



Five Things to Know (about an unprecedented season)

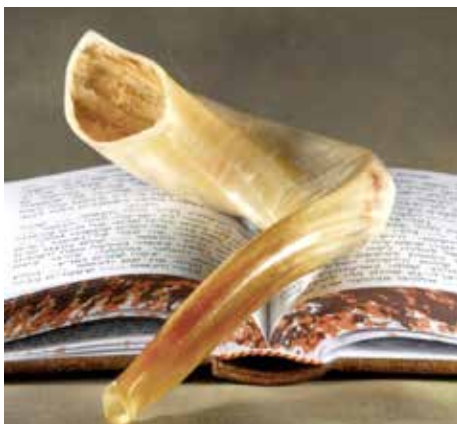
No. 1: Tikvat Israel's religious services will be livestreamed from a mostly empty sanctuary on *Rosh Hashanah* and *Yom Kippur*.

No. 2: Services on the High Holy Days will be slightly abbreviated, running no longer than 2½ hours at a time.

No. 3: Arrive early to claim a preferred and comfortable seat location.

No. 4: *Shofar* blowing will take place in two shifts, socially distanced, in the parking lot.

No. 5: *Tashlich* can be performed privately at a nearby waterway of choice, using a prayer booklet provided by the shul.



Coverage of the High Holy Days at TI can be found below, as well as on pages 2-6. Complete details will be supplied by the synagogue office to all congregants in early September.

Wary Congregants Not Ready for Return

BY JAY P. GOLDMAN, EDITOR, *TIKVAT ISRAEL BULLETIN*

Tikvat Israel members made quite clear that they are not ready to resume in-person religious observance while the COVID-19 pandemic continues to plague our geographic area and beyond.

Nearly two-thirds of the congregation indicated they would not attend a Shabbat service or a daily *minyan*, even if they were offered the chance at the synagogue, according to a congregational survey completed by 168 members (an estimated 145-150 member households). The survey was conducted electronically by Rabbi Marc Israel during the final week of June and first week of July.

Just under 20 percent of the respondents said they were prepared to return to in-person services at the time of the survey, whose results the TI clergy are using to complete their plans for services on *Rosh Hashanah* and *Yom Kippur*.

Other survey findings of note included these:

- The highest priorities for congregants on the High Holy Days are, in order, hearing the blowing of *shofar*; hearing the cantor chant; and hearing the rabbi's sermons.
- 80 percent would select *Kol Nidre* or *Yom Kippur* morning (with *Yizkor*) if they were given the chance to attend only one High Holy Day event in person; and
- 50 respondents expressed interest in attending a lay-led, in-person service at the synagogue.

WEEKLY RELIGIOUS SERVICES

Monday 8:00 a.m. 7:30 p.m.

Tuesday 8:00 a.m. 7:30 p.m.

Wednesday 8:00 a.m. 7:30 p.m.

Thursday 8:00 a.m. 7:30 p.m.

Friday 8:00 a.m.

Kabbalat

Shabbat 6:00 p.m.

Shabbat 10:00 a.m.

Sunday 9:00 a.m. 7:30 p.m.

Note: As long as the synagogue is closed during the public health crisis, digital davening will be via Zoom weekdays and Sundays with *Havdalah* on Saturday evening (see *B'kesher* for varying start times). Shabbat morning services will be livestreamed.

CANDLELIGHTING TIMES

September 4 7:14 p.m.

September 11 7:03 p.m.

September 18 6:52 p.m.

September 19 (*Rosh Hashanah*)
after 7:54 p.m.

September 25 6:43 p.m.

September 27 (*Yom Kippur*)
6:38 p.m.

October 2 6:32 p.m.

October 3 (*Sukkot*)
after 7:31 p.m.

October 9 6:21 p.m.

October 10 (*Shemini Atzeret*)
after 7:21 p.m.

October 16 6:11 p.m.

October 23 6:01 p.m.

October 30 5:53 p.m.

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CANTOR'S CORNER

Making Your Holy Days Meaningful

BY CANTOR ROCHELLE HELZNER



The public health crisis will enable us to attend High Holidays services only virtually. It is a challenge to create holy space in our homes. To do so, we must be intentional.

Here are suggestions from Rabbi Israel and me for how to create holy space in the places where we live.

- Make sure you have a *machzor* (preferably *Machzor Lev Shalem*). You can pick one up through prior arrangement from the synagogue office staff.
- Designate a place in the house with fewer distractions, perhaps a location that differs from where you usually work.
- Decorate your prayer space and ensure it is free of distractions.
- Select chairs that are comfortable and easily allow movement between standing and sitting.
- Dress in clean, more festive clothes.
- Wear a different or special *kippah* and/or *tallit*.
- Sing out loud.
- Gesture the sign for "Amen" in sign language while saying it.
- Harmonize with the cantor.
- Read a poem, something you have written, a selection from the *machzor* or something else fitting before starting the service as a *kavana*.
- For *Yizkor*, set up photos of those individuals you will be remembering on a table or nearby window sill. Light your *Yizkor* candle in that location, if possible, on Sunday evening and leave it in that location.
- Do not answer the phone.
- Commit to prayer for an extended length of time.
- Don't be afraid to diverge from what is happening on your computer screen. Read translations and sidebars published in the *machzor*. Mute the service leader temporarily and read prayers on your own or meditate on one particular prayer.
- Advise family members who are not participating with you that you will be engaged in *davening* and should not be disturbed.

NEW MEMBERSHIP DIRECTORY AIMS FOR EARLY '21 FINISH

Plans are underway for publication of a new Tikvat Israel membership directory. The directory is expected to be printed and distributed during the first quarter of 2021.

The project team consists of Beth Smith (chair), Betty Fishman, Bob Silverstein, Jerry Shuchman, Lois Sbar, Paula Kasper and Susannah Challis. Amy Matathias and Sam Freedenberg are lending input.

A primary consideration has been how to maintain the timeliness of the information. "Any printed directory is out of date the moment it is released," Smith says.

With the new edition, Smith says it will be possible to post a secure version online that can be updated as members come and go.

The committee began by updating materials used for gathering congregants' contact information and soliciting commercial advertising. It is likely that these requests will be sent out to congregants shortly after the High Holidays.

In addition to being a valuable source of information for all of us, the membership directory also is an important fundraising effort. All revenue raised through the sale of ads will benefit congregational programming as non-dues revenue, so we hope all members will participate by placing ads of personal greetings and/or memorials.

The last membership directory was produced in 2016.

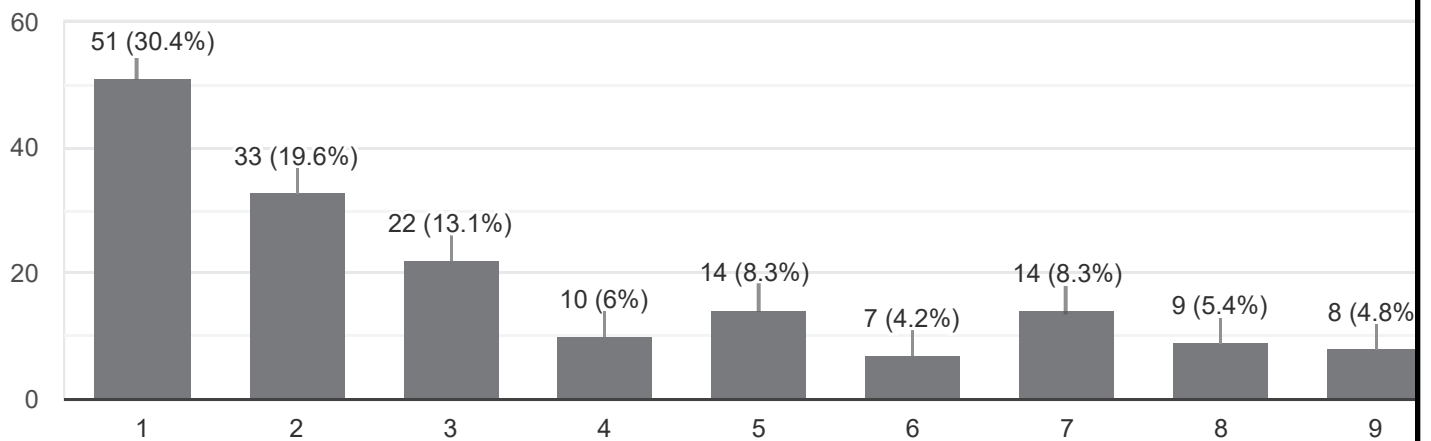
SURVEY RESULTS, continued from page 1

Sixty-five of the survey respondents appended comments, expressing a wide range of views.

Said one: “It seems to me that the best bet would be small, outdoor, distanced with masks, in-person services.” Another wrote: “Life is an exercise in the art of the practical. Even if we are not physically together this year, we can continue to thrive and be inspired by our rabbi and chazzan.”

One other congregant captured the sentiment of many, saying: “As much as I will miss the fellowship associated with our traditional services, better safe than sorry.”

To the extent that numbers permit and under current circumstances, how likely would you be to attend Shabbat morning services? (Rating system: 1 indicates definitely not attend, 9 indicates definitely attend)



Given the restrictions on numbers who can be present in the synagogue at one time, how should Tikvat Israel determine who may attend Shabbat morning services once we return with social distancing to in-person services?



Source: The data for these infographics comes from a digital congregational survey titled *Hashiveinu* ("Return Us to You") managed by Rabbi Marc Israel during a two-week period ending in early July. Both questions above drew 168 responses.

