



Inside This Issue ...

Top Tales at TI.

Nine amazing storytellers will be on the program at True Stories on Sunday, Nov. 12. What's more, a film production crew will be in the social hall during the show to test the site for staging a possible series about storytelling on public television in 2018. Read the lowdown on [page 5](#).

Soliciting What's On Your Mind.

A formal survey of synagogue members is underway, and your responses about where we should be heading are encouraged. Read the fine print on [page 4](#).

Refugee Relief Redux.

Having helped an Afghan family of seven get settled into their new lives in Landover over the past several months, congregants now have taken up support of an immigrant Jewish couple from the Ukraine. See [page 5](#) to learn about them and how our members are helping them, too.

Film Lovers Take Note.

Two prize-winning feature films produced in Israel will be shown at TI during the final two Saturday nights in January. You can read what's coming to the synagogue's screen on [page 24](#).

Peggy's New Identity in Israel.

For almost 30 years, Peggy Mitchel was an active congregant at Beth Tikva, then Tikvat Israel. Then in July she uprooted her life in Rockville for a new one in Jaffa on the Israeli coast. Read her first-person account about her introduction to life as an Israeli resident on [page 10](#).

That Difficult Decision.

The chair of TI's Fund for the Future has some important things to say about estate planning. See [page 14](#).

Good Reading to Discuss.

The Women's Network has lined up a series of books worth reading and discussing with others. The full schedule can be found on [page 7](#).

Our Volunteers of the Year

Tikvat Israel recognizes two top volunteers each year on Simchat Torah for their hard work and dedication to the spiritual, educational and physical spheres of our congregation. You can learn about the many good deeds over many years of our honorees for 5778, Susan and Alan Apter, in a story on [page 3](#).



WEEKLY RELIGIOUS SERVICES

Monday	6:45 a.m.	7:30 p.m.
Tuesday		7:30 p.m.
Wednesday		7:30 p.m.
Thursday	6:45 a.m.	7:30 p.m.
Friday	8:00 a.m.	
Kabbalat Shabbat		6:30 p.m.
Shabbat	9:30 a.m.	
Sunday	9:00 a.m.	7:30 p.m.

Services also held at Shiva houses as needed. Morning service times may change for Rosh Chodesh, minor fasts and national holidays.

Watch e-mail for notifications.

CANDLELIGHTING TIMES

November 3	5:46 p.m.
November 10	4:39 p.m.
November 17	4:34 p.m.
November 24	4:30 p.m.
December 1	4:28 p.m.
December 8	4:27 p.m.
December 15	4:29 p.m.
December 22	4:32 p.m.
December 29	4:36 p.m.

TIKVAT ISRAEL DIRECTORY

Synagogue Office

Phone 301-762-7338
Fax 301-424-4399

Rabbi

Benjamin Shull
rabbishull@tikvatisrael.org ext. 115

Cantor

Rochelle Helzner
rhelzner@gmail.com ext. 116

Rabbi Emeritus

Howard D. Gorin

Cantor Emeritus

Mark Levi

President

Melanie Grishman
mgrish7715@aol.com

Executive Director

Sam Freedenberg
sam@tikvatisrael.org ext. 111

Office Staff

Amy Matathias,
Acting Administrative Assistant
office@tikvatisrael.org ext. 110

Audrey Bergstein Hatfield, Bookkeeper
bookkeeper@tikvatisrael.org ext. 126

Education and Youth Programming

Luisa Moss, Director
luisa@tikvatisrael.org ext. 120

Early Childhood

Michelle Sobel, Director
michelle@tikvatisrael.org ext. 119

Bulletin Editor

Jay P. Goldman
jgoldman@aasa.org

Contributing Editors

Ellen Eisner Betty Fishman
Amy Matathias Nancy Matheson

Design and Layout

lgt & associates, inc.

Newsletter Printer

Universal Printing

2200 Baltimore Road
Rockville, MD 20851
www.tikvatisrael.org

SHUL SHORTS

SCI-FI BOOK CLUB FORMING

As part of our synagogue's Year of Science in 2017-18, a Science Fiction Book Club is being launched. Contact Hope Levy Kott at hkott@aol.com if interested.

The club's first meeting will take place in November. Links to short stories will be discussed at that time and will be posted on the TI listserv and in *B'kesher*.

SHABBAT RETREAT

A congregational retreat over a weekend in the spring or fall of 2018 is being explored by Rabbi Shull and the synagogue's board. With sufficient interest from congregants, the retreat would take place at the Pearlstone Jewish Retreat Center and Outdoor Education Campus in Reisterstown, Md.

An ad hoc committee is expected to work with the Rabbi on developing the weekend program. Pearlstone sits on 160 acres with rolling hills, wooded trails, a two-acre pond, sport fields and an educational farm.

HONORING VETERANS

On Shabbat Hayyei Sarah, Nov. 11, coinciding with Veterans Day, TI will honor those who have served in the military of the U.S. or another country.

If you have served and would like to participate in a group aliyah, send your name, Hebrew name, branch of military, rank, years and location of service to Sam Freedenberg (sam@tikvatisrael.org; 301-762-7338, ext. 111).

Rabbi Shull will offer a prayer in honor of veterans and will recognize their families.

LOBBY RENOVATION

The committee responsible for overseeing a major renovation of the main lobby is still reviewing submissions from architects and contractors. About \$50,000 was budgeted for the project, the last part of a capital improvements loan.

Alan Apter, a TI board member, chairs the committee.

Minyan Matters

BY HARLEY LIEBENSON

When my father passed away in 1989, I regularly said *kaddish* in daily minyanim around town. When I was done, I felt the need to continue attending services so others could say *kaddish*.

After several years, as life intervened, I began coming less frequently. Yet when it came time at TI to sign up for a monthly commitment for evening minyan, my wife Vivian and I quickly added our names. Moreover, I asked to be called if ever we were short for a minyan.

When my mother passed away last year, I joined a group of mourners at TI, whose numbers would grow as the months went by. We became acquainted with each other and shared our mutual appreciation when our 11 months of mourning were complete.

These were moving moments, and only through regularly attending minyan could I have had them. The same for the lasting friendships and camaraderie that minyan brought me. If 15-20 minutes a day (or attendance once a month) isn't worth that, I don't know what is.

Apters Honored on Simchat Torah for Broad Volunteerism

In recognition of their volunteer leadership in Tikvat Israel's spiritual and physical spheres, Susan and Alan Apter were honored as the *5778 Kallat Bereshit* and *Chattan Torah* on Simchat Torah.

Their recognition on this holiday included special aliyot during the Torah service on Oct. 13 as well as a luncheon in their honor following services in the social hall. (Donations in honor of the Apters may still be sent to the synagogue office.)

Literally the “the bride of the beginning” and “groom of the Torah,” the *Kallat Bereshit* and *Chattan Torah* honors are accorded each year to two deserving Tikvat Israel congregants or staff members who have made significant contributions to the synagogue's spiritual, educational and/or cultural life.

In notifying the Apters of their deserved recognition, Executive Director Sam Freedenberg said: “Our congregants, volunteer leaders, clergy and staff join to wish you a hearty mazal tov and express our appreciation to you for all of your outstanding and enduring contributions to the life of our synagogue over many years.”

In receiving news of their selection, the Apters said: “We are grateful to the TI community for the warmth, friendship and spiritual opportunities it has given our family over the past 17 years.”

The Apters first met as collegians at the Jewish Student Organization (a precursor to Hillel) of Drew University in Madison, N.J., in the fall of 1979. Both served in leadership roles of this organization. They married five years later.

Susan, a native Philadelphian and a graduate of Akiba Hebrew Academy, and Alan, born and raised in West Hartford, Conn., spent 15 years in central Connecticut prior to moving to Rockville in 2000 for Alan's job. They are the proud parents of Melissa, 28, who is married to Avi Bardack, and Ross, 23.

Professionally, Alan is a senior programmer/analyst with GEICO Insurance. He has spent the entirety of his career in the insurance field. Susan is a 34-year federal government employee in the acquisition field (23 years with the Department of Defense, now with the National Institutes of Health).

Summary of Susan's volunteer portfolio:

- Chair, Religious Practices Committee (2010-present);
- Assigner of weekly *hafiarot* for Shabbat and festivals (since 2004) and *megillot* assignments as part of Yad Squad;
- Chair, Torah Fund for Women's Network;
- Committee member, Women's Network Shabbat;
- Co-chair, College Outreach Committee (2006-14);
- Member and past co-chair, Adult Education Committee;
- Member, TI choir;
- Former member and vice president, TI Board of Directors; and
- Former member, TI Education Committee.

Summary of Alan's volunteer portfolio:

- Current TI board member, member of the board's Capital Improvement Committee and chair of lobby renovation project;

- Sukkah construction and takedown (for seven years), including purchase of new sukkah and lighting;
- Volunteer at Israel film nights, including screen operations;
- Organized cleanups of TI kitchen and storage areas;
- Painted ECC storage shed; and
- Shomer during the High Holidays.



Susan and Alan Apter were feted as TI's volunteers of the year during Simchat Torah. They are shown here in front of the fountain at the Dizengoff Circle in Tel Aviv.

Mazel Tov... and Yasher Koach

to **Judy Davis**
on winning two swimming medals in the Maryland Senior Olympics – a gold in breaststroke and a silver in freestyle.



to **Rabbi Alana Suskin** for her column “How Can We Forgive the Unforgivable?” in *Washington Jewish Week* (<https://reformjudaism.org/blog/2017/08/29/how-can-we-forgive-unforgivable>).

to **Carol Chelemer** and **Steve and Helen Raucher** for offering High Holidays hospitality through TI's program.

Politics, Films and Science to Warm the Winter Schedule

BY SALLY KRAM, ADULT EDUCATION COMMITTEE CHAIR



As the weather gets colder, come inside and join your fellow congregants at a series of programs organized by the Adult Education Committee that are sure to warm your spirits.

• **Sunday, Nov. 5 at 10 a.m.**, Professor Michael Brenner will discuss “An Unlikely Revival: Jews in Today’s Germany.” Brenner is the Seymour & Lillian Abensohn Chair in Israel Studies at American University. (This program was postponed from Oct. 22.)



Today’s Germany.” Brenner is the Seymour & Lillian Abensohn Chair in Israel Studies at American University. (This program was postponed from Oct. 22.)

• **Sunday, Dec. 3 at 10 a.m.**, Maryland Delegate Anne Kaiser (D-District 14), who chairs the Md. Assembly’s Ways and Means Committee, will preview the upcoming state legislative session with an overview of “hot button” issues. A TI congregant, Anne’s presentation is intended to demystify Annapolis and give a sense of the enormity of issues facing the state in 2018.



