#### JULY - AUGUST 2019 SIVAN-TAMMUZ-AV 5779

Volume 12 • Number 4



## Four Options to Meet Our Shul's New Rabbi

As we welcome Rabbi Marc Israel to lead our *kehillah*, the rabbi also encourages Tikvat Israel members young and older to get to know him.

For that purpose, the Tikvat Israel Welcoming Committee has arranged a series of Meet 'n Greet gatherings for members to get to know Rabbi Israel personally in a relaxed, social environment. Four such opportunities are scheduled as follows:

- Sunday, July 14, 4-5:30 p.m. At Tikvat Israel (open to all)
- Wednesday, July 17, 3-4:30 p.m.
  Home of Roberta and Manny Helzner, 2900 N. Leisure World Blvd., Turnberry Courts—Building 2, Leisure World (open to all)
- Saturday, July 27, 4-5:30 p.m. (with *seudah shelishit* progam)
  Home of Rachel and Ben Loving, 14313 Yosemite Court, Rockville (focus on families with young children, but all are invited. Babysitting will be provided.)
- Sunday, Sept. 8, 3-5:30 p.m. (with pool party)
  Home of Ron Rabin, 14840 Rocking Spring Drive, Rockville (focus on older children, teens and their families, but all are invited.)

To RSVP your participation at any of these gatherings, contact Amy Matathias at office@tikvatisrael.org or 301-762-7338. Because snacks will be served, the office staff must also know of any food issues an attendee might have.

#### **LOBBY ADORNMENT IN PROGRESS**



**Edna Breit adds** her hand stitching to what soon will become a beautiful fabric tapestry, measuring nearly 10 feet by five feet, on a wall in the synagogue's renovated front lobby. She is one of more than a dozen volunteers working under the creative direction of Shirley Waxman to complete the art project before the High Holidays. Read more about Shirley's creation on page 7.

# WEEKLY RELIGIOUS SERVICES

Monday 7:30 p.m.

Tuesday 7:30 p.m.

Wednesday 7:30 p.m.

Thursday 6:45 a.m. 7:30 p.m.

Friday 8:00 a.m.

Kabbalat

Shabbat 6:30 p.m.

Shabbat 9:30 a.m.

Sunday 9:00 a.m. 7:30 p.m.

Services also held at Shiva houses as needed. Morning service times may change for Rosh Chodesh, minor fasts and national holidays.

Watch e-mail for notifications.

#### **CANDLELIGHTING TIMES**

8:00 p.m.

7:52 p.m.

July 5 8:19 p.m.

July 12 8:17 p.m.

July 19 8:13 p.m.

July 26 8:07 p.m.

August 2

August 9

August 16 7:43 p.m.

August 23 7:34 p.m.

August 30 7:23 p.m.

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#### PRESIDENT'S CORNER

## Rising to the Occasion in Our Transition

BY IIM PERLMUTTER, TIKVAT ISRAEL CO-PRESIDENT



We have just observed Shavuot and the gift of receiving the Torah. I am reminded of the transition that the period of the Omer, the 49 days between Passover and Shavuot, symbolizes. There are two distinct transitions that occur during the Omer period.

Passover, which begins the counting of the Omer, is the time of our liberation, our exodus from slavery to becoming a free people. It celebrates the end of our *physical* slavery. We learn, however, that the

freedom of Passover was not the end to the miracle that G-d did for us.

In order to receive Torah, we had to not just become *free in body* but also *free in mind*. Ascending Sinai and receiving Torah culminates both a *physical* and *spiritual* journey.

The Omer period marks a time for each of us to transition from the state of being slaves to our negative impulses with its attendant self-defeating mentality, to becoming free persons with the capability of achieving our maximum potential. It takes the full 49 days to achieve this transformation.

With the receiving of the Torah, we became "chosen" to ensure that G-d's holiness is brought down to earth and impacts our daily lives. Shavuot is the end of this transition period, which took us from the lowest level of human existence, the slave, to the highest, servants of G-d.

At Tikvat Israel, we too have just gone through a transition period—the early departure of one rabbi and the search that led us to the hiring of a new rabbi who joined us prior to Shavuot. This transition could have become a period of feeling sorry for ourselves, self-recrimination and expressions of feeling abandoned. *None of that happened.* 

Rather, our congregation showed its true character by rising to the occasion and viewing the transition period as a time to step up and serve and remain strong.

We owe sincere appreciation to the many people who filled in as officiants for services, inspiring us with their insightful *divrei Torah*, as well as those who acted as *shomrim*, *gabbaim*, ushers and service leaders, including those who worked in the kitchen, planned programs and responded to requests for help from leadership without ever skipping a beat.

We also want to thank Cantor Helzner, our office staff Amy Matathias and Audrey Hatfield, Executive Director Sam Freedenberg, and all the other staff for their hard work during this transition period.

Our building has had a transformation as well. Our beautiful new lobby has become another welcoming space thanks to the leadership of Melanie Grishman, our immediate past president, and Alan Apter, our vice president for administration.

I have received positive feedback about the fabric art wall hanging that will soon adorn our renovated lobby under the inspirational leadership and guidance of Shirley Waxman. This has been a true bonding project that has created a vibe of excitement and exhilaration as we mark the beginning of a new period in the life of our congregation with the start of Rabbi Marc Israel's tenure.

We owe a great debt of appreciation and gratitude for the stellar work of the Rabbi Search Committee under the guidance of co-chairs Danny Bachman and Dalit Baranoff for not only bringing us a new rabbi who is a great fit for our congregation but also for setting a tone of consensus and partnership.

Members of that committee now have turned their attention to helping with Rabbi Israel's transition and introduction to our community. There will be opportunities for congregants from all parts of our *kehillah* to meet with the rabbi (see page 1). There are plans for informal house gatherings and an installation in the fall to honor this milestone in the life of our congregation. Keep an eye out for these opportunities to see, hear and get to know our new rabbi. From our many conversations, we can assure you that Rabbi Israel is excited to join our community and become a part of our Tikvat Israel family in partnership and harmony.

#### RABBI'S CORNER

## **New Beginnings**

BY RABBI MARC D. ISRAEL



A story is told by the great author and human rights activist Elie Wiesel, z"l, who once spoke at the opening *tekes* (ceremony) of a new Chabad center in Solon, Ohio, just outside of Cleveland. Wiesel had many encounters with the Lubavitcher Rebbe and shared one particular memory on this occasion.

"Once I came to the Rebbe at Simchat Torah. It was raining and I came with a raincoat and a beret – I don't like hats. I stood at the door, there he was, at his place at the table, with hundreds, thousands of Chassidim singing and singing and singing. I made myself very small. I looked like James Bond. The Rebbe recognized me and called me. Reb Eliezer! I felt even smaller.

"The Chassidim picked me up, literally off the ground and carried me over their shoulders and placed me in front of the Rebbe.

"'Reb Eliezer, this is what you do? You don't even come to say *L'chaim*?

"They gave me a big glass of vodka, The Rebbe said, *'L'chaim'* with me and I emptied it even though I don't usually drink. Then the Rebbe gave me another *L'chaim* and then said, 'What blessing would you like from me?' I answered, 'The Rebbe knows.'

"Then the Rebbe gave me a blessing, he said, 'Let it be a new beginning."