RABBI'S CORNER

The Majesty of the *Yamim Noraim* (Days of Awe)

BY RABBI MARC D. ISRAEL



When I think about *Rosh Hashanah* and *Yom Kippur* as I grew up, there are many images that come to mind ... the sanctuary decorated with beautiful white flowers; extra chairs set up in the sanctuary, in the hallway and anyplace there was space; the Torah scrolls and table covers adorned in white mantles with shining silver breastplates and crowns; everyone dressed in

their best clothes; and the rabbi, the cantor and the (much larger than normal) choir, all wearing white robes.

Everything about this picture sent messages that these days were different from all others and conveyed a sense of majestic pageantry appropriate for the days we consider to be God's coronation ceremony.

As we prepare for the coming holidays, the cantor, the High Holidays Task Force, the rest of the staff and I have all been thinking about how to make these services as meaningful as possible, given the current circumstances. We have modified the liturgy to shorten the service, hired a tech company to ensure everything runs smoothly and found ways to connect people to one another. There will be more learning opportunities, neighborhood shofar blowing and do-it-yourself *Tashlich* kits.

The guiding principle as we have made our plans is to ensure these holidays will meet both the demands of our tradition and the emotional and spiritual needs of our members.

But how can we create that sense of awe and majesty? This is one of the trickier aspects in our planning. There are certainly measures that we can take to ensure our simulcast from the sanctuary will provide that "High Holiday feeling." But that will only go so far. To successfully make them majestic also will require you to take action in your home. Elsewhere in this issue of the *Bulletin* (page 2), the cantor and I suggest a list of ways that you can help create a proper setting for prayer. I commend that list for your review as I think it contains many helpful suggestions. But I think it goes beyond setting up the space for *davening*.

Being at home, most of us have been dressing casually these past several months. Consider wearing your holiday best, or at least something nicer than what you have been wearing. It's not about a fashion show, but a way to set these days apart from others for you and your family. Shaving, putting on makeup and brushing hair have become optional over these past months, but making yourself look your best can help put yourself in more of a holiday mind-set.

Similarly, whether you are alone or with family members, set your table with a holiday tablecloth and use your finest dishes. It may feel silly to do that if you are only one person, but it is another way to mark these days as special. If you normally have guests and are comfortable using a device, you may want to use Zoom or another videoconferencing software to connect with

others at your holiday dinner table. Just as we did with the *seder*, you can make your *Rosh Hashanah* dinner an event to bring family together across the miles.

And while the novelty of adventurous cooking seems to be waning, be sure to make some of those favorite holiday dishes, even if just for yourself. The correlation between smell and memory is well documented. Cooking some of your traditional dishes is another way that you can make your home feel more like the usual holidays. While cooking and cleaning in preparation for the holiday, also put on High Holiday music. If you have a music streaming subscription to Spotify, it is easy to find playlists that others have created for this purpose.

Knowing that this year's holidays will be different, the more that you can do to prepare yourself spiritually during *Elul*, the more you will get out of the holidays themselves. Join us for our morning *minyan* each day and hear the *shofar* blowing, as well as the special psalm for this season that we recite morning and evening. The cantor will be introducing the melodies of the High Holidays each day and we will have learning opportunities throughout the month. My *Mishnah* class on Friday mornings will focus on specific passages related to *Rosh Hashanah* and *Yom Kippur* as well.

Finally, remember that the High Holidays don't end on *Yom Kippur*. If you are able to build a *sukkah*, it can provide the perfect place to have an outdoor, socially distant meal with friends. Order your *lulav* and *etrog* to pick up, and join us virtually for *Hakafot* during *Sukkot* services.

While this year's holidays will be unique, with proper preparation, you can ensure they will still be meaningful, memorable and, yes, even majestic.

NEED TECH ASSISTANCE FOR HOLIDAY CONNECTIONS?

With all High Holy Day services being delivered virtually, some congregants may need equipment or help setting up their equipment to connect to the services.



The synagogue staff wants to be contacted if you need such assistance. The staff will ensure arrangements to allow everyone to participate.

The synagogue clergy will broadcast *Rosh Hashanah* and *Yom Kippur* services via a newly purchased livestreaming camera that will be installed in the sanctuary. Unlike Zoom videoconferencing software, the livestreaming setup allows just one-way viewing.

PRESIDENT'S CORNER

Climbing Above Our Virtual Challenges

BY WARREN BERGER, TIKVAT ISRAEL CO-PRESIDENT



During the High Holiday season, it is customary to reflect on the year that is ending. We take pride in achievements and resolve to do better if we have areas where we could improve. I believe that our *Kehila Kadosha*, our holy community, has had many accomplishments and is still strong and vibrant, even in this uncertain and challenging world.

When we had to close our sanctuary's doors in mid-March due to the COVID-19 pandemic, we quickly shifted to having twice daily *minyanim* via Zoom. Attendance at evening *Mincha/Ma'ariv* has been high – with a reliable 15-25 Zoom participants. It warms my heart to see those who had made “in-person” *minyan* commitments continue to attend virtually to form the core attendance at these services. One innovation has been virtual *shiva minyanim* (with a post-service breakout room for expressing condolences) – some of which were attended by over 50 family members from all over the country.

We even expanded our morning *minyans* from just Thursday, Friday and Sunday to having a Zoom *Shacharit* service six days a week, and have achieved a *minyan* almost every morning. This has enabled our fellow congregants to reliably and easily say Mourner's

Kaddish with their community. Some members try to keep up their connections with one another by joining a few minutes early to say hello to each other.

While we have been using Zoom meetings for our weekday services, its interactive nature did not make it suitable for use on Shabbat for *halakhic* reasons. Instead, we have been livestreaming using a laptop and an external microphone. This has worked most weeks (thanks to the technical skills of Sam Freedenberg and Rabbi Israel), but it is a less than ideal solution. A professional camera and other equipment have been ordered to provide a better and more reliable configuration. (The box below expresses our appreciation to the congregants who have made substantial contributions to purchase this equipment.)

Our community is stronger now that we can once again hear the beautiful voice of – and familiar Shabbat tunes from – Cantor Helzner as well as the insightful teachings of Rabbi Israel. (Doesn't it feel as if he has been part of our congregation for much longer than one year?) It is gratifying that between 50 and 100 families watch our Shabbat morning services.

Have our educational and social activities suffered? Well yes, it is disappointing to not interact with our friends. But the summer was filled with interesting virtual talks from a variety of speakers. Some were organized by Sally Kram as an extension of Tikvat Israel University, while others were arranged by the Rabbi to address racial and social justice. The latter may help to reinvigorate and provide a new focus for our Social Action Committee.

We also had social programs such as International Cooking with Elana Moss and the comedic stylings of Raanan Hershberg, which was funny and entertaining. Rabbi Israel and Roz Kram have arranged for prepared kosher food deliveries to our parking lot to support local restaurants and lighten the cooking burdens of our congregants. Also, our 8th annual *True Stories* program, organized by John Melmed, was held on Zoom on August 9th.

I am very proud of how many people have risen to the occasion to adapt our services and events during this pandemic. We can expect more challenges operating virtually in the coming year, and I look forward to working with our community to meet them and to innovate even further.

May we go into 5781 from strength to even more strength.

L'Shana Tova Tikateivu. Have a healthy and safe new year.

STREAMING SPONSORS

The leadership at Tikvat Israel wants to acknowledge Roz and Ted Kram, for sponsoring the full-year subscription for livestreaming religious services to congregants. The Krams are making the donation in memory of their parents, Edward and Gertrude Krick and Hyman and Pauline Kram, “to help spread the light of Torah.”

We also are grateful to the following families who have made generous contributions to offset the cost of the sanctuary's livestreaming equipment:

- Susan and Alan Apter
- Debby Berlyne and Danny Bachman
- Betty and Cliff Fishman
- Bobbi and Larry Gorban
- Melanie Grishman
- Nancy and Rod Matheson
- Lois and Neil Sbar
- Judy and Marvin Waldman
- Sue and Howard Wilchins

We will be using the new equipment to provide an improved and more reliable livestream broadcast on *Shabbat* mornings, as well as during the High Holidays.

KABBALAT SHABBAT WITH GUITAR

A "KS with Guitar" service will be led by Cantor Rochelle Helzner at 6 p.m. on Friday, Nov. 6, via Zoom videoconferencing. Enjoy an uplifting introduction to Shabbat with spirited melodies.



Complete Service Schedule for Holy Days

All religious services are expected to be broadcast on Tikvat Israel's livestream. However, congregants reading Torah, saying *Kaddish* or otherwise actively participating will have special connection instructions.

Still to be scheduled are children/family activities.

Rosh Hashanah Day 1 (Friday, Sept. 18/Saturday, Sept. 19)

- 6 p.m. *Minchal*/Opening Blasts of *Shofar*/*Ma'ariv* for *Rosh Hashanah*
- 9:30 a.m. Morning Services (2-2.5 hours)
- 6 p.m. Shabbat/*Mincha* with Torah Reading

Rosh Hashanah Day 2 (Saturday, Sept. 19/Sunday, Sept. 20)

- 6:30 p.m. *Ma'ariv*
- 9:30 a.m. Morning Services (2-2.5 hours)
- 4 p.m. *Shofar* Blowing at TI Parking Lot (1st opportunity)
- 5 p.m. *Shofar* Blowing at TI Parking Lot (2nd opportunity)
- 7 p.m. *Minchal*/Rabbi Teaching/*Ma'ariv* at 7:45 p.m., *Havdalah* at 7:53 p.m.

