



## Reduced Operating Budget Gains Congregants' Lopsided Approval

BY JAY P. GOLDMAN, *TIKVAT ISRAEL BULLETIN* EDITOR

The new fiscal year at Tikvat Israel, beginning July 1, carries much uncertainty, a status readily apparent in the \$1.34 million operating budget approved resoundingly at a congregational meeting conducted digitally on June 28.

The one-year financial plan, which carries no membership dues increases, calls for nearly \$160,000 less in spending over the next 12 months compared to the FY '20 budget. The majority of the reductions will be felt in the areas of synagogue administration, building and grounds and kitchen operations. The part-time kitchen coordinator already has been furloughed.

Because building operations are expected to be minimal during at least the first four months of the fiscal year, maintenance and utility costs are expected to be markedly lower. The annual security fee assessed to each family unit will be cut in half to \$75.

The budget anticipates the early childhood center, once a major contributor to synagogue revenues, to break even in 2020-21. The ECC will be expected to enroll enough

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## Live, Loud and in Color ... But from an Empty Shul

BY JAY P. GOLDMAN, *TIKVAT ISRAEL BULLETIN* EDITOR

When Cantor Helzner stepped to the *bima* precisely at 10 a.m. on May 9 and offered a brief *nigun*, she ushered in the livestreaming movement for religious services at Tikvat Israel.

The morning service that day marked the first Shabbat morning service in the sanctuary since the first weekend in March, a string of eight "dark" Shabbats for the congregation owing to the building's shutdown during the COVID-19 pandemic.

Now services emanate weekly from Rabbi Marc Israel's laptop perched atop a standing desk placed next to the Torah reading table in a sanctuary populated solely by the two clergy members. The broadcasting software on his computer has recorded about 70 unique log-ins each Shabbat morning during the first month of livestreamed services.

A technology breakdown on June 6 prevented transmission, but the snafu didn't deter the two clergy. The cantor soldiered on with davening through *shacharit*, with the rabbi reading Torah and *haftorah* and reciting *musaf* to himself from a pew. "I also recited the names of those whose *yahrzeit* we observed," the rabbi reported afterward.



The newly purchased web-based broadcast camera that will be installed inside TI's sanctuary before the High Holidays.

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### WEEKLY RELIGIOUS SERVICES

Monday	8:00 a.m.	7:30 p.m.
Tuesday	8:00 a.m.	7:30 p.m.
Wednesday	8:00 a.m.	7:30 p.m.
Thursday	8:00 a.m.	7:30 p.m.
Friday	8:00 a.m.	
Kabbalat Shabbat		6:30 p.m.
Shabbat	10:00 a.m.	
Sunday	9:00 a.m.	7:30 p.m.

Note: As long as the synagogue is closed during the public health crisis, digital davening will be via Zoom weekdays and Sundays with *Havdalah* on Saturday evening (see *B'kesher* for varying start times).

### CANDLELIGHTING TIMES

July 3	8:19 p.m.
July 10	8:17 p.m.
July 17	8:13 p.m.
July 24	8:08 p.m.
July 31	8:02 p.m.
Aug. 7	7:54 p.m.
Aug. 14	7:45 p.m.
Aug. 21	7:35 p.m.
Aug. 28	7:25 p.m.

## TIKVAT ISRAEL DIRECTORY

### Synagogue Office

Phone 301-762-7338  
Fax 301-424-4399

### Rabbi

Marc Israel  
rabbi@tikvatisrael.org ext. 115

### Cantor

Rochelle Helzner  
rhelzner@gmail.com ext. 116

### Rabbi Emeritus

Howard D. Gorin

### Co-Presidents

Warren Berger & Jim Perlmutter  
Warren.Berger@gmail.com  
jimmax2@hotmail.com

### Executive Director

Sam Freedenberg  
sam@tikvatisrael.org ext. 111

### Office Staff

Amy Matathias,  
Administrative Assistant  
office@tikvatisrael.org ext. 110

Andrei Israel, Bookkeeper  
bookkeeper@tikvatisrael.org ext. 126

### Early Childhood

Sheri Brown, Director  
sheri@tikvatisrael.org ext. 129

### Education & Youth Programming

Elana Moss  
elana@tikvatisrael.org ext. 127

### Bulletin Editor

Jay P. Goldman  
jgoldman@aasa.org

### Contributing Editors

Melissa Apter Ellen Eisner  
Betty Fishman Amy Matathias

### Design and Layout

lgt & associates, inc.

### Newsletter Printer

Universal Printing

2200 Baltimore Road  
Rockville, MD 20851  
www.tikvatisrael.org

## When Will We Reopen?

That's the key question being addressed by a subset of the synagogue's Ad Hoc COVID-19 Task Force. The re-opening subcommittee, consisting of a cross-section of congregants, will guide the decision of synagogue leadership about when and how to resume religious services and other programs inside 2200 Baltimore Road.

One thing is virtually certain: No full-fledged religious services or other group activities will take place at the building before November. And according to preliminary findings from a congregation survey conducted during the last week of June by Rabbi Marc Israel, most congregants would be hesitant to return anytime soon. Of the 150 survey respondents, the rabbi reported 90 indicated a high level of unwillingness to attend religious services during the current state of public health.

He and Cantor Rochelle Helzner are using the findings to build a meaningful, digitally transmitted series of *Rosh Hashanah* and *Yom Kippur* services and other experiences in September. In the online survey, congregants reported the most essential personal aspects of High Holy Days observance would be the cantor's chanting, the rabbi's sermons and the sounding of the *shofar*.

"We can shift if conditions warrant," the rabbi said during the June 28 congregational meeting. But, he quickly added, "We won't compromise on the safety and wellbeing for everybody."

Religious services and cultural programs will continue to be offered via Zoom videoconferencing and StreamSpot livestreaming.

## BUDGET, continued from page 1

youngsters to operate at least four classrooms as of Sept. 1. Failure to do so will result in staff furloughs.

Board treasurer Stuart Lempert, who managed the budget's development, said he expected significantly lower revenue in almost every category. The FY '21 budget is counting on two major music concerts to generate operating dollars, including a concert pairing Rochelle and Robyn Helzner in mid-December. Last fall, the synagogue collected nearly \$11,000 in tickets sales on High Holy Days to non-members.

Nearly 100 congregants logged in via Zoom videoconferencing to the congregational meeting, the first such meeting not convened in person in the congregation's nearly 60-year history. They gave the slimmed-down budget 95 votes of approval, with one vote cast in opposition and three abstentions.

Lempert admitted during the meeting that some of his assumptions for revenue and expenses were speculative in the midst of a pandemic that is expected to limit or prohibit use of the building until November at the earliest.

Significant adjustments in spending would be needed midstream, he said, if revenue projections tied to the synagogue concerts and other fund-raising measures do not meet expectations.

Joining him in the budget building were Alan Apter, Sherrie Krauser, Steve Raucher and Gene Sheskin.



**Treasurer Stuart Lempert highlighted the uncertainty of budgeting amidst a pandemic before congregants resoundingly endorsed the \$1.34 million plan.**

## RABBI'S CORNER

# My Year in Review and a Look Ahead

BY RABBI MARC D. ISRAEL



As I look back on my recently completed first year at Tikvat Israel, there is one thing I can say with certainty – it has never been boring! This past year has been full of joyful moments and tragedy, a year of building community, social distancing, coming back together on Zoom, and anxiously waiting to be back together in person. Together we have laughed,

cried, celebrated and consoled. We have studied ancient text and contemporary issues, and we have seen the world we thought we knew change radically right before our very eyes.

On the first Shabbat of 2020, I began my sermon quoting the purported ancient Chinese curse “May you live in interesting times.” At the time I noted that the actual Chinese version is “Better to be a dog in a peaceful time than to be a human in a chaotic (warring) period.” I then listed all the “interesting” events of that week (which included anti-Semitic attacks in Monsey, N.Y., a shooting at a church, violence outside the U.S. embassy in Iraq and the killing of Qassem Soleimani). Little did I know at the time just how much more interesting 2020 was to become, in ways that none of us could have foreseen.

The numerous meet-and-greet events from last summer seem like a lifetime ago – could it be that I really didn't know any of you then? Our relationships with one another have grown so much

closer. We opened the school year welcoming the community back together with a big carnival, setting a new tone of having more invigorated family programming.

### Novel Undertakings

It has been a year of innovations, trying new rituals like the Memory Stones for *Yizkor* on Yom Kippur, adding a new Tot Shabbat program on Saturday mornings and experimenting with a Shabbat school model for our religious school. We also hired Elana Moss, our new(ish) youth and education programming director. Abbey and I began what we hope will become an annual tradition of having an open sukkah party at our home (although we may need to skip this coming year). These changes, of course, were all planned. Then there were the unplanned innovations of *seder-by-Zoom*, daily *tefilla-by-Zoom* and livestreamed Shabbat services. Our ECC learned how to reach our youngest children via the internet, and even our weekly yoga class moved online!

During the course of the year, we made certain adjustments in our services, including more singing in the early *Pesukei D'Zimra* section and changing the prayer for the sick on days when we don't read Torah, among others. When COVID-19 forced us online, we needed to figure out how to allow those in mourning to say *kaddish*, while preserving the essential notion of a minyan as 10 people interacting with one another. We also were able to expand our daily minyan to twice a day every day. (We will see if we can carry that energy and enthusiasm when we return to

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## Racial Justice Gains Serious Examination by Congregants

Synagogue members had several opportunities to begin exploring racial justice issues in mid-June.

Rabbi Israel organized several programs that were designed to address this question: “What actions can we take that will make a real difference?” The first step, he said, is deepening our understanding of the issues.

Different perspectives about what is happening in America (and beyond) were offered during these programs, beginning with the hour-long presentation on June 14 by Yolanda Savage-Narva. She movingly discussed her experiences as a Jew of color. (She originally was lined up as the speaker for Women's Network Shabbat on March 14, which became the first cancelled Shabbat observance in the sanctuary.)

Jews United for Justice addressed our congregants, along with members of Congregation Beth El, on June 16 in a presentation titled “Working for Equity During the COVID-19 Crisis.” JUFJ, a 22-year-old group in the greater Washington area, works locally for social, racial and economic justice with racial justice and police



**Yolanda Savage-Narva, a member of Temple Micah in Washington, discussed her experiences as a Jew of color in a TI forum on Zoom.**

reform their central issues in Montgomery County.

Nora Elsayyad, Lauren Payne and Alexis Crawley, three students at Richard Montgomery High School who organized a public rally in Rockville on June 5, spoke to congregants via Zoom on June 18 about their aims in organizing the rally and what they learned in the process, suggesting ways that our community can support them in the work they are doing.

In the aftermath, Rabbi Israel solicited volunteers to discuss possible next steps, which he shared at the June 28 congregational meeting. These include book discussions and a movie night.

“I know that we have a diversity of views on how best to address these issues and that there will be some disagreements. We welcome all viewpoints as we consider our congregational strategy,” he said. “On the core aim of creating a more just society for every American, I have no doubt that we stand united.”



# Davening in Front of a Laptop and a Deserted Shul: Q&A With Cantor Helzner

After a month of livestreaming Shabbat services, Cantor Rochelle Helzner was interviewed by *Tikvat Israel Bulletin* editor Jay P. Goldman about the novel experience.