#### **Carrying Our Past**

A new beginning could have been a reference to the New Year, to the beginning of a new cycle of the Torah reading that begins on Simchat Torah or even to Elie Wiesel himself because his birthday fell on Simchat Torah. But Wiesel understood it more profoundly, as a reference to the many conversations they had about the Holocaust and the pain that came with it. Wiesel explained, "What he meant, I think, is that it's time to begin again."

The phrase "begin again" expresses a quintessential Jewish concept with a seemingly inherent contradiction. To begin means to start something new. But in Judaism, we never truly start something new, we always begin again. We pick ourselves up from whatever may have just happened and we start anew, carrying all of the previous beginnings with us.

We find this concept expressed in the morning service when we bless God as "ha-m'chadesh b'tuvo b'chol yom tamid ma'aseh bereshit – the One who renews with goodness each day the act of creation." Each day is a new beginning, a renewal of the original act of creation. But it is not a blank slate – it is a beginning that carries with it all of the past.

As I begin my tenure as the rabbi at Tikvat Israel Congregation, I am cognizant that the congregation has a rich and storied history. While my arrival begins a new chapter for the community, it is more of a renewal. This community has been blessed with many

fine rabbis and a strong lay leadership – and each of us comes to this moment ready to start anew, but carrying our previous baggage, filled with all the positive and negative experiences from our varied pasts.

As the new rabbi, I certainly come with some of my own ideas for building this community and programs and events that I think will help us achieve a greater sense of a unified community. But I also want to learn from you about what you value most about this community, those aspects that you want to maintain as we carry forward, as well as the changes you want to see.

It is in this spirit that we will be holding a series of Meet and Greet sessions this summer. These sessions aim to provide an opportunity to get to know one another in a smaller group setting. Part of each session will be social and part will be a chance to share with me and with one another your vision for the community and

what we need as we look to the future. I expect that these conversations will help me to learn more about you and what you want from this congregation. I will use this information work with our leadership to help fashion a new beginning that will honor Tikvat Israel's past and lead us into an even brighter future.



Cantor Rochelle Helzner joined Rabbi Marc Israel at the well-attended Fathers' Day barbecue at the synagogue. (*Photo by Felicia R. Black*)

#### **Future Possibilities**

When the Lubavitcher Rebbe told Wiesel that his blessing was for a new beginning, I don't think he was telling Wiesel to forget about the pain from the past. Rather, I believe his message was to not allow the past to prevent you from seeing future possibilities. We must remember our past and, at the same time, we must celebrate our new beginnings.

As we approach the three weeks that lead us to Tisha B'Av (when we commemorate the great calamities that have befallen our people throughout history), I am reminded that when we read the book of Eicha, we do not close with the final line of the book. Instead we repeat the penultimate line – *Hashiveinu HaShem eilecha v'nashuva, chadesh yameinu k'kedem.* Return us to you O God and let us return, renew our days as of old. It is a renewal of days that takes our past into consideration, as we ponder the possibilities of what the future may bring.

#### **CANTOR'S CORNER**

# Bima Dates and Learning to Daven

BY CANTOR ROCHELLE HELZNER



#### Cantor on the Bima

Cantor Helzner will lead Tikvat Israel's Shabbat morning services on the following dates: July 20, July 27, Aug. 17, Aug. 31 and Sept. 21.

#### Learning to Lead Davening

Would you be interested in learning to lead various parts of the Shabbat morning

service? Or perhaps you just need to brush up on your skills.

Opportunities are available to study with someone individually, in a group and/or from a recording. Contact Cantor Helzner to let her know what learning option might work for you.

#### Tisha B'Av (9th of Av)

TI members will join with our friends from B'nai Shalom of Olney and Shaare Tefila in this commemoration of the destruction of the Temples in Jerusalem and other calamities of the Jewish people. Tisha B'Av is a fast day.

Services begin on Saturday, Aug. 10, at 9:15 p.m. at Tikvat Israel. Participants are encouraged to bring flashlights. Shacharit begins at 9 a.m. on Sunday, Aug. 11, at B'nai Shalom of Olney. Mincha will be held at Tikvat Israel at 1:45 p.m. There is no 7:30 p.m. service.

# Touring Balkans' Jewish Heritage With Organizer Robyn Helzner

Cantor Rochelle Helzner invites you to join her on a Jewish Heritage Tour to the Balkans (Croatia, Bosnia and Herzegovina) to explore this wildly popular destination through a Jewish lens.

The tour, May 3-14, 2020, is being organized by her sister, Robyn Helzner, a cantor and performer of Jewish music from around the world.

In addition to viewing the region's spectacular beauty and historic Jewish sites, participants will enjoy lots of wonderful music with Helzner sisters.



Robyn Helzner during a previous visit to Dubrovnik, a Croatian city on the Adriatic Sea and a prominent tourist destination in the Mediterranean.

The itinerary includes visits to 16th century synagogues and historic Jewish cemeteries in Dubrovnik, Split, Sarajevo and Zagreb, a Shabbat observance at the oldest Sephardic synagogue in the world, a view of the renowned Sarajevo Haggadah and visits to the Plitvice Lakes National Park (a UNESCO World

Heritage site) and the Jasenovac memorial site.

Participants will learn songs of the Croatian and Bosnian Jews and explore other attractions across the region.

Registration has begun, and space will be limited. Learn more at *www.helzner.com* or e-mail robynhelzner@verizon.net.

# Our Security Requires Door Volunteers

BY MICHAEL AMSTER, SECURITY COMMITTEE CHAIR

The carnage of mass shootings continues with the latest tragedy (as of this writing) at a municipal center in Virginia Beach, Va.

The rational response for us as a Jewish community is to take whatever steps we can and be vigilant. We are in the process of upgrading and enhancing our alarm and communications capabilities, and further enhancements to the security barriers at the synagogue are being considered. We have contracted with off-duty Montgomery County police officers to be stationed on site during Shabbat and holiday services to provide a measure of deterrence only an armed presence can provide.

In addition, as most of you are aware, the doors to the synagogue are now locked at all times. This permits us some degree of control over who enters the building. Those who need frequent regular access to the building have been issued electronic keys. Our staff monitors the door electronically, and staff members are positioned in the lobby during ECC dropoff and pickup periods.

The locked door policy does create an ongoing issue for Shabbat and holidays. Since last fall's mass tragedy inside a Pittsburgh synagogue, we have been staffing the TI lobby with volunteers (shomrim) to open doors for those coming to attend services. The shomrim are members of our own community rather than contract security because congregants carry the advantage of knowing, by sight, most of the people entering the shul.

We are in need of more volunteers to serve our community in this important role. Please contact me at michaelamster@comcast. net to be added to the rotating roster of *shomrim*.

Security is everyone's responsibility and vigilance can prevent tragedy. If you see something – say something.

#### **DONATIONS THAT SUSTAIN LIFE**





TI's annual blood drive on June 23 in the social hall collected 20 units of blood from donors such as Jason Schwartz (left) and Keith Brooks. Larry Cohen, who managed the event with Robbi Cohen, said: "We wish to thank David Hull and the Red Cross Team. Also, thanks to all TI congregants who volunteered to make the drive a success." (Photos by Larry Cohen)

## **Good Feelings Mark Volunteer Recognition Affair**

A palpable feeling of unity and a spirit of optimism pervaded the annual leadership recognition dinner on June 17 in the Tikvat Israel social hall.