Kol Nidre (Sunday, Sept. 27)

- 6:30 p.m. Broadcast opens with music playing and inspirational quotes on screen. Candle-lighting at 6:38 p.m.,
- 6:45 p.m. *Kol Nidre* (approximately 1.5 hours)

Yom Kippur Day (Monday, Sept. 28)

- 10 a.m. Morning Services (2.5 hours, including Torah reading, *avodah* and martyrology but no *Yizkor*)
- Afternoon Side trips
- 5 p.m. Creative presentation of *Yonah*
- 5:30 p.m. *Yizkor*
- 6 p.m. *Mincha* (alternative Torah reading from *Kedoshim* without reading of *Yonah*)
- 6:45 p.m. Neilah
- 7:30 p.m. *Ma'ariv*
- 7:39 p.m. *Shofar* blowing/*Havdalah*

Sukkot/Shabbat (Friday, Oct. 2/Saturday, Oct. 3/Sunday, Oct. 4)

- 6 p.m. *Minchal*/*Ma'ariv*
- 10 a.m. (10/3) *Shacharit*/*Hallel*/*Musaf* (no *Hakafot* on Shabbat)
- 10 a.m. (10/4) *Shacharit*/*Hallel*/*Musaf* (Modified *Hakafah*)

Shemini Atzeret/Shabbat (Friday, Oct. 9/Saturday, Oct. 10)

- 6 p.m. *Minchal*/*Ma'ariv*
- 10 a.m. *Shemini Atzeret* (including prayer for rain and *Yizkor*)

Simchat Torah (Sunday, Oct. 11)

- 10 a.m. *Shacharit* and Torah reading

Top Walkers Presented With Local Hiking Guides

The top four finishers in last May's Journey to Sinai received prizes for their heavy-duty roadwork. Each received a copy of *60 Hikes Within 60 Miles: Washington, D.C. Including Suburban and Outlying Areas of Maryland and Virginia*, and a gift card from REI.



Dan Matathias

Those receiving the gifts from event organizers Jim and Maxine Perlmutter included top finisher Dan Matathias, who tallied 347 miles over the five weeks of the fund-raising campaign. Following him in reaching Sinai (some as part of a spousal team)

were Matt Brown (253 miles), Alan Apter (239) and Danny Bachman/Debby Berlyne (226).

Dozens of members of the congregation pounded pavement during the COVID-19 self-quarantine period during the 49-day *omer* period.

By the time the fund-raising event, which doubled



Danny Bachman and Debby Berlyne

as a personal fitness campaign, ended on *Shavuot*, congregants had compiled 4,696 miles of recorded walking on area streets, neighborhood sidewalks, running tracks and trails. Donations and pledges totaled nearly \$19,500.



Alan Apter (center)

LEARN TO BLOW SHOFAR LIKE A PRO

Congregant Sam Gilston conducted a pair of Sunday workshops in August on how to blow a *shofar* and the rituals and liturgy associated with it during *Elul*, *Rosh Hashanah* and *Yom Kippur*.



If you own a *shofar* and missed his instruction, Gilston also is willing to schedule private tutoring via Zoom video-conferencing. Contact him at sgilston@comcast.net.

"Our goal, if possible, is to have someone in each family able to blow a *shofar* during services so everyone can perform the *mitzvah* of hearing the *shofar* during the holidays," Gilston says.

Virtual Fall Programs to Serve Food, Wine, Politics and More

BY SALLY KRAM, TIKVAT ISRAEL VICE PRESIDENT FOR PROGRAMMING

As summer turns into fall, Tikvat Israel is making plans to continue virtual programming with various offerings to tempt the congregation's interest.

As during the summer, programs in September and October will offer speakers on a variety of topics, with programming focused on culinary, storytelling and political arts. In addition, TI will continue to offer drive-in dining in the shul parking lot.

First up will be a wine tasting event at 8:15 p.m. on Tuesday, Sept. 30, that will give congregants an opportunity to sample and learn more about rare kosher wines for their *Sukkot* table. Specially selected kosher wines will be made available for purchase at the Rockville Town Square wine shop Pour Vino n' Hops. The shop's owner will run participants through a tasting of these wines via a Zoom videoconferencing link, answering any questions participants may have about the art of making wine. Join us for this delicious event – and be sure you purchase your wine in advance.

Tikvat Israel will stage a virtual political debate at 8:15 p.m. on Thursday, Oct. 15, featuring surrogates from the Biden and Trump presidential campaigns discussing issues of particular interest to Jews. This is a repeat of a popular program offered during the previous presidential election years. The date has been selected to fall before mail-in ballots can be submitted to make sure congregants are as informed as possible as they vote.

Another professional storyteller has been lined up to offer colorful tales virtually to the TI audience at 8:15 p.m. on Nov. 15. Award-winning author and performer Sufian Zhemukhov will join us for an evening of shared human experience as part of a Zoom-facilitated performance.

Fall programming will conclude with a virtual presentation from congregation member and Maryland Delegate Anne Kaiser at 10 a.m. on Sunday, Dec. 6. Kaiser will preview the upcoming state legislative session, among the most important sessions in memory.



Roz Kram was the chief organizer of several drive-in kosher dining events in the shul parking lot this summer. (Photo by Sam Freedenberg)



Congregant Matt Levine delivered a history lesson on American Jews during a Tikvat Israel University session in June.



The subject of Psalms was the focus of Wendy Morrison's presentation as part of the summer series of Tikvat Israel University.

We hope all TI members can join us for these programs. In the virtual world, the options are endless. We welcome your contributions to Tikvat Israel's programming. If you have an idea, a contact or some way to contribute, contact Sally Kram at sallykram939@gmail.com. We look forward to "seeing" you.

Here's a look back at our summer programming.

Multiple Tikvat Israel U faculty presented talks on widely diverse issues. Tikvat Israel U is an annual program featuring congregants giving short talks about topics on which they are experts. The summer virtual TIU, held over four weeks from late June until late July, were no less informative.

On June 30, lawyer Matt Lavine discussed "American Jews, American Justice," tracing the Jewish people's historic path from slavery to a just society and how that has a bearing on our current discussion of civil rights and social justice. On July 14, we heard from Wendy Morrison discussing the psalms and how frequently they pop up in daily prayers. On July 21, Debby Berlyne took the podium to discuss how to find reliable medical information online. Aaron Mannes closed out TIU programming on July 27 with his talk about where we are as a nation and how historical trends indicate it can only get better.

July also featured a presentation by the American Israeli Committee on organizing against anti-Semitism and several "drive-in dining" events organized by Roz Kram.

In August, programming focused on culture and arts with a comedy performance by professional comedian Raanan Hershefeld, a virtual True Stories program with professional storytellers organized by John Melmed and a talk by Theater J Artistic Director Adam Immerwahr and his colleague Chad Kinsman on how Theater J is operating during the pandemic.

Several hundred TI members participated in the programming plus dozens in drive-in dining.

WOMEN'S NETWORK

Programs Aim to Address Three Key Goals

BY JANICE BALIN

Women's Network members convened electronically on Aug. 9 to plan programming for 2020-21.

As host, I opened by thanking Amy Matathias for all the work she does to keep the Women's Network informed of upcoming events. Amy is creative in designing the publicity for our programs. Obviously, her dedication has paid off because our programs have attracted an impressive number of members. I also thanked Susan Apter for continuing to serve as Torah Fund chair and Brenda Brooks for continuing to serve as treasurer of Women's Network.

Eighteen women logged onto our Zoom meeting, where they suggested wonderful ideas for programs. This year we plan to focus on the Women's League's "Jewel of the Crown" Award program requirements. That means that we will design programs that follow the categories of education, community service and world affairs. Our goal is not only to schedule interesting and exciting programs for the year, but also to work toward achieving the requirements for recognition at the next Women's League of Conservative Judaism national convention.

Some likely programs that you should watch for are bi-monthly *Rosh Hodesh* programs with an activity tied to the theme, a healing service, a virtual museum tour, a synagogue-wide art project, craft projects to be donated to needy organizations, a watercolor painting project, a self-defense class and lectures by our own TI experts. Hopefully the abatement of COVID-19 will allow us to resume our traditional Shelly Goldin Women's Network Shabbat.

Watch for our annual TI Women's Network bookmarks, which will be distributed prior to the High Holidays, with a lineup of programs for next year.

Earlier this summer, on July 12, the Women's League of Conservative Judaism sponsored a virtual national convention. More than 1,300 Sisterhood members, including a large contingent from Tikvat Israel, and guests registered. Many more would have attended the convention originally scheduled for three days in Schaumburg, Ill.

The convention opened with an emotional healing service and Psalms study in memoriam led by Hazzan Alisa Pomerantz-Boro and Rabbi Ellen Wolintz-Fields and closed with installation of officers and a celebratory concert presented by cantors from around the world. TI members enjoyed the workshops that they attended. Mazel tov to Debbi Kaner Goldich, who was elected the 23rd president of WLCJ.

The Women's Network Book Group met on July 26 to discuss *Inheritance: A Memoir of Genealogy, Paternity, and Love* by Dani Shapiro. Sara Harris led an interesting summary and analysis of the book with the 19 women who participated. It was a lively discussion with many opinions about the book.