## At first, what were your emotions chanting on Shabbat in a virtually deserted sanctuary?

**Cantor:** Frankly, the first time I sang in front of livestream, I was terrified. It felt like I was on a TV show. I wondered what would happen if my voice didn't hold up, if it was proper for me to take a drink, where to look so it didn't appear on screen that I was looking into outer space. And the service had to start on time. No sailing into it.

## What adjustments have you and the rabbi made in the physical setup?

**Cantor:** Right now, our livestream involves a computer. Initially, it was put on the *shulchan*, but when the rabbi or I moved the table by swaying too much, drumming or placing other materials on it, the picture would shake on the screen. So the computer is now on a separate table. I try not to look at the computer screen but instead focus on the third row.

## Have you experienced any moments of panic?

**Cantor:** Once when I started a service, I glanced at the screen and noticed that it said "Signed Out." I wondered whether we were broadcasting at all. Who could I ask? The rabbi, of course, was nowhere near.

I decided to ask the invisible, possibly non-existent onlookers to wait while I asked the rabbi to go up to look at the screen. He told me we were broadcasting so I continued the service. In hindsight, I don't think it matters if we are broadcasting or not. I will continue to *daven*, if not for the congregation, then for me and Rabbi Israel.

## Is there a strong element of self-consciousness?

**Cantor:** It was enlightening to me how much having actual people in shul affects my *davening*. I take my cues from the congregation, sometimes making changes on the spot depending on the feelings I get from folks. In livestream, I have none of that give and take. As you know, I like to vary melodies to keep the *rifilot* fresh, but it is hard to gauge whether the tunes are working and how much people are willing to go with me.

## What feedback have you heard from congregants, and have

## you modified anything you do as a result?

**Cantor:** After four weeks, I am finding it so much easier to walk onto the *bima* and connect to my *davening*. I feel much more confident. I am giving myself permission to take a drink or take a breath. Rabbi Israel and I are still trying to fine-tune the service, to make decisions about what to include and not include, how much to do out loud and to do individually, how much Torah, how long to make the service.

This format is different from being in front of a live congregation, for us and for our congregants. A congregant told me that there are distractions at home that make focus difficult. Someone told me that when we started to livestream, she was so happy

to be able to put on a *tallit* again. Someone told me that they love davening with a cup of coffee. Many have told me how much they appreciate hearing my and the rabbi's voices on Shabbat and how much they have been touched.

## Any a-ha moments?

**Cantor:** On *Shavuot*, while I was *davening*, I heard the echo in the sanctuary, which made my voice more resonant but also filled me with sadness that the echo I was hearing was not the voices of the congregation.

But maybe my voice singing back at me is to help me hear my own prayers and pass them on to you.

## What preparation went into this experience for you?

**Cantor:** On the *Shabbatot* before Tikvat Israel began the livestream, I would "visit" other congregations that were livestreaming to see what they were doing and how it might impact me. There were congregations that in my opinion were too showy, some in which the prayer leaders were uninspiring, some in which the technology that was used helped with engagement and some that left me with a sense of distancing.

Then there were the congregations in which I felt true holiness coming through the screen connecting and touching me. Those congregations were the ones I wanted to emulate. I also recognized on those *Shabbatot* my need to connect with prayer leaders to join me in my *davening*. Doing so on my own was not fulfilling enough.

Beautiful melodies and insightful *Divrei Torah* greatly enhanced my Shabbat experience. Those *Shabbatot* convinced me that even though not ideal, livestream can foster a meaningful experience. They gave me insight into how to try to impart a sense of *k'ddusha* through a screen.



Cantor Helzner (top row center) attracted a large gathering when she strummed her guitar during an instrumental *Kabbalat Shabbat* via Zoom on June 12.



The original setup had the rabbi's livestreaming laptop perched on the Torah reading table. It's since been moved to a separate location. (Photo by Sam Freedenberg)

Imminently, Rabbi Israel's laptop is expected to be retired from Shabbat duty in favor of special equipment that will be installed permanently in the sanctuary by fall so that livestreaming of religious services (and perhaps congregational meetings) will be accessible in the future to those unable to physically attend. The broadcast camera from PTZ Optics is used commonly in houses of worship.

Both the rabbi and cantor have marked the special nature of leading a remote congregation in observance. A few minutes into the first livestreamed Shabbat service, the cantor related the circumstances of daughter Jessica, her husband and 2-year-old granddaughter needing to relocate to her home temporarily after a major storm felled a tree onto part of their own home. Following two months of segregated existence during the pandemic, "all of us were reunited," a joyous turn for all. Similarly, she added, congregants were now reconnected, albeit electronically, after many weeks apart.

Cantor Helzner's message was this: "Blessings and curses can come together at the same time."

When Rabbi Israel first moved onto the screen at his first livestreamed service, he shared this observation about his personal advantage: "Davening alone with the cantor is like a house concert, a real privilege for me."

### 3,000 Face Masks Enroute to TI



Tikvat Israel expects to receive a free shipment of 3,000 facial masks this summer for use by congregants once building operations resume.

The cotton fabric masks are provided by the U.S. Department of Human and Human Services as part of a program for faith-based organizations. The face masks, which are not medical grade, are machine-washable and reusable.

## Hamlich Song Performed by Cantor in Concert Spotlighting Brill Building

BY JAY P. GOLDMAN, *TIKVAT ISRAEL BULLETIN* EDITOR

Cantor Rochelle Helzner performed a Marvin Hamlich composition, "Cause I Believe in Loving," in a virtual concert May 31 titled "Blue Suede Jews" that involved the talents of a half dozen cantors, mostly from the Washington area.

She created the video recording in her home using recorded instrumental backing by her nephew Ari Goldbloom-Helzner. Cantor Helzner's number can be viewed at [tikvatisrael.org/helznersings](http://tikvatisrael.org/helznersings).

The love theme performed by the cantor in the hour-long show appeared in the early Woody Allen film "Bananas."

Ohr Kodesh Congregation in Chevy Chase organized the free concert, which paid homage to the legendary Brill Building of songwriters and performers. The concert used Zoom video conferencing.

Located at 1619 Broadway at 49th Street in New York City, the Brill Building served for decades as a hub of popular music composition in America. Great composers, lyricists and music producers held offices and studios there and collaborated on musical pursuits.

Jewish composers of that time and place – Burt Bacharach, Hal David, Neil Diamond, Gerry Goffin, Marvin Hamlich, Carole King, Jerry Lieber and Mike Stoller, Neil Sedaka and others – are responsible for pop songs that reverberate for music lovers to this day.

Cantor Hinda Eisen Labovitz of Ohr Kodesh organized the event and performed. She narrated and sang the opening and closing numbers.

Joining Cantor Helzner and Labovitz as performers were Lindsay Kanter, Henrique Ozur Bass, Jennifer Rolnick, Josh Perlman and Matthew Austerklein.



The cantor recorded her music video at her home with instrumental backing from a nephew remotely.

## PRESIDENT'S CORNER

# Reframing the Pandemic—Optimism in a Fractured World

BY JIM PERLMUTTER, TIKVAT ISRAEL CO-PRESIDENT



It is very understandable that many of us are feeling a sense of anguish and pain as a result of viewing very disturbing videos of recent acts of racial injustice. It is also easy in this time of social isolation and lockdown to feel overwhelmed and despondent.

We hear about predictions of global recession, Great Depression-like levels of unemployment, growing numbers of cases of infection and lives lost, and the potential of long-term self-isolation if a second wave of the virus returns in the fall, which can be as frightening as the virus itself. By now many of us have a relative or a friend who has fought the coronavirus, and many know individuals who have lost their lives to this terrible disease.

However, despite the painful images of police brutality, property on fire and turbulence in the streets of many of our iconic cities, there is a stunning societal transformation that is taking place beneath the surface that we don't pay much attention to. Prior to the tragic killing in Minneapolis of George Floyd by a police officer, many communities were coming together in a manner that hasn't been seen since World War II. In our own congregation, members are reaching out to neighbors to deliver groceries to those who are less mobile or have compromised immune systems, checking in on fellow congregants to find out how they are coping with the pandemic and asking if they need assistance. Opera houses, cruise lines and museums have thrown open their virtual doors to allow people to get their cultural fix online. Restaurants are now offering outside seating at a distance, free delivery and online cooking classes.

The imperative to stay home or social distance has provided many of us time to take a deep breath, reflect and readjust to the "new normal." Focusing on "home" has enabled us to rediscover simple pleasures of gardening, baking, daily exercise, or journaling to keep in touch with our feelings during this volatile period.

Amid the calls for justice from across the country, many are now re-imagining a world where community comes first, where all people are treated equally regardless of race or ethnicity, and people recognize we are all created in G-d's image and everyone deserves to be treated with dignity and respect. The lengthy closure of houses of worship and the recent turbulence we are witnessing across the country may actually be the spark that causes a spiritual and moral awakening in our country.

Thanks to the leadership of Rabbi Israel and Cantor Helzner, we have had many opportunities via Zoom and StreamSpot livestream to stay connected as a community and to experience our own sense of healing even while physically isolated. The rabbi's and cantor's dedication, perseverance, and calm professionalism have guided us through a very difficult period and we are so grateful to have our wonderful clergy team to help steer us through the ups and downs of this "new normal."

As we move into the next phase, we will form a TI Re-Opening Committee consisting of a cross section of our congregation, former presidents, members of the Religious Practices Committee and a subset of our Ad Hoc COVID-19 Task Force. We will follow not only the advice of these critically important advisory groups, but we also intend to monitor and follow the guidance of the Centers for Disease Control, state and local authorities as well as the United Synagogue of Conservative Judaism and the Rabbinical Assembly.

We anticipate not re-opening until at least two weeks after governmental authorities permit houses of worship to re-open. We will exercise caution before we initiate activities that bring people into close proximity to one another within our building, and we will make sure all members are fully informed of the process and guidelines before re-opening.

We know that our community recognizes that these are unusual times, and we trust that they will continue to contribute to our financial stability. We share the goal of coming together in person soon, but we must first make sure it is safe to do so. If we remain patient and comply with all relevant guidelines and heed the advice of our TI Re-Opening Committee and COVID-19 Task Force Committee, we will come out on the other side of this pandemic as a strengthened and more bonded, vibrant community.

Stay safe and healthy, and stay positive!

## Helpers Sought for New Shul Directory

It's been four years since Tikvat Israel has published a membership directory. This limits the ability of our newest members to connect with others in the community.

To remedy this, board member Lois Sbar has compiled an alphabetized and formatted list of new members and those members who have changed addresses, phone numbers and e-mail addresses since the publication of the last directory.

To receive this addendum in electronic form for printing at home as a directory supplement, contact the synagogue office at [office@tikvatisrael.org](mailto:office@tikvatisrael.org). This supplement is intended only for current members of the congregation.

The synagogue also is seeking individuals willing to serve on a committee with shul staff on a new edition of the membership directory. Contact the office if willing to help.



# Walk to Sinai Takes a Turn to Alaska and Collects \$19K



**Michele Eisenberg used a nearby track for her mileage.**

Members of our congregation pounded a lot of pavement for 35 days during the 49-day *omer* period.

When the so-called Journey to Sinai, a fund-raising event that doubled as a personal fitness campaign, ended on *Shavuot* in late May, congregants had tallied 4,696 miles of recorded walking on neighborhood streets, at area woods and parks and along paved tracks. That total is equivalent to the distance between Rockville and Prudhoe Bay, Alaska.