• **Saturdays, Jan. 20 and 27 at 7:45 p.m.** (snow date, Feb. 3), “Israel Presents: Two Nights of Israeli Film” in the sanctuary followed by a dessert reception and a film talk. Co-sponsored by the Israeli Embassy, this program is a treat for film lovers and supporters of Israel alike. “The Women’s Balcony” will be screened on Jan. 20, with “Harmonia” set for the second night. (See page 24 for more on this event.)

• **Sunday, Feb. 25**, the second annual Tikvat Israel University, a day of learning, where congregants share areas of expertise in this interactive program. The committee is accepting applications from any congregant interested in presenting. Submit ideas to Sally Kram at Kram@consortium.org. Presentations run about 20 minutes to permit plenty of time for audience questions. In collaboration with Tikvat Israel’s Year of Science initiative, TIU hopes to feature at least one track of science-related presentations.

Throughout the year, the Adult Education Committee is collaborating with other committees and synagogue leadership to support Tikvat Israel’s Year of Science programming. Over the next nine to 15 months, TI will host a series of events exploring the relationship between Judaism and science.

Plans are underway for a program featuring science-related movies on Sunday, Dec. 24, for congregants of all ages. The program will start in the afternoon with a play date for families with young children and the screening of an age-appropriate science-fiction film. After that, dinner will be served and additional films will be screened for teens and adults. Under consideration for adults is “Gattaca,” an exploration of what might happen when humans begin to manipulate genes to create designer people. The film is often used as a training tool for those preparing to become doctors.

Additional programs being planned for TI’s Year of Science include a Scholar’s Weekend featuring a prominent Jewish cleric discussing the link between faith and science over a weekend of events; science-related Torah *d’varim* on Shabbat; nature- and science-oriented photography displays; a science-fiction book club featuring Jewish authors; and more.

The Adult Education Committee and Year of Science Committee are looking for volunteers to support their program plans. Contact Sally Kram at Kram@Consortium.org to help.

Member Survey of Congregants Underway

Tikvat Israel provides informal avenues for its members to provide feedback. Best practice suggests the value of conducting a more formal process, at times, for soliciting member feedback.



Tikvat Israel’s professional and lay leadership have begun gathering written survey feedback to flesh out information gathered at two focus groups during the summer. A short questionnaire is being distributed now in print and electronic form.

This is part of an ongoing dialogue to help improve areas of operation and programming and to strengthen those things the synagogue does well, according to Rodney Matheson, a past co-president who is leading the survey effort.

“We are seeking your thoughtful input to this survey,” Matheson said. “As you may have seen, if you opened the link to the online survey or looked at a paper version, you can choose to enter your name, but we have left the option to respond anonymously.”

Matheson said the survey team wants input from as many as possible. “We understand that within a family unit different opinions may exist,” he said, encouraging both spouses to complete the survey separately if they wish. “We didn’t want to limit participation in any way.”

The survey will remain open until Thanksgiving at this link: <https://www.surveymonkey.com/r/TikvatIsraelsurvey>

Matheson, who works as organization development manager with the Charles E. Smith Life Communities in Rockville, said a full report on the survey findings will be shared in the spring after several additional focus group sessions are conducted to further clarify responses.

True Stories to Feature Nine Acts at TI Nov. 12

Nine outstanding storytellers, including several professionals, will be on stage for the fifth annual True Stories show at 2 p.m. on Sunday, Nov. 12, in Tikvat Israel's social hall.

Tickets may be purchased in advance of the show date for \$20 each from the synagogue office. Tickets at the door will be \$22.

The lineup of storytellers includes Graham Campbell, Caitlin Reilly, and Addison Beaux, all of whom have been selected at various times as the Washington area's best storytellers; Anne Thomas, who was voted best storyteller at the National Storytelling Festival, an annual affair in Jonesborough, Tenn.; and Clarence Featherson, who reached the semifinals of the World Championship of Public Speaking several times.

Also scheduled to deliver short stories from the TI stage are Teresa Roberts Logan, a veteran storyteller and standup comedian; Julianne Smith, who has competed in the Miss USA Beauty Pageant (as Miss Michigan) and will tell the tale of her experience in that event; and Nupe Mehta and Yev Kirpichevsky, who will share amusing accounts about their distinctive Jewish experiences.

John Melmed, TI's organizer of True Stories, travelled to the National Storytelling Festival in Jonesborough recently to scout today's top storytellers and to recruit several for TI's upcoming performance as well as for a fledgling PBS series on storytelling set to be produced in 2018.

The True Stories show on Nov. 12 is considered a family event with stories suitable for teens and adults. The event seeks congenial sponsors as it serves as a fundraising affair for the shul. Sponsorship levels are \$180 (6 tickets) and \$72 (2 tickets).



Debbie Amster (right) with Tanya and Igor, Jewish refugees from the Ukraine who are being assisted by TI members.

Our Shul Adds Directly to Local Refugee Life

BY DEBBIE AMSTER AND JUDY DAVIS

The Tikvat Israel community continues to support refugees in a number of ways.

The Afghan family of seven that we are helping to resettle in Landover, Md., is doing well. The three older children are making great progress at school and their dad's job has continued. He obtained his driver's license and now hopes to find an inexpensive but reliable car. They also would love to have a Smart TV.

Through the Ethiopian Community Development Council's First Friends Program, we now have been assigned a Jewish Ukrainian couple, Tanya and Igor, who have been in the United States for about 18 months and are interested in receiving help in learning English. Both are engineers, and they enjoy running (Igor is a marathoner), biking, music and nature.

Some of our congregants may have met them at the shul's kick-off barbecue in early September, and others perhaps met Tanya while volunteering with a TI group at Manna Food Center in Gaithersburg. Tanya and Igor plan to attend Hazak programs and Focus concerts, so please introduce yourself at those programs.

Anyone interested in tutoring or inviting them to a function, please contact Debbie Amster.

Tanya and Igor live in Rockville, just off of Crabbs Branch Way, with their daughter and her family.

Lastly, we conducted a household goods drive for the Ethiopian Community Development Council, which was a great success. We delivered a mini-van full of kitchen items and linens that the non-profit organization will use as it sets up apartments for incoming refugees. Debbie Amster will deliver another load before Thanksgiving, so contact her if you have something you would like to donate.

Yasher koach to the congregation for all that you are doing to support newcomers.

PBS to Use TI Show as Test Run

True Stories has an excellent chance of becoming part of an 11-part public television series on storytelling, according to John Melmed, organizer of TI's annual show.



The fledgling PBS series will be in the form of eight storytelling shows featuring some of the best storytellers and standup comics from the greater Washington, D.C., area and neighboring states.

"The plan is for Tikvat Israel to host two of these shows as well as both semifinals and the final," Melmed said in mid-October. "This is not yet certain, but a local Emmy Award-winning TV producer, Rodney Minor, who will be handling the production, is confident of success."

Let's Get Involved in Our Community

BY MELANIE GRISHMAN, TIKVAT ISRAEL PRESIDENT



***Editor's Note:** This month's Bulletin presents a condensed form of the congregation president's address delivered from the bima at Kol Nidre because, President Grishman said, "I know some people spent the holidays with relatives in another community and I want everyone to know how important it is for us all to be involved in the Tikvat Israel community."*

For the past two years, I've focused my Yom Kippur address on the need for financial support and the accomplishments of our TI community. This year, I want to talk about how and why one should get involved. That's not to say we don't need your financial support. We do, and hopefully you all received the Chai Campaign material and contributed to the best of your ability. ...

On Sept. 10, we had our program kickoff barbeque with a focus on membership. New members were welcomed and there was a volunteer fair which sought to recruit more people to get involved in the activities of the congregation. Having more people involved in planning and executing those activities is one of our greatest needs at this time. ... Committees [always] need new vision and ideas. ...

The two committees most in need are Ways and Means and Social Action. Ways and Means plans and executes our various fund-raising efforts each year. A group of devoted committee members remain active, but they need a chairperson. The Social Action committee has thrived for many years. Rabbi Shull is very interested in broadening this committee to include a range of activities under a Chesed Council. (As a Chesed project this past year, TI became "first friends" to a family who had just relocated to the U.S. from Afghanistan.)

The Jewish people call themselves "Am Yisrael" – the people of Israel, not "Dat Yisrael" – the religion of Israel. The sense of peoplehood has long been our defining characteristic. This focus on peoplehood is translated into an emphasis on the community as the primary organizing structure of Jewish life. Wherever Jews have lived, they have established communal organizations and created systems of communal governance.

What makes a community? Our tradition tells us that a "talmid habam (Torah scholar) is not allowed to live in a city that does not have these 10 things: a beit din, a tzedakah fund, a synagogue, a bathhouse, a bathroom, a doctor, a craftsman, a blood-letter, a butcher and a teacher of children" (Sanhedrin 17b). In other words, a community must provide for all of its members' spiritual and physical needs. ... Jewish texts treat participation in communal affairs not as an option but as a religious obligation. Our sages tell us that if one is engaged in a mitzvah, one does not need to stop to pray. Doing work in the community is **that** important.

Volunteering has many other benefits as well. Studies have shown that there is a relationship between health and volunteering. Humans by nature are social beings. We need to be connected with other people to feel happy, appreciated, secure and safe. ... This is how to get involved in the community. It does take effort but remember that the energy you put into it will certainly come back to you.

Smile! It is easier to approach a smiling face. Greet your neighbors (speak to those sitting next to you at shul). Forget about yourself for a while and take the time to get to know others by truly listening to them. Join in community events – attend Shabbat dinners, minyan, lectures and films; join a group – Women's Network, Men's Club, a havurah or a committee of interest. Take a class – sign up for the Melton class, attend the Friday morning study with Rabbi Shull or the Torah study after Kiddush on Shabbat.

Tikvat Israel is a unique community. We have all said this at one time or another. But what makes it unique is its members. I know that this year, Tikvat Israel can count on you to give of yourselves by getting involved as well as by contributing financially to our community. ...

May we all be inscribed for a happy, healthy, peaceful and prosperous New Year.

Hot Dogs and Hot Opportunities, Too



Nearly 150 congregants turned out for a kickoff barbeque in the Tikvat Israel social hall on Sept. 10 that included grilled hot dogs and hamburgers (including two varieties of vegetarian burgers), slices of watermelon and brownies, plus a kitchen "yard sale," which was part of the TI kitchen cleanout. The major attraction was

a volunteer fair that promoted about 20 opportunities for member involvement. The volunteer options ranged widely, from groups promoting Israel affairs and supporting fellow members in bereavement to committees responsible for the synagogue's website, social action, adult education and the revival of the dormant men's club.