Following our meeting, we finalized the list of books for discussion in 2020-21. The book group will meet on the Zoom platform for the foreseeable future, mostly on Sunday mornings (see schedule below) unless otherwise noted in *B'kesher*.

Book Chats Slated Across 2020-21 By TI's Women's Network

Six works of fiction and non-fiction on various topics have been selected by the Women's Network for the group's book discussions in 2020-21.

All discussions are expected at this time to take place via Zoom videoconferencing. All but the first are scheduled on Sunday mornings.

All women of teen age and older are welcome to participate in the lively book chats.

	Book Title	Author	Discussion Leader	Date
	<i>The Undoing Project: A Friendship That Changed Our Minds</i>	Michael Lewis	Anna Robbins	Sept. 23 - 8:15 p.m.
	<i>Gateway to the Moon</i>	Mary Morris	Susan Apter	Nov. 15 - 10 a.m.
	<i>The Yellow Bird Sings</i>	Jennifer Rosner	Sandra Schwartz	Jan. 10 - 10 a.m.
	<i>Helena Rubinstein: The Woman Who Invented Beauty</i>	Michele Fitoussi	Sara Harris	March 14 - 10 a.m.
	<i>On Division</i>	Goldie Goldbloom	Janice Balin	May 2 - 10 a.m.
	<i>I Want to Know We're Still Here</i>	Esther Safran Foer	Anna Levy	July 25 - 10 a.m.

Torah Fund Pushing Togetherness in Its 2020-21 Support Campaign

BY SUSAN APTER, TORAH FUND CHAIR

Torah Fund is the dedicated philanthropy of the Women's League for Conservative Judaism. It supports Jewish learning at the highest levels: college, graduate and professional. The recipients we support become the rabbis, cantors, educators, chaplains, scholars and leaders of the Jewish world.



The theme of this year's campaign is *b'yachad*— or together. The coronavirus disrupted our daily lives and caused us tremendous fear and anxiety. But it also caused our Jewish leaders to find new and creative ways to build community and supply meaning for synagogues, schools, JCCs and other Jewish institutions. In the end, it brought us together in shared determination to face up to the crisis as our ancestors did so many times in the past.

B'Yachad, we will support scholarships and programming for the students in our five seminaries: Jewish Theological Seminary (New York), Ziegler School of Rabbinic Studies (Los Angeles), Schechter Institutes of Jewish Studies (Jerusalem), Seminario Rabinico Latinoamericano (Buenos Aires) and Zacharias Frankel College (Germany).

B'Yachad, we will continue our special project, Creating New Spaces, supporting the Jewish Theological Seminary's Crossroads Campaign to create a new Women's League Study Space in the new undergraduate residence hall and a special course of training at the Ziegler School of Rabbinic Studies: the Women's League Institute on Gender Bias and Harassment.

The Torah Fund campaign enters its 79th year of existence during 2020-21 and runs July 1-June 30. This year's Torah Fund pin depicts the joy of sisterhood members working together year-round to make important contributions to the Jewish community through their volunteer efforts across the U.S. and Canada.

Each of us is one small nugget of gold, but together our small gifts reflect and refract the light inside us and help each other shine. Within our own Tikvat Israel Women's Network (part of Seaboard Region), we are working *b'yachad* on activities to keep us engaged this year despite not being in our building. Please join us!

Thank you to the women of Tikvat Israel who support Torah fund -- from the smallest donation to the Benefactor level and beyond (\$180 minimum to receive this year's pin). Please consider supporting the Torah Fund Campaign, which continues through June. Any and all amounts are gratefully appreciated. Contact Susan Apter, Women's Network Torah Fund chair, with questions (apter4@gmail.com or 301-460-9657).

The Art of *Tallit* Making for Those Who Cannot See

BY SHIRLEY WAXMAN

I recently made a prayer shawl for a woman who is blind. Rhonda never had vision.

She asked me about color. Friends had told her she looks good in purple, so she said to me, "I do not know what purple looks like. Does it suit me?" I said, "Yes, you have dark hair."

During my meeting with Rhonda, I realized her fingers served as her eyes so I selected fabrics with texture and made it abstract piecing so she could feel the design. I selected a highly textured fabric for the body of the prayer shawl. The collar is a Hebrew quote, hand embroidered with No. 5 pearl cotton, giving it a raised touch. The skull cap is pieced with the same fabrics.



Over the 35 years I have created *tallitot*, I have made many for people with disabilities -- always based on the biblical garment.

Many individuals with disabilities find it difficult to wear a rectangular *tallit*. In the case of Rhonda, whom I met through Fabrengen about 15 years ago, she used the first one I made for her so much, she wore it out. So this was a replacement.

Several years ago, Wendy Morrison brought a gentleman, who is blind, to our services at TI. He used a large black and white *tallit*, and whenever it fell off his shoulders, he could not locate it. Wendy asked if he could borrow mine. He loved it, and I have created two *tallit* for him since.

A few years ago, I made one for a boy with Down's Syndrome on the occasion of his *bar mitzvah* at an Orthodox synagogue. His friends had realized he could not deal with a traditional *tallit*, so they purchased one for him. He selected everything and wears it with great pride.

I also have worked with people who use wheelchairs. I guess I am the go-to person for people with disabilities. I attribute this to my background as a nurse.

BASEBALL OUTING POSTPONED

Management of the Washington Nationals will provide TI members with a future seating upgrade after our annual outing to see the Nats play in mid-June was not possible owing to the public health crisis.

Rebecca Salon, organizer of the event for the Women's Network, said a Sunday afternoon game on a rain-free day will be selected before the start of the 2021 season. If 50 or more tickets are sold, the synagogue will get its name in lights on the giant outfield scoreboard between innings.

EARLY CHILDHOOD CENTER Anti-Racism Curriculum Added This Fall

BY SHERI BROWN, ECC DIRECTOR



Despite its small size, our summer program went off without a hitch when it resumed June 15. We served 11 children this summer.

Favorite summer activities were water play (though with many restrictions due to COVID-19) and creating “masterpiece” art work, including sand sculptures, ocean in a bottle and paintings.

Recruitment continues for the fall, with our pre-kindergarten and *Gan Gurim* classes nearly full as of mid-August. We plan to conduct our special classes, such as music, yoga, movement and library in a virtual manner for the most part. Everything we do now is a learning experience for students and educators alike.

We look forward to adding a significant anti-racist component to our curriculum this fall. With some state funding, we have refreshed our library to include representation of a greater variety of people. We want our children to grow up with literature that includes all voices, not just one social group. We are training to empower ourselves to recognize and call out racism in children’s books and in other facets of our daily lives. We will focus on community this year and will be mindful to include communities that have not been traditionally represented in preschool classrooms.

Our Grandfriends program is on hiatus as we figure out how to include these special volunteers in a meaningful way when they can’t be physically present. This is one of the challenges we’re addressing in the new pandemic world.

Feel free to refer friends to our school. We are always happy to do virtual tours and are able to do Sunday tours also. More information is available by phone (301-251-0455) and through our website (www.tikvatrael.org/ecc).



Sand artwork always is an appealing ECC activity.



Outdoor play is maximized during summer months at the ECC.

Cracking Codes Weekly Through Mishnah Study

BY CLIFFORD FISHMAN



Shown are some regulars who engage in Mishnah study with Rabbi Israel each Friday morning.

Study *Mishnah* with Rabbi Israel.

That’s what a dozen or so congregants and friends have done each Friday morning since late July.

The *Mishnah* is the result of discussion, debate and argument among leading religious figures from roughly 100 B.C.E. to 200 C.E., concerning every aspect of life and worship. We are currently studying *Berakhot*, the first tractate in the *Mishnah*. In essence, we are looking over the shoulders of the *tannaim* (sages) as they created modern Judaism, bit by bit, debating with one another face-to-face but also over the centuries.

What started out as an important exercise became vital after the destruction of the Second Temple in 70 C.E. and the expulsion to the diaspora of many Jews after the failure of the Bar Kochba rebellion. To survive, Judaism had to evolve. Otherwise, it would die. But Jews were now scattered throughout the Mediterranean basin. There was a serious risk that local customs and practices might evolve to the point that Judaism would no longer be one religion. By articulating rules to govern most aspects of Jewish life, the *Mishnah* helped our religion survive and remain one faith.

The *Mishnah* was completed and published around 210 C.E. It then became the focus of intense rabbinic study and debate, which resulted in a document known as the *Gemara*. The *Mishnah* and *Gemara* together make up the *Talmud*.

Our Friday morning discussions are lively. We discuss why a particular topic is covered. We “crack the code”— that is, we figure out what some of the more opaque passages and phrases mean. We follow the debates among our sages as to where lines should be drawn clearly versus left flexible. We discuss how an individual *Mishnah* is applied and followed among Jews today.

Rabbi Israel does an excellent job of encouraging everyone to contribute to the discussion. Sometimes we wander off-topic to interesting sidebars, but Rabbi Israel makes sure we don’t wander so far that we get lost.

The basic text we study is available free online. Some of us have purchased books on the subject.

We meet online Friday morning on the standard synagogue Zoom site, shortly after *minyan* (usually about 9 a.m.). Join us!

For further details, contact me at cuaproffishman@gmail.com.

TI's 'Poet Lariat' Wrangles Us to Attend His Weekly Service

BY JAY P. GOLDMAN, EDITOR, *TIKVAT ISRAEL BULLETIN*



Cliff Fishman

Since retiring from a longtime professorship of law at Catholic University, Cliff Fishman has been devoting some of his best creative energy to crafting entertaining poetry with a purpose.