Donations and pledges related to the Journey to Sinai totaled \$19,436.

Ten walkers covered sufficient ground to complete the symbolic trek from Goshen to Sinai, a 193-mile distance. The pacesetter was Dan Matathias, who logged 347 miles over the five weeks. Others who reached Sinai, including a spousal team, were Matt Brown (253 miles), Alan Apter (239), Debby Berlyne and Danny Bachman (226), Michele Eisenberg (203), Lois Schreiber (200), Sherman Eisner (200), Amy Matathias (198) and Rabbi Marc Israel (193).

Forty-five walkers sponsored themselves: Alan Apter, Janice and Bob Balin, Wendy Bauman, Arlene and Warren Berger, Debby Berlyne and Danny Bachman, Felicia and Dan Black, Matt Brown, Michele Eisenberg, Sherman Eisner, Aaron Fineman, Betty and Clifford Fishman, Abbey



**Danny Bachman on the wooded trails of Rock Creek Park.**

Frank, Penina and Sam Freedenberg, David Gleekel, Larry and Bobbi Gorban, Marilyn and Michael Greenwood, Moira Green, Robin Hein, Rabbi Marc Israel, Sherrie Krauser, Janaki Kuruppu, Anna Levy, Amy and Dan Matathias, Maxine and



**Penina and Sam Freedenberg during their daily exercising.**

Jim Perlmutter, J.P. Goldman and Rebecca Salon, Amy Sanders, Fortuna Scheige, Lois Schreiber, Sandra and Gene Sheskin, Hilda Springer (with daughter Brenda and son-in-law Matt Nottingham) and Sue Urban.

Thirty-two sponsored walkers, many of them backing Rabbi Israel, with their pledges: three anonymous, Elisabeth Battino, Janis and David Becker, Lynne and Ira Benzion, Marcelle and Robert Copaken, Marsha and Art Fabel, Gail and Alan Fields, Judy and Jerry Frank, Melanie Grishman, Sara and David Harris, Carol and Gerald Israel, Naomi and Harvey Kaplan, Paula and Marvin Kasper, Barbara Katz, Roz and Ted Kram, Barbara and Joel Kristal, Suzy and Sol Levy, Barry Lipsy, Marsha and Murray Lyons, Nancy and Rod Matheson, Mimi and Allen Meltzer, Helen and Stephen Raucher, Jane and Michael Rosenthal, Laurie Savely, Rochelle Snyder, Nancy and Jonathan Solomon, Rhea Stein, Rena and Pepe Strauss and Sue and Howard Wilchins.



**Felicia Black along with Tova, a regular partner.**

## Congregational Condolences

Condolences to those Tikvat Israel members who lost loved ones in April, May and the first half of June:

**Jerry Kaiz** on the loss of his sister, Marjorie Kaiz Offer

**Stuart Lempert** on the loss of his mother, Simone Lempert

**Lisa Ehrlich** on the loss of her mother, Elaine "Elly" Feder Alford

**Allen and Ron Levi** on the death of their mother, Otilia Levi, wife of the late Cantor Mark Levi, z"l. (He served as cantor of Beth Tikva and died in December 2017.)

**Andrea (Andi) Kronzek** on the loss her father, Jerome Joseph Simon

**Sara Harris** on the loss of her husband, David Harris

## Mazel Tov

to **Rabbi Alana Suskin** upon her ordination by Yeshivat Maharat

to **Maxine and Jim Perlmutter** on their 50th wedding anniversary  
to **Rabbah Arlene and Warren Berger** on their 35th wedding anniversary

to **Cliff Fishman** on his *d'var torah* commentary in the May 22 issue of *Washington Jewish Week* (<https://bit.ly/2N41jNa>)

to **Sharone Amalia Horowitz-Hendler**, whose parents are Terry Horowitz and Jim Hendler, on receiving a Ph.D. from SUNY Albany's department of anthropology.

## Five Tons of Paper Vanish From TI's Parking Lot



Nearly 400 boxes and overstuffed trash bags were deposited for shredding over three hours. (Photo by Warren Berger)

Five tons of paper, including personal health records and financial statements, disappeared from the Tikvat Israel parking lot into pulverized pieces during the synagogue's first shredding day June 7.

On an astonishingly beautiful Sunday midday, two dozen volunteers helped about 150 families, roughly two-thirds of them unaffiliated with the synagogue, to safely discard years of aging and unnecessary documents accumulating in home attics and basements, apartments and storage bins.

The event grossed about \$2,700. The use of the Eco-Shred truck and shredding operator on site cost \$600.

Executive Director Sam Freedenberg sized up the event this way: "Except for the almost-shredded \$20 bill and the couple hundred broken-down boxes in the Social Hall, it was a great success. And the only thing left in the parking lot was one paper clip."

Board vice president Alan Apter was the primary organizer of the shredding fest, which allowed the synagogue staff to relinquish more than 40 of boxes of unneeded papers. Others dropped off almost 400 cardboard boxes and overstuffed plastic trash bags.

Apter provided the following list of event volunteers: Sally and Neil Kram, Aviva Kram, Sherrie Krauser, Amy and Dan Matathias, Ellen Kaminow, Linc Hallen, Anna Levy, Warren Berger, Sandra and Gene Sheskin, Sam Gilston, Sam Freedenberg, Susan Apter, Avi Bardack, Jay Goldman, Cliff Fishman, Bobbi Espinoza, Jeff Baer, Keith Brooks, Elana Moss and Felicia Black.

Volunteer workers complied with the use of personal masks and work gloves.



Alan Apter (foreground) managed the first paper shredding event in the shul's lot. (Photo by Sam Freedenberg)

## Plans Set for Engaging Virtual Summer Programs

BY SALLY KRAM, TIKVAT ISRAEL VICE PRESIDENT FOR PROGRAMMING

With many people hesitant to show up to in-person events, Tikvat Israel is following county guidelines this summer to limit the size of crowds for activities. As a result, all summer programming is being planned as virtual events.

The confirmed programs (grouped by themes - Wide World of TI in July and Culture and Arts Extravaganza in August) will be offered via Zoom videoconferencing software that is familiar to many congregants from participating in morning and evening *minyanim*.

Tues., July 7, 8:15 p.m. — Antisemitism workshop led by Israeli American Council;

Tues., July 14, 8:15 p.m. — TIU-featured lecturer Wendy Morrison, "Let Me Read Your Psalm;"

Thurs., July 16, 6:45 p.m. — International Cooking With Elana (see page 24 for details);

Tues., July 21, 8:30 p.m. — TIU-featured lecturer Debby Berlyne, "How to Find Trustworthy Information Online About COVID-19 (and other health information);"

Thurs., July 23, 6:45 p.m. — International Cooking With Elana;

Mon., July 27, 8:15 p.m. — TIU-featured lecturer Aaron Mannes (topic to be determined);

Sun., Aug. 2, Beer and Wine Tasting to celebrate the opening of NBA and WNBA seasons;

Thurs., Aug. 6, 6:45 p.m. — International Cooking With Elana;

Sun, Aug. 9, 8:15 p.m. — True Stories: Virtual edition;

Thurs., Aug. 13, 6:45 p.m. — International Cooking With Elana;

Sun. Aug. 16, 6 p.m. — Interview with Adam Immerwahr, Theater J artistic director

Several other events are in the planning stages. We hope to bring you a professional comedian and stage a series of drive-in dinner events in the shul parking lot, allowing TI members to safely pick up tasty meals from some of the area's best kosher and vegan establishments. These events will be announced in *B'kesher* as the details are finalized.

We hope all TI members can join us for these programs. In the virtual world, the options are endless. We welcome your contributions to Tikvat Israel's programming. If you have an idea, a contact or some way to contribute, contact Sally Kram at [kram@consortium.org](mailto:kram@consortium.org). Our only ask is that your program idea be open to all and not involve an expense, if possible.

As a wise baseball manager once said, "Bumpy roads can lead to beautiful places." As we weather this crisis together, let's create an even greater community.



# Bat Mitzvah Celebrant Scores a (Virtual) Home Run

BY MELISSA APTER, BULLETIN ASSISTANT EDITOR



Liesl Rose Feinman became a *bat mitzvah* in early May, surrounded by family, friends and fellow congregants—virtually.

The ongoing COVID-19 pandemic necessitated that the ceremony be held via Zoom videoconference on May 10, as part of the Sunday *shacharit* service co-led by Rabbi Israel and Cantor Helzner.

**One bat mitzvah guest showed off her pet chicken after Liesl completed her digital service.**

This marked the second time Tikvat Israel has celebrated such a ceremony since transitioning to virtual services in March; Daniel Malkin became a *bar mitzvah* on March 29, as his friends and family joined with Sunday morning *minyan* congregants via Zoom.

Nearly 40 people logged on to watch as Liesl, flanked by her parents Bruce and Carla, chanted verses from *Emor* in the book of *Leviticus*. Among those who attended were Liesl's grandfather (and longtime congregant) Harold Feinman, her grandmother Gari Gill from Raleigh, N.C., and relatives from Florida.

As Liesl explained in her *d'var Torah*, descendants of Aaron who had a disability were not allowed to give a sacrifice at the Temple. This did not sit well with Liesl, who revealed that she also has a disability: Attention Deficit/Hyperactivity Disorder. While ADHD poses challenges, Liesl shared there are benefits, too.

"I always make people laugh, sometimes even the teacher," she said. "Perhaps in the time of the *Torah*, they could only see the disabilities and not the contributions they could make."

Liesl's passion for softball provided Rabbi Israel with the basis for his remarks. In reading up on the game and how players relate to the sport, he learned there are profound lessons to be learned from each at-bat.

"Momentum can be sustained or halted and a game can be won or lost with a single swing of the bat. Every moment matters,



**Bruce and Carla Feinman flanked daughter Liesl on the Zoom videoconferencing screen.**



**Several dozen congregants plus Feinman family members and friends turned out to deliver good wishes.**

and yet, at the same time, there will always be another at-bat," said Rabbi Israel. Linking the metaphor to the counting of the *Omer*, he added, "More important than the number of the day is to make each day special and unique ... The ability to start fresh each morning, each time you come out, there is that opportunity each day of your life."

"Today is a special day for you, your family, for all of us. It's an important marker to your membership in our community, to achieve amazing tasks and goals; it's a very special day, and yet it is but one of many," the rabbi said.

Kate Jennes-Kahn served as Liesl's tutor.

Liesl and Bruce shared a special father-daughter moment as the two of them jointly led *Ein Keloheinu* toward the end of the service. Following the concluding prayers, congregants and friends were unmuted to shower the new *bat mitzvah* with congratulations and words of praise.

## BOOK CHATS RESUME AS VIDEOCONFERENCES

Thirteen Women's Network members met via Zoom video conferencing on May 20 to hold a discussion of *What You Did Not Tell*.



**Paula Kasper guided the analysis of *What You Did Not Tell* by Women's Network members.**

Paula Kasper led the discussion of the book by Mark Mazower. This was the first book group meeting since the state-mandated stay-at-home orders went into place. It also marked the first online book discussion staged by the Women's Network.