(Photos by Felicia R. Black)



CANTOR'S CORNER

Davening Schedule Set for Four Months

BY CANTOR ROCHELLE HELZNER



"Kabbalat Shabbat with Instruments"

This uplifting Shabbat evening service will be held Jan. 19, May 4 and June 15 (latter date is tentative).

This service includes spirited melodies, both traditional and new, accompanied by guitar, piano, bass and percussion. It is held in the shul's Flax Library at 6:15 p.m. on designated Shabbatot. A pre-service sponsored reception begins at 5:45 p.m. (Let the

Cantor know if you would consider sponsoring a reception.)

The service is open to all ages.

Hanukkah Sing!

Join Cantor Helzner and the Eine Kleine Tikva Band for a musical Hanukkah celebration on Sunday, Dec. 17. Watch *B'kesher* for the start time.

Shabbat Morning Davening

Cantor Helzner will daven on the bima at TI on the following dates: Nov. 11 and 25, Dec. 2 and 30, Jan. 13 and 27, and Feb. 10 and 24. Subsequent dates will be announced.

Share Love of Books With Women's Network Discussants

Book discussions organized by the TI Women's Network this year are being coordinated and led by a dedicated group of volunteers.

Our first book group met Oct. 18. We discussed *A Tale of Love and Darkness* by Amos Oz. The discussion was led by Anna Robbins, a regular attendee of our book group.

Our next session will take place Dec. 20 after evening minyan. We will discuss *An Officer and a Spy* by Robert Harris. Ellen Eisner will lead the discussion.



Mark your calendars and read the books for the upcoming book group sessions:

- Feb. 21, *Through the Door of Life* by Joy Ladin; discussion leader Rebecca Salon
- April 18, *Waking Lions* by Ayelet Gonder-Goshen; discussion leader Susan Apter
- June 20, *Rosalind Franklin – The Dark Lady of DNA* by Brenda Maddox; discussion leader Sara Harris

If you did not pick up the Women's Network bookmark at the High Holidays, which lists the books and dates for the 2017-18 book group meetings, visit the TI office to pick one up.

Each book discussion group meets in the Flax Library at 7:45 p.m., immediately following evening minyan.

TIKVAT ISRAEL NOVEMBER-DECEMBER 2017

WOMEN'S NETWORK

Our Schedule Offers Something For Everyone

BY AMY MATATHIAS

The Tikvat Israel Women's Network is off to a great start. We met in September before the holidays for a primer on *piyyutim* (liturgical poems). Rabbah Arlene Berger guided us through an examination of some medieval *piyyutim*, allowing us to gather insight and prepare for the High Holy Days. We will offer several more Rosh Chodesh programs in 2017-18.

In October, TI's Women's Network met for its first book group discussion. (There is more on the book group below left). We also gathered at Mayorga Coffee for a tour of the coffee-making process from seed to bean and tasted several different roasts.

Our first event of 2018 will be a hands-on art activity conducted by fiber artist Shirley Waxman, at her home on Sunday, Jan. 7, from 10 a.m. to 12:30 p.m. Shirley first will give us a tour of her studio and textile collection, followed by the opportunity for each of us to paint a silk scarf in an abstract motif. The event is limited to 16 people and will cost \$5 per person. RSVPs must be received no later than Dec. 24. (RSVP to Ellen Eisner at 301 598-0635 or eeisner@comcast.net.) Carpooling from TI to Shirley's home is requested due to limited parking.

For those who like to plan even further ahead, we will have our annual Women's Network Shabbat on May 12, 2018, and our family baseball outing next summer at Nationals Park (date TBD). Other events in which the Women's Network will be engaged include social action activities, another art project and support for the Torah Fund.

Women's Network is planning many exciting programs, and we hope you will participate and get to know your fellow congregants. If you're willing to help with a program, contact Janice Balin.

Women's Network is the network for all TI women who want to enhance Jewish knowledge, engage in Jewish life and expand communal involvement. It is not too late to join the Women's Network and to support the Torah Fund. Just fill out the forms that came in the mail with your High Holidays materials and follow the instructions for payment. If you need copies of these, check the TI website or call the office.

Watch for information about upcoming activities on the TI listserves and in *B'kesher*.

LINKING TO FACEBOOK



Tikvat Israel maintains a Facebook page with periodic updates of news and information and photos of congregants. Each issue of *B'kesher*, the e-newsletter, is posted to the synagogue's page.

Please consider following Tikvat Israel when you next spend time on your Facebook account.

Eight Festive Ways to Rededicate Hanukkah as a Family

BY LUISA MOSS, DIRECTOR OF EDUCATION AND YOUTH PROGRAMMING



Names play an important role in identifying people and holidays. Each person's name has a story, remembering a person no longer alive or holding special significance to the parents who chose the name.

Holiday names, too, can provide particular insight into the narrative of a holiday. During the fall holidays, our students at Tikvat Israel explored the meaning of the word *shinui*, the imperative of the Hebrew root *shin nun hey* that is related to the word *Shanah*. *Shinui* means change; in light of our Year of Science at TI, we are learning about changes that take place in nature that are related to Rosh Hashanah.

In October, we invited a beekeeper who discussed the process of making honey. Students also had a hands-on learning experience of making (and tasting) fresh apple cider using a cider press. The event took place a few days before Sukkot so we also learned about the mitzvah of changing something to enhance or beautify it, *hiddur mitzvah*, and made sukkah decorations using the wonderful reusable items generously donated by congregants.

As we approach *Kislev*, we prepare for Hanukkah. The Hebrew word Hanukkah means dedication. The term refers to the rededication of the Second Temple in Jerusalem after it was destroyed by the Seleucids (Syrian-Greeks), and the holiday commemorates the victory of the Maccabees. In rededicating the Second Temple, it was transformed to become holy and usable for ritual purposes.

This year, as we approach Hanukkah, I want to encourage you and your family to use the eight days to dedicate the holiday to building a stronger family. Here are eight ways to do so:

- As a family, choose a charity to support over the coming year: volunteer, donate money, promote to friends and family.
- Help others: bake cookies for the local fire department, or bring a fruit basket to nurses at a local hospital.
- Visit or call an older relative or friend who may be alone for the holiday.
- Have a family meal together, unplugged.
- Share Hanukkah memories or a family heirloom of your own childhood with your kids. Have some of those traditions been passed down to your own family?
- Try a traditional Hanukkah treat from Jews around the world — *precipizi*, a lightly sweetened, olive-oil-infused, honey-covered treat from Turin, Italy; *patacones*, which are plantain slices fried in oil from Santa Marta, Columbia; or couscous from Fez, Morocco, combined with caramelized onions and fried almonds and topped with cinnamon and powdered sugar.
- Re-evaluate family rules and how you deal with conflict as you work towards Shalom Bayit, making the home a nurturing, harmonious environment.

- Walk or drive around your neighborhood and spot the many sources and types of lights you see, brightening the dark winter evening.

Wishing you and your family a Hanukkah filled with warmth and bright memories.



A professional beekeeper delivered a sting-free presentation to children and parents in advance of Sukkot at TI. (Photo by Aviva Pollack)



Rabbi Shull tells a short tale to students and parents at the Atid Learning Center opening assembly in September. (Photo by Meirav Shahar)



Youngsters enjoyed the arts and crafts station in the social hall at the congregational BBQ in September. (Photo by Meirav Shahar)

UPCOMING YOUTH EVENTS

November

Minyan Yeledim, Nov. 4
 Junior Congregation, Nov. 4
 Bonim (K-2) event, Nov. 5
 Torah Club, Nov. 11
 Drama On Shabbat, Nov. 18
 (No Atid Learning Center classes held Nov. 12, Nov. 22 and Nov. 26)

December

Minyan Yeledim, Dec. 2
 Junior Congregation, Dec. 2
 Torah Club, Dec. 9
 Machar (grades 3-5) event, Dec. 10
 Torah Club, Dec. 23
 (No Atid classes held Dec. 23-31)

USY Chapter Eyes Regional Convention

Several members of Tikvat Israel's United Synagogue Youth chapter are planning to participate in the Seaboard Region's fall convention Nov. 17-19, at Capital Camps in Waynesboro, Pa.

Expected attendees are Aviva and Sophia Kram, Austin Kaminow, Cheryl Goodman and Aviva Pollack. Accompanying them will be chapter advisor Melissa Apter.

More than 200 9th-12th graders from Maryland, Virginia, North Carolina and Washington, D.C., are likely to be in attendance at the Capital Retreat Center for a weekend full of fun and new friends. Highlights include a weekend full of activities and games, ruach-filled song sessions, a beautiful Shabbat experience, a bonfire with s'mores, the annual Seaboard Sailor pageant, and Locks for Love/Pantene Beautiful Lengths programs.



TI's USY members include, from left, Ellie Schwartz, Aviva Kram, Sophia Kram and Austin Kaminow.



Members of Tikvat Israel USY decorate their chapter banner in preparation for the chapter's participation in the fall regional convention.

NEWBORN SUPPORT



If interested in helping to provide a meal for families with newborns, please contact Sarah Hardy (sarahhardy@yahoo.com). It's a simple way to help and is so appreciated by families.

Upcoming Youth Group Activities

USY

- Seaboard USY Fall Convention, Nov. 17-19
- Mystery Bus and Shul-In, Dec. 2-3 (tentative)
- Seaboard Basketball League, January-March

KADIMA

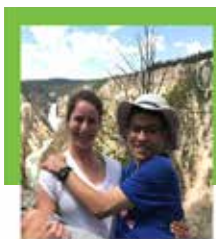
- Volunteer at A Wider Circle (date TBA)
- Volunteer at Potomac Valley Nursing Home, Dec. 10
- Kadima Saturday Night Live, Jan. 6
- Healthy Friendships, sponsored by JCADA (with Shaare Torah), Jan. 28
- Seaboard Basketball League, January-March

Note: Schedule updates and permission forms have been distributed to parents via e-mail. Contact Kadima/USY advisor Melissa Apter at mwapter@gmail.com for more information.

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- East*
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*For 7th & 8th graders

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- Eastern Europe/ Israel Pilgrimage



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Congregant on Her Move to Israel: 'I Found My True Home'

BY PEGGY "MIRI" MITCHEL

My move to Israel has worked out better than my wildest dreams. I found my true home in Jaffa, the old Ottoman city from which modern Tel Aviv sprouted.

Jaffa combines artsy-craftsy little shops, a huge flea market, Ottoman architecture, tons of hip young people packing outdoor cafes and lots of Arabs. There are Israeli theaters, Arab acting troupes, a mixed Hebrew-Arabic theater troupe, an acting studio, a dance center and so on. I share a lovely, airy apartment here with my Israeli roommate and her dog.