Those at Tikvat Israel who don't pay close attention to their e-mail inbox on Thursday afternoons probably have missed out on his crafty literary contributions every week since the beginning of

January. Fishman's rhymes (he dubs himself "TI's poet lariat" while drawing on his love of Shakespearean sonnets) are used to rope congregants into showing up for the synagogue's Friday morning *minyan* that he captains.

In recent weeks, congregant Michele Eisenberg has followed up Fishman's postings with lyrical retorts of her own.

The *Tikvat Israel Bulletin* is reprinting several of Fishman's creative calls to worship below along with a couple of Eisenberg's responses. Both authors provided reprint permission.

*Experts' predictions are quite often wrong:
"Fantasy and fiction" is where they belong.
But here's a prediction that you can rely on:
Tomorrow at 8 we'll have our minyan,
And Sam will give us an excellent drash
And after, we'll study Haftarah and nosh.*

*Despite the time each week that I have spent
Recruiting for our prayers on Friday morn,
It sometimes comes to pass I feel forlorn
When the absence of a tenth one doth prevent
A kaddish said by those who come to mourn
Or to honor and remember those who've gone.*

*So this petition, weekly I repeat:
Please help us make our daily prayers complete.*

*And once our prayers are done? Then, keinehora,
We'll sit, and nosh, and study the Haftarah.*

*Home, home on the screen
That's where we now gather to pray.
This is our new norm
As "e-minyans" we form:
The best way to start off each day.*

*Minyan tomorrow morning by Zoom:
You can join us in whatever room.
Bring your kids, your papas, your mamas;
You can even come in pajamas.
(In that case tho, pretend it's radio:
Don't click video, just click audio.)
That mask you made? No need to wear it;
Leave it off, and grin and bare it.
You needn't keep your social distance;
Get close to the screen with no resistance!*

*Friday morn, where shall we pray?
In a one-horse open sleigh?
Hold our minyan in a well
or with the farmer in the dell?*

*Could we have it on a train
or on that rainy plain in Spain?
Doven on a field of battle,
or in a pasture full of cattle?*

*in a downpour or a trickle
while we munch upon a pickle?*

*On a ship out on the sea?
Or with a leopard in a tree?
(That doesn't sound too safe to me.)*

*Say, maybe in a royal palace,
or in aurora borealis?*

*Could we doven in my room?
Could we doven in a womb?
Neither. They'd be much too crowded
even if CDC allowed it.*

Excerpts from Michele Eisenberg's poetic responses

*Cliff, you know I always attend
Even with recycling to get out
I promise if I'm late, I will not shout
And being with you all, I'll try to blend.*

*Just this afternoon they let me know it is time
Minyan and Mishnah class will start our day
Cliff came out this PM and inspired this rhyme
I just can't remember who will plan to pray
I've seen fire and I've seen rain
I've seen hot days that I thought would never end
I've been lonely when COVID kept away friends
But I always knew that I'd Zoom you again.*

(With a tip of the hat to James Taylor)

Baking Virtually Yields Tasty Treats in Summer Culinary Event

International Cooking with Elana gave bakers young and older from Tikvat Israel the opportunity to show off their culinary efforts over the summer.

Elana Moss, education and youth programs director at TI, organized the contests to bake babke, baklava, sfratto dei goym and milk halwa in four contests scheduled across July and August.

The Lantner family and Layla Nye (granddaughter of Marilyn Greenwood) were declared the winners for the best-looking babke,

which is a 19th-century use of extra challah dough and originated in Poland. In the competition for milk halwa, an Indian-Jewish sweet custard prepared for *Rosh Hashanah*, Layla joined Beth Smith in the winner's circle.

The third week of baking had contestants baking baklava, which originated in Greece. The winning bakers were Mark Diamond and Susan Urban. The final week of baking focused on sfratto dei goym, an Italian pastry from the village of Pitigliano in the province of Grosseto.



Mark Diamond is ready to share his baklava.



Susan Urban shows off her first-place baklava.



One of the youngest baking contestants was Elanor Lantner.



Karen Cohen cuts the first slice of her fresh-baked babke.



Janice Balin was an eager participant in the babke contest.





Extraordinary Support

The suddenness of Barbara's passing last September on the eve of the New Year was made tolerable *only* because of Rabbi Israel. As we struggled to accept a terrible unexpected loss, his efforts to be certain our family would have the funeral Sunday morning kept me sane.

Barbara passed away early after sundown on Thursday, so all had to be in place in less than 24 hours for a Sunday early morning funeral. Seemingly, to make life even more difficult, the District of Columbia was refusing to release Barbara until late Friday afternoon. Presented with another problem, the rabbi jumped in to resolve.

On Saturday after *Havdalah*, Rabbi Israel came to our apartment and spent almost three hours with our immediate family — my three children and all nine grandchildren — 13 grieving people in shock, most of whom he had never set eyes on.

His skills as a rabbi and counselor were exceptional, especially when dealing with teenage grandchildren who had been an integral focus of their Boppy's life. It is an understatement to say his humanity of caring, love and understanding of the trauma of our family was a mainstay for the next 36 hours. His ability to speak to and elicit from the grandchildren stories of their grandmother was fantastic. From a husband losing a partner of almost 60 years to grandchildren still all in their teens — his skill in helping each of us in ways to start comprehending the loss was overwhelming. He did not know Boppy, or my children. To the grandchildren, she was a woman seemingly always on the go and tending her large and spread-out flock and a perpetual user of modern technology.

Our family also thanks this caring and resourceful holy community for its support, concern and acts of lovingkindness expressed to us during these last few months. Otherwise, it would have been a lonely and very painful road to travel.

Irv Cohen

A Joyous Walker

I want to thank Maxine and Jim Perlmutter for taking the time to personally present me with my first-place prize for the Journey to Sinai walk-a-thon. It was a joy to participate with the other congregants to support our congregation while also feeding into my over-the-top walking obsession.

The program was a win on so many levels and demonstrates how capable our leadership is to innovate and address our challenges going forward, no matter what they may be.

May we always go from strength to strength.

Dan Matathias

Blood Drive Helpers

On behalf of the American Red Cross, I would like to thank Tikvat Israel Congregation and everyone involved in making the Father's Day blood drive a big success. The 36 pints donated have the potential to help more than 100 patients in need.

We are grateful for allowing us to use the space to continue our life-saving mission. Please send a big thank you to Robbi and Larry Cohen, Jeff Bernstein and Stu Turkewitz for working the pre-screening and registration table. I hope I did not overlook anyone.

David Hull
American Red Cross

Terrific Storytellers

I just finished watching your synagogue's True Stories show live on Zoom and enjoyed the evening. This event was my first encounter with Tikvat Israel.

Kit Turen

Loved True Stories 2020 online, especially Noa Baum and Sheila Arnold, although I enjoyed them all.

Judy Mroczka

Congregational Condolences

to the family of **Dorothy Regensteiner**, a 20-year Tikvat Israel member

to Robert Zusman and Rosanne Jacobs, children of former member **Phyllis Zusman**

to the family of former member **Morton Davis**

to Rabbi Marc Israel on the loss of his grandmother **Vera Israel**

Mazel Tov

to **Elyse and Jeff Bernstein**, upon the birth of granddaughter Liat Shoshana, born July 28 to Mara and Scott Jaffa

to **Cantor Helzner**, upon birth of a grandson, born to her son and daughter-in-law

to **Irv Cohen**, upon grandchildren Alexander Cohen and Brandon Cohen graduating from Sherwood High School with fall admission to University of Maryland

to **Rabbah Arlene Berger** for contributing the *D'var* column, "Even the Powerful Do Not Need to Have All the Answers," in *Washington Jewish Week's* Aug. 21 issue.

Personal Lessons From TI's Refugee Support

BY DEBBIE AMSTER

Helping others in need can be an antidote to the craziness in today's world, and helping can take many forms, from providing shelter to working in soup kitchens. But, for me, making sandwiches for the homeless hasn't been enough.

To understand homelessness and address its root causes, I became involved with Jews United for Justice, or JUFJ. This non-profit works to advance economic, racial and social justice through those campaigns that advocate for raising the minimum wage, expanding paid sick leave and reforming rent court in our local community. I have learned a great deal about civics and am eager to involve others.

I completed a class through JUFJ, taught in conjunction with Join for Justice, aptly titled "Don't Kvetch, Organize." When the federal government imposed a ban on Muslim immigrants, I marched, called our legislators and asked our shul to "adopt" a refugee. Through one of the local resettlement organizations, we became "first friends" with an Afghan family that had immigrated a few weeks earlier.

I have learned so much during this three-year relationship:

- Cultural sensitivity – We planned an outing to a swimming pool only to watch the older girls break into tears when they weren't allowed by their dad and their religious norms to swim.
- Challenges with trust – In the beginning, the family asked repeatedly why we are doing this, who is paying us, what our ulterior motive is. Our generosity was just unfathomable to them.
- Respect – This man (who came to this country with a wife and five children before his 30th birthday) works hard, takes classes, takes care of medical needs, budgets and attempts to deal with our bureaucracy in a language he is not fluent in. I was impressed as he negotiated the aftermath of a car accident where his vehicle was hit, and his daughter was injured.
- The community's welcome – On several occasions, I drove the mom to the Prince George's County Hospital Center for

appointments during her pregnancy. I was impressed with the helpfulness of staff and sensitivity but amazed when they provided a Dari interpreter via the iPad. The interpreter was online during the entire examination.

