Minyan 8:00PM Toastmasters	<b>24</b> 8:00a Minyan 9:00AM Study with Rabbi Shull 6:30PM Kabbalat Shabbat 7:32p Candle-lighting	<b>25</b> 9:30AM Shabbat Services (Parashat Ki Teitzei)
<b>26</b> 9:00a Minyan 7:30p Minyan	<b>27</b> 7:30p Minyan 8:00PM Board Meeting	<b>28</b> 7:30p Minyan	<b>29</b> 7:30p Minyan	<b>30</b> 6:45a Minyan 7:30p Minyan	<b>31</b> 8:00a Minyan 9:00AM Study with Rabbi Shull 6:30PM Kabbalat Shabbat 7:21p Candle-lighting	





*Tikvat Israel Congregation*

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Rockville, MD 20851

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