The Israeli lifestyle has made me younger. I lost eyesight in my left eye back in 2002. Driving is problematic. Last year, I began looking for retirement homes in the U.S. with kosher meal service and a little "old folks" bus, so that I wouldn't have to drive.

But I became a different person (even choosing a new name) when I relocated to Israel earlier this year. So many Israelis live car-free – young hipsters, families with kids of all ages, middle-aged people, old people – because public transportation is abundant and cheap. Tel Aviv and Jaffa are both very walkable cities with great bus service. Nothing about my lack of a car distinguishes me from the rest of Israeli society.

I don't think of myself as elderly anymore. I interact every day with people in their 20s, 30s and so on. As Bob Dylan sang in "My Back Pages": "But I was so much older then. I'm younger than that now."

A pleasant surprise is the integration of Jewish and Arab Israelis



Peggy Mitchel with a pet, Oscar, who shares her residence in Jaffa, Israel.



Peggy Mitchel stumbled across a street protest near her home in Jaffa. (Photo by Peggy Mitchel)

(Peggy Mitchel, a congregant at Tikvat Israel since 1989, relocated from Rockville, Md., in July.)

in Jaffa. Arabs are so numerous and ubiquitous in Jaffa that daily contact is the norm. Arabs are our neighbors, the staff at the bank, shop owners, sales clerks, health care workers, etc. I haven't met an Arab yet who wasn't kind and gracious. I've decided to study Arabic, as well as Hebrew, as part of my integration into Jaffa.

But there are still the same tensions we live with in the United States. The Jaffa version of the Black Lives Matter Movement arose violently when Jaffa police fired at two young, unarmed Arabs a few months ago, killing one. There were violent clashes in the streets in early August. The jointly sponsored protest rally I attended (by chance) at the Jaffa police station on my way to *Selichot* services was intense but peaceful, much like the Black Lives Matter march I attended in Washington, D.C. Most of the speakers were Arab, but a few were Israelis speaking Hebrew.

At least on the surface, three religions and secularism all seem to co-exist in harmony in Jaffa at this moment. Last Friday, as I was cleaning the apartment for Shabbat, the long, soulful calls of the muezzins from the mosques and the ringing of the church bells all mixed in with the sounds of Israelis at outdoor cafes and children playing.

Peace on earth is neither permanent nor widespread but, at least for now, Jaffa is a place of kindness, fellowship and peace for everyone. May the entire world learn to live as we do in Jaffa.



A Mighty 'Mega Build'

Thanks to the people who helped set up the TI sukkah during our "mega build" on Sept. 24. The construction in previous years was done over two Sundays, but we completed the job in one day this year to allow the decoration of the sukkah by the children of TI.

Thanks to Cliff Fishman, Sandra Schwartz, Mike Cohen, Aaron Mannes, Warren Berger, Steve Raucher, Danny Bachman, Dan Matathias and Avi Bardack.

Alan Apter

Generous Food Donors

Our TI community responded generously with food donations at Kol Nidre. Those donations were picked up by Manna Food Center for immediate sorting and distribution.

Thank you to the "Manna Team" consisting of Art Fabel and Marilyn and Michael Greenwood for their help with the food collection before the start of Kol Nidre.

*David Gantz
Manna team coordinator*

Meal Delivery Help

I am the newly elected president of Rockville Meals on Wheels, a small nonprofit organization that's been delivering nutritious meals for more than 40 years to seniors, people with disabilities and individuals who are confined to their houses in the Rockville area.

As a volunteer organization, Meals on Wheels depends on members of the community to make these deliveries possible. We are always in need of more volunteers and have multiple positions available, ranging from delivering meals to running our office. If you would like to help or seek more information, call our office at 301-340-1559 or e-mail us at volunteerchair@rockvillemealsonwheels.org.

*John M. Frizzell
President,
Rockville Meals on Wheels*

Standing With Victims

Thank you to the Tikvat Israel Tzedakah Fund for its generous donation to OneFamily. As tragic deaths, injuries and losses continue as a result of random acts of violence and brutality, it is more critical than ever that those who are suffering understand they are not alone. The crushing devastation that comes from experiencing a trauma never completely goes away.

OneFamily will continue to stand steadfast with Israel's victims of terror, helping them regain some semblance of their "new normal" as they struggle to cope and to simply survive.

*Marc Belzberg
Chairman,
OneFamily*

Your Backpack Bounty

On behalf of the Linkages to Learning team at Harmony Hills Elementary School in Silver Spring, we wanted to thank Tikvat Israel and coordinator Sandra Sheskin so much for your consistent support of our programs helping directly serve our children and families in need.

Special thanks to your congregation for the donations of school supplies and backpacks. We were able to cover all of our families in need and even offered some extra supplies to other Linkages school families.

We are so grateful and incredibly lucky to have this meaningful partnership with Tikvat Israel.

*Kate Yoo
Community School Coordinator,
Linkages for Learning*

Thank You Acknowledgements

We are thrilled to have TI's support for our program year. With your help, Sunflower Bakery programs provide skilled, on-the-job training to young adults with learning differences to facilitate their employment success.

At Café Sunflower in North Bethesda, we are entering our third year of operations and our trainees are gaining valuable front-of-house experience, acquiring barista skills, engaging in customer service and handling café operations. We expect to serve 10 trainees and interns this year.

*Janet Zuckerman, President
Daphna Raskas, Executive Director,
Sunflower Bakery*

This is to acknowledge, with deep appreciation, the contribution of \$265 made in support of our activities in Israel by Tikvat Israel. We have noted your recommendation that this be used for Israel Free-Loan Association.

*Geoffrey Stern
President,
P.E.F. Israel Endowment Funds*

First, thank you for your kindness to Shepherd's Table. Tikvat Israel's gift of \$265 means the world to us!

By the end of 2017, the county goal is to have all the individuals who are chronically homeless housed. We are proud to play our part in achieving this goal.

*Jacki Coyle
Executive Director,
Shepherd's Table*

Suicide Awareness

BY RABBI BENJAMIN SHULL



I have decided to reprint excerpts of my Rosh Hashana sermon on suicide awareness as my "Shull to Shul" article for this month. Though September was officially Suicide Awareness Month, it seems to me that every month should be suicide awareness month. I appreciate the feedback that I have received so far about my sermon and value greatly

any additional reactions or comments that you may want to offer. Gratefully, one congregant shared with me that because I raised the issue in my sermon, he felt better equipped to respond to a person who was intimating that she might take her life. My intent is to continue guiding our discussion about suicide awareness in the coming weeks and months through writing and speaking so that vital information can be shared and, with God's help, lives can be saved.

"Who shall live and who shall die, who by fire and who by water, who by overdose and who by razor blade." Suicide is a judgment that friends and loved ones decree against themselves. It is a judgment reached often by a mind beset by depression or other mental illness; clouded by drugs or alcohol. This year because of a Netflix show, "13 Reasons Why," about a 17-year-old who takes her own life, much attention has been focused on teen suicide and rightly so.

This scourge has hit close to home. At Blake HS, where our friend Mary Wagner teaches, two students this year completed suicide. And this August, my cousin's daughter, Sarah, killed herself with a handgun. Yes, suicide by the young is particularly devastating, but suicide is a tragedy that strikes people of all ages.

Judgments are made on this *Yom Ha-Din*, not only by the person who completes suicide but also by the rest of us who choose not to discuss this very real crisis which touches so many. Yes, it's hard to talk about suicide. Like death in general, but worse. It raises all kinds of anxieties and difficult emotions...fear, hurt, guilt, failure, anger, confusion. It's hard to talk about suicide, and I approach this topic with great trepidation, concerned that I might say the wrong thing, open up old wounds. But, nonetheless, I want to discuss this horrible way to end a life, and I will attempt to do so with all the care and sensitivity that I can muster.

My hope is that my words will prompt a discussion about this critical issue within our congregation and that perhaps through our discussion we can disseminate knowledge, bring some comfort, and maybe save a life. ...

Judaism and suicide—If we know anything about our tradi-

tion and this horrible end of life, it is probably that Jewish law forbids the burial of a suicide in a Jewish cemetery. ... And yet, the Rabbis set a high standard for what constituted suicide. Only one who takes his/her life willingly (*L'da'at*), generally understood as being of sound mind, is considered a suicide... Also, a ruling attributed to the medieval sage Rabbenu Asher states that traditional burial should not be denied to someone who commits suicide due to "a multiplicity of troubles, worries, pain, or utter poverty." Most modern rabbis have rested upon these leniencies to permit full burial rites to the person who has taken his/her life and full mourning practices to the members of their family.

This more lenient attitude in my opinion is appropriate, certainly given our increased knowledge of mental illness. ... [I] can't imagine denying a family the comfort offered by shiva and other mourning practices in the midst of their anguish; I can't imagine adding to the sense of shame and guilt that they already feel by punishing them through punishing their loved one. And yet, I am

still challenged by the demands of our tradition. Why is there [traditionally] such strictness with regard to suicide? What lessons were our sages trying to teach?

Well, I think they understood that we human beings have an aversion to pain and suffering. They also understood that we human beings do not by nature have a sense of the sacred. That life itself is sacred and special and not ours to do with as we please is a concept that must be taught. They knew that a willingness to end one's life when pain and suffering becomes too difficult would win out when a belief that life is sacred is missing. They knew that every individual

must have a reason to live ...

We must consider our own appreciation of life; our own struggle with hope and despair; our own awareness of available resources to help cope with life's deeply difficult challenges; our own embrace of the belief that life is sacred.

But, of course, we also have a responsibility towards others. And so we must ask a number of questions. Who is most vulnerable to suicide? According to the Cleveland Clinic, suicide rates are highest in teens, young adults, and the elderly. People over the age of 65 have the highest rate of suicide. Although women are more likely to attempt suicide, men are more likely to be successful. Suicide risk also is higher in the following groups—I will name just a few:

- Older people who have lost a spouse through death or divorce
- People who have attempted suicide in the past
- People with a family history of suicide

"Yes, it's hard to talk about suicide. Like death in general, but worse. It raises all kinds of anxieties and difficult emotions...fear, hurt, guilt, failure, anger, confusion."

Continued on next page

- People with a friend or co-worker who committed suicide
- People with a history of physical, emotional, or sexual abuse
- People with long-term pain, or a disabling or terminal illness

And what about warning signs? Is it possible to anticipate that someone might be considering killing themselves? The Cleveland Clinic lists the following clues and signs:

1. Excessive sadness or moodiness.
2. Sudden calmness: Suddenly becoming calm after a period of depression or moodiness can be a sign that the person has made a decision to end his or her life.
3. Withdrawal: Choosing to be alone and avoiding friends or social activities also are possible symptoms of depression. This includes the loss of interest or pleasure in activities the person previously enjoyed.
4. Changes in personality and/or appearance.
5. Dangerous or self-harmful behavior.
6. Recent trauma or life crisis.
7. Making preparations: Often, a person considering suicide will begin to put his or her personal business in order—by visiting friends and family members, giving away personal possessions, making a will, and cleaning up his or her room or home. Some people will write a note before committing suicide.
8. Threatening suicide: Not everyone who is considering suicide will say so, and not everyone who threatens suicide will follow through with it. However, every threat of suicide should be taken seriously.