Following the final book discussion of the 2019-20 program year on July 26, Women's Network members will select titles for discussion over the next 12 months. At least the first two book group discussions are likely to be conducted via Zoom videoconferences until the TI Re-Opening Committee allows a phase-in of building use. Watch *B'kesher* for the fall discussion dates

## Shul Shorts

### Freshly Minted Graduates

The following congregants graduated from high school in May and June:

- **Ellie Schwartz**, daughter of Elissa and Jason Schwartz. She will do a gap year in Israel before attending Muhlenberg College.
- **Austin Kaminow**, son of Ellen and David Kaminow. He will enter University of Maryland.
- **Aviva Kram**, daughter of Sally and Neil Kram. She will spend a gap year with AmeriCorps before attending University of South Florida.
- **Nicole Regan**, granddaughter of Roz and Ted Kram, graduated from River Hill High School in Clarksville, Md.
- **Scout Kram**, granddaughter of Roz and Ted Kram, graduated from Grayslake High School in Grayslake, Ill.

Four young congregants completed their collegiate degrees:

- **Hannah Smith**, daughter of Ellen and Jeff Smith, received a B.A. from Stanford University (major in international relations, minor in human rights).
- **Sarah Moriel Wagner**, daughter of Mary and Fred Wagner, graduated *summa cum laude* from Tufts University (major in sociology).
- **Michael Ludwin Raucher**, grandson of Helen and Steve Raucher, received his master's in electrical engineering from University of Maryland in January 2020.
- **Marli Kram**, granddaughter of Roz and Ted Kram, graduated from University of Illinois at Chicago with an M.A. in social work.

### Bookkeeper on Duty

The synagogue has hired a new part-time bookkeeper, Andrei Israel. He also serves as a part-time finance and data manager for the Haberman Institute, which rents second-floor office space from Tikvat Israel.

Israel will work remotely for the time being, 5-10 hours per week, to maintain the financial records. He has been reviewing QuickBooks to help migrate the synagogue's records to a cloud-based service.

### Siddurim for Lending

The synagogue building officially remains closed. Congregants who need to pick up *siddurim* or other ritual items may do so by appointment with the executive director or executive assistant. *Siddurim* are loaned to families observing *shiva*, and arrangements are made by office staff for pickup and return.

Office staff have adjusted operations, using their offices for limited hours each week. One building tenant, the Haberman Institute, has staff using their second-floor office space one day a week. The regional USY office remains unstaffed since the director left her position several months ago. USY activities have been suspended since March.

## EARLY CHILDHOOD CENTER

### A Cautious Return... and Hopes for More

BY SHERI BROWN, ECC DIRECTOR



Since the ECC closed in mid-March due to the COVID-19 pandemic, our staff has continued to offer regular online activities with many of the families.

However, as parents have resumed full-time work, many have asked that we reopen to provide child care as soon as we are allowed to and as soon as we can do so in accordance with Centers for Disease Control, state and county health regulations.

Maryland state government in mid-June approved our ECC as an Essential Personnel Child Care Program. That allowed us to reopen in a limited manner on June 15 with just one classroom, allowing participation by up to six pre-schoolers, along with some of our previous teaching staff.

I've developed a detailed set of procedures based on CDC and Maryland State Department of Education child care guidelines, all of which were reviewed, adjusted and approved by the Ad Hoc TI COVID-19 Task Force.

In the midst of this public health crisis, scenario planning has been constantly changing. New protocols include temperature scans of students and staff and enhanced sanitation procedures. Our procedures are flexible, which allows us to make adjustments as new state rules or new guidance emerges.

The ECC finished out its 2019-20 year with virtual classes and a virtual end-of-the-year ceremony. Held via Zoom video conferencing, the *siyyum* included all teaching staff, Rabbi Israel, Cantor Helzner, Sam Freedenberg and Amy Matathias. Families were given the opportunity for class-specific, year-end meet-ups in the Tikvat Israel parking lot a week later.

We still conduct virtual tours for prospective families and are happy to answer questions. Please refer families seeking pre-school options to [Sheri@tikvatisrael.org](mailto:Sheri@tikvatisrael.org).



A music class for pre-schoolers at the ECC conducted virtually via Zoom by Ms. Ellie, a teacher. (Photo by Sheri Brown)



## WOMEN'S NETWORK

# Food, Books and Artistry at Center of Programming

BY JANICE BALIN

The Tikvat Israel Women's Network continued providing programs even through the quarantine period. It was great to see faces through the Zoom videoconferencing platform.

On Sunday, May 17, we hosted a program presented by our own fiber artist Shirley Waxman. Seventeen women logged onto their computers to hear about how Shirley started a cottage industry in Israel for newly resettled Ethiopian Jews. In 1992, Shirley was asked to teach these women how to embroider *atarot*, *kippot* and other wearable Jewish art, later sold in the U.S. to help support the women's families.

Shirley showed the group examples of the embroidery style. The group learned this artistic design is a lost style, not as popular today as in the early 1990s.

On May 20, Paula Kasper led a stimulating and interesting discussion of the book *What You Did Not Tell* by Mark Mazower. We learned about Mazower's impressive educational and professional experiences and his personal need as a historian to delve into his family's past.

When book group attendees were asked by Paula whether they would recommend this book, there initially was hesitation by



**Fiber artist Shirley Waxman showed examples of an embroidery style during a Women's Network program in May.**



**Women's Network members enjoyed swapping tales about favorite family recipes passed down from grandmothers and mothers.**

many, but after some thought many decided they would recommend the book, even though it could have been less wordy.

On June 14, the Women's Network met through Zoom for a lively and educational discussion on "A Seat at the Table: A Journey into Jewish Food." YIVO Institute for Jewish Research presented Jewish chefs and writers, who shared recipes, stories and the history of Ashkenazi cooking. Following the program, we hung out to schmooze about what we have been cooking while quarantined at home.

The June 17 book group discussion was postponed due to the sudden passing of David Harris. The discussion of *Inheritance: A Memoir of Genealogy, Paternity, & Love* by Dani Shapiro has been rescheduled for Sunday, July 26 at 10 a.m. Zoom videoconferencing information will be provided prior to the date. Following the discussion, the group will select titles for discussion in 2020-21.

What will the next year of programming look like? It is too early to tell, but we will have an active

Women's Network. Watch for an e-mail during the summer to help plan our programs in 2020-21.

Have a safe and healthy summer!



TIKVAT ISRAEL ECC  
PRESCHOOL & CHILD CARE

Please join us for  
**VIRTUAL Shabbat Sing**  
(on Zoom)



Friday Mornings during the summer  
9:30 – 9:45 am  
(June 5 – August 21)

Contact Sheri ([sheri@tikvatisrael.org](mailto:sheri@tikvatisrael.org))  
or Amy ([office@tikvatisrael.org](mailto:office@tikvatisrael.org))  
for the registration link.

## Blood Drive Collects 36 Units



**Blood drive volunteer Larry Cohen (left) screened the temperature of Rob Gold before he could donate. (Photo by Sam Freedenberg)**

Despite having to follow stringent COVID-19 guidelines, the annual blood drive at Tikvat Israel on June 21 attracted several dozen donors.

In all, the six-hour Fathers' Day drive, managed by the Red Cross inside the shul's lobby and social hall, gathered 36 units of blood.

Organizers Robbi and Larry Cohen helped to manage a series of precautionary measures that maintained social distancing among donors, some of whom had lengthy waits. Donors used their facial masks at all times inside the synagogue.



# Chai Campaign Launches Annual Fund Drive

BY JAYME A. SOKOLOW, CHAI CAMPAIGN CHAIR

Rosh Hashanah 5781 begins at sundown on Friday, Sept. 18. Although the High Holidays seem far away, the synagogue is beginning its annual Chai campaign as we move into the summer months.

To continue to thrive and fulfill our mission, Tikvat Israel needs a financial commitment from all of us through this campaign. This is especially true this year because we face many institutional challenges as a result of the impact of COVID-19.

Our membership dues cover only part of what is needed to maintain our staff, facility and programs. It is up to us to put into action what we commit ourselves to in prayer at this special time of year. Please be as generous as your circumstances allow.

Last year, we achieved our goal of raising \$60,000. Let's achieve it again this year!

We ask each of you to look inside yourself and consider what you can contribute to Tikvat Israel. Our donation levels take into consideration all income levels of our members, allowing every family the mitzvah of giving. In past years, we have had strong participation from our congregation.

Thanks to your generosity, the Chai campaign has helped the congregation balance its budget and continue providing outstanding programs and services to all congregants. The Chai campaign also helps support those congregants who may need financial assistance during the year.

Later in the summer, you will be receiving a letter asking you to contribute to the Chai campaign.

This year, we have the following categories of giving: Diamond (\$5,400), Platinum (\$3,600), Gold (\$1,800), Silver (\$1,000), Double Chai (\$720) and Chai (\$360).

As you think about making a contribution, consider how much Tikvat Israel has meant over the years to you and your family. Consider how the synagogue has supported you and your family in its joys and in its sorrows.

*L'shanah tovah tikatev v'taihatem.* May you be inscribed and sealed for a good year. In 5781, be among our congregants who, in the words of our *Siddur*, "unite to establish synagogues for prayer" and who "give funds for heat and light, and wine for *kiddush* and *Havdalah*."



**Marc Pressman prepares his s'more in the comfort of his living room.**



**The Lantner family grills marshmallows on their backyard patio.**

## A Virtual Picnic With Tasty S'mores

Congregants of all ages enjoyed tasty s'mores as part of a group picnic via Zoom organized by Elana Moss, education and youth coordinator at TI.

In the lead-up to *Lag B'Omer* on May 12, Moss delivered kits with all the ingredients – marshmallows, graham crackers and chocolate bars – to the homes of synagogue families that had registered as participants. Then it was up to each family to make the s'mores happen on the holiday.

In describing plans for the virtual gathering, Moss said: "We all know that Zoom has become the default social platform for millions of people looking to connect with friends, family, students and colleagues while practicing social distancing. Many of us used Zoom, FaceTime or other methods of video chatting to be together."

Other congregants celebrated the holiday by participating in a dinner takeout event involving barbecue foods prepared by Dougie's, a Baltimore-area eatery.



**Barak Bardack samples his first s'more while keeping an eye on other picnic participants.**



**A tasty s'more awaiting consumption.**



## LETTERS OF GRATITUDE

I am so grateful for the kindness and support I received from our wonderful congregation while mourning the loss of my dear brother. Although we couldn't hold a public funeral or *shiva* in person, I sincerely appreciated being able to log in to Tikvat Israel's virtual *minyanim* to say *kaddish* and to share some personal memories about David with so many of our friends.

Thank you, too, for sending such a lovely and delicious fruit basket. It provided sustenance and comfort.

*Nancy Solomon*

Thank you for your generous contribution of \$306 on May 11 and previously your donation of 47 pounds of food in January to Manna Food Center. Your donations deeply impact our mission to eliminate hunger through food distribution, education and advocacy.

Donations such as yours have helped provide Manna with the resources to combat food insecurity in Montgomery County throughout the year. Now, during this unprecedented time for our community and world, your generosity has positioned Manna to be able to respond quickly to the changing needs of Montgomery County residents.

I want you to know that your support has made a huge difference.

*Jackie DeCarlo*  
CEO, Manna Food Center  
Gaithersburg, Md.