The nearly 90 volunteers were thanked by each of the speakers — Rabbi Marc Israel, the shul's co-presidents and event chair Carol Chelemer. She encouraged attendees to support TI's Fund for the Future.

Rabbi Israel called the volunteer event one of the most important in the life of a synagogue as it is an opportunity to thank people for doing things that are often taken for granted. He pointed to role volunteers sometimes play in attending to the

Nearly 90 key volunteers enjoyed a deli dinner during an annual recognition program. (*Photo by Chuck Chatlynne*)

little touches – ensuring flowers on the table and the kitchen help – that might go unnoticed by some.

Warren Berger and Jim Perlmutter, TI's co-presidents, thanked people for assuring a smooth rabbi transition and for stepping up to provide vital services without which there would be critical unmet needs.

The dinner featured delicious deli sandwiches, veggie wraps, cucumber salad and Israeli salad, as well as brownies and lemon bars. Following the dinner, a number of people helped make a spirited minyan.



Rabbi Israel (left) chats with Dan Matathias during the volunteer recognition. (*Photo by Chuck Chatlynne*)



A spirited discussion of *The Faith Club*, moderated by Anna Levy (standing, third from left), closed out the year-long series of book group gatherings hosted in 2018-19 by the TI Women's Network. Twelve participated in the June 12 book discussion, including one participant who joined by speaker phone. A new series of five titles for group discussion will be announced in the September issue of the Bulletin. (*Photo by Rebecca Salon*)



Among those who addressed the assembled volunteers were event organizer Carol Chelemer (at left) and Rabbi Marc Israel, who described hardworking volunteers as the lifeblood of any congregation. (Photos by Felicia R. Black)

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## Hazak Members Bone Up on U.S.-Israeli Relations

About 25 members of Tikvat Israel's Hazak group gathered in the Flax Library in May to hear a presentation by Tzachi Levy, senior Shaliach supporting the Jewish Federation of Greater Washington.

Levy shared some useful background information on the relationship between Israeli and American Jews over the past 70 years and demonstrated how such relationships can change based on political, economic and religious factors. He also discussed his perspective on the ongoing political turmoil in Israel leading up to a second round of elections.

key differences between Israel's Hazak in April. (Photo by Amy Matathias) parliamentary system and the

U.S. political system. Further, he shared several interesting charts from the Pew Research Center illustrating some differences in the viewpoints of Israeli and American Jews today on a number of variables.

Levy said there is an ongoing dilemma in Israel regarding the potentially valuable role of non-Orthodox Jews living there in coming decades. In his view, the successful American model of accepting a broad spectrum of Jewish denominations as legitimate—Orthodox, Conservative, Reform, Reconstructionist could provide an approach for Israel to borrow.

During the Q&A session, these matters were discussed further. Levy pointed to the values espoused by a congregation like TI having increased access to a shaliach from the Jewish Agency for



This discussion underlined Joan Vernikos, a retired life sciences administrator with NASA, addressed

Israel. It was noted that Tikvat Israel has had far less contact with shlichim over the past few years than had been the case earlier. Neighboring Howard County has demonstrated it is useful to have an assigned shaliach to share his or her resources among all age groups at three or four local congregations.

commented Levy Hasbara (i.e., the sharing of good news about Israel and its achievements) is truly important in its various aspects, but the Jewish Agency has in recent years decided to deal with Hasbara by placing more emphasis on assigning its shlichim at American colleges to help educate students and to assist in combatting the destructive Boycott-Divestment-Sanctions

movement on American campuses.

In April, Hazak members turned out to hear Joan Vernikos discuss the importance of keeping active. Vernikos is the author of Sitting Kills, Moving Heals, Designed to Move and also of Stress Beyond 50.

She told Hazak members that her mission is to empower individuals to have greater control over their health and well-being through frequent daily movement. About 25 were in attendance.

Vernikos is a motivational speaker and a stress expert. Since retiring from NASA as director of life sciences following a career as both a researcher and administrator, she has committed to bringing her knowledge and insights on healthy living to the general public.

# **Sharing Your Inspiration** With Adult Education Planners

What do the Israeli Film Festival, Tikvat Israel U and Scholars' Weekend all have in common?

In addition to being programs planned during the past year by the Adult Education Committee, they all were inspired by committee members. Do you want to see your inspiration come alive at Tikvat Israel? We welcome your contributions as a committee member, a program volunteer or a program originator.

Contact chair Sally Kram at kram@consortium.org if you want to get involved. Planning is under way now for programming for 2019 and 2020. Be part of it!

## **Mazel Tov**

... to congregants Betty and Cliff Fishman on the birth of their granddaughter, Maayan Shira Jessup, daughter of Sarah Fishman and Luke Jessup, on April 28, weighing 7 lbs., 8 oz. Maayan joins brother Orion.

... to congregrants Roni and Robert Silverstein on the birth of their granddaughter, Iris. She was born on April 24 to daughter Laura Silverstein and her husband Daniel Juntof-Hutter in Pleasanton, Calif.

... to Ross Apter, son of congregants Susan and Alan Apter, for his showing in the 123rd Boston Marathon on April 15, his second marathon. He ran the 26.2-mile course in 2:49:58, good for 1,089th place among the 30,000 runners.

# Four-Panel Wall Hanging Nears Finish For Shul's Newly Renovated Lobby



From left, Liz Adams, Edna Breit and Anita Brenner are among the 13 volunteers spending time at Shirley Waxman's fiber studio to work on a large wall hanging for the TI lobby.

The problem, as Shirley Waxman sized it up, was this: Her synagogue had a beautiful, newly renovated lobby. "However, it is a large, empty space with an echo," she noted.

The solution was rather obvious to Waxman. She offered to chair a decorating committee to address the need. "How do you get rid of an echo? Fabric, of course!" she said.

Waxman designed a four-panel wall hanging, about 112 inches wide by 66 inches deep. The top panel says in Hebrew, "Blessed are those who enter." The sides are pieced white raw silk, depicting the walls of Jerusalem. The bottom edge is fringed with bells and pomegranates, reminiscent of the High Priest's garment. There are grape leaves and fig leaves, which Jews are commanded to plant for the next generation.

The panels reflect themes of nature, family, the congregation's love of music and friendship.

In recent months, Waxman has supervised a set of 13 volunteers, most of them synagogue members, to hand-stitch the emerging creation inside her home studio. "This is a community project," she said.

The volunteers are doing the hand embroidery, and they will applique the parts on.

"There is a constant flow of people coming to my studio to stitch for a few hours. Everyone is working with great pleasure, including several people who are not members but want to be involved. Then it will be my task to do the finishing," Waxman said.

The wall hanging will be completed by late August before the High Holidays, she reported.

# The Six-Step Approach: Minyan Made Easy Here are some hints for making minyan attendance at Tikvat

Here are some hints for making minyan attendance at Tikvan Israel as easy as possible:

- 1. Mark your minyan dates on the calendar well in advance to help avoid scheduling conflicts.
- 2. If you can't come on your regularly scheduled day, pay it forward simply come the following week.
- 3. Plan to attend minyan on the *yahrzeits* of your family members and friends.
- 4. Think about starting a "mutual *yahrzeit* circle." Ask your shul friends to come to your *yahrzeit(s)*, and you can reciprocate by going to theirs.
- 5. Remember to come to minyan before your TI committee meetings.
- 6. Most importantly, know how much your participation in minyan is appreciated by your TI community.