Those are some of the warning signs. And so, an obvious follow-up question: “What can I do if I notice someone exhibiting these warning signs?” The Cleveland Clinic offers the following advice: Don’t be afraid to ask if he or she is depressed or thinking about suicide. In some cases, the person just needs to know that someone cares and is looking for the chance to talk about his or her feelings. You can then encourage the person to seek professional help.

And finally, perhaps the most challenging question of all; What should I do if someone I know is talking about committing suicide? **Take the threat seriously.**

- Do not leave the person alone. If possible, ask for help from friends or other family members.
- Ask the person to give you any weapons he or she might have. Take away sharp objects or anything else that the person could use to hurt him or herself.
- Try to keep the person as calm as possible.
- Call 911 or take the person to an emergency room.

And let me add a bit of personal advice: If you have any concerns about someone you know with regard to suicide, whether it’s someone who you think is vulnerable to suicide or someone whose loved one has already committed suicide, I urge you to call the national suicide prevention lifeline: 1-800-273-8255.

... [After a loss to suicide] I sense that the greatest anguish is caused by the constant self-questioning. How did I not see this

coming? What could I have done to prevent this horror? Am I responsible? Of course, no matter how many times these questions are played out in someone’s mind and no matter how the minutes and days and years leading up to the suicide are scrutinized, the survivors will most likely never come up with a satisfactory answer. And the difficult-to-accept truth is almost always, despite knowing the warning signs, suicide by a loved one is very hard to anticipate and even harder to prevent.

“Who will live and who will die”—this is not the totality of the prayer. [It] adds this: Who will be at peace and who will be troubled (*mee ya’nuah oo’me ya’nua*). Who will be serene and who will be torn (*mee yashkeet oo’me y’tobrahf*). Who will be tranquil and who will be tormented (*mee y’shahlayv oo’mee yit’yah’sayr*). Why the dramatic shift from actual life and death to serenity and trouble, tranquility and torment?

Perhaps the *Unatane Tokef*, attributed to the medieval sage Rabbi Amnon of Mainz, was alluding to what we today call mental health. Perhaps he was reminding us that depression and mental disease is not just “in your head” but a life sentence that must be regarded as being as painful and difficult as death by fire or death by water. ...

“Who shall live and who shall die.” ... The prayer concludes, *Ootshuvah, oo’tefilla, ootzedakah maaveereen et roah ha’gizayrah*. Repentance, prayer and tzedakah can allow us to transcend the evil of the decree.

Peeling back the religious language, what this prayer tells us is no matter the evil, the pain and suffering, the mental anguish, that comes our way, we do have a choice as to how we react. We can choose to give in to despair or we can make teshuvah, turn towards life and towards others. We can choose to speak with bitterness about the trials that have come our way or we can offer tefilah, words of praise and gratitude for what we still have. And finally, we can choose to cut ourselves off from the world and wallow in self-pity or we can do tzedakah, we can give of ourselves to others, our money, our words of kindness, our outstretched hand to those who need our strength so the bitterness of life can be sweetened just a bit. ...

The judgment day is at hand. The choice is ours to make!

MEN’S CLUB PURSUES BROAD EVENTS

The fledgling Tikvat Israel Men’s Club held an organizational meeting in mid-October to draft a mission statement, discuss possible activities and establish officers for the first year.

Individuals with or without a connection to TI who want to get on the mailing list should contact Warren Berger (warren.berger@gmail.com, 240-498-9048) or Damon Ehrlich (ehrllich55@msn.com, 301-570-8184).

The organizers hope to provide opportunities for educational programming related to Jewish life and of general interest, along with social and recreational activities (including synagogue sports teams) and volunteer service to the synagogue.

Still Time to Support Our Chai Campaign

BY JAYME SOKOLOW, CHAI CAMPAIGN CHAIR

The High Holidays are over, but the Chai Campaign continues. You have received a letter from Tikvat Israel asking you to contribute as generously as you can to our annual High Holidays campaign. You also heard about the importance of our Chai Campaign from the bima on the High Holidays.

Last year, we achieved our goal of raising \$60,000. We need to achieve it again. It is not too late to make a donation.

Thanks to your generosity, the Chai Campaign has helped the congregation balance its operating budget and provide outstanding programs and services to all congregants. The campaign also supports congregants who may need financial assistance during the year.

This year, we have the following categories of giving: Diamond (\$5,400), Platinum (\$3,600), Gold (\$1,800), Silver (\$1,000), Jade (\$720) and Chai (\$360).

As you think about making a contribution, consider how much Tikvat Israel has meant over the years to you and your family. Consider how the synagogue has supported you and your family in its joys and in its sorrows.

In 5778, be among our congregants who, in the words of our *Siddur*, “unite to establish synagogues for prayer” and who “give funds for heat and light, and wine for kiddush and havdalah.”

Dec. 3 Concert Features Two Folk Music Trios

Tikvat Israel is now in its third year as a venue for folk music concerts run by Focus, a non-profit music promoter in the Washington area.

The year’s first concert, on Oct. 15, featured singer Seth Glier. Next up, on Dec. 3, is a show titled a “Duo of Trios,” featuring the artists No Good Sister and Lulu’s Fate.

Concert details, including advance sale tickets and links to video samples of the performers’ work, can be found at Focusmusic.org.

Michael Amster, TI’s liaison with Focus, says: “Give a listen, then mark your calendar for the December show. Come and enjoy world-class talent in our spiritual home.”



No Good Sister (left) and Lulu’s Fate (right).

FUND FOR THE FUTURE

That Difficult Discussion

BY SAM GILSTON, CHAIR,

TIKVAT ISRAEL FUND FOR THE FUTURE

As we go through life, there are many joyous and satisfying milestones that we look forward to celebrating: education, marriage, children, careers and financial success.

There are other moments that are not so pleasant, such as when we have to have that difficult discussion: “What happens when I die?”

This question often hits us when we realize that we need life insurance to protect our families after we are gone. It also comes up when we decide we need a will to arrange for the disposition of our estates after we pass.

Some of us don’t think about this question until we are well into middle age or older. When we are young, we tend to think we are immortal or, at least, that the issue of death is many years away.

Some estate planners, however, say the questions about insurance and wills should be addressed at a much younger age than many of us realize. We don’t have to have a spouse and children to think about life insurance, nor a large estate to consider a will.

Many expenses may face the family of a young person who dies. For example, a young unmarried person might own a home and have a mortgage to resolve or car payments, as well as funeral expenses.

Similarly, a will might be needed to give survivors authority to dispose of tangible and financial assets. A will also might be accompanied by proper powers of attorney and end-of-life instructions in case a person is incapacitated and cannot make health decisions by himself or herself.

These are not happy things to think about, but in the complex world in which we live today, these are issues best considered sooner rather than later.

At any age and at any stage in our lives, a will could be the proper place to consider leaving a gift to Tikvat Israel as one of your beneficiaries.

When including Tikvat Israel in your will, you can designate your gift to go specifically into the Fund for the Future, our synagogue’s endowment program.

Our goal with the Fund for the Future is to build up a capital account that will eventually produce a significant amount of annual income to supplement the congregation’s other sources of funds, including dues. You can help make that happen.

Fund for the Future committee members will be glad to sit down and talk with you about the options available to you to leave a gift to the synagogue. We can also discuss alternative ways that gifts can be arranged that still provide for your family but also benefit Tikvat Israel.

These discussions are not difficult. They merely aim to provide you with information that you can use to make your own estate plans.

Please call me if you want more information. I’m at 301-924-5424.



Jewish cooking authority Joan Nathan (fifth from left) is surrounded by fans affiliated with Tikvat Israel. They are, from left, Amy Matathias, Bobbi Espinoza, Sara Black, Felicia Black, Sue Urban, Rebecca Matathias and Bobbi Cohen.

Congregants Relish Joan Nathan's Words

Tikvat Israel congregants were among the 40 foodies who gathered Oct. 1 at the Olney Farmers and Artists Market to listen to Jewish cuisine guru Joan Nathan discuss her latest cookbook, *King Solomon's Table: A Culinary Exploration of Jewish Cooking from Around the World*.

Nathan wove in stories from her travels and told tales of the food she included in her newest work. *King Solomon's Table* showcases stunning illustrations, historical details, personal histories and mouthwatering recipes describing the diversity of a culinary tradition more than 3,000 years old.

Her hosts at the Olney market prepared two of her recipes from the book for sampling—an olive oil cookie thought to be of Greek origin, and slightly sweet-and-sour cabbage. Nathan learned the recipe for the cabbage dish from Sara Yaech, a Sephardic Cuban woman, who told her she once served it to a Russian woman who thought it was remarkably similar to her mother's recipe.

Nathan, a Washington, D.C., resident, is an American cookbook author and journalist on Jewish cuisine. She was executive producer and host of "Jewish Cooking in America with Joan Nathan," a PBS series based on her prize-winning cookbook *Jewish Cooking in America*.

PREPPING FOR THE HOLIDAYS



About 30 congregants participated in a High Holidays workshop in the synagogue's Flax Library led by Rabbi Shull just prior to Rosh Hashanah. (Photo by Felicia R. Black)

On-Site Volunteers Contribute to Manna's Sorting Services

Volunteers from Tikvat Israel have taken a bi-monthly turn at Manna Food Center in Gaithersburg, including a stint on Aug. 31.

They organized nonperishable food in four large bins, which is the first step in the sorting process at the regional food bank that serves the hungry in Montgomery County and beyond.

About 200 households pick up from Manna each weekday. Volunteers also fill backpacks with food to send home with 2,800 elementary school students each week.

During their time on site, the synagogue's Manna coordinator Art Fabel said the volunteers engaged in discussions that focused largely on retirement planning. He said the liveliest debates focused on these matters, some more lighthearted than serious:

1. What should be considered "old enough" to qualify for Medicare.
2. Padding your nest egg by selling pet food on Amazon.
3. The need to provide dental care for lower-income individuals.
4. Which is healthier – beef jerky or ramen noodles?



Food sorting volunteers at the Manna Food Center on Aug. 31 were, from left, Art Fabel, Robbi Cohen, Tanya Aleksandrova, Felicia Black, Pete Xydas, Karen Cohen, Marsha Fabel and Debbie Amster.