## OUR PARTNERSHIP WITH FOLK MUSICIANS

BY MICHAEL AMSTER

Given our current circumstances, it will be a while before we will be able to sit shoulder to shoulder in a crowded venue to listen to great live music. While the partnership between Focus and Tikvat Israel remains strong, we will not be presenting concerts at TI for the foreseeable future. This applies to shows at other Focus music venues in the D.C. area.

We look forward to the day when our world returns to some version of "normal," and we can again bring live folk and acoustic music to our audience. Until then, we are doing what we can to promote live (if exclusively virtual) performances, support the talented artists who perform and stream as much of that live experience as we can (under the circumstances) to our audiences. These efforts are going to continue to evolve as we all learn to adapt to the "virtual venue."

There are advantages to the virtual concert format. You can enjoy these great performances with folks from afar and those unable to get to the shul. Also, you can put your feet up and enjoy your favorite adult beverage while listening! Future events will be promoted in *B'keshet* and via the TI listserves.

# Grateful for All We Share Remotely in Our Congregation

BY MAXINE PERLMUTTER

I would like to respond to a discussion that took place recently on TI's listserv. Rather than add to the online chat about the desired pace of reopening our building's doors, I prefer to focus on what we share as a community.

It starts with the wonderful leadership of Rabbi Israel and Cantor Helzner, Sam Freedenberg and Amy Matathias, as well as the ad hoc COVID-19 task force, the elected leaders of the board and Janice Balin and others in the Women's Network, and all they have been able to do since March 15.

Consider our many assets:

- We have had active *minyanim* via Zoom six days a week with good participation.
- We have had beautiful *Kabbalat Shabbat* services every Friday night and warm and wonderful *havdalah* services every Saturday night.
- We have successfully initiated streaming for Shabbat morning services, which will help those who need this access in the future as well.
- We have celebrated Passover, *Yom Hashoa*, *Yom Ha Atzmaut* and *Yom Yirushalayim* with special touches by the rabbi and cantor as well as being connected through Zoom to events in the larger community and United Synagogue of Conservative Judaism.
- We have had two *b'nai mitzvah* celebrations on Sunday mornings with many in attendance from the congregation to support the children and their families.
- We have helped numerous congregants during this time with emotional support and *shiva minyanim* after funerals for their loved ones.
- We joined together remotely to support each other after our building was vandalized with anti-Semitic graffiti.
- We have had classes given by various congregants and have had, via Zoom, a women's network book club meeting ably led by Paula Kasper.
- We concluded a successful fundraising event as we "journeyed to Sinai." As a congregation we are financially, physically and spiritually better from this effort.

There is still so much more to say about our beloved congregation. We are not just a building. We are a *kehila* of caring friends. We are "the little engine that could!"

## ELEVATING YOUR COMMUNICATION SKILLS

Tikvat Israel's Toastmasters club serves as a enjoyable way to build your communications and leadership skills with fellow congregants.

The Toastmasters meet at 8 p.m. on alternate Thursdays via Zoom videoconferencing. To be admitted, obtain the password from club chair Aaron Mannes at [aaron.mannes@gmail.com](mailto:aaron.mannes@gmail.com).

## ISRAEL AFFAIRS COMMITTEE

# HASBARA: Focus on Israeli Innovation

(#20 in a Series)

BY HARVEY T. KAPLAN

In the last two issues of the Bulletin, I devoted much of this column to a variety of innovative approaches related to combating the ongoing COVID-19 pandemic. A great deal of effort in both the United States and in Israel has been applied to problems related to the novel coronavirus. I've written about new drugs (and some older ones), improved approaches to more speedy and reliable diagnosis, innovations for communicating better with patients in isolation, methods to monitor the medical status of community members, and many other breakthroughs. In this issue, I'd like to comment on means to promote further collaboration between our two nations—and how that is being accomplished even during the current pandemic.

Several years ago, Congress passed the United States-Israel Strategic Partnership Act. It encourages more collaboration between the United States and Israel in several ways. (For an overview of what is included in such partnerships, go to [www.congress.gov/bill/113th-congress/house-bill/938](http://www.congress.gov/bill/113th-congress/house-bill/938).)

One way is called a Combined Grant, in which an organization provides funding to a project managed through cooperation between an Israeli company and an American company. For example, the BIRD Foundation (standing for the [Israel-U.S.] Binational Industrial Research and Development Foundation) or a similar foundation may furnish dollars to one company based in the U.S. and another based in Israel. (Visit [www.birdf.com/What-is-BIRD](http://www.birdf.com/What-is-BIRD).) I understand that companies in the U.S. and Israel are engaged in joint research on a drone system to respond in mass casualty situations.

Another method for promoting joint effort is through the establishment of Centers of Excellence for specific fields—with at least one partner in each country. An example of this is work in progress between the University of Maryland and Bar-Ilan University on energy storage technology. Also, the Hebrew University in Jerusalem and Tulane University in New Orleans are partnering on efforts to reduce the fossil energy footprint. And Ben-Gurion University of the Negev is working with Northwestern University in Illinois on the linkages between energy and water. There is discussion under way to establish another Center of Excellence related to cybersecurity.

Several bills have been proposed on Capitol Hill that will further encourage more work with the State of Israel. I may be able to share information on these in a future article.

In each issue, I typically include examples of some of the newer technologies coming out of Israel from which Americans may benefit. One is a relatively new approach for using eye control to enable communication for persons suffering from ALS Disease—as well as some others who are regarded as “locked-in” patients. This very promising approach uses “unique eye-tracking technology” (with a wearable device) to offer an individual the power of expression, remarkably without the use of a screen of any type. Of course, this solution may offer new possibilities for patients dealing with COVID-19 as well.

For additional information, see [www.digitalhealth.net/2018/09/eye-controlled-wearable-give-locked-in-patients-voice](http://www.digitalhealth.net/2018/09/eye-controlled-wearable-give-locked-in-patients-voice). For a 90-second background video on how the technology assists communications (in English and Hebrew, with subtitles), go to the following YouTube link: [www.youtube.com/watch?v=tpCAmOrk3WI](http://www.youtube.com/watch?v=tpCAmOrk3WI).

Another new and fascinating device I recently learned about, called Nerivia, helps relieve migraine headaches. It already has been approved by the U.S. Food and Drug Administration based on an application by Theranica Bio-Electronics in Haifa, Israel. Nerivia won a Best Inventions of 2019 award from *Time* magazine. A doctor can prescribe a package of 12 treatments. It is noteworthy that it is for acute treatment, not to be used as a preventative. Additional studies using this approach are ongoing in relation to post-traumatic headaches and other conditions unrelated to headaches. More information on Theranica and its device can be located at: [www.prnewswire.com/ill/news-releases/theranica-expands-accessibility-of-nerivio-to-us-migraine-patients-via-partnership-with-telemedicine-platform-cove-301010749.html](http://www.prnewswire.com/ill/news-releases/theranica-expands-accessibility-of-nerivio-to-us-migraine-patients-via-partnership-with-telemedicine-platform-cove-301010749.html).



**Nerivia, applied to the upper arm when a migraine begins, uses electrical signals to inhibit incoming pain messages to the brain.**

I have been greatly impressed by the range of Internet-based conferences conducted by numerous, highly-respected not-for-profits and educational institutions, including many via Zoom and similar platforms, over the past few months of the coronavirus. These offer great opportunities for learning on a broad spectrum of issues—certainly including American and international developments in medicine, emerging technologies, and lessons of value learned from history.

As we stay safe and healthy over the summer through appropriate social distancing, the use of protective masks (and sometimes gloves), proper medical procedures such as timely testing, etc. (for as long as they are recommended), let's take advantage of lifelong learning opportunities that are being made available to us on our computers, smartphones, and other devices.

Further, let's strive to maintain communications among ourselves (and our families and friends) using our telephones as well as some of those same devices. I look forward to sharing with all of you more of what I've learned in my next column.





## Farm Produce Straight to TI

Dalit Baranoff serves as lead coordinator for the distribution of farm-to-table produce in the Tikvat Israel parking lot. Boxes of various vegetables and fruits have been sold to congregants by Calvert County, Md., farmer Pam Stegall. Physical distancing practices were followed for the produce pickups during the COVID-19 pandemic. The Calvert Farm CSA has had a relationship with TI since 2007. *(Photos by Andy Lanphere and Sam Freedenberg)*



## PASTOR TO PRESENT ON TISHA B'AV

Tikvat Israel will host a *Tisha B'Av* presentation via Zoom videoconferencing touching on the pandemic and racial justice by a Philadelphia-area pastor at 8 p.m. on Wed., July 29.

The Rev. Carolyn Cavaness, pastor of Bethel AME Church of Ardmore, Pa., will deliver remarks tentatively titled "Destruction and Rebirth: What the Book of Micah Can Teach Us About COVID-19 and George Floyd." Cavaness is a board member of Interfaith Philadelphia. Her church is located a few minutes from Rabbi Marc Israel's previous affiliation in Wynnewood.

Services with *Eicha* will follow her presentation, which is being co-sponsored by Shaare Tefila and B'nai Shalom of Olney.

## Through a Photographer's Lens: Learning to See

BY LARRY MARC LEVINE

We live in difficult times. Things will improve. In the meantime, people have come up with some creative ways to deal with the situation, and we are each finding new ways to feel good about ourselves.

I would like to make a suggestion: Take the time to look around and see the details in nature. You don't have to go far. I went out on the deck of our home and noticed a small green leaf in the corner. I bent down to check it out. A seed had fallen from a tree and landed in the space between two floor boards. Some soil must have landed in there from the deck gardens we planted the year before. That seed sprouted this spring.

We can talk about the photography aspect — how to choose the best light angle, lens, shutter speed (there was a slight breeze), lens opening (depth of field), etc. However, my first thought was that it was a wonderful example of how nature goes on no matter what else is happening in the world. It's part of the daily miracle of creation.

It's important to remember to slow down and take time to look carefully to appreciate it. It's an easy habit to start. If you do morning or evening *minyanim*, step outside and check the angle of the sun. Sunrise and sunset times are changing slightly each day. Watch the changing phases of the moon. The sky is a lot cleaner. It's a very cool analog experience.

I recently judged a family nature photo contest. One entry came from a dad and his two boys, ages 6 and 8. They used a cell phone and sent me photos that were only labeled with numbers. Each of their results was impressive, and it was a wonderful family bonding experience.

I love photography as a way to share my view of the world with others. We could also discuss different types of camera equipment, but remember, if you want to take photos, the best camera to use is the one you happen to have with you.



## RABBI, continued from page 3

the building.) And we worked with Kehilat Pardes to expand the Aspen Hill *eruv* to include Tikvat Israel and more of our members.

Unfortunately, this has also been a year of tragedies and disappointments, on a personal, communal and global level. I officiated at 17 funerals this year, including several members of our community who died far too young. We had many more members who suffered loss of a loved one, in which the funeral took place out of town. We were forced to learn how to console mourners via Zoom, even as we recognized the limits of doing so. Our *Chevra Kaddisha* had to pause its work to ensure everyone's safety.

It has also been a year where several active members had to step back from their activities due to long-term illness. We had to cancel long-planned events, such as the cantor's concert (twice), a new communal second *seder* and our Women's Network Shabbat. More globally (and locally), it has been a year in which anti-Semitic acts have become far too common, including the vandalism of our building in March. And it has been a year in which our country has suffered, especially of late, with record levels of unemployment, a volatile stock market, acts of police brutality and unrest in our streets. It has been a time of loneliness for many, boredom for others and significant adjustments for all to the way we live.