Morning minyanim at TI are slated for Sundays (9 a.m.), Thursdays (6:45 a.m.) and Fridays (8 a.m.). Evening minyanim take place on Sundays through Thursdays at 7:30 p.m.

Going to Minyan: One of the Easiest Mitzvahs You Can Perform.

To All Our "New" Minyan Participants: Thank You For Stepping Up. You Are Making A Difference!

## **Cake for a Good Cause**



Our congregants love a good cake, and they love to acknowledge the good occasions of others. Each month, at a designated Shabbat morning kiddush in the social hall, a celebration cake, funded by donations, honors those with birthdays and wedding anniversaries during that month. Shown with a recent cake are Steve Raucher and Hilda Springer. (Photo by Amy Matathias)



#### **Support Appreciated**

We would like to thank Rabbi Israel, Cantor Helzner and the staff of TI for their support to our family when we faced the challenges of a severe car accident coupled with the death of Arlene's mother, Harriett Goldstein. We are grateful to belong to a community that supported us not only when we were in Connecticut but also when we came home with warm wishes, prayers, meals and companionship.

May the Tikvat Israel community continue to go from strength to strength in its compassion and caring.

Arlene and Warren Berger

#### **Welcome Finals Relief**

I want to thank TI for sending me care packages during exam finals week throughout my time in college; I appreciated them all.

Elan Rubin

#### **Contributions Acknowledged**

Thank you for your congregation's generous contribution to Manna Food Center. Your donation of 80 pounds of food on March 22 deeply impacts our work and mission to eliminate hunger in our community through food distribution, education and advocacy.

Your donation is multiplying our resources, allowing us to further our mission in bettering the lives of families across Montgomery County. Last year alone, our Food for Families program served over 39,000 packages to 26,400 neighbors facing hunger in your community.

Manna's impact is possible because of support such as yours from the community. Thank you for fighting hunger and feeding hope in Montgomery County.

Jackie DeCarlo Chief Executive Officer Manna Food Center

We express our sincere gratitude for your synagogue's generous contribution of \$360 for Project H.O.P.E., B'nai B'rith's annual flagship program that distributes Passover baskets to the Jewish needy in our communities (in this case, D.C. and the Maryland suburbs). All such contributions are fully tax deductible under section 501(c)3, as donors receive no goods or services.

Thanks to your contribution and others (as well as a strengthened partnership with the Jewish Social Service Agency), we were able to maintain the number of those served at 504, and we were able once more to lighten these families' burdens in providing enough wine, candles, matzah and other food products for their seders.

For this great mitzvah, we convey the heartfelt appreciation of these families as well as our own.

> Jack S. Ventura Co-Chair, B'nai B'rith Project H.O.P.E. National Capital Council Chesapeake Bay Region

# Second Chances and Our Omer Journey

BY FELICIA R. BLACK



Rabbah Arlene Berger led a study session on Pesach Sheni ("Second Passover") and counting the Omer for the Women's Network on Sunday, May 19.

The 18 women in attendance learned that Pesach Sheni was designated in the Torah as a second chance to bring the Passover sacrifice, or Korban Pesach (Passover lamb offering), to the temple if they were unable to do so the first

time because of ritual impurity. It is customary to mark this day by eating matzah, she explained, so attendees were each treated to a bite of matzah.

Rabbah Berger also discussed the counting of the Omer, which starts on the night of the second seder and continues for 49 days until Shavuot. She explained the rules for what happens when you forget to count and tied the counting of the Omer to the *sefirot*, or emanations of God, such as *chesed* (kindness) and *gevurah* (strength).



Rabbah Arlene Berger explained what it means to count the Omer in the weeks following Passover to about 18 attendees at the Women's Network's Rosh Chodesh program in May. (Photos by Felicia R. Black)

#### PARASHA PARTNERS FOR SHABBAT

One *aliyah* each Shabbat morning – typically the fifth – is dedicated to Parasha Partners. Any individual whose bat mitzvah or bar mitzvah included that day's *parasha* is invited to participate. The synagogue office is maintaining a list of b'nai mitzvah anniversary dates for future Shabbats at TI. Please send yours to office@tivkatisrael.org.

# Hamburgers, Hot Dogs and Howdy to the Spiritual Leader













A Father's Day barbecue, free to synagogue members, brought more than 100 individuals to TI on June 16. The event afforded them an opportunity to greet our new rabbi, Marc Israel, and give him a chance to test his memory of congregants' names in a relaxed setting. Roz Kram handled the cooking and lined up volunteers to assist her, including Neil Kram and Warren Berger on grill duty. Dessert consisted of two cakes, a chocolate one with "Welcome Rabbi Israel" inscribed on top and a vanilla option saying "Happy Father's Day." Children played corn hole, decorated with sidewalk chalk and created Father's Day cards. (Photos by Chuck Chatlynne and Felicia R. Black)

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## Tikvat Israel's Chai Campaign Kicks Off for 5780

BY JAYME A. SOKOLOW, CHAI CAMPAIGN CHAIR

Rosh Hashanah begins at sundown on Sunday, Sept. 29, ushering in the year 5780. Although the High Holidays may seem far away, the synagogue is beginning its annual Chai campaign as we move into the summer months.

To continue to thrive and fulfill our mission, Tikvat Israel needs a financial commitment from all of us through our annual Chai campaign. Our membership dues cover only part of what is needed to maintain our staff, facility and programs. It is up to us to put into action what we commit ourselves to in prayer at this special time of year.

Last year, we achieved our goal of raising \$60,000. Let's achieve it again this year!

We ask each of you to look inside yourself and consider what you can contribute to Tikvat Israel. Our donation levels take into consideration all income levels of our members, allowing every family the *mitzvah* of giving. In past years, we have had strong participation from our congregation.

Thanks to your generosity, the Chai campaign has helped the congregation to balance its budget and to continue providing outstanding programs and services to all congregants. The Chai campaign also helps support those congregants who may need financial assistance during the year.

Later in the summer, you will receive a letter asking for your contribution. This year, we offer the following categories of giving: Diamond (\$5,400), Platinum (\$3,600), Gold (\$1,800), Silver (\$1,000), Double Chai (\$720) and Chai (\$360).

As you think about making a contribution, consider how much Tikvat Israel has meant over the years to you and your family. Consider how the synagogue has supported you and your family in its joys and in its sorrows.

Please give as generously as your circumstances allow so that Tikvat Israel can remain a vibrant synagogue.

L'shanah tovah tikatev v'taihatem. May you be inscribed and sealed for a good year. In 5780, be among our congregants who, in the words of our Siddur, "unite to establish synagogues for prayer" and who "give funds for heat and light, and wine for kiddush and havdalah."

#### ONLINE SIGHUP FOR KITCHEN HELPERS

In order for a kiddush to take place following Shabbat morning services each week, volunteers are needed for setup and cleanup. To volunteer, contact Liora Dahan at liora@tikvatisrael.org or use the "SignUp Genius" at tikvatisrael.org/kitchenvolunteers.

# Jewish Rock Takes to Our Bima Oct. 27

BY MICHAEL AMSTER

Mark your calendars for two more folk music shows which are planned for Tikvat Israel in 2019: Oct. 27 and Dec. 15. These are part of the ongoing concert series managed Focus Music.