From left, Felicia Black, Karen Cohen, Tanya Aleksandrova and Debbie Amster sorted donated food products contained in large bins at Manna Food Center. (Photo by Art Fabel)

HASBARA: Focus on Israeli Innovation

(Fourth in a Continuing Series)

BY HARVEY T. KAPLAN

In this fourth installment in the continuing series on Israeli innovation, I will introduce advances in engineering education, self-driving auto technology, portable power generation, and germ-fighting fabrics.

Education: In my last article, covering our Summer 2017 visit



Cornell Tech campus, the New York City home of the Jacobs Technion-Cornell Institute (Photo by Iwan Baan)

to the Technion in Haifa, I shared the fact that the Israel Institute of Technology would be a partner in a new educational institution in New York City. The new campus' initial 5-acre phase officially opened on Roosevelt Island (located in the East River between Manhattan and Queens) on September 13, 2017. The school is called "Cornell Tech," and is a joint venture between Cornell University and the Technion-Israel Institute of Technology.

According to Wikipedia, "the curriculum was designed to teach both engineering and business, with a focus on entrepreneurship." The Jacobs Institute offers two master's degree programs: *Connective Media* combines a traditional computer science and engineering curriculum with technology's impacts and entrepreneurial aspects; and *Health Tech* teaches about modern technology's use in the healthcare sector. (See: https://en.wikipedia.org/wiki/Cornell_Tech.)

Auto technology: Israel has no domestic car manufacturing industry, but it is a veritable competitor in the worldwide automotive industry as an active player in autonomous-driving technology. Many of us already expect some form of self-driving cars to be a part of our future—and I am confident in predicting that, similar to Israel's innovations and developments in cell phone technology, we'll see a major Israeli contribution in cars that will (in some form) be ready to drive themselves. In the opinion of Yaniv Sulkes, vice president of business development and marketing for Autotalks (a leading Israeli startup in the autonomous driving field), the auto industry is going through a massive change. Before it was all about "the engine, the power train and the design, now we're getting into artificial intelligence, cybersecurity and network connectivity ... an area where Israel has a lot of IP [intellectual property] and experience." (See: <https://www.israel21c.org/10-of-the-hottest-autonomous-driving-technologies-from-israel/>.)

Power generation: By the time you read this, I am hopeful that the worst of the horrible flooding, devastation, and power outages wrought by natural disasters during the summer of 2017 will finally be over. Nevertheless, we all know that natural disasters are something for which we should be prepared. Enter the light-

weight electrical generator from the Israeli company Aquarius, which can solve many of the problems that available technology cannot. A typical "portable" household generator available today might provide 20 kilowatts (kw) of power, and weigh half a ton. Aquarius is primed to manufacture a generator that weighs only 220 pounds and can produce 35kw—enough for two homes! According to a recent article, the efficiency comes from an unusual design invented by Shaul Yaakoby: a single-piston linear engine. "A cylinder moves the fuel from side to side to generate electrical current, much like sea waves can do through an up-and-down movement." (See: <https://www.israel21c.org/lightweight-generator-gets-ready-for-next-natural-disaster/>.)

Germ-fighting clothing: Perhaps you've heard of the possibility of measuring blood pressure, pulse rates, etc., with sensors of some form imbedded in clothing. A related innovation from Israel is a cotton product that has the ability to kill germs and viruses on contact. A company in Jerusalem, Argaman Technologies, has developed a bio-inhibitive cotton that can be made into facial masks, hotel linens, uniforms, sportswear, and a whole lot more. This sounds very useful in many settings, e.g., hospitals, nursing care facilities, or senior citizen residences. Argaman currently is testing its CottonX, billed as the "world's first bio-inhibitive 100 percent cotton" called "The Uniform that Cares," where "enhanced copper-oxide particles are ultrasonically ... blasted into cotton fibers using an environmentally friendly technique." (See: <https://www.israel21c.org/unique-cotton-fabric-kills-germs-and-viruses-on-contact/>.)

Several members have asked me to share information about Israel's newest technologies and research related to the use and conservation of water. I'll try to tackle that subject in the next issue of the newsletter. Please let me know if there's any other Israeli innovative subject about which you'd like to read more.

DELIVERING VOLUNTEER SPIRIT TO THE ELDERLY



Tikvat Israel members played an active role in helping the elderly and infirm observe the High Holidays this fall. At left, congregants Jim Perlmutter, Jay P. Goldman and Rebecca Salon led a combination Rosh Hashanah/Yom Kippur service for residents of Potomac Valley Nursing Home in Rockville and their family members. Also, Sam Gilston demonstrated his prowess as shofar blower. At right, Roma Sohn delivered Rosh Hashanah cards to the Jewish residents of the Aspenwood Senior Living Center in Rockville.

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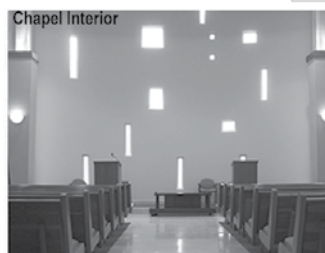
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Tikvat Israel Remembers With Respect Those Whose Yahrzeits Occur From 12 Heshvan through 12 Kislev – November 2017

**12 HESHVAN
NOVEMBER 1**
Irving Allen
Bertha Gudelsky
David Kline
Nancy Kanow Simpson

**13 HESHVAN
NOVEMBER 2**
Dora Fraeman
Morris Hanig
Clara Kandalis
Rose Kaplan
Anne K. Robinson
Solomon Zeidman

**14 HESHVAN
NOVEMBER 3**
Lester Finkelstein
Mollie Ginberg
Bessie Helzner
Anna Marmor
Jacob Marmor
Morton Aaron Rosen
Benjamin Saperstein

**15 HESHVAN
NOVEMBER 4**
Nathan Askow
Lorraine Fried Gelula
Rose Krepchin
Rose Rosenbloom
Sadie Steckler

**16 HESHVAN
NOVEMBER 5**
Harry Kensky
Morry Nisenson
Danny Pressman

**17 HESHVAN
NOVEMBER 6**
Lena Glick
Mary Goldstein
Ada Punitzer
Muriel Rosenberg

**18 HESHVAN
NOVEMBER 7**
Donald Futrovsky
Judy Katz-Berger
David Jacob Lerner
Mark Sandler
Benno Stein

**19 HESHVAN
NOVEMBER 8**
Louis Bogage
Daniel Bronstein
Estelle Freedman
Selma Horwitz
Maida Nussbaum
Shirley Rodes

**20 HESHVAN
NOVEMBER 9**
Jennie Jaffe Flax
Martin Rosenlicht
Russell Keith Rosner
Saul Stutz
Max Wottitzky

**21 HESHVAN
NOVEMBER 10**
David Joseph First
Bertha Greenfield
Max Klein
Martha Lohwasser
Sidney Teitelbaum
Paula Weiser

**22 HESHVAN
NOVEMBER 11**
Rachel Armoza
Kurt Hering
Joey Pearl
Ann Rubin
Stefan Zweig

**23 HESHVAN
NOVEMBER 12**
Bessie Bachman
Sadje Grand
Ronald Hamburg
Sarah Labovich
Rabbi Oscar Lifshutz
Clara Osofsky
Amy Strong
Kurt Tuchler

**24 HESHVAN
NOVEMBER 13**
Joshua Bass
Abraham Bernstein
Joseph Bernstein
Joshua Borushok
Hyman Gardsbane
Ellen Halpern
Herbert Kammerman
Rose Schmetterling
Samuel Steinberg

**25 HESHVAN
NOVEMBER 14**
David Barrish

**26 HESHVAN
NOVEMBER 15**
Howard Blafkin
Helen Jaffe
Sam Krick
Eleanor Miller
Samuel J. Mollen
Jack Rosen

**27 HESHVAN
NOVEMBER 16**
Sol Baron
Samuel Braunstein
Nathan Cohen
Louise Deutchman
Meyer David Green
Philip Grossmann
Anna Lichterman
Rachel Maran
Resel Zeidman

**28 HESHVAN
NOVEMBER 17**
Selma Kubitz

**29 HESHVAN
NOVEMBER 18**
Herb Curchack
Harold Davis
Pearl Fink
Rosalie Taylor

**1 KISLEV
NOVEMBER 19**
Marvin Apter
Zenita Berman
Edward Hallen
Rose Kopp

**2 KISLEV
NOVEMBER 20**
Alick Abramson
Manuel Cohen
Myra Pasternak
Sam Schuchman
Jean Zalevsky

**3 KISLEV
NOVEMBER 21**
Florence Cohen
Jesse Curchack
Leonard Hardis
Miriam Stein

**4 KISLEV
NOVEMBER 22**
Ida Hamburg
Esther Sax
Arnold Springer
Tom Zusman

**5 KISLEV
NOVEMBER 23**
Jacob Bernstein
Jerome Feingold
Morris Pachenker
Louis Pelish
Henrietta Roth

**6 KISLEV
NOVEMBER 24**
Rosemary Birrell
Rose Fischer
Paul Flacks
Dr. Barbara Herman
Gordon Miller
Herbert H. Miller
Jack Sheskin
Harry Weil

**7 KISLEV
NOVEMBER 25**
Bernard Cohen
Melford Cohen
David Fleitman
Nathan Halpern
Robert Kandalis
Ernest Nash
Harry Ohr

**8 KISLEV
NOVEMBER 26**
Ellen Berman
Shirley Blau
Joseph Cohen
Sophye Cohen
Samuel Rosenberg
Dr. Theodore L.
Tetenbaum
Lewis Weinbrom

**9 KISLEV
NOVEMBER 27**
Doris Amster
Sidney Brittner
Fred Curchack
Shirley Fishman
Reuben Lapin
Rose Oppenheim Levin
Ezra Menachem Marcus
Moe A. Robinson

**10 KISLEV
NOVEMBER 28**
Arthur Amster
Minnie Jorban
Muriel Sandler
Ada Taylor

**11 KISLEV
NOVEMBER 29**
Max Blum
Herbert Brotman
Richard Copaken
Isaac Eiserike
Harry Selinger
Aaron Weinstein

**12 KISLEV
NOVEMBER 30**
Fannie Fleitman
Alfons Reich
Sam Spiegel



Tikvat Israel Remembers With Respect Those Whose Yahrzeits Occur From 13 Kislev through 13 Tevet – December 2017

13 KISLEV

DECEMBER 1

Henry Aronson
Toby Baum
Louis Kensky
Beryl Newman
William W. Radin
Melvyn Spector
George Waltzer

14 KISLEV

DECEMBER 2

Samuel Altschuler
Jeremy Copaken
Daniel Kaiser

15 KISLEV

DECEMBER 3

Isidor Schechter

16 KISLEV

DECEMBER 4

Dorothy Goldstein
Joseph Goldstein
Elizabeth Jennes
Irvin Lerner
Florence Nachamkin
Nicky Papageorge
Samuel Salit
Doris Schlessinger
Meyer Taubman