### Finding Upsides

But even among the challenges, we have found ways to celebrate. My installation ceremony was exactly what I hoped it would be — a communal celebration that expressed the enthusiasm we have for the future of our synagogue. During the last several months we have seen a generosity of giving and of spirit. There have been countless acts of kindness bestowed upon one another, from daily phone calls checking in with one another, to providing meals, to opening up one's home or screen to make sure there is a place for everyone.

We also have rejoiced with couples preparing to marry and we have celebrated the births of new babies and grandbabies. We learned how to create a meaningful *bar/bat mitzvah* service online. We even walked or ran on our "Journey to Sinai," helping to raise money for the synagogue and encourage people to stay healthy during the quarantine.

We also had wonderful holiday celebrations, first in-person and then electronically. We were able to tap into resources from around the world to celebrate *Yom Ha'Atzmaut* with live interviews and performances from Israel and to study Torah with a broad array of scholars for our *Tikkun Leil Shavuot*. We refused to let the stay-at-home orders shut down the Jewish calendar, and so we brought in barbecue meals for *Lag BaOmer* and had virtual s'mores. We marked *Yom Yerushalayim* with traditional Middle Eastern food for pickup.

### Looking Forward

So what lies ahead? With newfound understanding of just how poignant the expression "People plan and God laughs" can be, it is difficult to make firm predictions for what the coming year will bring. We simply lack the information we need to know what life will be like this fall and into the winter. The coming High

Holidays will be unlike any we have ever experienced, but we will also use this as an opportunity to re-think our services as a whole and try to make them more accessible, interactive and inspiring for all of us. And I guarantee — regardless of what happens in the world — Tikvat Israel will continue to celebrate and console, to observe and to innovate, to study and to teach, to improve the world and to provide sanctuary from its challenges.

And perhaps most importantly, whatever we do and through whatever medium, we will continue to build community and to support one another. Because this is who we are and no virus, no closures and no threats will ever take that away.

I hope you won't mind that I hope the coming year will be far less interesting than this past 12 months! But whatever comes, I look forward to navigating our way through it together.

## First Female to Serve as JTS Chancellor



Shuly Rubin Schwartz

Shuly Rubin Schwartz has been selected as the Jewish Theological Seminary's eighth chancellor and the first female to lead the educational institution.

She will succeed Chancellor Arnold Eisen, who planned to step down from his role on June 30 following a 13-year tenure.

Schwartz, a JTS alumna, has been serving as provost since 2018. She earned her B.A. from Barnard College and her M.A. and Ph.D. from JTS. From 1993 to 2018, Schwartz served as dean of Albert A. List College of Jewish Studies, JTS's undergraduate school. During this time, she strengthened and expanded List College's dual-degree programs with Columbia University and Barnard College, mentoring over a thousand students as they determined their professional and personal life paths.

Since 2010, Schwartz also served as dean of the Gershon Kekst Graduate School, where she pioneered the creation of a graduate program in Jewish ethics, a joint Jewish ethics masters with Columbia's Mailman School of Public Health and a new certificate program in ethics and social justice.

Jewish Theological Seminary is the primary educational institution preparing spiritual leaders in the Conservative movement.



## TI Hits Triple in WJW Issue

Washington Jewish Week featured Tikvat Israel prominently in three articles in its June 11 issue:



- The cover story of congregant Rabbi Alana Suskin (with two photos of her) and her accomplishments: <https://washingtonjewishweek.com/67189/alana-suskins-new-hat/featured-slider-post/>
- A news story (featuring congregant Kate Jennes-Kahn) about Tikvat Israel's collaboration with Kehilat Pardes, an Orthodox shul, to expand the *eruv*, a boundary made of wires strung along telephone poles that allow Shabbat-observant Jews within that area to carry items as they would at home. <https://washingtonjewishweek.com/67090/aspn-hill-poised-for-increased-eruv-use/news/>
- A commentary by Rabbi Marc Israel titled "What If President Trump Had Opened That Bible?": <https://washingtonjewishweek.com/67199/what-if-president-trump-had-opened-that-bible/editorial-opinion/>

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# Tikvat Israel Remembers With Respect Those Whose Yahrzeits Occur From 9 Tammuz through 10 Av – July 2020

**JULY 1**

**9 TAMMUZ**

Esther Danoff  
Annie M. Ehrlich  
Rubin Harris  
Judith A. Kessler  
Martha Sills  
Sidney Wilchins

**JULY 2**

**10 TAMMUZ**

Mark Chorvinsky  
Ben Zion Cooper  
Edith Kott  
Zev Lidert  
Michael Menzer  
Marcus W. Rose

**JULY 3**

**11 TAMMUZ**

Margot Casper  
Philip Fabel  
Benjamin Reinhardt  
Matthew Soldano

**JULY 4**

**12 TAMMUZ**

Lewis Altman  
George H. Cohen  
Rubin Cohen  
Ann Fullenbaum  
Jeanne Hanig  
Norman Keleti  
Sadie Perlman  
Henry Schechter  
Israel Schechter  
Leonard Stein

**JULY 5**

**13 TAMMUZ**

Irving Binder  
Thelma Gorin  
Israel Klig  
Irwin Krick  
Harold A. Saltzman  
Harold Silverstein

**JULY 6**

**14 TAMMUZ**

Sandra Becker  
Harry Levin  
Thelma Sbar  
Rose Schwartz  
Solomon Senzer  
David Sommer  
Solomon Stutz

**JULY 7**

**15 TAMMUZ**

Barnett Bauman  
Rebecca Bogage  
Sarah Chernoff  
Harold Gorin  
Gaston Lellouche  
Simon Mensh  
Edward Milenky  
Barbara Nena Rosenberg

**JULY 8**

**16 TAMMUZ**

Devera Danovitz  
Hyman Edlowitz  
Anna E. Feinmark  
Leo Friedman  
Frank Knott  
Sarah Tempchin  
Richard Volin

**JULY 9**

**17 TAMMUZ**

Sidney Davis  
Rebecca Kramer  
Ellis Leise  
Rose Levy  
George Ludwig  
Solomon Nahum

**JULY 10**

**18 TAMMUZ**

Sarah Bassin  
Beatrice Chait  
Philip Chelemer  
Morris Gottlieb  
Elizabeth Katz Jeremias  
Freda Levin  
Gladys Nederlander  
Charlotte Podgor  
Gerald Raine  
Louis Rosen  
Gloria Schwartz  
Sandra Wagner  
Louis Waltzer  
Alan P. Woinsky

**JULY 11**

**19 TAMMUZ**

Tillie Cooper  
Louis Deckelbaum  
Leo Derene  
Herbert Gold  
William Hirsch  
Bernard Kaplan  
Beatrice Nathanson  
Carol Peck  
Susan E. Reich

**JULY 12**

**20 TAMMUZ**

Harry Freedenberg  
Esther Solomon

**JULY 13**

**21 TAMMUZ**

Clinton Berger  
Luba Borushok  
Margaret Marcus Davidson  
Leah Marcus Feig  
Sophie Deena Fertel  
Ina Sherri Fineman  
Norma Belson Honick  
Charles Kaplan  
Allan Pleet  
Pearl Sakwa  
Abraham Silverstein

**JULY 14**

**22 TAMMUZ**

Lucille Liebenson  
Harry Rosen  
Dolores Sachs  
Frank Smith  
Ruth Spiegelberg  
Peggy Wilchins

**JULY 15**

**23 TAMMUZ**

Mary Davis  
Frances Dicker  
Charlotte F. Hart  
Ida Rose  
Helen Rosenblum

**JULY 16**

**24 TAMMUZ**

Bessie Cohen  
Ben Zion Mauda  
Manfred Scheige  
Fannie Simball  
Simon Strassman  
Morris Zaidband

**JULY 17**

**25 TAMMUZ**

Morris Beard  
Abraham Bellman  
Yetta Bendett  
Mark Dubbin  
Joseph Feinmark  
Jack Gruss  
Sarah Shedroff  
William W. Weisbord

**JULY 18**

**26 TAMMUZ**

Miriam Agus  
Solomon Cowan  
Lillian Goldstein  
Charlotte Kaufman  
Rose Kess  
Emanuel Kreisman  
Adolf Rosenberg  
Sidney Teitelbaum

**JULY 19**

**27 TAMMUZ**

Bernice Gateman  
Clement J. Lipsy  
Eugene Love  
Balsorah Patterson Savely  
Ted Smith

**JULY 20**

**28 TAMMUZ**

Morris Bauman  
Lottie Feinmark  
Solomon Melmed  
Fred Schwartz  
Lois Steiner

**JULY 21**

**29 TAMMUZ**

Irving Gordon  
Harriet Kravitz  
Charles Lane  
Jean Shull  
Bessie Winer

**JULY 22**

**1 Av**

Jennifer J. Flax  
Esther Gottlieb  
Herbert Joseph  
Carrie Levy  
Max Polansky  
Esther Rosenthal  
Harvey Savely  
Harold Steinberg  
Joseph Weinberg

**JULY 23**

**2 Av**

Rose Gordon  
Ruth Kaiz  
Louis Simball  
Sidney Stolzenberg

**JULY 24**

**3 Av**

Abigail Lefkowitz  
Ralph A. Robinson

**JULY 25**

**4 Av**

Gussie Glaser  
Fred Hamburg  
Benjamin Larrick  
Paul Ludwin  
Morton Oppenheim  
Evalyn Waldman

**JULY 26**

**5 Av**

Jinky Barnett  
Milford Hillerson  
Edith Meyers

**JULY 27**

**6 Av**

Charles Chidakel  
Edith Kaplan  
Marvin Laubgross  
David Lederman

**JULY 28**

**7 Av**

Jerome Pasternak

**JULY 29**

**8 Av**

Joseph Samuel Brudner  
Harry Greene  
Jennie Mazaroff  
Anita Perlmutter  
Eugene Perry

**JULY 30**

**9 Av**

Philip Cohen  
Harry Cooper  
Phyllis Menduke  
Cynthia L. Shnider  
Frank David Spiegelberg  
Abe Stahler

**JULY 31**

**10 Av**

Irene Kaplan  
Sarah Krick  
Betty Morrison  
Bertha Polster  
Bertha Tranen  
Shirley Zoltrow

# Tikvat Israel Remembers With Respect Those Whose Yahrzeits Occur From 11 Av through 11 Elul – August 2020

## AUGUST 1

### 11 Av

Fanny Feigin  
Ruth Freed  
Bertha Alice Kaplan  
Jerome Livingston

## AUGUST 2

### 12 Av

Trudy Finstein  
Anna Moskowitiz  
Leo Plesset  
Anne S. Prince  
Kate Hayley Schaffman  
Betty Stein  
Rose Wadler

## AUGUST 3

### 13 Av

Adele Boden  
Hertha Ermann  
Yetta Gellman  
Israel Kauffman  
Mary Klass  
Estelle Kornhauser  
Jennie Levy

## AUGUST 4

### 14 Av

Usher Feinsilber  
Fannie Green  
Roslyn Kalinsky  
Samuel E. Laddon  
Fannie Raine  
Rose Saldinger  
Marvin Schneider  
Rabbi H. Jonah Waldman  
Jennie Wein