In June, the dad was furloughed from his job, and I helped him to apply for unemployment benefits. The experience was challenging – and I speak English fluently, have a social work degree and understanding of government. As of late August, the family has received neither a check nor a determination letter.

I've seen first-hand how a safety net with holes can't support the demand and the importance of advocating for assistance that meets needs.

So once again I turned to the congregation, which has previously supported the family with furniture, household goods, bikes and a TV. I am humbled by the generous outpouring of support. The family's rent will be paid and hopefully the unemployment debacle will be sorted out.

Needs remain. The children, ages 5-13, would benefit greatly from one-on-one learning even for just an hour or two a week. Education materials such as workbooks would be helpful. Mom would love English lessons. All of this could be done via Zoom or FaceTime.

Please let me know if you are willing to be supportive in any of these or other ways. The greatest lesson I've taken from working with this family is the value of being part of a caring community at Tikvat Israel.

Elul Programs Lead to High Holidays

To help us prepare spiritually, emotionally and intellectually for the High Holy Days, the congregation will hold a series of daily programs throughout the month of *Elul* (which began on Aug. 21) that aim to develop and expand our personal approach to the themes of the season.

Programs will include presenters from our own congregation, as well as guest speakers and links to community and national events. Among the offerings will be classes led by Rabbi Israel on key portions of the *Rosh Hashanah* liturgy, workshops on *shofar* blowing, demonstrations of holiday-tied baking and art, and sessions on meditation and mindful walking.

The schedule of each day's program will be sent to TI members in late August. In some cases, attendance will require advance registration. These sessions are open to all TI members regardless of background or religious knowledge.



DONORS SOUGHT FOR BLOOD DRIVE



Tikvat Israel will host its second Red Cross Blood Drive of 2020 from 10 a.m. to 4 p.m. on Wednesday, Sept. 16.

The blood drive is strictly supervised according to the most stringent COVID-19 guidelines.

Schedule a donation appointment at <https://rcblood.org/2Ee0GAd>. Donors are asked to wear a mask upon arrival.

Six Categories of Support in Chai Campaign

BY JAYME SOKOLOW, CHAI CAMPAIGN CHAIR

With the High Holidays just around the proverbial corner (Rosh Hashanah 5781 begins at sundown on Sept. 18), our annual Chai campaign is underway.

To continue to thrive and fulfill our mission, Tikvat Israel needs a financial commitment from all of us through this campaign. This is especially true this year because we face many institutional and budgetary challenges as a result of the impact of COVID-19.

Our membership dues cover only part of what is needed to maintain our staff, facility and programs. The Chai campaign also helps support those congregants who may need financial assistance during the year.

It is up to us to put into action what we commit ourselves to in prayer at this special time of year. Please be as generous as your circumstances allow.

Last year, we achieved our goal of raising \$60,000. With your support, we can achieve it once again.

Our donation levels take into consideration all income levels of our members, allowing every family the *mitzvah* of giving. In past years, we have had strong participation from our congregation.

In August, you probably received a letter asking you to contribute to the Chai campaign. If you have not done so already, we encourage you to contribute as we begin 5781.

This year, we have the following categories of giving: Diamond (\$5,400); Platinum (\$3,600); Gold (\$1,800); Silver (\$1,000); Double Chai (\$720); and Chai (\$360).

As you think about making a contribution, consider how much Tikvat Israel has meant over the years to you and your fam-

ily. Consider also how the synagogue has supported you and your family and others in joy as well as in sorrow.

Lshannah tovah tikatev v'taihatem. May you be inscribed and sealed for a good year. In 5781, be among our congregants who, in the words of our *Siddur*, "unite to establish synagogues for prayer" and who "give funds for heat and light, and wine for *kiddush* and *havdalah*."

PAST YEAR'S CONTRIBUTORS

Tikvat Israel acknowledges the generosity of congregants who supported the Chai campaign in 5780 with a contribution of \$720 or higher (Double Chai):

Platinum (\$3,600): Betty and Cliff Fishman, Amy and Dan Matathias, Ron Rabin

Gold (\$1,800): Jeff and Elyse Bernstein, Shannon and Michael Gellman, Phil and Hope Kott, John and Rianne Melmed, Jayme Sokolow, Hilda Springer, Susan and Alan Apter, Sam and Tami Gilston, Melanie Grishman, Helen and Steve Raucher

Silver (\$1,000): Danny Bachman and Debby Berlyne, Michele Eisenberg, Barbara Katz, Judith and Marvin Waldman, Alice and David Gantz, Nancy and Rod Matheson, Sandra Schwartz, Roni and Robert Silverstein, Nancy and Jonathan Solomon

Double Chai (\$720): Bruce Goldin, Jim and Maxine Perlmutter, Martie Adelman and Marc Schneider, Roma Sohn, Sue and Howard Wilchins, Gigi Sohn and Lara Ballard, Roz and Ted Kram, Sara and David Harris, Larry and Bobbi Gorbman, Ellen and Sherman Eisner, Jules and Shirley Bowen

Inside the Jewish Theater

More than two dozen theater buffs among TI members attended a Zoom videoconferencing session on Aug. 16. They turned out for a presentation by Theater J's Artistic Director Adam Immerwahr (left) and his colleague Chad Kinsman as they discussed how their theater is operating during the COVID-19 pandemic and more about Jewish-oriented theater in general. Theater J has free upcoming programs via Zoom on Yiddish theater and its Community Reads program.



HASBARA: Focus on Israeli Innovation

(#21 in a Series)

BY HARVEY T. KAPLAN

I believe it is safe to say that cyber threats to the United States and Israel have become a critical concern. There is no question that the U.S. and Israel are both targets of such threats to their well-being, and that they must develop techniques to defend their interests (including, of course, all types of intellectual property).

Neither Israel nor the U.S. can afford to suffer damaging attacks to infrastructure—and both nations must be prepared to protect these interests. Clearly, neither can accept foreign intrusion into control of internal systems (e.g., interference with purification of the water supply, with the electrical grid, or with use of software over the Internet, etc.). As a retired Army Corps of Engineers officer, I've personally been concerned about the possibility of a hostile takeover of the water flow within our domestic navigation and flood control system (i.e., adjusting flow through and around our nation's locks and dams).

The top five powers in cyber-technology are generally recognized as the U.S., Russia, China, the United Kingdom, and Israel (not necessarily in that order). Israel today (2019–2020) has just about as many cyber start-up companies as the rest of the world, excluding the United States. We are living in a very dangerous world, and need to be prepared for a wide range of developments. Since the end of 2014, the U.S. and Israel have had a long-term strategic partnership to work together on cyber protection as well as food security, energy, water, and homeland security.

In each *Bulletin* issue, I try to include several examples of the latest technologies coming out of Israel, from which Americans (and others) can benefit. I'd like to start this time with an effort in Israel to combat the ongoing Covid-19 pandemic. I expect we'll be hearing more about this innovation later this year. It comes from an Israeli company named Kando, with headquarters in Tzur Yigal (and also an office in Colorado). It recently completed some pilot testing in Ashkelon and is adapting its technology to detect and pinpoint outbreaks of the coronavirus.



The Kando system gathers samples that are taken to a lab for virus testing.

According to Yaniv Shoshan, the company's vice president for product and markets, "Before the pandemic, we were involved in detecting and mapping wastewater quality and pollution in cities in the United States, Europe and Israel with the goal of improving water quality and reducing environmental damage." Earlier this year, the company redirected its efforts to "pinpointing populations infected with Covid-19." In brief, they install a special system that can collect samples of sewage and get a measure of illness in that community or neighborhood. Analysis can then suggest appropriate allocation of

limited resources and meaningful local responses. If you wish to learn more, see <https://www.israel21c.org/finding-clues-to-the-covid-outbreak-in-our-sewage>.

In another recent example, Sightbit artificial intelligence (AI) systems are using image recognition to promote human safety at the beach by making the lifeguard's efforts more effective. A lifeguard is provided with a "current picture of swimmer whereabouts and real-time data on changing winds, waves and hazards." The system can detect almost immediately when children are left alone (either in the water or nearby), or when sole swimmers enter potentially dangerous areas such as near breakwaters. A full-scale pilot has been conducted near Rishon LeZion (see accompanying photo) with the Israel Nature and Parks Authority. This new technology



Sightbit pilot at Palmahim Beach along Israel's Mediterranean coast

may be able to keep our beaches safer once we finally reach the point where the pandemic no longer prevents us from going there to swim. If you're interested in more information about this fascinating development, go to <https://www.israel21c.org/israel-pilots-ai-lifeguard-tech-for-safer-beaches/>.

Israel and the U.S. have different approaches to the handling of patient medical information. The public in both countries accepts the collection of personal medical data—but at different levels. The norm in Israel is to provide a lot more information than we in the U.S. do when making an appointment to see a doctor. Answering questions at the time of making the appointment generally is mandatory there. This results in making more current data available to the primary care facility or doctor, facilitates quicker initiation of tests and other diagnostics, enables shorter wait times at the medical office, and possibly accelerates treatment. I can offer no conclusions on this complicated issue, but it certainly is worth our consideration.

Over the past few years, I've included references to and discussions of quite a few innovations from Israel that are covered by an organization called ISRAEL21c. If you have the time to review it, you'll find discussions of what ISRAEL21c considered, at the time of release several years ago, to be "the top 64 innovations developed in Israel." You may already know something about many of them—but I'm certain that not everyone knows they are all from Israel. That's truly what Hasbara is about! I hope you enjoy perusing the contents at: <https://www.israel21c.org/made-in-israel-the-top-64-innovations-developed-in-israel/>.