17 KISLEV

DECEMBER 5

Irving Baron
Harry Brodofsky
Sonya Dunie
Max Feinsilber
Rebecca Gershowitz
Max Glick
Samuel Kier
Abe Lavine
Charlotte Lowenfeld
Lilian Lowenfeld
Saul Reiter
Sharon Silberberg
Solomon Zimmerman

18 KISLEV

DECEMBER 6

Khana Klig
Bobbie Leman
Anna Levin
Suzanne Lifschitz

19 KISLEV

DECEMBER 7

Paula Beck
Leon Cohen
Heinz Eric Gerstle
Bernard Prosnit
Jeanette Sohn
Joseph Spiegelberg

20 KISLEV

DECEMBER 8

Celia Blum
Riva Fishman
Regina Grossmann
Sam Hendler
Herschel Herscovitz
Sarah Kensky

21 KISLEV

DECEMBER 9

Jacob George Bloom
Norman Franklin Jacob
Carl Solomon

22 KISLEV

DECEMBER 10

Philip Abramowitz
Maurice Binder
Robert Eisner
Morris Katz
Joseph Levy
Bertha Phillips
Alice Sachs
Bessie Schreiber

23 KISLEV

DECEMBER 11

Esther Adelson
Louis Blum
Ann Brotman
Marilyn Burdett
Alana E. Fishman
Judge Jair Kaplan
Abraham Kensky
Nettie Koepfel
Joseph Milenky
Abraham Schuchman
Herman Sheskin
Lazar Volin

24 KISLEV

DECEMBER 12

Lena Burdett
Donna Faye Frank
Margaret Gerstle
Morton Lerner
Alice Regensteiner
Fannie Stein

25 KISLEV

DECEMBER 13

Fay Avery
Bonnie Brafman
Edna Cohen Goldstein
Gilda Greene
Julia Gruenfeld
Herman Linsenberg
Charles Prince

26 KISLEV

DECEMBER 14

Fannie Burdoo
Leon Louis Cohen
Samuel E. Herman
Ruth Katzen
Cheryl Lang
Alexander Lewis
Kate Selinger

27 KISLEV

DECEMBER 15

Otto Lohwasser
Freda Willander

28 KISLEV

DECEMBER 16

Irma Pazo
Steven Prince
Arnold Schwartz
Selma Shapiro
Jacob Sperling

29 KISLEV

DECEMBER 17

Mildred Baron
Jerome Boden
Morris Kagan
Milton Rodes
Fannie Selwyn
Arlene Simon
Henrietta Zoltrow

30 KISLEV

DECEMBER 18

Rose Feinman
Max Keusch
Dorothy Wolfe

1 TEVET

DECEMBER 19

Bernard Fattman
Frank Feinsilber
Jacob Golding
David Greenberg
Doris Kalman
Joshua Krepchin
Sidney Sandler
Dr. Mark Stern
Irwin Jan Stolovy

2 TEVET

DECEMBER 20

Louis Burdoo
Peter Schwartzman
Judith Sue Sussman

3 TEVET

DECEMBER 21

Louis Broadman
Jacob Dall
Sol Danoff
Max Douma
Pauline Greene
Miriam Hoffman
Miriam Matathias
Theresa Romm

4 TEVET

DECEMBER 22

David Cohen
Samuel Grossman
Ida Levitan
Ethel Pear
Ruth Seide
Gary Shuken
Max Teitel
Freda Weiss

5 TEVET

DECEMBER 23

Hilda Cohen
Ida Fattman
Louis "Luck" Goldberg
Max Klein
Lewis Levy
Sarah Margolies
Nina Matathias
Alvin Reiner

6 TEVET

DECEMBER 24

Virginia Jeanne Andrews
John Larry Baer
Mauricio Battino
Salomon Battino
Anita Cowan
Irving Fischer
Philip L. Helman
Jackie Hoffman
Ben Perlmutter
Frances Saperstein
Fred Stryker

7 TEVET

DECEMBER 25

Jack Bendett
Helen Berger
Eve Benesch Hoffman
Daniel Jeremias
Sol Leise
Anne Segal

8 TEVET

DECEMBER 26

June Balin
Esther Berk
Morris Gaspin
David Glass
Belle Schechter
Eva Kramer
Weinschelbaum

9 TEVET

DECEMBER 27

Max Bassin
Irving Reiner
Doris Klion Taylor
Philip Weinstein
Dora Zlotnick

10 TEVET

DECEMBER 28

Lydia Black
Steven Bowen
Henry Roth
Carl Seide

11 TEVET

DECEMBER 29

Julia Auerbach
Irene Berger
Fred Buff
Morris Gorinson
Margaret Peisner

12 TEVET

DECEMBER 30

Geraldine Linden
Mollie Radin Schragger
Jennie Strassman

13 TEVET

DECEMBER 31

Rose Blackstone
Eli Dannemann
Ellen Jacob
Allen Katz
Anna Krooler
Nathan Nachamkin
Lois Renee Nisenon

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The congregation gratefully acknowledges the following donations to the various funds of Tikvat Israel. The donor lists that follow reflect gifts received at the synagogue in August through September. If your donation during this time does not appear in the list, please contact the synagogue office at 301-762-7338 or office@tikvatisrael.org.

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Rose Wadler by Stuart and Sandra Brafman
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In honor of Louise and Chuck Chatlynne's 50th wedding anniversary by Marilyn and Michael Greenwood
In honor of Louise and Chuck Chatlynne's 50th wedding anniversary by Barbara Katz
In memory of David Chefer by Leslie and Aaron Fineman
In memory of David Fineman by Leslie and Aaron Fineman

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by Brenda and Keith Brooks

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In honor of Louise and Chuck Chatlynne's 50th wedding anniversary by Kelcey Klass
In honor of Lauri Joseph's birthday by Kelcey Klass

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In appreciation of Roz Kram by Elyse and Jeff Bernstein
In appreciation of Shirley Waxman by Elyse and Jeff Bernstein
In honor of Amy Matathias, for her wide-ranging volunteer service, by Betty and Cliff Fishman
In honor of Lauri Joseph's birthday by Doris and Dennis Eisen
In honor of Lauri Joseph's birthday by Helen and Steve Raucher

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In honor of Louise and Chuck Chatlyne's 50th wedding anniversary by:
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Michele and Steve Eisenberg
Ellen and Sherman Eisner
Betty and Cliff Fishman
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Susan and Jay Plafker
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In honor of the marriage of Alex Berger and Madeline Paul by Betty and Cliff Fishman

In honor of the marriage of Julia Bernstein and Natan Simhai by Amy and Dan Matathias
In honor of the marriage of Eitan Freedenberg and Molly Tarbell by Amy and Dan Matathias
In honor of Myra and Leonard Degollado, for all their help, by Elizabeth Battino

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In memory of Joan Kaiser by Shelly and Bruce Goldin
In memory of Jack Klass by Betty and Cliff Fishman
In memory of Jack Klass by Amy and Dan Matathias

In memory of Aaron David Kott by Amy and Dan Matathias
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In memory of Max Ludwick by Harriet and Al Schwartz
In memory of David Pearl, brother of Denny Kanuck, by Janice and Bob Balin
In memory of Barbara Shulman by Jodi and Dan Anderson

In memory of Barbara Shulman by Barbara Dunnigan
In memory of Claire Weiser by Shelly and Bruce Goldin
In memory of Claire Weiser by Beth Wilansky Goldstein, and Henrietta, Betsy and Bob Wilansky
In memory of Minna Williamowsky by Shelly and Bruce Goldin
Wishing Bill Kerpelman a speedy recovery by Ruth and Irwin Chornock

KIDDUSH FUND

In honor of Dan Black's birthday by Felicia Black
In honor of Keith Brook's August birthday by Brenda Brooks
In honor of Larry Levine's September birthday by Sandy Levine

KIDDUSH FUND (continued)

In honor of Louise and Chuck Chatlyne's 50th wedding anniversary by Amy and Dan Matathias
In honor of Michele and Steve's 35th anniversary by Michele and Steve Eisenberg

In honor of Susan and Alan Apter's Simchat Torah honor by Janice and Bob Balin
In honor of Susan and Alan Apter's Simchat Torah honor by Amy and Dan Matathias
In honor of Susan and Alan Apter's Simchat Torah honor by Rebecca Salon and Jay Goldman
In honor of the 30th anniversary of the adult bat mitzvah class by Judy Davis
In honor of the 30th anniversary of the adult bat mitzvah class by Betty and Cliff Fishman

PRAYER BOOK FUND

In honor of Chuck and Louise Chatlyne on their 50th anniversary by Alice and Dave Gantz

PRAYER BOOK FUND (continued)

In honor of Chuck and Louise Chatlyne on their 50th anniversary by Amy and John O'Callaghan
In memory of Jacob Berman by Howard Berman
In memory of Claire Weiser by Susan and Martin Fullenbaum

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In appreciation of Rabbi Shull by Elyse and Jeff Bernstein
In honor of Rabbi Shull by Susan and Jay Plafker
In honor of Sue Boden's granddaughter's bat mitzvah by Sue Sandler and Morty Davis
To assist the Afghani refugee family by Frank Cooper
To provide financial support for the Kickoff BBQ, retreat, scholarships and future programs by the TI Women's Network

TI Folks Scatter Widely to Look Briefly Skyward

BY SUSAN URBAN

Tikvat Israel members and their families experienced a true "*ma'aseh moment*" on Aug. 21 — the so-called "Great American Eclipse of 2017." Many members of our congregation took a little time away from their routines to view a partial solar eclipse. Others traveled further afield to see the total eclipse.

Debbie and Michael Amster were talked into driving with some friends to St. Matthews, S.C., which has a year-round population of 500. They ended up becoming "eclipsophiles." John and Rianne Melmed also drove to a small town — Niota, Tenn. (population 700) to get a great view. Warren Berger and Sue and Martin Urban drove to Columbia, S.C., where they saw the total eclipse on the campus of the University of South Carolina.

All of the members reported they received a warm welcome as part of the melting pot of attendees.

Chuck and Louise Chatlyne flew to Nashville, Tenn., and took a bus tour sponsored by *Sky & Telescope* magazine. Expert lecturers explained the event, and the group saw totality in Hopkinsville, Ky. Michele and Steve (z"l) Eisenberg and Kate Jennes-Kahn and Steve Kahn had booked a cruise to Bermuda, but they didn't realize they would be at sea during the eclipse. The four of them enjoyed seeing an 85 percent solar eclipse.