We hope you'll attend both, but if you can't do that, the one you *really* don't want to miss is the October show. That evening, Gathering Time will be with us, and they plan to present a concert titled "Jews Who Rock." Tickets are \$18 in advance, \$20 at door, for the 7:30 p.m. show.

While the mainstream Jewish community has been justifiably proud of the musical contributions of such luminary composers as George and Ira Gershwin, Irving Berlin and the many great cantorial composers and soloists, there are many Jewish musical songwriters and performers of the rock 'n' roll era—such as Bob Dylan, Carole King, Simon & Garfunkel, Neil Diamond, Neil Sedaka, Arlo Guthrie, songwriters Lieber & Stoller and Laura Nyro—even Billy Joel and Steely Dan.

The three-member Gathering Time was voted the top folk band in the 2011 *Long Island Press* readers' poll. According to its website, Gathering Time performs Peter, Paul & Mary and Crosby, Stills & Nash in high-energy style. The band has an active Northeast schedule of performances through the end of the fall. Many of the shows are titled "Tribute to the Artists of Woodstock."

Our partnership with Focus Music will continue to bring amazing performing artists to our sanctuary. The artists and audiences are delighted with the fantastic acoustics and comfortable setting. Tickets are modestly priced, and there is no need to schlep to an arena or stadium to hear great live music. We hope to see you at an upcoming concert.

Contact Michael Amster, TI's liaison with Focus, with questions or visit www.focusmusic.org.

#### ADVERTISING SALES HELP SOUGHT

The *Tikvat Israel Bulletin* would like to publish more advertising in future issues from area businesses and service providers. If you might be interested in placing an ad or helping in this effort, contact Amy Matathias (office@tikvatisrael. org.) or Audrey Hatfield (bookkeeper@tikvatisrael.org).

# ECC Closes Year With Thanks to Retiring Teaching Vet



ECC Director Sheri Brown (right) delivers thanks to Allison Zion, a retiring teacher. (*Photo by Amy Matathias*)

The Early Childhood Center at TI marked the end of the pre-school careers of several program "graduates" on June 18.

The Sabra class performed several songs for their parents and visitors during the event.

Notably, the attendees delivered a hearty yasher koach to veteran teacher Allison Zion, who is retiring this summer, for her service preparing so many

youngsters for successful transition to kindergarten. ECC Director Sheri Brown said Zion spent the last five years with TI and 25 years previously at other Jewish preschools in the Washington area.

Rabbi Israel imparted wisdom from the Torah for the graduating members of the Sabra class.



The Sabras, the ECC's 2019 graduating class, had their moment in the limelight. (*Photo by Amy Matathias*)



# Truck Touch Enthusiasm Overcomes Rain

Rain didn't dampen the enthusiasm of the Truck Touch participants at this year's event on May 5.

Francie Levita, mother of two ECC pupils, chaired the team that arranged for a variety of trucks to fill the TI parking lot so children (and their adults) could enjoy vehicles up close. Children got to stand in a bucket truck, honk horns, dance to the Kona Ice truck music and climb into a horse trailer cab.



Youngsters got the thrill of boarding some rather sizable vehicles at TI's Truck Touch event, conducted by parents involved in the ECC. (Photo by Laurie Dorfman)

Truck Touch is an annual event sponsored by the ECC

Family Network, and parents provide all logistical support for the event. They put out signs, staff the admissions table, sell food and handle truck parking configuration.

## **USY Chapter Gains Two Honors**

Tikvat Israel's USY chapter earned two awards at the Seaboard Region's spring convention over Memorial Day weekend.

One award recognized the shul's USY troop for an Israeli food program, spearheaded by Aviva Kram, the chapter vice president. The program involved cooking Israeli food from scratch and learning Israeli dance moves from Ellie and Adina Schwartz, who are members of the Yesodot Israeli Dance Troupe.

The second award was in recognition of the chapter's increased attendance at Seaboard Region events and conventions during the past year.

Melissa Apter served as USY adviser during the past year.

Kol hakavod to our teens!



TI's USY members participating in the spring convention were, from left, Austin Kaminow, Eli Liebenson, Ellie Schwartz, Aviva Pollack, Aviva Kram, Cheryl Goodman and Sophia Kram. (*Photo by Cheryl Goodman*)

#### **ISRAEL AFFAIRS COMMITTEE**

## **HASBARA:** Focus on Israeli Innovation

(#14 in a Series)

BY HARVEY T. KAPLAN

The Weizmann Institute of Science in Rehovot, Israel, is celebrating its 85th anniversary this year. Originally established as the Daniel Sieff Institute in 1934, by Israel and Rebecca Sieff of London in memory of their son, it was renamed in 1949 for the first president of the State of Israel, Chaim Weizmann —who was also a founder of the institute.

Weizmann was a scientist (an organic chemist) as well as a statesman, and it is believed that his meeting with President Harry Truman was significant in gaining almost immediate recognition for the new State of Israel by the United States in 1948.



The president of the Weizmann Institute, Professor Daniel Zajfman, argues that "science is a universal language," the major language spoken at the Institute. The

Institute's credo recognizes that science crosses all boundaries (political, social, religious, and geographic) for the purpose of serving "all humankind, equally." The Weizmann Institute openly shares scientific knowledge across the globe so that researchers may build upon one another's work. The current work at Weizmann has an impact on all of us, wherever we live, and includes research from climate change to cancer, Alzheimer's to security, and beyond.

The American effort in support of Weizmann is coordinated by the American Committee for the Weizmann Institute of Science, and more information is available at: www.Weizmann-usa.org.

In this installment, I summarize five examples of current efforts at the Weizmann Institute. They reflect a continuation of investigation and discovery based on the long-standing mission of advancing science for the benefit of humanity—while also advancing the education of scientists and the public at large.

- (1) TOOKAD®, an intravenous drug developed at the Institute to treat prostate cancer, has been awarded a "green light" throughout Europe, in addition to Mexico and Israel. Vascular Targeted Photodynamic therapy with TOOKAD (produced by Steba Biotech) is a minimally invasive outpatient procedure which takes just 90 minutes; patients are released a few hours later. For a more detailed explanation of how TOOKAD works, see the fascinating description at this site: <a href="https://wis-wander.weizmann.ac.il/life-sciences/tookad%C2%AE-invented-weizmann-institute-science-gains-european-approval-prostate-cancer">https://wis-wander.weizmann.ac.il/life-sciences/tookad%C2%AE-invented-weizmann-institute-science-gains-european-approval-prostate-cancer</a>.
- (2) Melanoma is regarded as the deadliest of all skin cancers. Professor Yardena Samuels of the Weizmann Institute's Department of Molecular Cell Biology developed a new approach to identify what are regarded as signposts on individual cancer cells. These can help immune cells target and eliminate melanoma.

As director of the Moross Integrated Cancer Center, Samuels is working on "in-depth study of tumors in all stages of progression, ... [to help] scientists identify genes associated with tumor growth... The future of cancer genomics lies in the integration of genetic, functional, and clinical data [which may someday enable the] computational biologists, biologists, and biochemists at the Institute to decipher the genetic and functional landscape of the melanoma genome." (Quoted from the spring 2019 newsletter of the American Committee for the Weizmann Institute of Science.)