In upcoming issues, I look forward to sharing more of what I've learned with all of you.

Tikvat Israel Remembers With Respect Those Whose Yahrzeits Occur From 12 Elul through 12 Tishrei – September 2020

SEPTEMBER 1

12 ELUL

Eugene Brooks
Doris Grossmann
Frances Karlin
Louis Karlin
Florence Novack
Rabbi Chaim Tevya
Williamowsky

SEPTEMBER 2

13 ELUL

Gertrude Bender
Kenneth Grossman
Morris Alex Jacobs
Norman Winson

SEPTEMBER 3

14 ELUL

Daniel Barash
Benjamin Feller
Abram Fraeman
Emil Notovitz
Sylvia Senzer

SEPTEMBER 4

15 ELUL

Samuel Abramson
Jacob Berman
Chaya Karmel
William Schaechter
Daniel Shaz
Abraham Simon

SEPTEMBER 5

16 ELUL

Jack I. Karlin
Jack Keilsohn
Lorraine Rayden
Barbara Krieger Teller

SEPTEMBER 6

17 ELUL

Anna Esther Askow
Edith Scherer
Julius Seligman
Bertha Smith
Hilda Starr
Alexander Stolovy
Jacob Teller

SEPTEMBER 7

18 ELUL

Evelyn Flax Mirmelstein
David Pearl
Irene Wexler

SEPTEMBER 8

19 ELUL

Anna Esther Askow
Sanford Belkin
Louis Chernoff
Abraham Hamburg
Meyer J. Levin
Lamar Miller
Morris Rosenthal

SEPTEMBER 9

20 ELUL

Mollie Berly Lipofsky
Mildred Sterman
Mayer Zlotnick

SEPTEMBER 10

21 ELUL

Lew Cyrulnik
Leah Mayer
Fannie Rosen
Irwin Marvin Towers

SEPTEMBER 11

22 ELUL

Mary Kessler
Neil Newman
Hyman Pachenker
Arthur H. Yedwab

SEPTEMBER 12

23 ELUL

Leon Altschuler
Chasse Freda Chait
Clara Phillips
Minnie Polansky
Naomi J. Rappaport
Scott J. Rappaport
Aaron Segal
Robert Solomon

SEPTEMBER 13

24 ELUL

Alice Abramson
George Becker
Jennie Derene
Sara Goldman

SEPTEMBER 14

25 ELUL

Lillian Berman
Jack Feigin
Eva Mae Futrovsky
Paul Herman
Hilda Hoffman
Clara Lichter
Fred Meyers
Diane Soldano
Rosemary Stoll

SEPTEMBER 15

26 ELUL

Donald Andrews
Rebecca Harrison
Pearl Kaplan
Sadie Polikoff Levy
David Sakoff

SEPTEMBER 16

27 ELUL

Barbara Cohen
Chaim Mandel
Gerda Tuchler

SEPTEMBER 17

28 ELUL

Sidney Berman
David Morris

SEPTEMBER 18

29 ELUL

James W. Church
Rose Hein

SEPTEMBER 19

1 TISHREI

Rae Axelrod
Melvin Banks
Janet Kabik
Lena Leise
Ruth Plafker
Margaret Schreiber

SEPTEMBER 20

2 TISHREI

Michael P. Rappaport

SEPTEMBER 21

3 TISHREI

Gertrude Appel
Samuel Gorelick
Anna Georgia Schneider
Solomon Shapiro

SEPTEMBER 22

4 TISHREI

Max Apt
Irwin Krakaur
Samuel Meyers
Isadore Parzow
Charles Rom
George Simball
Esther Stanhill

SEPTEMBER 23

5 TISHREI

William Horwitz
Ernest Jennes
Sanford Starobin
Isaac Meir Sterling

SEPTEMBER 24

6 TISHREI

Sidney Adler
Lena Cohen
Fay Halpern
Morris Ridberg
George Sharlot

SEPTEMBER 25

7 TISHREI

Sidney Bender
Fanny Chelemer
Steve Eisenberg
Sarah Goldstein
Jennie Lavine
Harold Saldinger

SEPTEMBER 26

8 TISHREI

Carl Berger
Libby Cohen
Alvin Feinsilber
Joseph David Fertel
Louise Goldstein
Leo David Kronzek
Ray Shapiro

SEPTEMBER 27

9 TISHREI

Rose Friedman
Robert Grossman
Melvin Jackson
Mildred Meltzer
Albert Mukasey
Bernard Newman
Gertrude Hirsch Reiner
Kalman Roey
David Shetzich
Renee Tropp
Tobie Waxler

SEPTEMBER 28

10 TISHREI

Leila Dunsmore
Michael Goldstein
Selma Jackson
Tov Yehuda Jaffe
Claire Lellouche
Moise Lellouche
David Lieberman
Miriam Ludwinowitz
Maurice Pressman
Ethel Schneider

SEPTEMBER 29

11 TISHREI

Shirley Allen
David Chefer

SEPTEMBER 30

12 TISHREI

Marion Bauman
Lena Brittner
Tillie Jarcho
Alex Kreisman
Doris Warren



Tikvat Israel Remembers With Respect Those Whose Yahrzeits Occur From 13 Tishrei through 13 Heshvan – October 2020

OCTOBER 1 13 TISHREI

Laurel Anchors
Rose Freedman
Ada Jacobs
Irene Kline
Fred S. Zusman

OCTOBER 2 14 TISHREI

Stanley First
Edward Fishman
Albert Freed
Saul B. Friedman
Marie Lebowitz
Manny Senzer

OCTOBER 3 15 TISHREI

Arthur Finstein
Charles Goldman
Maurice Kahn
Paul Kerman
Hannah Dinah Scolnik

OCTOBER 4 16 TISHREI

Alexander Beck
Eleanor Berman
Pauline Kram
Ita Vainer

OCTOBER 5 17 TISHREI

Belle Beck
Edith Raphaelson Botkin
Felix Eichtersheimer
William H. Glater
Noach Hoffman
Robert Oakley
Avshalom Saadian
Aaron Stein
Harry West

OCTOBER 6 18 TISHREI

Herman Iskow
Dena Leep
Barbara Ann Schecter

OCTOBER 7 19 TISHREI

Lillian Bloom
Ruth Gordon
John Mandel
Ivan Tempchin

OCTOBER 8 20 TISHREI

Samuel Danoff
Muriel Joy Horowitz
Celia Kornhauser
Edward John Urban

OCTOBER 9 21 TISHREI

David Fineman
Charles Futrovsky
Lena Moskowitz
Rosalie Peck
Bea Solomon
Benny Waxman

OCTOBER 10 22 TISHREI

Julius Auerbach
Sidney Banner
Harry Berlin
Rose Fragin
Moshe Gordon
Tzipa Gordon
Robert M. Grossmann
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OCTOBER 11 23 TISHREI

Miriam Lichter Block
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Janice Kirschenbaum
Philip Marco
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OCTOBER 12 24 TISHREI

Benson B. Kessler
Henry Meyers
Clinton Newman
Leonard Teitelbaum
Max Winter

OCTOBER 13 25 TISHREI

Adolph Berger
Samuel J. Feldman
Benjamin Gorfine
Esther Kabot
Harry Koepffel
Max Seiler

OCTOBER 14 26 TISHREI

Jeanne Bowen
Adel Erdman
Muriel Mickey Goldstein
Max Shulman
Linda Yun

OCTOBER 15 27 TISHREI

Maurice Becker
Abraham Kaplan
Yetta Yanoff

OCTOBER 16 28 TISHREI

Lorraine Aronson
Cille Ridberg
Alex Silbert
Grace Turkewitz

OCTOBER 17 29 TISHREI

Benito Pazo
Chazzan Gregor Shelkan

OCTOBER 18 30 TISHREI

Maurice Berk
Naomi Cohen Berman
Alan Eisenberg
Jerome Seiler
Sandra Beverly Shore
Phillip Edward Sokol
Ida Spector
Kenneth Bradley Urban
Alexander S. Zelenka

OCTOBER 19 1 HESHVAN

Evelyn Berlin
Robert W. Birrell
Esther Feller
Karen Hirsch Harari

OCTOBER 20 2 HESHVAN

Claire Licht
Fanny Raucher
Louis Steiner
Abraham Tempchin

OCTOBER 21 3 HESHVAN

Nathan Beck
Morris Fine
Alice Levin
Dorothy Low
William Nussbaum
Eugene Schwartz
Franklin Yasmer

OCTOBER 22 4 HESHVAN

Jerry J. Brown
Paul Kasper
Marvin Podgor
Louis Sandler

OCTOBER 23 5 HESHVAN

Jacob Armoza

OCTOBER 24 6 HESHVAN

Samuel Einbinder
Samantha Jane Kessler
Jeanette Meyers
Arthur Spanier

OCTOBER 25 7 HESHVAN

Geraldine Braunstein
Philip Bress
Robert Jarcho
Philip Phillips

OCTOBER 26 8 HESHVAN

Alexander Ben Ami
Phyllis Berger
Lena Gantz
Dorothy Glaser
Jacques Kahn
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Mae Bernstein
Lester Earl Cohen
Sylvia Gorban
Judy Lerman
Leon Morrison
Lee Rosen
Julia Rosenlicht
David Norman Shedroff
Dora A. Thaler