Those who saw totality described the experience as amazing, other-worldly, awe-inspiring and absolutely worth the trouble.

The next total solar eclipse that will cross the United States (from Texas to Maine) will occur on April 8, 2024 — exactly two weeks before the first Passover seder.



Looking skyward with their protective eyeglasses in South Carolina were, from left, congregants Warren Berger, Sue Urban and Martin Urban.

NOVEMBER 2017

12 Cheshvan - 12 Kislev 5778

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>5 16 Cheshvan</p> <p>9:00AM Atid LC Classes</p> <p>9:00AM Routes Day of Learning at George Mason University</p> <p>9:00a Minyan</p> <p>10:00AM Adult Ed: "An Unlikely Revival: Jews in Today's Germany"</p> <p>12:00PM Bonim Event</p> <p>7:30p Minyan</p>	<p>6 17 Cheshvan</p> <p>6:45a Minyan</p> <p>7:30p Minyan</p>	<p>7 18 Cheshvan</p> <p>6:00PM Adult Hebrew Language Institute: Intermediate Hebrew</p> <p>6:30PM Melton Class</p> <p>7:30p Minyan</p>	<p>1 12 Cheshvan</p> <p>4:30PM Atid LC Classes</p> <p>7:30p Minyan</p> <p>8:00PM Study With Rabbi Brandriess</p> <p>8:00PM Bridge</p>	<p>2 13 Cheshvan</p> <p>6:45a Minyan</p> <p>7:30p Minyan</p>	<p>3 14 Cheshvan</p> <p>8:00a Minyan</p> <p>9:00AM Study with Rabbi Shull</p> <p>5:46p Candle-lighting</p> <p>6:30PM Kabbalat Shabbat</p>	<p>4 15 Cheshvan</p> <p>9:30AM Shabbat Services (Parashat Vavera) Junior Congregation</p> <p>11:00AM Minyan Yekedim (K-2) Shabbat</p>
<p>12 23 Cheshvan</p> <p>9:00AM No Atid LC Classes - Professional Day</p> <p>9:00a Minyan</p> <p>2:00PM True Stories</p> <p>7:30p Minyan</p>	<p>13 24 Cheshvan</p> <p>6:45a Minyan</p> <p>7:30p Minyan</p>	<p>14 25 Cheshvan</p> <p>6:00PM Adult Hebrew Language Institute: Intermediate Hebrew</p> <p>6:30PM Melton Class</p> <p>7:30p Minyan</p>	<p>15 26 Cheshvan</p> <p>4:30PM Atid LC Classes</p> <p>7:30p Minyan</p> <p>8:00PM Study With Rabbi Brandriess</p>	<p>16 27 Cheshvan</p> <p>6:45a Minyan</p> <p>12:15PM Hazak Meeting</p> <p>7:30p Minyan</p>	<p>17 28 Cheshvan</p> <p>8:00a Minyan</p> <p>9:00AM Study with Rabbi Shull</p> <p>4:34p Candle-lighting</p> <p>6:30PM Kabbalat Shabbat</p>	<p>18 29 Cheshvan</p> <p>9:30AM Shabbat Services (Parashat Toldot) Drama Shabbat</p> <p>11:00AM Torah Club</p>
<p>19 1 Kislev</p> <p>Rosh Chodesh</p> <p>9:00AM Atid LC Classes</p> <p>9:00a Minyan</p> <p>7:30p Minyan</p>	<p>20 2 Kislev</p> <p>6:45a Minyan</p> <p>7:30p Minyan</p>	<p>21 3 Kislev</p> <p>6:30PM Melton Class</p> <p>7:30p Minyan</p>	<p>22 4 Kislev</p> <p>7:30p Minyan</p>	<p>23 5 Kislev</p> <p>9:00a Minyan</p> <p>7:30p Minyan</p>	<p>24 6 Kislev</p> <p>8:00a Minyan</p> <p>9:00AM Study with Rabbi Shull</p> <p>4:30p Candle-lighting</p> <p>6:30PM Kabbalat Shabbat</p>	<p>25 7 Kislev</p> <p>9:30AM Shabbat Services (Parashat Vavetzal) Torah Club</p> <p>11:00AM Torah Club</p>
<p>26 8 Kislev</p> <p>9:00a Minyan</p> <p>7:30p Minyan</p>	<p>27 9 Kislev</p> <p>6:45a Minyan</p> <p>7:30p Minyan</p> <p>8:00PM Board Meeting</p>	<p>28 10 Kislev</p> <p>6:00PM Adult Hebrew Language Institute: Intermediate Hebrew</p> <p>6:30PM Melton Class</p> <p>7:30p Minyan</p>	<p>29 11 Kislev</p> <p>4:30PM Atid LC Classes</p> <p>7:30p Minyan</p> <p>8:00PM Study With Rabbi Brandriess</p>	<p>30 12 Kislev</p> <p>6:45a Minyan</p> <p>7:30p Minyan</p>		

DECEMBER 2017

13 Kislev - 13 Tevet 5778

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>3 9:00AM 15 Kislev 9:00a <u>Atid LC Classes</u> 10:00AM Minyan 10:00AM <u>Anne Kaiser</u> <u>Presentation on Maryland Legislative Agenda for 2018</u> 7:00p Minyan 7:30PM <u>Focus Concert - A Duo of Trios: No Good Sister and Lulu's Fate</u></p>	<p>4 6:45a Minyan 7:30p Minyan 16 Kislev</p>	<p>5 6:00PM 17 Kislev Adult Hebrew Language Institute: <u>Intermediate Hebrew</u> 6:30PM <u>Melton Class</u> 7:30p Minyan</p>	<p>6 4:30PM 18 Kislev <u>Atid LC Classes</u> 7:30p Minyan 8:00PM <u>Bridge</u></p>	<p>7 6:45a Minyan 7:30p Minyan 19 Kislev</p>	<p>1 8:00a Minyan 9:00AM <u>Study with Rabbi Shull</u> 4:28p Candle-lighting 6:30PM <u>Kabbalat Shabbat</u> 13 Kislev</p>	<p>2 9:30AM 14 Kislev <u>Shabbat Services (Parashat Vayishlach)</u> 10:30AM <u>Junior Congregation</u> 11:00AM <u>Minyan Yeledim (K-2) Shabbat</u></p>
<p>10 9:00AM 22 Kislev 9:00a <u>Atid LC Classes</u> 9:00a Minyan 12:00PM <u>Machar Event</u> 1:00PM <u>Kadima Event at Potomac Valley Nursing Home</u> 7:30p Minyan</p>	<p>11 6:45a Minyan 7:30p Minyan 23 Kislev</p>	<p>12 6:45a Minyan 6:00PM 24 Kislev Erev Chanukah Minyan <u>Adult Hebrew Language Institute: Intermediate Hebrew</u></p>	<p>13 4:30PM 25 Kislev Chanukah (1) <u>Atid LC Classes</u> 7:30p Minyan 8:00PM <u>Study With Rabbi Brandiss</u></p>	<p>14 6:45a Minyan 7:30p Minyan 8:00PM <u>Toastmasters</u> 26 Kislev Chanukah (2)</p>	<p>15 8:00a Minyan 9:00AM <u>Study with Rabbi Shull</u> 4:29p Candle-lighting 6:30PM <u>Kabbalat Shabbat</u> 27 Kislev Chanukah (3)</p>	<p>16 9:30AM 28 Kislev <u>Chanukah (4) Shabbat Services (Parashat Miketz)</u> 11:00AM <u>Torah Club</u></p>
<p>17 9:00AM 29 Kislev <u>Chanukah (5)</u> <u>Hanukkah Sing (Time to be determined)</u> 9:00AM <u>Atid LC Classes</u> 9:00a Minyan 7:30p Minyan</p>	<p>18 6:45a Minyan 7:30p Minyan 30 Kislev Chanukah (6) Rosh Chodesh Minyan Minyan</p>	<p>19 6:00PM 1 Tevet Chanukah (8) Rosh Chodesh Adult Hebrew Language Institute: <u>Intermediate Hebrew</u> 6:30PM <u>No Melton Class</u> 7:30p Minyan</p>	<p>20 4:30PM 2 Tevet Chanukah <u>Atid LC Classes</u> 7:30p Minyan 7:45PM <u>Women's Network Book Group</u></p>	<p>21 6:45a Minyan 12:15PM <u>Hazak Meeting</u> 7:30p Minyan 3 Tevet</p>	<p>22 8:00a Minyan 9:00AM <u>Study with Rabbi Shull</u> 4:32p Candle-lighting 6:30PM <u>Kabbalat Shabbat</u> 4 Tevet</p>	<p>23 9:30AM 5 Tevet <u>Shabbat Services (Parashat Vayigash)</u> 11:00AM <u>Torah Club</u></p>
<p>24 9:00a Minyan 7:30p Minyan 6 Tevet</p>	<p>25 9:00a Minyan 7:30p Minyan 7 Tevet</p>	<p>26 6:30PM 8 Tevet <u>No Melton Class</u> 7:30p <u>Tonight</u> Minyan</p>	<p>27 7:30p Minyan 9 Tevet</p>	<p>28 6:45a Minyan 7:30p Minyan 8:00PM <u>Toastmasters</u> 10 Tevet Fast of Tevet</p>	<p>29 8:00a Minyan 4:36p Candle-lighting 6:30PM <u>Kabbalat Shabbat</u> 11 Tevet</p>	<p>30 9:30AM 12 Tevet <u>Shabbat Services (Parashat Vayechi)</u></p>
<p>31 9:00a Minyan 7:30p Minyan 13 Tevet</p>						



Tikvat Israel Congregation

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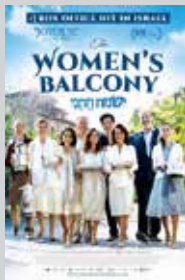


ISRAEL PRESENTS...2018



2 nights of Israeli cinema at Tikvat Israel Congregation

THE WOMEN'S BALCONY (2016)



SATURDAY, JANUARY 20 @7:45PM

When a charismatic rabbi enters their lives, some women in Jerusalem attempt to unite their neighborhood and preserve their traditions.

HARMONIA (2016)



SATURDAY, JANUARY 27 @7:45PM

A harpist falls in love with the new horn player.

Light refreshments and discussion will follow each film.

Admission: \$12 per person for Tikvat Israel members, \$15 for non-members

\$5 for students with a valid student ID

→ Festival Package (both movies): \$20 per person for TI members; \$26 for non-members ←

Fees are used to pay for film screening rights to support the Israeli film industry.

RSVP to the Adult Ed Committee at israelifilms@tikvatisrael.org or 301-762-7338

Snow Date: Saturday, February 3rd



EMBASSY OF ISRAEL
WASHINGTON, D.C.