## AUGUST 5

### 15 Av

Victor Battino  
Israel Levin  
Neftali Pazo

## AUGUST 6

### 16 Av

Rose Cohen  
Etta Schneider  
Mordko Smolar  
Belle Wagman

## AUGUST 7

### 17 Av

Frances Berger  
Harry Feldman  
Meyer Holtzman  
Isidore Kreisman  
Milton Levy  
Harry Reiter  
Isidor Sohn

## AUGUST 8

### 18 Av

Rose Altschuler  
Morris Bloomberg  
Louis Coren  
Samuel Goldstein  
Arthur Milder  
Murray Wadler

## AUGUST 9

### 19 Av

Victor Issac Bigio  
Ester Danoff  
Burton Drucker  
Henry Edlowitz  
Hyman Geller  
Morris Prince  
Rose Schrier  
Abraham Vainer  
Sidney Zalevsky

## AUGUST 10

### 20 Av

Abram Berlin  
Irving Gedanken  
Jack Kornhauser  
Abraham Sterman

## AUGUST 11

### 21 Av

Rosa Miriam Bosques  
Emil Glater  
Jeanne Claire Godley-Davis  
Nathan Pitkin  
Ronald Pitkin  
Albert Sbar  
Herschel Wartofsky

## AUGUST 12

### 22 Av

Naomi Kaplan

## AUGUST 13

### 23 Av

Anne Bernstein  
Markus Eichtersheimer  
Don Margolies  
Helen Schechter  
Rosella Silverstein  
Sadie Wartofsky  
Idelle Weiner

## AUGUST 14

### 24 Av

Lucille Feinman  
Faye Glater  
Annie Mollen  
Belle Rosenthal  
Sadie Smith  
Ruth Weiner

## AUGUST 15

### 25 Av

Rudy Fischer  
Rose Lesser  
Tillie Nisenson  
Alfred Steiner

## AUGUST 16

### 26 Av

Melville Ehrlich  
Rebecca Feldman

## AUGUST 17

### 27 Av

Hilda Shulman

## AUGUST 18

### 28 Av

Jack Chelemer  
Shirley Cohen  
Marilyn Ehrlich  
Barbara Goldberg  
Harold Goldstein  
Sylvia Holtzman  
Shirley Schwartz  
Richard Spector

## AUGUST 19

### 29 Av

Rose Blonder  
Yetta Cohen  
Max Feingold  
Claire Kahn  
Rachel Pachenker  
Rabbi Leivy Smolar

## AUGUST 20

### 30 Av

Larry Bloom  
Pearl Cohen  
Lina Goldstein  
Sonia Goldstein  
Sarah Kay  
Saul Lubar  
Lloyd Oppenheim  
Edith Smith  
Elias Wolfe  
Charlotte Zimmerman

## AUGUST 21

### 1 ELUL

Philip Goldsmith  
Hans Joseph  
Irving Kabik  
Max Katz  
Julia Notovitz  
Pearl Plesset  
William Rosenfeld  
William Stein  
Esther Stolzenberg  
Harry Vinokur  
Helen Wexler

## AUGUST 22

### 2 ELUL

Anne Altman  
Marsha Fleisher  
Eva Gunther  
Shirley Hardis  
Rabbi Joseph Kaplan  
Harry Klion  
Ben Levin  
Alvin Peck  
Regina Rosenberg  
Mina Rothberg  
Marion Soypher  
Samuel Steckler  
Irving M. Yanoff

## AUGUST 23

### 3 ELUL

Batya Band  
Pesach Band  
David Lipofsky  
Max Sommer  
Charles Teller

## AUGUST 24

### 4 ELUL

Conrad Glaser  
Dorothy Harris  
Ethel Miller

## AUGUST 25

### 5 ELUL

Lawrence Bardack  
Norman Freedman  
Sarah Freda Golding  
Max Herman  
Jean Hirschman  
Pauline Katz  
Marcia Lieberman  
Rose Lifshutz  
Marsha Papageorge

## AUGUST 26

### 6 ELUL

Albert Bass  
Ronald Black  
Raizia Chigorsky  
Samuel A. Hale  
Joel Hoffman

## AUGUST 27

### 7 ELUL

Morris Fineman  
Rabbi Simeon Kobrinetz  
Mark D. Rosen  
Aaron Sobell  
Len Suskind  
Leonard Suskind

## AUGUST 28

### 8 ELUL

Charles Larry Blair  
Mollie Broadman  
Sam Klass  
Hyem Kramer  
Sam Sharlot  
Pearl Zipin Tubiash  
Sol Shalom Wexler  
Fannye Zlotnick

## AUGUST 29

### 9 ELUL

Abraham Fierman  
Bessie E. Miller  
Minnie Teitelbaum

## AUGUST 30

### 10 ELUL

Morris Kanow  
Hilda Schwartz  
Dick Stein  
Rose Volin

## AUGUST 31

### 11 ELUL

Evelyn Goldberg  
Cornelis Hartendorp  
Bertha Knott  
Harry Witt



# Donations

*The congregation gratefully acknowledges the following donations to the various funds of Tikvat Israel. The donor lists that follow reflect gifts received at the synagogue in April and May 2020. If your donation during this time does not appear in the list, please contact the synagogue office at 301-762-7338.*

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Sophia Zaccagni by Betty Braunstein  
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## CANTOR'S PROGRAM FUND

In appreciation for Cantor Helzner's spirit, warmth and inspiration by Aaron Fineman  
In appreciation of Cantor Helzner's continued spiritual presence by Bobbi and Larry Gorban  
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In celebration of the birth of Brianna Berger, granddaughter of Rabbah Arlene and Warren Berger, by Roma Sohn  
In celebration of Maxine and Jim Perlmutter's anniversary by Marilyn and Michael Greenwood  
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In memory of Philip Wilchins by Sue and Howard Wilchins

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by Dore Lebowitz  
by Jacob Silver  
In support and appreciation of Tikvat Israel by Janice and Bob Balin



## GENERAL FUND (continued)

In support of Tikvat Israel by Anonymous  
In support of Tikvat Israel by Tami and Sam Gilston  
In support of Tikvat Israel by Bruce Goldin

In support of Tikvat Israel after the vandalism, from friends and neighbors who condemn this behavior:

by Scott Rose: For my home-away-from-home on Wednesday nights with SCA [Society for Creative Anachronism], I hope this helps some to move forward.

by Jaime Serbin: Hate cannot and will not win. Much love to all of you and your families.

by Jennifer Thies: Thanks for supporting us, we support you.

by Hyun-Kyung Kim: Thank you for allowing WMGSO [Washington Metropolitan Gamer Symphony Orchestra] a space to rehearse. In these times, community is so important, and you all play an extremely important part in helping us keep our community running. We send our love and hope.

In appreciation for Michele Eisenberg's help by Andrea and Charles Rowell

In appreciation of Rabbi Israel's leadership by Melanie Grishman

In appreciation of Tikvat Israel by Marsha and Art Fabel

In appreciation of Tikvat Israel by Rob and Fran Kline

In appreciation of Tikvat Israel by Barbara and Joel Kristal

In appreciation of Tikvat Israel by Leilani Lansing  
In appreciation of Tikvat Israel by Linda and Ed Silverstein

In appreciation of TI staying connected during this time with services and commentary, by Robin and Stan Hein

In appreciation of IsraPalooza  
by Brenda and Keith Brooks  
by Janaki Kuruppu  
by Anna Robbins  
by Lois and Neil Sbar  
by Alma Steinberg  
by Elaine Weinstein

In appreciation of Sarah Fishman's online yoga classes

by Felicia and Dan Black  
by Gloria Brown  
by Joanne Buchbinder  
by Bonnie and Elliot Cowan  
by Judy Davis  
by Ellen and Sherman Eisner  
by Betty and Cliff Fishman  
by Bobbi and Larry Gorban  
by Mimi and Allan Meltzer  
by Cynthia and Michael Nash  
by Amy Sanders  
by Sandra and Gene Sheskin

In celebration of Maxine and Jim Perlmutter's 50th wedding anniversary  
by Betty and Cliff Fishman  
by Marie and Fred Kaplowitz  
by Roz and Ted Kram  
by Amy and Dan Matathias  
by Nancy and Jonathan Solomon

In celebration of the birth of Brianna Berger, granddaughter of Rabbah Arlene and Warren Berger  
by Elisabeth Battino  
by Bonnie and Elliot Cowan  
by Ellen and Sherman Eisner  
by Betty and Cliff Fishman  
by Rebecca Salon and Jay P. Goldman  
by Amy and Dan Matathias  
by Nancy and Jonathan Solomon

In celebration of the birth of Ruth Elisabeth Peretz, daughter of Abby Goldman and Eliad Peretz, and granddaughter to Rebecca Salon and Jay P. Goldman  
by Elisabeth Battino  
by Ellen and Sherman Eisner

In honor of Eitan Freedenberg, on being awarded his doctoral degree, by Nancy and Jonathan Solomon

In honor of Ellen and Richard Lederman by Betty and Cliff Fishman

In honor of Rabbi Israel's 50th birthday by Betty and Cliff Fishman

In honor of the Rabbi's and Cantor's leadership by Ron Rabin

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In memory of Rob Agus by Annie and Joel Kahn and daughters

In memory of Simone Lempert  
by Debby Berlyne and Danny Bachman  
by Anita and Mel Brenner  
by Sheri and Matt Brown  
by Bonnie and Elliot Cowan  
by Margie and Steve Eiserike  
by Ellen and Sherman Eisner  
by Betty and Cliff Fishman  
by Ina and Shelley Kline  
by Roz and Ted Kram  
by Amy and Dan Matathias  
by Nancy and Rod Matheson  
by Helen and Steve Raucher  
by Martie Adelman and Marc Schneider  
by Nancy and Jonathan Solomon

Wishing refuah shlema to Ted Kram  
by Karen and Michael Cohen  
by Nadgy and Shep Roey

## KIDDUSH FUND

In honor of the Shelly Goldin Women's Network Shabbat by Julia and Martin Meyers

## RABBI'S FUND

In appreciation of Rabbi Israel for keeping Tikvat Israel active during this difficult time  
by Aaron Fineman

In appreciation of Rabbi Marc Israel by Moira Green and Joy Kramer

In honor of Rabbi Israel's 50th birthday by Bobbi and Larry Gorban

In honor of the birth of Brianna Mae Berger, daughter of Maddie and Alex Berger and granddaughter of Rabbah Arlene and Warren Berger, by Bobbi and Larry Gorban

In support of the ECC  
by Marina and Joshua Abrams  
by Harriet Armoza  
by Tehilla and Elyashiv Birnbaum  
by Jill Dash and Jerome Brown  
by Meredith and Joe Calvarese  
by Garima and Ravi Joshi  
by Tiffany and Michael Kaufman  
by Kasia and David Kun  
by Wade Zev Lewis  
by Elisha and Steve Lubar  
by Reut Shainer and Sahar Melamed  
by Tracy and Matthew Merrell  
by Tara and Vivek Pinto  
by Sara and Tal Shahar  
by Joanna Lieberman and Roe Snir

## SHELLY GOLDIN MEMORIAL FUND

In memory of Simon Gottesman by Bruce Goldin

## TZEDAKAH CHAVURAH

In appreciation of Rebecca Salon and Jay Goldman for being there for me by Elisabeth Battino