OCTOBER 28 10 HESHVAN

Max Hirschman
Abraham Krugman
Bernard Levitt

OCTOBER 29 11 HESHVAN

Arthur Aronson
Margit S. Elkins
Eva Epstein
Harry Gordon
Jacqueline Harris
Ruth Levinstein
Menachem Lidert
Belle Meyers
Benjamin Raucher
Irving Shantz

OCTOBER 30 12 HESHVAN

Irving Allen
Bertha Gudelsky
David Kline
Nancy Kanow Simpson

OCTOBER 31 13 HESHVAN

Dora Fraeman
Morris Hanig
Clara Kandalis
Rose Kaplan
Anne K. Robinson
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In appreciation of Cantor Rochelle Helzner, for her dedication to our congregation during the pandemic, by Maxine and Jim Perlmutter

In appreciation of Jim Perlmutter by Betty and Cliff Fishman

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In appreciation of Rabbi Israel by Betty and Cliff Fishman

In appreciation of Rabbi Israel on his birthday and his one-year anniversary at Tikvat Israel, and with thanks during this trying time, by Hilda Springer

In appreciation of Rabbi Israel, on the completion of his first year of service to our congregation and his dedication to all of us during the pandemic, by Maxine and Jim Perlmutter

In appreciation of Rebecca Salon and Jay Goldman, for their kindness and consideration and for affording us the opportunity to hear the Shabbat service, by Jeannette and Ronald Eisler
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In appreciation of Sam Freedenberg, for keeping us together during this pandemic, by Maxine and Jim Perlmutter

In appreciation of Sarah Fishman's online yoga classes by Anna Levy
by Deborah and Michael Amster
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by Hilda Springer
by Mimi and Allan Meltzer

In appreciation of Sheri Brown, for keeping us together during this pandemic, by Maxine and Jim Perlmutter

In appreciation of the Covid-19 Task Force by Betty and Cliff Fishman

In appreciation of Warren Berger by Betty and Cliff Fishman

In celebration of Maxine Perlmutter's birthday by Maxine and Jim Perlmutter

In celebration of our 50th wedding anniversary by Maxine and Jim Perlmutter

In celebration of Maxine and Jim Perlmutter's anniversary

by Ellen and Sherman Eisner
by Gail and Alan Fields
by Hilda Springer
by Marsha and Carl Shapiro
by Martie Adelman and Marc Schneider

In celebration of Maxine and Jim Perlmutter's anniversary and their walks on the Journey to Sinai by Jane and Michael Rosenthal
by Janis and David Becker
by Rena and Pepe Strauss
by Rhea Stein
by Suzy and Sol Levy

In celebration of the birth of Ilana Rose Raucher, daughter of Linden Wolf and Michael Raucher and granddaughter of Helen and Steve Raucher, by Maxine and Jim Perlmutter

In celebration of the birth of Ruth Elizabeth Peretz, daughter of Abby Goldman and Eliad Peretz and granddaughter of Rebecca Salon and Jay Goldman, by Maxine and Jim Perlmutter

In gratitude for the Etz Chaim by Hilda Springer
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September 2020

12 Elul 5780 - 12 Tishrei 5781

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6  9:00AM Minyan 7:30PM Minyan	7 18 Elul 8:00AM Minyan 7:30PM Minyan	8 19 Elul 8:00AM Minyan 7:30PM Minyan	9 20 Elul 8:00AM Minyan 7:30PM Minyan	10 21 Elul 8:00AM Minyan 7:30PM Minyan	11 22 Elul 8:00AM Minyan 9:00AM Mishnah Study 6:00PM Kabbalat Shabbat 7:03PM Candle-lighting	12 23 Elul 9:30AM Shabbat Services (Parashat Nitzavim-Vayeilech) 8:03PM Havdalah 8:30PM Selichot Speaker Rabbi Ornstein and Service
13 24 Elul 9:00AM Minyan 7:30PM Minyan	14 25 Elul 8:00AM Minyan 7:30PM Minyan	15 26 Elul 8:00AM Minyan 7:30PM Minyan	16 27 Elul 8:00AM Minyan 7:30PM Minyan	17 28 Elul 8:00AM Minyan 7:30PM Minyan	18 29 Elul Erev Rosh HaShana 8:00AM Minyan 6:00PM Mincha / Ma'ariv for Rosh Hashannah 6:52PM Candle-lighting	19 1 Tishrei Rosh HaShana I Rosh Chodesh 9:30AM Rosh HaShana Service 6:00PM Mincha 6:30PM Ma'ariv 7:51PM Candle lighting
20 2 Tishrei Rosh HaShana II 9:30AM Rosh HaShana Service 7:00PM Mincha / Study / Ma'ariv / 7:50PM Havdalah	21 3 Tishrei Fast of Gedaliah 8:00AM Minyan 7:30PM Minyan	22 4 Tishrei 8:00AM Minyan 7:30PM Minyan 8:15PM Board Meeting	23 5 Tishrei 8:00AM Minyan 7:30PM Minyan 8:15PM Women's Network Book Group	24 6 Tishrei 8:00AM Minyan 7:30PM Minyan	25 7 Tishrei 8:00AM Minyan 9:00AM Mishnah Study 6:00PM Kabbalat Shabbat 6:43PM Candle lighting	26 8 Tishrei 9:30AM Shabbat Services (Shabbat Shuvah/Parashat Ha'azinu) 7:40PM Havdalah
27 9 Tishrei Erev Yom Kippur 9:00a Minyan 6:30PM Kol Nidre 6:40p Candle lighting	28 10 Tishrei Yom Kippur 10:00AM Yom Tov Services 4:00PM Shofar Blowing 5:00PM Shofar Blowing 6:45PM Neilah / Ma'ariv / 7:37PM Havdalah	29 11 Tishrei 8:00AM Minyan 7:30PM Minyan	30 12 Tishrei 8:00AM Minyan 7:30PM Minyan 8:15PM Kosher wine tasting with Vino n'Hops for your Sukkot table			All events subject to change. Please read B'Keshet for the latest status.

October 2020

13 Tishrei - 13 Cheshvan 5781

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
All events subject to change. Please read B'Kesher for the latest status.						
4 16 Tishrei Sukkot II Services (Shacharit / Hallel / Musaf) 10:00AM Yom Tov 7:27PM Havdalah 7:30PM Minyan	5 17 Tishrei Hol Hamoed Sukkot 8:00AM Minyan 7:30PM Minyan	6 18 Tishrei Hol Hamoed Sukkot 8:00AM Minyan 7:30PM Minyan	7 19 Tishrei Hol Hamoed Sukkot 8:00AM Minyan 7:30PM Minyan	8 20 Tishrei Hol Hamoed Sukkot 8:00AM Minyan 7:30PM Minyan	9 21 Tishrei Hoshana Rabba 8:00AM Minyan 9:00AM Mishnah Study 6:00PM Mincha / Ma'ariv 6:21PM Candle lighting	10 22 Tishrei Shemini Atzeret 10:00AM Yom Tov Service (with Yizkor) 7:18PM Candle lighting
11 23 Tishrei Simchat Torah 10:00AM Yom Tov Service 7:16p Havdalah	12 24 Tishrei 8:00AM Minyan 7:30PM Minyan	13 25 Tishrei 8:00AM Minyan 7:30PM Minyan	14 26 Tishrei 8:00AM Minyan 7:30PM Minyan	15 27 Tishrei 8:00AM Minyan 7:30PM Minyan 8:15PM Decision 2020: Political Debate	16 28 Tishrei 8:00AM Minyan 9:00AM Mishnah Study 6:00PM Kabbalat Shabbat 6:11PM Candle lighting	17 29 Tishrei 9:30AM Shabbat Services (Parashat Bereshit) 7:08PM Havdalah
18 30 Tishrei Rosh Chodesh 9:00AM Minyan 7:30PM Minyan	19 1 Cheshvan Rosh Chodesh 8:00AM Minyan 7:30PM Minyan	20 2 Cheshvan 8:00AM Minyan 7:30PM Minyan	21 3 Cheshvan 8:00AM Minyan 7:30PM Minyan	22 4 Cheshvan 8:00AM Minyan 7:30PM Minyan	23 5 Cheshvan 8:00AM Minyan 9:00AM Mishnah Study 6:00PM Kabbalat Shabbat 6:01p Candle lighting	24 6 Cheshvan 9:30AM Shabbat Services (Parashat Noach) 6:59p Havdalah
25 7 Cheshvan 9:00AM Minyan 7:30PM Minyan	26 8 Cheshvan 8:00AM Minyan 7:30PM Minyan	27 9 Cheshvan 8:00AM Minyan 7:30PM Minyan 8:15PM Board Meeting	28 10 Cheshvan 8:00AM Minyan 7:30PM Minyan	29 11 Cheshvan 8:00AM Minyan 7:30PM Minyan	30 12 Cheshvan 8:00AM Minyan 9:00AM Mishnah Study 5:53p Candle lighting 6:00PM Kabbalat Shabbat	31 13 Cheshvan 9:30AM Shabbat Services (Parashat Lech Lecha) 6:51PM Havdalah



Tikvat Israel Congregation

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Double Chai Milestone!

October 2020 marks the double *chai* anniversary of Cantor Rochelle Helzner's devoted service to our synagogue. Tikvat Israel's leadership will find a way to mark this significant milestone in her life and the life of our congregation at a future time.