- (3) I expect many will be surprised by these findings of new research in the area of personal nutrition: A recent discovery at the Weizmann Institute showed that the use of probiotics is not necessarily beneficial. On the contrary, Professors Eran Elinav and Eran Segal learned that probiotics can actually be harmful, especially when they are taken after a course of antibiotics.
- (4) Another potentially surprising finding is that the time of day when one exercises may have an impact on the effectiveness of that exercise. So far, the evidence comes from experiments with mice. Working with a team at the University of California (Irvine), researchers at Weizmann found that it could be more advanta-

geous, at least for some people, to exercise in the evening instead of the early morning—partially because less oxygen is consumed in the exercise. For a fuller explanation, see: https://www.weizmann-usa.org/news-media/in-the-news/scrap-



that-early-morning-jog-evening-exercise-appears-to-be-better-for-you-because-your-body-uses-up-less-oxygen-two-studies-find.

(5) Another professor at Weizmann is working on a new immunization product that we all may be using in the future. Professor Ruth Arnon, already known to the medical community as a co-developer of one of the world's leading multiple sclerosis drugs (Copazone), is focusing on a universal flu vaccine. That vaccine showed in Phase III clinical trials that it could actually protect against all strains of the influenza virus. Further, the protection might last for many years—all with a single vaccination. No doubt we'll hear more about this work in the future.

In conclusion, some other health-related news: Israel achieved a ranking of 10th in the 2019 edition of the Bloomberg Healthiest Country Index (scoring 88.2 out of a possible 100). Some of the factors of overall health considered in the ratings are access to clean water, sanitation, life expectancy, obesity rates, mental health, and vaccination coverage. Of the 169 nations rated this year, the top nine are Spain (No. 1 with a score of 92.8), Italy, Iceland, Japan, Switzerland, Sweden, Australia, Singapore and Norway. The United States ranked 35th. (World Jewish Digest, May 2019)



#### Advertising Information

#### **Editorial Overview**

The Tikvat Israel Bulletin is the primary communication vehicle between the synagogue and its membership. The bimonthly Bulletin is mailed to our 260 member families across Montgomery County, MD. It also appears on the home page of the Tikvat Israel website: <a href="https://www.tikvatisrael.org">www.tikvatisrael.org</a>

#### Frequency

The Bulletin is published 6x/year.

#### **Ad Rates per Issue**

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The ads must be delivered fully composed as PDF files with fonts embedded, 300 dpi TIFFs, or 300 dpi jpeg files. However, hard copies of ads can also be accepted and scanned in for placement. Be sure your ad prints well in black and white.

#### **Deadline**

The first of the month preceding the issue date.

#### Questions?

Contact Audrey at  $\underline{bookkeeper@tikvatisrael.org}$  or (301) 762-7338

## How to Submit and Pay for Your Ad

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# Tikvat Israel Remembers With Respect Those Whose Yahrzeits Occur From 28 Sivan through 28 Tammuz – July 2019

#### JULY 1 28 SIVAN

Abraham Abramowitz Nathan Adelman Isadore Danovitz Annette Hershenhorn Jack Klass Arnold Michael Kramer Joseph Sandler Maynard Ugol Sarah Yudkoff

#### July 2 29 Sivan

Bert Gross Ronald E. Kirschner Rose Weinstein

#### JULY 3 30 SIVAN

Henry Finder Lottie Finkelstein Kenneth Goldin Celia Kaiser Max Lacoretz Renee Lustig Solomon Shapiro Charlotte R. Teller

# July 4 1 Tammuz

Esther Leise Sadie Rosenthal Samuel Tranen

#### July 5 2 Tammuz

Clara Benzion
Deborah Comstock
Louis Fishman
Ben Friedman
Grace Goldberg
Rose Harad
Seymour Kaiz
Emmy F. Keusch
Reuben Kramer
Mollie Pelish
Frances Shapiro
Helene Sugarman
Stuart Volin

# JULY 6 3 TAMMUZ

Jeanette Benzion Clayre Blavett Irving Edelman Ellis Hyman Rosalyn Licht Marion L. Pike Gussie Prince Samuel Paul Puner Ira L. Schiffman Anne Burdett Shapiro Barbara Shulman

# JULY 7 4 TAMMUZ

Maurice Mainen Harry Plesset Arnold J. Rosenberg

# July 8 5 Tammuz

Siegfried Ermann Bernard Finstein Shelly Goldin Norris Halpern Maurice Hockstein Frieda Mendelson Sarah Weiser

#### July 9 6 Tammuz

Harry Belson Ruth K. Davis Marvin Hammerman

#### JULY 10 7 TAMMUZ

Yetta Oppenheim Murray Susswein Minnie Waxman

#### JULY 11 8 TAMMUZ

Esther Goldberg Evelyn Lidoff Ludwig Regensteiner Sidney Starr

#### July 12 9 Tammuz

Esther Danoff Annie M. Ehrlich Rubin Harris Judith Kessler Martha Sills Sidney Wilchins

#### July 13 10 Tammuz

Mark Chorvinsky Ben Zion Cooper Edith Kott Zev Lidert Michael Menzer Marcus W. Rose

#### JULY 14 11 TAMMUZ

Margot Casper Philip Fabel Benjamin Reinhardt Matthew Soldano

#### JULY 15 12 TAMMUZ

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#### JULY 16 13 TAMMUZ

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#### July 17 14 Tammuz

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#### July 19 16 Tammuz

Devera Danovitz Hyman Edlowitz Anna E. Feinmark Leo Friedman Frank Knott Sarah Tempchin Richard Volin

#### July 20 17 Tammuz

Sidney Davis Rebecca Kramer Ellis Leise Rose Levy George Ludwig Solomon Nahum

#### July 21 18 Tammuz

Sarah Bassin
Beatrice Chait
Philip Chelemer
Morris Gottlieb
Elizabeth Katz Jeremias
Freda Levin
Gladys Nederlander
Charlotte Podgor
Gerald Raine
Louis Rosen
Gloria Schwartz
Sandra Wagner
Louis Waltzer
Alan Woinsky

#### July 22 19 Tammuz

Tillie Cooper Louis Deckelbaum Leo Derene Herbert Gold William Hirsch Bernard Kaplan Beatrice Nathanson Carol Peck Susan Reich

#### JULY 23 20 TAMMUZ

Harry Freedenberg Esther Solomon

#### JULY 24

**21 TAMMUZ**Clinton Berger
Luba Borushok
Margaret Marcus Davidson
Leah Marcus Feig
Sophie Deena Fertel
Norma Honick

Pearl Sakwa Abraham Silverstein

Charles Kaplan

#### JULY 25 22 TAMMUZ

Allan Pleet

Lucille Liebenson Harry Rosen Dolores Sachs Frank Smith Ruth Spiegelberg Peggy Wilchins

#### July 26 23 Tammuz

Mary Davis Frances Dicker Charlotte F. Hart Ida Rose Helen Rosenblum

#### July 27 24 Tammuz

Bessie Cohen Ben Zion Mauda Manfred Scheige Fannie Simball Simon Strassman Morris Zaidband

#### July 28 25 Tammuz

Morris Beard
Abraham Bellman
Yetta Bendett
Mark Dubbin
Joseph Feinmark
Jack Gruss
Sarah Shedroff
William W. Weisbord

#### July 29 26 Tammuz

Miriam Agus Solomon Cowan Lillian Goldstein Charlotte Kaufman Rose Kess Emanuel Kreisman Adolf Rosenberg Sidney Teitelbaum