In memory of Stephen Gary by Elisabeth Battino  
In memory of the Battino Family by Elisabeth Battino

# July 2020 9 Tammuz - 10 Av 5780

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>5</b> <b>13 Tammuz</b></p> <p>9:00a Minyan</p> <p>7:30p Minyan</p>	<p><b>6</b> <b>14 Tammuz</b></p> <p>8:00AM <a href="#">Minyan</a></p> <p>7:30p Minyan</p>	<p><b>7</b> <b>15 Tammuz</b></p> <p>8:00AM <a href="#">Minyan</a></p> <p>7:30p Minyan</p> <p>8:15PM <a href="#">Antisemitism Workshop with the American Israeli Council</a></p>	<p><b>8</b> <b>16 Tammuz</b></p> <p>8:00AM <a href="#">Minyan</a></p> <p>7:30p Minyan</p>	<p><b>9</b> <b>17 Tammuz</b></p> <p>8:00a Minyan</p> <p>7:30p Minyan</p> <p>8:00PM <a href="#">Toastmasters</a></p>	<p><b>10</b> <b>18 Tammuz</b></p> <p>8:00a Minyan</p> <p>9:00AM <a href="#">Haftarah Study</a></p> <p>9:30AM <a href="#">Shabbat Sing</a></p> <p>(Zoom)</p> <p>6:30PM <a href="#">Kabbalat Shabbat</a></p> <p>8:17p Candle-lighting</p>	<p><b>11</b> <b>19 Tammuz</b></p> <p>9:30AM Shabbat Services (Parashat Pinchas)</p>
<p><b>12</b> <b>20 Tammuz</b></p> <p>9:00a Minyan</p> <p>10:30AM <a href="#">The Women's League Virtual Convention</a></p> <p>7:30p Minyan</p>	<p><b>13</b> <b>21 Tammuz</b></p> <p>8:00AM <a href="#">Minyan</a></p> <p>7:30p Minyan</p>	<p><b>14</b> <b>22 Tammuz</b></p> <p>8:00AM <a href="#">Minyan</a></p> <p>7:30p Minyan</p> <p>8:15PM <a href="#">Wendy Morrison: "Let Me Read Your Psalm"</a></p>	<p><b>15</b> <b>23 Tammuz</b></p> <p>8:00AM <a href="#">Minyan</a></p> <p>7:30p Minyan</p>	<p><b>16</b> <b>24 Tammuz</b></p> <p>8:00a Minyan</p> <p>6:45PM <a href="#">International Cooking with Elana</a></p> <p>7:30p Minyan</p>	<p><b>17</b> <b>25 Tammuz</b></p> <p>8:00a Minyan</p> <p>9:00AM <a href="#">Haftarah Study</a></p> <p>9:30AM <a href="#">Shabbat Sing</a></p> <p>(Zoom)</p> <p>6:30PM <a href="#">Kabbalat Shabbat</a></p> <p>8:13p Candle-lighting</p>	<p><b>18</b> <b>26 Tammuz</b></p> <p>9:30AM Shabbat Services (Parashat Matot-Masei)</p>
<p><b>19</b> <b>27 Tammuz</b></p> <p>9:00a Minyan</p> <p>7:30p Minyan</p>	<p><b>20</b> <b>28 Tammuz</b></p> <p>8:00AM <a href="#">Minyan</a></p> <p>7:30p Minyan</p>	<p><b>21</b> <b>29 Tammuz</b></p> <p>8:00AM <a href="#">Minyan</a></p> <p>7:30p Minyan</p> <p>8:30PM <a href="#">Debbie Beityne: How to Find Trustworthy Information Online About COVID 19</a></p>	<p><b>22</b> <b>1 Av</b></p> <p>8:00AM <a href="#">Minyan</a></p> <p>7:30p Minyan</p>	<p><b>23</b> <b>2 Av</b></p> <p>8:00a Minyan</p> <p>6:45PM <a href="#">International Cooking with Elana</a></p> <p>7:30p Minyan</p> <p>8:00PM <a href="#">Toastmasters</a></p>	<p><b>24</b> <b>3 Av</b></p> <p>8:00a Minyan</p> <p>9:00AM <a href="#">Haftarah Study</a></p> <p>9:30AM <a href="#">Shabbat Sing</a></p> <p>(Zoom)</p> <p>6:30PM <a href="#">Kabbalat Shabbat</a></p> <p>8:08p Candle-lighting</p>	<p><b>25</b> <b>4 Av</b></p> <p>9:30AM Shabbat Services (Shabbat Chazon/Parashat Devarim)</p>
<p><b>26</b> <b>5 Av</b></p> <p>9:00a Minyan</p> <p>10:00AM <a href="#">Women's Network Book Group</a></p> <p>7:30p Minyan</p>	<p><b>27</b> <b>6 Av</b></p> <p>8:00AM <a href="#">Minyan</a></p> <p>7:30p Minyan</p> <p>8:15PM <a href="#">Aaron Mannes: Topic To Be Decided</a></p>	<p><b>28</b> <b>7 Av</b></p> <p>8:00AM <a href="#">Minyan</a></p> <p>7:30p Minyan</p> <p>8:00PM <a href="#">Board Meeting</a></p>	<p><b>29</b> <b>8 Av</b></p> <p>8:00a Minyan</p> <p>9:30PM <a href="#">Tisha B'av (exact time TBA)</a></p>	<p><b>30</b> <b>9 Av</b></p> <p>9:00AM <a href="#">Tisha B'av</a></p> <p><a href="#">Shacharit (exact time TBD)</a></p> <p>7:00PM <a href="#">Mincha (exact time TBD)</a></p>	<p><b>31</b> <b>10 Av</b></p> <p>8:00a Minyan</p> <p>9:00AM <a href="#">Haftarah Study</a></p> <p>9:30AM <a href="#">Shabbat Sing</a></p> <p>(Zoom)</p> <p>6:30PM <a href="#">Kabbalat Shabbat</a></p> <p>8:02p Candle-lighting</p>	<p><b>All events subject to change. Please read B'Keshet for the latest status.</b></p>

# August 2020

## 11 Av - 11 Elul 5780

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>All events subject to change. Please read B'Keshet for the latest status.</b></p>						<p><b>1 Av</b> 9:30AM <a href="#">Shabbat Services (Shabbat Nachamu/Parashat Vaetchanan)</a></p>
<p><b>2 Av</b> 9:00a Minyan 5:00PM <a href="#">Celebration of NBA and WNBA with Beer and Wine Tasting</a> 7:30p Minyan</p>	<p><b>3 Av</b> 8:00AM <a href="#">Minyan</a> 7:30p Minyan</p>	<p><b>4 Av</b> 8:00AM <a href="#">Minyan</a> 7:30p Minyan</p>	<p><b>5 Av</b> 8:00AM <a href="#">Minyan</a> 7:30p Minyan</p>	<p><b>6 Av</b> 8:00a Minyan 6:45PM <a href="#">International Cooking with Elana</a> 7:30p Minyan</p>	<p><b>7 Av</b> 8:00a Minyan 9:00AM <a href="#">Haftarah Study</a> 9:30AM <a href="#">Shabbat Sing (Zoom)</a> 6:30PM <a href="#">Kabbalat Shabbat</a> 7:54p Candle-lighting</p>	<p><b>8 Av</b> 9:30AM <a href="#">Shabbat Services (Parashat Eikev)</a></p>
<p><b>9 Av</b> 9:00a Minyan 7:30p Minyan 8:15PM <a href="#">True Stories: Virtual Edition</a></p>	<p><b>10 Av</b> 8:00AM <a href="#">Minyan</a> 7:30p Minyan</p>	<p><b>11 Av</b> 8:00AM <a href="#">Minyan</a> 7:30p Minyan</p>	<p><b>12 Av</b> 8:00AM <a href="#">Minyan</a> 7:30p Minyan</p>	<p><b>13 Av</b> 8:00a Minyan 6:45PM <a href="#">International Cooking with Elana</a> 7:30p Minyan 8:00PM <a href="#">Toastmasters</a></p>	<p><b>14 Av</b> 8:00a Minyan 9:00AM <a href="#">Haftarah Study</a> 9:30AM <a href="#">Shabbat Sing (Zoom)</a> 6:30PM <a href="#">Kabbalat Shabbat</a> 7:45p Candle-lighting</p>	<p><b>15 Av</b> 9:30AM <a href="#">Shabbat Services (Parashat Re'eh)</a></p>
<p><b>16 Av</b> 9:00a Minyan 6:00PM <a href="#">Interview with Adam Immerwahr, Theater J Artistic Director</a> 7:30p Minyan</p>	<p><b>17 Av</b> 8:00AM <a href="#">Minyan</a> 7:30p Minyan</p>	<p><b>18 Av</b> 8:00AM <a href="#">Minyan</a> 7:30p Minyan</p>	<p><b>19 Av</b> 8:00AM <a href="#">Minyan</a> 7:30p Minyan</p>	<p><b>20 Av</b> 8:00a Minyan 7:30p Minyan</p>	<p><b>21 Av</b> 8:00a Minyan 9:00AM <a href="#">Haftarah Study</a> 9:30AM <a href="#">Shabbat Sing (Zoom)</a> 6:30PM <a href="#">Kabbalat Shabbat</a> 7:35p Candle-lighting</p>	<p><b>22 Av</b> 9:30AM <a href="#">Shabbat Services (Parashat Shoftim)</a></p>
<p><b>23 Av</b> 9:00a Minyan 7:30p Minyan</p>	<p><b>24 Av</b> 8:00AM <a href="#">Minyan</a> 7:30p Minyan</p>	<p><b>25 Av</b> 8:00AM <a href="#">Minyan</a> 7:30p Minyan</p>	<p><b>26 Av</b> 8:00AM <a href="#">Minyan</a> 7:30p Minyan</p>	<p><b>27 Av</b> 8:00a Minyan 7:30p Minyan 8:00PM <a href="#">Toastmasters</a></p>	<p><b>28 Av</b> 8:00a Minyan 9:00AM <a href="#">Haftarah Study</a> 6:30PM <a href="#">Kabbalat Shabbat</a> 7:25p Candle-lighting</p>	<p><b>29 Av</b> 9:30AM <a href="#">Shabbat Services (Parashat Ki Teitzei)</a></p>
<p><b>30 Av</b> 9:00a Minyan 7:30p Minyan</p>	<p><b>31 Av</b> 8:00AM <a href="#">Minyan</a> 7:30p Minyan</p>					





*Tikvat Israel Congregation*

2200 Baltimore Road

Rockville, MD 20851

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## **International Cooking with Elana**

<https://rb.gy/avfrvd> Password: 515183

Come join Elana Moss, Director of Education and Youth Programming at Tikvat Israel, via Zoom for a unique creative culinary experience. Tune in on Thursdays July 16, July 23, August 6, & August 13 at 6:45 p.m. for 30 minutes.

Each item will be judged by a panel of notables from the Jewish Community. We may not be able to taste test, but we sure can judge based on looks and your facial expression when we see you taste it!

You must RSVP to [elana@tikvatisrael.org](mailto:elana@tikvatisrael.org) in order to receive your assignment and ingredient list at least one week prior to the Zoom date. Please complete your creation prior to logging in.

**Prizes will be given to the best looking dish AND the worst looking dish.**