#### July 30 27 Tammuz

Bernice Gateman Clement Lipsy Eugene Love Balsorah Savely Ted Smith

#### JULY 31 28 TAMMUZ

Morris Bauman Lottie Feinmark Solomon Melmed Fred Schwartz Lois Steiner

# Tikvat Israel Remembers With Respect Those Whose Yahrzeits Occur From 29 Tammuz through 30 Av – August 2019

#### August 1 29 Tammuz

Irving Gordon Harriet Kravitz Charles Lane Jean Shull Bessie Winer

#### August 2 1 Av

Jennifer J. Flax Esther Gottlieb Herbert Joseph Carrie Levy Max Polansky Esther Rosenthal Harvey Savely Harold Steinberg Joseph Weinberg

#### August 3 2 Av

Rose Gordon Ruth Kaiz Louis Simball Sidney Stolzenberg

# August 4 3 Av

Abigail Lefkowitz Ralph Robinson

#### August 5 4 Av

Gussie Glaser Fred Hamburg Benjamin Larrick Paul Ludwin Morton Oppenheim Evalyn Waldman

#### August 6 5 Av

Jinky Barnett Milford Hillerson Edith Meyers

# August 7 6 Av

Charles Chidakel Edith Kaplan Marvin Laubgross David Lederman

# August 8 7 Av

Jerome Pasternak

#### August 9 8 Av

Joseph Samuel Brudner Harry Greene Jennie Mazaroff Anita Perlmutter Eugene Perry

#### August 10 9 Av

Philip Cohen Harry Cooper Phyllis Menduke Cynthia L. Shnider Frank Spiegelberg Abe Stahler

#### August 11 10 Av

Irene Kaplan Sarah Krick Betty Morrison Bertha Polster Bertha Tranen Shirley Zoltrow

#### August 12 11 Av

Fanny Feigin Ruth Freed Bertha Alice Kaplan Jerome Livingston

#### August 13 12 Av

Trudy Finstein Anna Moskowitz Leo Plesset Anne S. Prince Kate Hayley Schaffman Betty Stein Rose Wadler

#### August 14 13 Av

Adele Boden Hertha Ermann Yetta Gellman Israel Kauffman Mary Klass Estelle Kornhauser Jennie Levy

#### August 15 14 Av

Usher Feinsilber
Fannie Green
Roslyn Kalinsky
Fannie Raine
Rose Saldinger
Marvin Schneider
Rabbi H. Jonah Waldman
Jennie Wein

#### August 16 15 Av

Victor Battino Israel Levin Neftali Pazo

#### August 17 16 Av

Rose Cohen Etta Schneider Mordko Smolar Belle Wagman

#### August 18 17 Av

Frances Berger Harry Feldman Meyer Holtzman Isidore Kreisman Milton Levy Harry Reiter Isidor Sohn

#### August 19 18 Av

Rose Altschuler Morris Bloomberg Louis Coren Samuel Goldstein Arthur Milder Murray Wadler

#### August 20 19 Av

Victor Issac Bigio Ester Danoff Burton Drucker Henry Edlowitz Hyman Geller Morris Prince Rose Schrier Abraham Vainer Sidney Zalevsky

#### August 21 20 Av

Abram Berlin Irving Gedanken Jack Kornhauser Abraham Sterman

#### August 22 21 Av

Rosa Miriam Bosques Emil Glater Jeanne Godley-Davis Nathan Pitkin Ronald Pitkin Albert Sbar Herschel Wartofsky

#### August 23 22 Av

Naomi Kaplan

#### August 24 23 Av

Anne Bernstein Markus Eichtersheimer Don Margolies Helen Schechter Rosella Silverstein Sadie Wartofsky Idelle Weiner

#### August 25 24 Av

Lucille Feinman Faye Glater Annie Mollen Belle Rosenthal Sadie Smith Ruth Weiner

#### August 26 25 Av

Rudy Fischer Rose Lesser Tillie Nisenson Alfred Steiner

#### August 27 26 Av

Melville Ehrlich Rebecca Feldman

#### August 28 27 Av

Hilda Shulman

#### August 29 28 Av

Jack Chelemer Shirley Cohen Marilyn Ehrlich Barbara Goldberg Harold Goldstein Sylvia Holtzman Shirley Schwartz Richard Spector

#### August 30 29 Av

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#### August 31 30 Av

Larry Bloom
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Sarah Kay
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The congregation gratefully acknowledges the following donations to the various funds of Tikvat Israel. The donor lists that follow reflect gifts received at the synagogue in April and May. If your donation during this time does not appear in the list, please contact the synagogue office at 301-762-7338.

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In honor of Joel Shulman's 90th birthday by Gloria and Jerome Bauman

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Continued on next page

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In honor of the birth of Allison Joan (AJ)
Lineman, granddaughter of Marian Kaiser, to
Anne Kaiser and Nancy Lineman by Amy and
Dan Matathias

In honor of the birth of Allison Joan (AJ)
Lineman, granddaughter of Marian Kaiser, to
Anne Kaiser and Nancy Lineman by Nancy
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Wishing a warm welcome to Rabbi Israel and family by Hilda Springer

Wishing Jennie, Arlene and Warren Berger refuah shlema, a speedy and full recovery

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by Hilda Springer

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In honor of Debby Berlyne's birthday by Debby Berlyne and Danny Bachman

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In honor of Rabbi Israel's appointment as Rabbi of Tikvat Israel by Daniel Parish

In honor of Rabbi Israel's new position and wishing him good luck. We will miss you! by Kehilat Lower Merion Clergy

#### SHELLY GOLDIN MEMORIAL FUND

In memory of Frank Gantz by Alice and David Gantz

In memory of Joan Riegel by Bruce Goldin In memory of Pearl P. Gantz by Alice and David Gantz

In memory of Shelly Goldin by Madeleine Cohen Oakley

#### **SOCIAL HALL RENOVATION**

by Susan and Alan Apter

#### TZEDAKAH CHAVURAH

In appreciation of Leonard Degollado by Elisabeth Battino

In honor of the birth of Maayan Shira Jessup, granddaughter of Betty and Cliff Fishman, to Sarah Fishman and Luke Jessup by Madeleine Cohen Oakley

# YOUTH SCHOLARSHIP FUND AND YOUTH LOUNGE RENOVATION

by Sue and Howard Wilchins by Martie Adelman and Marc Schneider by Hilda Springer

#### **SHUL SHORTS**

#### **Board Meetings Open to All**

Members of the congregation are always welcome to attend meetings of the synagogue's board of directors, typically held on the fourth Monday of each month at 8 p.m. in the Flax Library. Meeting agendas can be requested a few days in advance from the board copresidents. The only closed portions of meetings deal with personnel matters or pending litigation affairs.

#### **USCJ's National Convention**

The United Synagogue of Conservative Judaism and Rabbinical Assembly will hold a joint convention in December in Boston. Full details are available at www.uscjconvention.org.

#### **Shabbat Sheet Sponsorships**

The synagogue is seeking congregants to serve as sponsors of the Shabbat sheet distributed weekly to those attending religious services. The sponsorship can be done in honor or memory of a family member or friend. Contact Sam Freedenberg at sam@tikvatisrael.org.

# July 2019 28 Sivan - 28 Tammuz 5779

3:00PM 7:30p 7:30p 7:30p 7:30p 7:30p 7:30p	Wednesday Thursday Friday Saturday	30 Sivan41 Tammuz52 Tammuz63 TammuzRosh ChodeshRosh Chodesh8:00aMinyan9:30AMShabbatMinyan6:45aMinyan6:30PM KabbalatServices7:30pMinyanShabbat(Parashat8:19pCandle-Korach)	10         7 Tammuz         11         8 Tammuz         12         9 Tammuz         13         10 Tammuz           7:30p         Minyan         8:00a         Minyan         6:30PMKabbalat         Services           8:00PMToastmasters         8:00PMToastmasters         8:17p         Candle-         Chukat)           13         13         14         15           14         15         15         15           15         16         16         16	17         14 Tammuz         18         15 Tammuz         19         16 Tammuz         20         17 Tammuz           3:00PMMeet 'n Greet         6:45a         Minyan         8:00a         Minyan         9:30AMShabbat           7:30p         Minyan         6:30PMKabbalat         Services           7:30p         Minyan         Shabbat         (Parashat           8:13p         Candle-         Balak) Simcha           Iighting         Kiddush	21 Tammuz         25         22 Tammuz         26         23 Tammuz         27         24 Tammuz           Minyan         6:45a         Minyan         8:00a         Minyan         9:30AMShabbat           7:30p         Minyan         6:30PMKabbalat         Services           8:00PMToastmasters         Shabbat         (Parashat Pinchas)           8:07p         Candle-         4:00PM Meet 'n Greet           Rabbi Israel         Rabbi Israel	28 Tammuz
	Sivan hodesh mmuz	mmuz		18 6:45a 7:30p	mmuz	28 Tammuz Minyan
	2 29 Sivan 7:30p Minyan 9 6 Tammuz 7:30p Minyan	Mi		13 Tammuz Minyan	20 Tammuz Minyan	27 Tammuz Minyan
	7:30p 9 7:30p	do8:2				<b>30</b> 7:30p
7:30p M 7:30p M 7:30p M 7:30p M	28 Sivan Minyan 5 Tammuz Minyan	5 Tammuz Minyan		12 Tammuz Minyan	19 Tammuz Minyan MBoard Meeting	<b>26 Tammuz</b> Minyan
Minyan 7:30p M  19 Tammuz 23  Minyan 7:30p M  26 Tammuz 30  Minyan 7:30p M	7:30p	<b>8</b> 7:30p		<b>15</b> 7:30p	22 7:30p 8:00PP	<b>29</b> 7:30p
Minyan 7:30p M  19 Tammuz 23  Minyan 7:30p M  26 Tammuz 30  Minyan 7:30p M		Tommin	4 Lannuz Minyan Minyan	11 Tammuz  Minyan  4 Meet 'n Greet  Rabbi Israel  Minyan	18 Tammuz Fast of Tammuz Minyan Minyan	
Minyan         7:30p         Minyan         7:30p         Minyan           Minyan         22         19 Tammuz         23           Minyan         8:00PM Board Meeting         7:30p         Minyan           Minyan         29         26 Tammuz         30           Minyan         7:30p         Minyan         7:30p         Minyan           Minyan         7:30p         Minyan         7:30p         Minyan			7 9:00a 7:30p	14 9:00a 4:00PA 7:30p	<b>21</b> 9:00a 7:30p	<b>28</b> 9:00a 7:30p

# August 2019 29 Tammuz - 30 Av 5779

	2 Av Shabbat Services (Parashat Matot- Masei).	9 Av Erev Tisha B'Av Shabbat Services (Parashat Devarim) Shabbat Chazon Tisha B'Av	16 Av Shabbat Services (Parashat Vaetchanan). Shabbat Nachamu -	23 Av Shabbat Services (Parashat Eikev)	30 Av Rosh Chodesh Shabbat Services (Parashat Re'eh)
Saturday	3 2 Av 9:30AM Shabbat Services (Parashat Matot- Masei).	Erev Tisha B'Av 9:30AM Shabbat Services (Parashat Devarim) Shabbat Chazon 9:15PM Tisha B'Av Service	9:30AM Shabbat Services (Parashat Vaetchanan) Shabbat Nachamu - Simcha Kiddush	24 23 Av 9:30AM <u>Shabbat Services</u> (Parashat Eikev)	30 Av Rosh Chodesh 9:30AM Shabbat Services (Parashat Re'eh)
	1.Av Rosh Chodesh Minyan I Kabbalat Shabbat Candle-lighting	8 Av Minyan I Kabbalat Shabbat Candle-lighting	8:00a Minyan 6:30PM Kabbalat Shabbat 7:43p Candle-lighting	23         22 Av           8:00a         Minyan           6:30PM         Kabbalat           Shabbat         Candle-lighting           7:34p         Candle-lighting	30         29 Av           8:00a         Minyan           6:30PM         Kabbalat           Shabbat         77:23p           Candle-lighting
Friday	2 8:00a 6:30PM 8:00p	<b>9</b> 8:00a 6:30PM 7:52p	16 8:00a 6:30PM 7:43p	<b>23</b> 8:00a 6:30PM 7:34p	30 8:00a 6:30PM 7:23p
	<b>29 Tammuz</b> yan ıyan	8 7 Av 6:45a Minyan 7:30p Minyan 8:00PM <u>Toastmasters</u>	14 Av	6:45a Minyan 7:30p Minyan 8:00PM <u>Toastmasters</u>	28 Av
day	Min Min	Minyan Minyan 'M <u>Toastmi</u> '	Minyan Minyan	Minyan Minyan 'M <u>Toastma</u>	Minyan Minyan
Thursday	1 6:45a 7:30p		15 6:45a 7:30p		29 6:45a 7:30p
À	1	6 Av Minyan	13 Av Minyan	20 Av Minyan	27 Av Minyan
Wednesday		7 7:30p	<b>14</b> 7:30p	<b>21</b> 7:30p	<b>28</b> 7:30p
	3	5 AV	12 Av	19 Av	26 Av
ay	3	Minyan	Minyan	Minyan	Minyan
Tuesday	3	<b>6</b> 7:30p	<b>13</b> 7:30p	<b>20</b> 7:30p	<b>27</b> 7:30p
	Z	4 Av	н Ау	18 Av	25 Av
ly.		Minyan	Minyan	Minyan	<b>26</b> 25 / 7:30p Minyan 8:00PM Board Meeting
Monday		<b>5</b> 7:30p	<b>12</b> 7:30p	<b>19</b> 7:30p	
		3 Av	Tisha B'Av B'Av arit at shalom of 8'Av	17 Av	24 Av
	Y	Minyan Minyan	Tisha ] Shach B'nai S Olney Tisha E	Minyan Minyan	Minyan Minyan
Sunday		<b>4</b> 9:00a 7:30p	11 9:00AM 1:45PM	<b>18</b> 9:00a 7:30p	<b>25</b> 9:00a 7:30p

TIKVAT ISRAEL JULY-AUGUST 2019



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#### **DATED MATERIALS.... PLEASE DELIVER PROMPTLY**



Forty members of the congregation, including Rabbi Marc Israel and his family, watched the Washington Nationals drop a thrilling 4-3 game in 10 innings to the Atlanta Braves on June 23. This was the annual baseball outing organized by Rebecca Salon on behalf of the Tikvat Israel Women's Network. The shul earned a mention on the Nats Park scoreboard during the 5th inning. (*Photos by Neil Kram and Jay P. Goldman*)